



Connect: discussion guide

15th Feb 2026

WELCOME: *We are continuing a new series based on the apostle Paul's letter to the Colossians. Paul probably sends the letter we have in the New Testament, from a time of being in jail possibly in Rome in 60-62AD, at a similar time to writing Philippians.*

The question posed this week was “who are you?”

Read a selection of verses:

Genesis 1:27, Psalm 139:14, Ephesians 2:10. 1John 3:1, John 1:12, Galatians 3:26, Romans 8:14, 2 Cor 5:17, Ephesians 1:7, John 15:15, Matthew 5:14

- Who are you? What other verses remind you of who you are?

Read Col 1:24-2:5

- What stands out to you from this passage?

Focus in on Colossians 1:27

- Break the passage down into words. Christ / In / You
- What does that mean?

Read Col 1:15-17 (in as many translations as you have available)

- Who does this passage say Christ is?
- Do you ever struggle to comprehend how Jesus, the Creator and Sustainer of everything, could care for you? What do you do with that struggle?
- How does remembering who Jesus is, change the way we see ourselves?
- Do you walk each day as if Jesus and his power is in you?

Read Col 2:2-4 in the Message (bible interpretation)

- What strikes you in this passage?
- Sometimes we see life as the back of the tapestry but God sees the finished product. How do we trust we are still walking with Christ in us when our life tapestry looks like threads?



Flourishing in our identity in Christ means that we can be secure in God- with minds "confident and at rest". Nothing of our own doing, but because Jesus is in us!

Practical Application

- We all have people in our lives who don't know the indwelling of Jesus- parents, children, friends, neighbours. How can we be

Pray together:

- Pray for one another- for us to recognize Jesus in us.
- Pray for one another's family, friends and neighbours who are yet to experience the confidence and rest Jesus brings to our spirit.