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This tuning guide is intended to be used as reference during first set up with OneSails Optimist sails. Sailors are encouraged to try different settings in order to find that extra speed we are all looking for.

Wind	Rake	Luff strapped	Vang	Out haul	Cunningham
LIGHT	279-280 cm	5,4,3,2,2,3,4,5	not in tension upwind	sail needs to have waves on the boom	boom up 1-2 circles, sail with some light stripes on the luff
MEDIUM	279-280 cm	2,2,2,2,2,2,2	light tension	sail needs to have waves on the boom	boom up 1-2 circles, sail with some light stripes on the luff
STRONG	277-278 cm	0,1,2,3,3,2,1,0	in tension	pulled and strapped on the clew 0 mm	in tension, in case of problem slightly open the sprit