

HOUSEMADE GRANOLA(VG, DF) 19

Seasonal fresh fruits, Coconut yogurt

EGGS YOUR WAY | 15

Poached, fried or scrambled, with sourdough or grain toast or Fields seeded loaf (VG, GF) +1.5

SIDES

Free-range egg +4

Sourdough / grain toast +3.5

Field's seeded loaf (VG, GF) +4.5

Baby spinach / rosti / Avocado / Roasted tomatoes +6

Mushrooms / Halloumi / Pork & fennel sausage +7

Double smoked streaky bacon +7

Baked salmon +9.5

Fries with house-made aioli +10

CHILLI SCRAMBLE EGGS (GFO, V) | 23

Spring onion, fresh chilli, coriander, sourdough, Fields chilli dressing
Add streaky bacon +7

EGGS BENEDICT (GFI*) | 25

Potato rosti, baby spinach, poached eggs, Fields hollandaise with your choice of double smoked streaky bacon / mushrooms / baked salmon +4

SMASHED AVOCADO (GFO,V) | 24

Pickled zucchini, pistachio crumble, mint, whipped feta, a poached egg on sourdough
Add Smoked streaky bacon +7

WILD MUSHROOM (V, GFI*) | 25

Wild Mushrooms on rosti, sun-dried tomato pesto, zhug labneh, dukkha pistachio poached egg

CAN'T DECIDE (GFO) | 29

Pork and fennel sausage, truffle mushroom medley, roasted tomatoes, double smoked streaky bacon, rosti, two poached eggs and sourdough

HANGOVER HASH (GFI*) | 24

Diced Potato Hash, chorizo, salsa, sour cream, fried egg, coriander
Add Avocado +6

CHORIZO RISOTTO CROQUETTES | 24

Chorizo, mozzarella & parmesan cheese, brava, mixed herbs, rocket

SALMON BOWL ROMESCO (GFI*) | 28

Broccolini, parmesan custard, greens, pickled zucchini, Sesame Seed

SPICED BEEF SHORT-RIB OPEN BURGER | 28

Cucumber tarator, dill pickled, brioches, greens

CHANGED TO SEEDED LOAF +1.5

SHAKSHUKA (GFO) | 28

Chorizo, feta cheese, tomato, mint, a poached egg and focaccia

FIELD'S FRIED CHICKEN DON (GFI*) | 26

Steamed rice, edamame, pickled ginger & cucumber, avocado, kewpie mayo, fried chicken, gochujang sauce
Swap Teriyaki salmon steak +3

MATCHA STRAWBERRY HOTCAKE | 24

Matcha hotcake, strawberry compote, pistachio crumbles, ice cream
Add streaky bacon +7

TIRAMISU FRENCH TOAST | 24

Coffee anglaise, candied almond, chocolate ganache
Add streaky bacon +7

HALLOUMI SALAD (V) | 28

Grilled halloumi, tempura eggplant, mixed leaves, herbed labneh, pomegranate, seeds and chilli jam



FIELDS

GFI*-gluten free ingredient GFO-gluten free ingredient option
GFI*/GFO may contain traces of gluten, **NOT** be safe for coeliac

PLEASE LET OUR FRIENDLY STAFF KNOW IF YOU HAVE ANY DIETARY REQUIREMENTS.

V-vegetarian VG-vegan VGO-vegan option DF-dairy free DFO-dairy free option

ATOMIC COFFEE

Black | 4.8
White | 5.8
Mocha | 6
Cold brew | 6.5
Single origin batch brew | 6
Iced americano | 6
Iced latte | 6.5
Iced mocha | 8

Chai latte | 6
Hot chocolate | 5.5
Iced chocolate | 7.5
Iced chai latte | 7
Iced matcha latte * | 9
Iced beetroot * / turmeric latte * | 8
Matcha latte * / Beetroot latte* / Turmeric latte* | 7
*SERVED WITH COCONUT MILK

EXTRA

Make it large +0.5 | Decaf +0.5
Oat milk / soy milk / coconut milk +1
Extra shot / vanilla / caramel / hazelnut +1

HARNEY & SONS TEA | 5.5

English Breakfast / Earl Grey / Raspberry
fruit tea / Chamomile / Ginger Lemon /
Peppermint / Chinese Green

COLD-PRESSED JUICE | 8

Orange
Apple

SMOOTHIES

THE PROTEIN HIT | 12
Banana, peanut butter, cinnamon,
oat milk, whey protein

SUPERCHARGE | 10
Mango, pineapple, banana,
passionfruit, maple, coconut milk

SPARKLING WATER | 5

KARMA DRINKS | 6

Coke / Diet Coke / Lemmy / Gingerella
Raspberry Lemonade

REMEDY KOMBUCHA | 6.5

Ginger & Lemon
Mango & Passionfruit

WHITE

2024 Nautilus Sauvignon Blanc, Marlborough | 12 / 65
2024 Nautilus Pinot Gris, Marlborough | 12 / 65
2024 Black Barn Chardonnay, Hawke's Bay | 13 / 68

ROSÉ

2024 Opawa Rosé, Marlborough | 12 / 65

RED

2024 Misha's Vineyard 'Cantata' Pinot Noir, Central Otago | 68

MIMOSA

Cold-pressed orange juice, prosecco | 14

SPARKLING

2024 Col De'Salici Prosecco, Italy | 13/ 65

BEER

Sawmill Brewery - Ultra Low Carb Lager- 4.2% abv | 10
Sawmill Brewery - Pilsner 4.8% abv | 10
Sawmill Brewery - IPA 5.8% abv | 11
Sawmill Brewery - Bare Beer 0.5% abv | 10

Let's be
friends!



@fields.nz

@woozoo_group



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our website!

FIELDS