Connect Discussion Guide

"What Are You Afraid of?"
20th July 2025

Father, Son and Holy Spirit

Last week Mike reminded us of the Trinity: One God in 3 persons. He also reminded us that we receive the Holy Spirit at conversion. He also highlighted examples of the Holy Spirit coming on the same disciples over and over again.

What do you think about this continual filling with the Holy Spirit? Eph 1:13, 1 Cor 3:16 and 1 Cor 6:19 all say we have the Holy Spirit in us. Why do we need continual filling?

- 1. Think about a time in your life when you were afraid (whether the fear was irrational or legitimate). How did you feel? How did you respond?
- 2. What are some of the fears that people face? How about your fears? Do you have any fears regarding the Holy Spirit, such as, "What if God doesn't show up?"
- 3. What if God does show up and then asks you to go somewhere or do something that's really uncomfortable? Does He ask us to do uncomfortable things? Do you obey or not?
- 4. Read Luke 18:18-30. Who do you identify with in this situation the rich, young ruler or the disciples, or maybe, the crowd? Why?
- 5. Would you be willing to follow the Lord, no matter how risky it would be, or is there a level at which you would cut off your willingness to risk it?
- 6. What does it mean to "quench/stifle" the Holy Spirit? 1 Thessalonians 5:19 (read in different translations for a better understanding)
- 7. As believers, we have a relationship with God and Jesus. How do we relate to the Holy Spirit?

Take some time to be honest with Father, Son and Spirit about your relationship and do you want more (individually and together)