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## Four Seasons Spa Treatments

### Personalized Massage (60 min)

Indulge in a fully tailored massage designed to meet your individual needs. Select the oil that resonates with you and choose your preferred pressure level for a relaxing or deep massage. Every aspect is customized to provide a truly unique and harmonious experience.

### Energizing Recovery Massage (60 min)

Experience a revitalizing massage that combines precision techniques and originality. The treatment begins with targeted stretches, followed by deep movements to release tension in every muscle. A camphor-menthol oil adds a soothing sensation and enhances your comfort. Perfect after a workout or to relieve everyday tension, this massage ensures immediate and lasting relaxation. Immerse yourself in delicate aromas of lily or citrus-rosemary for a truly unique sensory journey.

### Tailor Made Facial (60 min)

All Biologique Recherche treatments are personalized and tailor-made. The treatments are designed to precisely and effectively target a skin problem identified by your practitioner during the assessment phase.

### Coconut Powder Body Scrub (45 min)

With its indulgent notes, this full body scrub offers a uniquely sensory experience. Finely ground coconut powder gently exfoliates dead skin cells, while coconut oil replenishes the skin's lipids. The active compounds in vanilla extract work to leave your skin softer and silkier. This soothing care moment is perfect for achieving smooth, unified and radiant skin.



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For an exciting adventure above Monaco and the Côte d'Azur, board your helicopter for a fantastic panoramic round-trip flight. A great opportunity to take stunning pictures, when you fly over the Rock of Monaco, the Prince's Palace, the Cathedral, the Oceanographic Museum, the Monte-Carlo Casino, beaches, tennis courts and more!

## **Panoramic Helicopter Flight in Monaco**



Experience the ultimate thrill in just 15 minutes with this Luxury Car Driving Experience from Monaco. Take the wheel of a Ferrari, Lamborghini, or Maserati and feel the rush as these legendary machines roar to life along the scenic Côte d'Azur roads. Each driver receives a personal briefing and is guided by an expert instructor, ensuring both safety and maximum excitement. You can explore and enjoy the stunning surroundings of Monaco, making this short but unforgettable tour the perfect adrenaline-filled escape.

*Please note – this is an individual experience as a guide will remain in the car with you at all times. You can choose to either drive or be a passenger (and let the guide do the work).*



## Luxury Cars Driving Experience



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A Wine Tasting & Tour of Château de Crémât offers a refined escape into the heart of the Bellet wine region just outside Nice. Set high on the hills overlooking the city and the Mediterranean, this historic chateau invites visitors to explore its elegant grounds, learn about traditional winemaking techniques, and discover the unique character of locally produced wines. The experience concludes with a guided tasting, where guests can savor carefully crafted vintages while enjoying breathtaking panoramic views.

## **Wine Tasting & Tour of Château de Crémât**



This Golf Course was created in 1911 and remodeled by the committee in 1983. Discover an exceptional Golf Club located at an altitude of 900 meters, a green paradise bordered by blue welcomes your drives. Overlooking the principality of Monaco, the course will offer players technical and varied difficulties.

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**Golf at Monte – Carlo Golf Club**



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Nice offers a rich blend of culture, history, and scenic beauty that has long made it a favorite destination on the French Riviera. From its deep historical roots to its vibrant everyday life, the city seamlessly blends tradition with modern charm. Visitors can immerse themselves in centuries-old architecture, lively public spaces, and breathtaking coastal scenery, all of which reflect Nice's unique character and enduring appeal.

Recommended Nice highlights!

- Take a walk through Old Town starting from Garibaldi Square
- Don't miss the morning market along the Cours Saleya
- Visit the Cathedrale Saint-Nicolas a Nice (built in the 20th century)
- Go to the top of Castle Hill and soak in the beautiful panoramic views
- Take time to explore Nice's downtown shopping area

Transportation will be provided, you'll have plenty of free time to explore on your own, and a friendly guide will be around if you have any questions.

## Optional Visit to Nice

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This destination offers a perfect mix of natural beauty, history, and charm. Wandering through the narrow passages of the village reveals its hidden gems, including a tucked-away church that adds to the sense of discovery. The experience is rounded out by the stunning medieval architecture, where historic stone buildings house unique shops and art galleries, making every stroll both visually captivating and culturally rich.

Recommended Eze highlights!

- Experience Eze's Crown Jewel: the Botanical Garden
- Visit the Fragonard store, 2026 is their 100 year anniversary
- Have a drink at Chateau Eza (and enjoy the incredible panoramic view)
- Enjoy a bite to eat at Creperie Le Cactus or Deli' – and then visit Le Glacier (an artisanal ice cream shop)
- The beach below the village is Eze-sur-Mer which is reachable down the zigzagging Nietzsche Path (about 45 minutes top to bottom)... please beware it is quite a steep hike back up the mountain and can take quite a while!
- Stroll through the narrow passages and find the hidden church
- Enjoy the stunning medieval architecture
- Visit the shops and galleries that offer local, quality goods to take home

Transportation will be provided, you'll have plenty of free time to explore on your own, and a friendly guide will be around if you have any questions.

## Optional Visit to Eze & Exotic Garden

