Getting to Know
Rani Jind Kaur
Gurmat Education Resource
Middle & High School Level
Sikh Research Institute

Sikh Research Institute (SikhRI) is a global non-profit organization based in North America. SikhRI inspires individuals to connect with their roots and organizations to connect with the Sikhs based on Guru Granth Sahib’s paradigm of IkOankar’s Nam (1Force’s Identification). SikhRI is an oasis for development and dialogue based on excellence, integrity, and service to realize the full human potential.

SikhRI actively works towards promoting global harmony by building stronger relationships among the Sikh and non-Sikh communities. Our primary activities include facilitating group training, providing curriculum materials, creating global awareness of Sikhi, and delivering strategic solutions to critical challenges facing the global Sikh community.

SikhRI focuses on developing critical thinking for Sikh institutions via the State of the Panth Report series. It facilitates open-source decoding of Guru Granth Sahib in contemporary Panjabi and English for a global audience. SikhRI’s international team of specialists and subject matter experts research each word of the Guru Granth Sahib, including etymology, grammar, and word meaning. The Guru Granth Sahib Project Team provides a literal translation, an interpretive transcreation, and commentary while incorporating the musical, poetical, and historical dimensions.

SikhRI also produces diverse, immersive programs, webinars, podcasts, workshops, online courses, and lectures covering spirituality, history, culture, politics, language, community, family, and self-development. Its flagship program Sojhi is a 2-week immersive leadership development course for college students and young professionals. SikhRI publishes textbooks, lesson plans, bilingual children’s books, translations, and anthologies. The Sojhi program develops a K-12 curriculum, resources, and products to help young people build connections and derive Sikhi-based insights.

SikhRI also lends its expertise in the fields of art and literature. In 2016, SikhRI curated the Emperor-Prophet: Guru Gobind Singh Sahib exhibition for the Government of Bihar in partnership with the Panjab Digital Library. In 2019, SikhRI was the sole content curator for INS EXPERIUM – The Golden Temple, an audio-visual exhibition launched in Toronto, Canada, in partnership with PDA Trade Fairs Pvt Ltd. In 2020, SikhRI curated the Guru Nanak Sahib: 1-Ness to 1-Identity exhibition for the National Museum in New Delhi, India. The portable version of this exhibition was also displayed in Melbourne, Australia; London, England; and San Francisco, USA.

SikhRI consults with global influencers and policymakers through think tanks, public policy forums, opinion or editorial publications, national and international institutions, and government panels to deliver a Gurmat-based perspective on Sikh issues. SikhRI provides insights and recommendations to inform, dialogue, and shape public opinion and policies on matters affecting Sikhs in a specific nation or multiple nations.

SikhRI is fueled by hundreds of global volunteers and educators who devote their time and energy to Sikhi awareness and personal transformation, ensuring that programs are sustainable, diverse, relevant, and thoughtful. SikhRI is deeply grateful to its leadership, staff, volunteers, and donors; we value their contributions to making high-quality Sikh education freely accessible to any seeker.
Welcome to SikhRI’s Gurmat Education Resource: Getting To Know Rani Jind Kaur!

This comprehensive education resource aims to introduce students to the remarkable legacy of Rani Jind Kaur and the exemplary traits of Sikh leadership. We have thoughtfully paired each lesson with a range of “Advanced Learning Opportunities” to accommodate students of all levels, enabling them to engage in higher learning and contemporary conversations. We aim to foster a profound and enriched understanding of historical Sikh leadership and its enduring relevance in today’s world.

For teachers, parents, or facilitators, the learning opportunities have been thoughtfully included to encourage students to formulate relevant questions that connect to the present circumstances of the Sikhs. These engaging lessons suit home, Gurmat, and Panjabi schools and Sikh camps.

The lesson plan is structured to provide instructors with essential resources, including necessary readings and guidance on exploring and navigating the learning material effectively. Instructors can expect various activities and learning moments to encourage active student participation throughout the plan. Additionally, units can be used individually or combined per the learning environment’s requirements.

In an era where embracing diversity is essential, SikhRI has integrated inclusive learning tools to cater to the diverse needs of students engaging with Rani Jind Kaur’s legacy. We ensure students can progress at their own pace and preferred learning styles, promoting active and inclusive learning for all.

Join us on this enlightening journey of discovering Rani Jind Kaur’s inspiring story and the profound principles of Sikh leadership that resonate today.

This education resource is graciously sponsored by a grant from the estate of Sardar Nirwair Singh (Saskatoon, Canada).

With love and appreciation,
Your team at SikhRI
Getting to Know Rani Jind Kaur

Effective teachers excel in connecting with their students through deep learning techniques and inclusive teaching practices. By acknowledging the diverse means of expression, skillful educators tailor their lessons and engagements in various ways, encouraging student participation and interaction. Additionally, good teachers possess a sense of intuition, enabling them to navigate class dynamics with wit and grace.

Inclusive Learning Reminders

As instructors, it is crucial to recognize multiple means of expression and engagement. Some students may relate better to specific topics. If students need more confidence, consider alternative ways to engage them. If an exercise requires reflection, encourage them to express their thoughts through another medium. This ensures that every student remains engaged.

Lesson Delivery

The pinnacle of learning occurs when students can analyze, evaluate, and creatively approach their acquired knowledge. To facilitate this, we must:

- Clearly state the learning outcomes
- Assess the students’ prior knowledge of the subject
- Identify and address any misconceptions related to the topic

Notes for Instructors

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Active Learning Techniques

Spatial representations:

- **Concept Maps**: A visual tool depicting the relationships between concepts. Students arrange terms or concepts on paper, drawing directional arrows between related concepts and writing phrases to describe their connections. These concept maps are excellent for initiating discussions.

- **Graphic Organizers**: Useful for helping students organize information and easily identify comparisons.

Encouraging Communication and Engagement:

- ** Debates/Discussions**: Deep understanding is nurtured through meaningful conversations. When students engage in discussions, they can articulate their thoughts coherently, communicate ideas, and learn from one another.

- **Games**: Encourage students to create tricks, tips, and games to remember definitions and their significance, making the learning experience enjoyable and memorable.

- **Peer Instruction**: Empower students by assigning a few of them each week to lead a part of the lesson or conduct an activity. Inform them in advance, allowing them to feel confident and prepared to instruct their fellow students in the next class. This fosters a sense of ownership and responsibility for their learning journey.
Lesson: Maharani Jind Kaur (1817-1863)

Grade: Middle & High School

Objectives

Maharani Jind Kaur, the courageous last queen of Panjab, showcased her unwavering spirit and grit as she navigated the tumultuous succession war while serving as the regent to Maharaja Duleep Singh. Her indomitable presence also involved deftly handling the intricate diplomatic intricacies of British rule. Regrettably, Maharani Jind Kaur remains relatively unknown today, her fear-inducing impact on the British and her relentless struggle to preserve Sikh Darbar’s sovereignty overshadowed by colonial narratives that (mis)represent her through a gendered lens.

This lesson plan aims to shed light on the remarkable spirit of Maharani Jind Kaur that persists amidst conflicting narratives that attempt to speak on her behalf. Embracing her fearlessness, courage, and resilience, we will explore essential questions that uncover her undeniable leadership:

1. Who was Maharani Jind Kaur?
2. What exemplary qualities did Maharani Jind Kaur exhibit as a leader of the Sikh kingdom?
3. What significant achievements did Maharani Jind Kaur accomplish?
4. How did Maharani Jind Kaur’s actions shape the Sikh position during the British occupation?

Learning Outcomes

1. Develop an appreciation for Maharani Jind Kaur’s pivotal role and significant contributions to the Sikh struggle for sovereignty.
2. Recognize and understand the remarkable personality traits that fortified her strength and perseverance while serving as the regent of Maharaja Duleep Singh.
3. Gain insights from her exemplary leadership to comprehend the essential qualities required for an individual to uphold sovereignty amidst intrigues and the erosion of dominion.

Readings (Teacher Resources)

1. Maharani Jind Kaur: The Last Queen of Panjab - Surender Pal Singh
2. Jind Kaur, Maharani - The Sikh Encyclopedia
3. Maharani Jind Kaur: “The Last Queen” of the Sikh Kingdom - Bhupinder Singh
4. Maharani Jindan - Giani Sohan Singh Sital

Preparation

1. Before conducting this lesson, the instructor should have a sound understanding of the history of the Sikhs in the nineteenth century.
2. The instructor must thoroughly review the article and other recommended readings before class.
3. Additionally, the instructor should ensure adequate copies of the activity materials are prepared and readily available for the students.
Getting to Know Rani Jind Kaur

Materials

1. Pen
2. Sheets of paper
3. Computers (desktops or laptops)

Exploration

1. Introductory Activity (Icebreaker, Game, etc.): To create a comfortable and engaging atmosphere, start with an icebreaker activity. Introduce yourself and encourage the students to do the same. This will help them get acquainted with each other and build rapport with you as their instructor.

2. On the board, write the following questions and initiate a discussion:
   a. Do you know what a Raj, Rule, or Government is?
   b. What does it take to Rule or maintain a Rule/Government?
      i. Allow them two minutes to contemplate and share their thoughts.
      ii. Write down all their inputs on the board, using a Concept Map to illustrate connections.
      iii. Next, provide a general overview of governance, asking students to consider how they experience society and its organization. Discuss key ruling components, such as managing schools, businesses, banks, healthcare systems, transportation, communications, security, law and order, etc.
      iv. Briefly share the historical context, including:
          a. The demise of Maharaja Ranjit Singh, the succession wars, and the following assassinations.
          b. The appointment of Duleep Singh as the Maharaja.

3. Then, inquire about Sikh women personalities in history, and list all the names shared, such as Mai Bhago, Rani Sada Kaur, Bibi Balbir Kaur, Bibi Harnam Kaur, and Bibi Harshan Kaur.

4. Ask if anyone has heard of Maharani Jind Kaur. If so, encourage them to share what they know about her. Note down all the points they mention on the board.

5. If Maharani Jind Kaur is unfamiliar to the students, introduce her to them. Narrate her compelling story and provide essential details, including:
   - Her childhood.
   - Her marriage to Maharaja Ranjit Singh.
   - The challenges after Maharaja Ranjit Singh’s death, intrigues in the Darbar, and the ensuing assassinations.
   - The accession of Duleep Singh and her role as the regent to the young Maharaja.
   - Her struggle to maintain Sikh dominion against the increasing British influence and internal intrigues in the Darbar.
   - Her imprisonment and involvement in the Sikh rebellion.
As the instructor, you can touch upon the following points.

a. Who was Maharani Jind Kaur, her birth, and the historical context during her time?

b. The role she played in dealing with the weakening of the Sikh kingdom after Maharaja Ranjit Singh’s passing.

c. How Maharani Jind Kaur resisted the British influence and her significant decisions and acts displayed her figurehead leadership.

d. Share the 14-minute Rani Jind video with them.

Activities: (20-40 Minutes)

Timelines are best expressed by writing them on the board or assigning different groups to handle specific historical dates. An alternative approach could involve writing the historical sequences on colorful construction papers and distributing a few dates to the gathered students. By working collaboratively, students can chart the course of history, making it an engaging and informative exercise. This activity allows students to understand the timeline comprehensively and contextualize Maharani Jind Kaur’s legacy within the broader historical landscape.

Instructors can seize this opportunity to share additional facts about Sikh history correlating with the student’s progress during the activity. This interactive session provides a well-rounded history lesson, allowing students to participate and contribute to the timeline’s construction actively. As they work together, they will develop a more profound connection to the historical events and appreciate the significance of Maharani Jind Kaur’s enduring legacy in the global context.

Advanced Learning Opportunity: History and Colonial Legacies

Colonialism, a term describing one entity or constituency taking control over another territory, is vital to explore while going through the timeline with students. It is crucial to highlight the power dynamics that shaped history and the acquisition of control over land. Colonial legacies profoundly influence contemporary issues faced by Sikh communities and other societies. For instance, the Farmer’s movement in India reflects the aftermath of British colonialism, underscoring how oppressors may change in form but not disappear over time.

During Maharani Jind Kaur’s time, colonialism held significant sway, leading to mixed narratives and historical discrepancies that demanded scrutiny. Earlier male historians tended to exhibit substantial bias against the Maharani, revealing the fear she instilled in the British by challenging patriarchal norms and constructed roles. However, women writers in recent years have shed light on her navigation of gender conventions concerning her leadership. In Royals and Rebels: The Rise and Fall of the Sikh Empire, Priya Atwal eloquently captures Jind Kaur’s political finesse, noting her adept manipulation of gender conventions to exert control over those around her: “Jindan’s behaviour with the Army and at court demonstrates how aware she was of the symbolic authority she wielded as the widow of Ranjit Singh and the mother of the Maharajah. More interestingly, though, it also suggests that after becoming Queen-Regent she grew in confidence, developing her own personal style of politics, which ably manipulated gender conventions to exert control over the men who surrounded her.”

Nikky-Guninder Kaur Singh adds to this narrative, describing how Rani Jind Kaur fearlessly challenged harmful and discriminatory practices like sati and purdah, leading courts and engaging with chief ministers and armies. She was a formidable force, gaining the respect and counsel of all who interacted with her. These insights pierce through distrustful narratives that often neglect to acknowledge this indispensable context.

Rani Jind Kaur’s legacy is one of strategic boldness, wit, and unwavering perseverance. Despite losing ground to the British, she never abandoned the fight, supporting Panjabi rebels considerably and remaining resolute in her quest to regain control of the Darbar. Her unwavering commitment persisted even during her detention, audacious escape, and ongoing struggle from Nepal. Her eventual reunion with Maharaja Duleep Singh demonstrated her relentless devotion to sovereignty and self-rule, even in the most adverse circumstances. Throughout this arduous journey, she made sure to reintroduce her son, Duleep Singh, to Sikh heritage, emphasizing the enduring importance of their identity.
World Timeline

- **1801**: The Kingdom of Great Britain and Ireland merge to form the United Kingdom.
- **1804**: Haitian Republic founded. Austrian Empire founded by Francis I.
- **1806**: Holy Roman Empire dissolved due to the Treaty of Lunéville.
- **1808-09**: Russia conquers Finland from Sweden in the Finnish War.
- **1810s-20s**: Most Latin American colonies freed themselves from the Spanish and Portuguese Empires after the Mexican War and the South American Wars of Independence.
- **1812**: War between the United States and the United Kingdom.
- **1813-1907**: The British Empire and Imperial Russia’s contest for control of Central Asia is called the Great Game.
- **1815**: The Belgian Revolution in the United Kingdom of the Netherlands led to the creation of Belgium.
- **1819**: The modern city of Singapore established by the British East India Company.
- **1820**: Liberia founded by the American Colonization Society for freed American slaves.
- **1821-27**: Greece becomes the first country to break away from the Ottoman Empire after the Greek War of Independence.
- **1825-28**: The Argentina-Brazil War resulted in the independence of Uruguay.
- **1826-28**: After the final Russo-Persian War, the Persian Empire took back territory lost to Russia from the previous war.
- **1828-32**: The Mexican-American War led to Mexico’s cession of much of the modern-day Southwestern United States.
- **1830**: The Republic of Gran Colombia is dissolved, and the nations of Colombia, Ecuador, Venezuela, and Panama take their place.
- **1831**: The Belgian Revolution in the United Kingdom of the Netherlands led to the creation of Belgium.
- **1832**: The Reform Act 1832 is passed in the United Kingdom.
- **1833**: Slavery Abolition Act bans slavery throughout the British Empire.
- **1834**: Spanish Inquisition officially ends.
- **1835-36**: The Texas Revolution in Mexico resulted in the short-lived Republic of Texas.
- **1836-39**: After two Opium Wars, France, the United Kingdom, the United States, and Russia gained many concessions from China, and the Qing Dynasty declined.
- **1838-40**: Civil war in the United Provinces of Central America led to the founding of Guatemala, El Salvador, Honduras, Nicaragua, and Costa Rica.
- **1839-48**: Revolutions of 1848 in Europe.
- **1840**: New Zealand founded.
- **1846-48**: The Mexican-American War led to Mexico’s cession of much of the modern-day Southwestern United States.
- **1848**: The Communist Manifesto published.
- **1849**: The Belgian Revolution in the United Kingdom of the Netherlands led to the creation of Belgium.
- **1850**: The Crimean War begins.
- **1851-64**: The American Civil War between the Union and seceding Confederacy.
- **1855**: The International Red Cross formation is followed by adopting the First Geneva Convention in 1864.
- **1861-63**: Crimean War between France, the United Kingdom, the Ottoman Empire, and Russia.
- **1863**: The United States purchased Alaska from Russia.
- **1865**: The end of the American Civil War.
- **1867**: Indian Rebellion ended.
- **1867**: World’s first oil refinery in Romania.
- **1870**: The Franco-Prussian War.
- **1876**: The United States grants statehood to Alaska.
- **1879**: The South African War.
- **1881**: The British Empire’s defeat of the German Empire in the Afghan War.
- **1889**: The Paris Exposition.
- **1892**: The United States purchases the Philippines.
- **1898**: The Spanish-American War.
- **1900**: The Boxer Rebellion.
- **1905**: Japan defeats Russia.
- **1914-18**: World War I.
- **1919**: The Treaty of Versailles.
- **1920-29**: The Great Depression begins.
- **1930**: The Great Depression ends.
- **1939-45**: World War II.
- **1945**: The end of World War II.
- **1950**: The Korean War.
- **1960**: The Cuban Missile Crisis.
- **1965**: The Vietnam War.
- **1975**: The fall of Saigon.
- **1989**: The fall of the Berlin Wall.
- **1991**: The end of the Cold War.
- **2001**: The 9/11 attacks.
- **2010**: The end of the Cold War.
- **2015**: The United States and Iran reach a nuclear deal.
- **2020**: The start of the COVID-19 pandemic.
Getting to Know Rani Jind Kaur

Name: ____________________                                                            Date: ______________________

Study Skill: A Compare and Contrast Graphic Organizer

Directions: What do we want to learn today? Let’s answer these concepts?

• In the boxes at the top, list the topics and/or concepts that you want to compare and contrast.
• Begin by contrasting the concepts. For each statement you list under one topic, you must have a contrasting statement in the corresponding box under the second topic.

I am comparing and contrasting: ____________________ to ____________________

What are the differences between these two topics?

What are the similarities between these two topics?

Engagement: Think, Pair, Share Activity 1 (20 min)

In this engaging activity, we will explore the remarkable leadership qualities and skills of Maharani Jind Kaur. First, have the students generate a list of qualities that constitute a good leader, or alternatively, allow them to get creative and develop a hypothetical character embodying excellent leadership qualities. For interactive groups, they can even present their characters.

Next, in pairs, have the students discuss the following questions about Maharani Jind Kaur:

1. Would you consider Maharani Jind Kaur, a leader?
2. What specific leadership qualities did she possess?
3. In your opinion, what was her greatest accomplishment, and why?
4. What can you infer about Maharani Jind Kaur’s values and personality traits?
5. How do you envision a Sikh leader of her caliber acting in today’s world?

Encourage each pair to share their perspectives and points with the class. Consider combining pairs to form larger groups if the class is large, allowing for diverse insights and robust discussions.
Activity 2 (40 min)

In groups of three or four, select a critical contemporary issue happening today, such as climate change, the farmer’s movement, human rights, water rights in Panjab and globally, gender equity, BLM movement, race relations, food security, or others. Conduct thorough research on your chosen issue and record three to five main points encompassing the aspects of who, what, when, why, and where.

As a group, engage in a thoughtful discussion about how Maharani Jind Kaur would respond to the same issue if she were alive today. While considering her historical role as a warrior, remember that she was also a visionary Sikh leader who united and guided the Sikh community through a challenging era of extreme persecution.

Advanced Learning Opportunity: Contemporary Sikh Activism

This presents an excellent opportunity for students to hone their research skills and explore Sikhs inspired by the principles of historical Sikh leadership, dedicating themselves to community-driven initiatives guided by these values. Students may discover a vibrant community of Diaspora Sikhs and others passionately engaged in community-building activities and advocating for the disadvantaged, all under the guidance of Sikh principles. This exploration offers a profound moment for students to analyze the groups or individuals involved in such meaningful work, drawing parallels to the spirit of sovereignty embodied by Maharani Jind Kaur.

In this extension of the previous activity, students can identify and examine the shared ideals between contemporary Sikhs and when Maharani Jind Kaur lived. By doing so, they will gain a deeper appreciation for the enduring legacy of Sikh principles and their ability to inspire positive change across generations.

Encourage the students to envision how Maharani Jind Kaur’s leadership qualities, strategic wisdom, and unwavering dedication to sovereignty would influence her approach to the contemporary issue. Discuss the potential actions she might take to address the issue, the principles she would uphold, and how she would unite and inspire people to navigate the challenges.

Advanced Learning Opportunity: Context and Leadership

In this advanced learning opportunity, students will delve into leadership through a thought-provoking debate. Organize the students into two groups, each representing historical figures epitomizing good or bad leadership. For example, one group could discuss Hitler, Kim Jong Un, or Putin as archetypes of detrimental leaders. In contrast, the other group focuses on figures like Maharaja Ranjit Singh, Jassa Singh Ahluvalia, Banda Singh Bahadar, and other contemporary Sikh leader figures renowned for their positive impact.

During the debate, encourage the students to articulate why these individuals are considered leaders and explore what attributes contributed to the success or detriment of their rule on the population. Engaging in debates fosters critical thinking skills and enhances the student’s ability to engage in constructive dialogues with those whose viewpoints may differ.

Activity 2 (40 min)

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Assessment

Upon completion of this lesson, students will demonstrate the ability to:

1. Comprehend Maharani Jind Kaur’s pivotal role and significant contributions to the Sikh struggle for sovereignty.

2. Recognize and analyze the personality traits that enabled her unwavering resistance against the British.

3. Apply the valuable lessons from Maharani Jind Kaur’s character to contemporary contexts, drawing connections to present-day challenges and opportunities.

This assessment will deepen students’ understanding of historical leadership and its relevance in navigating modern-day complexities.

Advanced Learning Opportunity: Fun Activity

In this engaging and insightful activity, students will focus on one inspirational aspect of Maharani Jind Kaur’s remarkable personality and contemplate how they can embody it in their own lives. Reflecting on what touched them most about Maharani Jind Kaur’s story, students will consider how to carry this inspiration forward and apply it to their daily lives.

Encourage the students to explore the significance of Maharani Jind Kaur’s story for the Sikh community and why Sikhs need to be familiar with her legacy. How can her example of leadership and resilience continue to inspire individuals amidst the complexities and intrigues of life?

This fun activity will inspire students to carry forward the torch of Sikh principles, fostering a deeper connection with their heritage and guiding them in their pursuit of sovereignty, resilience, and service to the community. As they reflect on Maharani Jind Kaur’s profound impact, we encourage them to embody the spirit of Sikh leadership and become agents of positive change in the world around them.

Closing Question:

Once the class is over, ask the students a question to ponder as they leave. “How would a Sikh of her stature, mettle, and spirit act in a similar situation today?”

‘Getting to Know Rani Jind Kaur’ Team:

Amanda Heck
Harinder Singh
Inni Kaur
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Praveen Kumar
Roshon Singh
Santbir Singh
Sean J. Holden
Surender Pal Singh
Resources

Teachers/Facilitators should read, watch and listen to the resources listed below. These will enrich their classroom discussions.

Read Watch Video Podcast 1 Podcast 2

Online Courses

Anand Sahib course is based on the first five pauris (stanzas) and the fortieth pauri of the Bani (composition) of Anand Sahib. The course will help students learn about the third Nanak, Guru Amardas Sahib. Each unit allows students to acquire essential lessons. The course is designed for students aged seven years and above.

Register Online

Barah Maha course is based on the Bani (composition) of Barah Maha revealed by Guru Nanak Sahib and Guru Arjan Sahib. The course allows students to connect with Gurbani (Infinite Wisdom in the Guru Granth Sahib) through Barah Maha. Each unit has easy objectives, followed by an activity to help trigger a thought, feeling, and reflection. The course is designed for students aged eleven and above.

Register Online

Education Resources

Getting To Know Guru Nanak Sahib

Getting To Know Guru Nanak Sahib, an e-book, introduces young learners to Guru Nanak Sahib and helps them develop a fundamental knowledge base through sakhis (witnessed-narratives) and other activities. The lesson plans provide questions to open up a dialog with the students, and the exercises give them an opportunity for self-exploration and self-reflection. This resource is designed for students between the ages of four and ten.

Free Download
**Education Resources**

**Getting to Know Hari Singh Nalua**

*Getting To Know Hari Singh Nalua,* an e-book, invites young learners to immerse themselves in the history of Hari Singh Nalua when he was a child and onwards to his encounters when he joined Maharaja Ranjit Singh’s court. The e-book artfully surveys his military ventures as a general through glimpses into his significant battles and the war strategies during his time in the Sikh Kingdom. Inquisitive minds will have the opportunity to engage with this online resource to cultivate a better understanding of Sikh leadership and rule. This resource is designed for middle and high school students.

*Free Download*

**Getting to Know Jassa Singh Ahluwalia**

*Getting To Know Jassa Singh Ahluwalia,* an e-book, invites young learners to immerse themselves in the history of Jassa Singh as a leader of the Sikh community. The e-book provides an in-depth look into the context of the history and questions of sovereignty in the Panjab. It will enable learners to center their subjective understanding of Sikh when completing assignments and activities. The questions in the educational resource provide an opportunity for self-exploration and invite sincere engagement in conversations about Sikh leadership. This resource is designed for middle and high school students with options for advanced learning built into this online lesson plan.

*Free Download*

**Getting To Know Sohila**

*Getting To Know Sohila* introduces the Gurbani (Infinite Wisdom in the Guru Granth Sahib) in a new and inviting way to young learners. The lesson plans provide an in-depth look into the context of the Sohila Bani and prompt students to center their subjective understanding of Sikh when completing assignments and activities. The questions in the course open up a dialog with the students and their instructors, provide an opportunity for self-exploration, and invite sincere engagement with Gurbani. This resource is designed for students between the ages of ten and fifteen, with options for advanced learning built into the lesson plans.

*Free Download*

**Guru Granth Sahib Summer Curriculum**

The summer curriculum is dedicated to learning the history and profound wisdom of the Guru Granth Sahib. Each lesson plan has been thoughtfully constructed to encourage, engage, and strengthen future generations’ curious minds and provide a greater understanding of the Guru Granth Sahib. The curriculum is designed for students between the ages of seven and fifteen.

*Free Download*
**Getting to Know Rani Jind Kaur**

The education resource explores the Seva (service) concept in light of Gurbani—Wisdom, Tavarikh—History, and Rahit—Lifestyle. Each lesson plan is designed for 1–5 days of learning and will produce an impact that lasts a lifetime. This unit is designed for students between the ages of five and ten.

**Seva - Gurmat Educational Unit**

The education resource explores the Seva (service) concept in light of Gurbani—Wisdom, Tavarikh—History, and Rahit—Lifestyle. Each lesson plan is designed for 1–5 days of learning and will produce an impact that lasts a lifetime. This unit is designed for students between the ages of five and ten.

**Sojhi: Grade K - 2 Curriculum**

A comprehensive Gurmat-based curriculum called Sojhi. In the Panjabi language, ‘Sojhi’ means ‘insight.’ The curriculum develops insights to inspire a Guru-centered life. Each grade is divided into two core curricula: Boli (Language Arts) and Virsa (Sikh History). Download printable worksheets, lesson plans, and power-points.

**Sojhi: Grade 3 - 5 Curriculum**

A comprehensive Gurmat-based curriculum called Sojhi. In the Panjabi language, ‘Sojhi’ means ‘insight.’ The curriculum develops insights to inspire a Guru-centered life. Each grade is divided into two core curricula: Boli (Language Arts) and Virsa (Sikh History). Download printable worksheets, lesson plans, and power-points.

**Sojhi: Grade 6 - 8 Curriculum**

A comprehensive Gurmat-based curriculum called Sojhi. In the Panjabi language, ‘Sojhi’ means ‘insight.’ The curriculum develops insights to inspire a Guru-centered life. Each grade is divided into two core curricula: Boli (Language Arts) and Virsa (Sikh History). Download printable worksheets, lesson plans, and power-points.

Free Download

Free Download

Free Download
Children’s Books

*Daddy’s Turban*

This bilingual book takes us into the world of a little Sikh boy, Tegh, who is fascinated by how his father wears his turban. Tegh wants to grow up quickly, while his father cherishes his son’s innocence. This is also a story of Sikh culture and a celebration of one of its most revered ceremonies – Dastar Bandi. Educators will also find the book helpful in their teaching, as it contains a special multicultural essay explaining the significance behind turban-wearing.

*Shop Online*

*Thank You, Vahiguru*

This simple bilingual story is told through the eyes of a mother. It lays out all the good things about being an older sibling and reminds new siblings that they are just as special as ever. The readers are also introduced to the Sikh naming ceremony. The comforting words and warm illustrations will give the reader a glimpse into Sikh family life and culture.

*Shop Online*

*My Gurmukhi Khajana*

A Gurmat-Based Primer: On each page of this primer, there are three words for every Gurmukhi alphabet, complete with child-friendly illustrations. Vibrant illustrations bring to life words from Guru Granth Sahib, Bhai Gurdas Ji, and Guru Gobind Singh Sahib’s Zafarnamah and Jap Sahib. This *kaida* makes a perfect gift for children on any occasion.

*Shop Online*
Getting to Know Rani Jind Kaur

When Guru Nanak Sahib was eleven years old, Pandit Hardyal, the family priest, told his parents, Pita Kalu ji and Mata Tripta ji, that now was his time for the “janeu” ceremony. Follow along to find out what happened at the “janeu” ceremony.

When and where was Guru Nanak Sahib born? Who were Guru ji’s parents? Who was Guru ji’s sister? Where did Guru ji go to school? Listen and discover the answer to all these questions.

Listening Online

Podcasts

Episode 1: When Guru Nanak was Little

When and where was Guru Nanak Sahib born? Who were Guru ji’s parents? Who was Guru ji’s sister? Where did Guru ji go to school? Listen and discover the answer to all these questions.

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Episode 2: The Lesson in Equality

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Listen Online

Episode 3: Lasting Friendships

Guru Nanak Sahib left Talwandi to live with his sister, Bebe Nanaki, and her husband, Jairam Das, in Sultanpur. The Governor of Sultanpur hired Guru ji to manage the storehouse. After a few years, Guru ji invited his best friend, Bhai Mardana, to live with him. Listen and find out what happens when the two friends begin living together.

Listen Online

Episode 4: Importance of Honest Living

Malik Bhago was a wealthy and powerful man who held a yearly feast for the gods and goddesses seeking their blessings. He invited Guru Nanak Sahib to his feast. Listen and discover what Guru ji did and how Malik Bhago transformed.

Listen Online
Getting to Know Rani Jind Kaur

Guru Nanak Sahib and Bhai Mardana visit the town of Hardwar. Guru ji goes into the river Ganges and sees people throwing water towards the sun. Guru ji begins throwing water toward his fields in Panjab. The people in the river could not believe what Guru ji was doing. Listen and find out what Guru ji tells them.

Sajjan ran an inn in Tulamba for travelers to stay overnight. Guru Nanak Sahib and Bhai Mardana decided to stay at Sajjan’s inn. Sajjan felt that Guru Ji was wealthy. Listen to find out what happened next.

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Episode 5: Being True, Inside and Out
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Listen Online

Episode 7: Remembering Vahiguru’s Beautiful Creation
The Mayor of the Puri invited Guru Nanak Sahib and Bhai Mardana to listen to Aarti, a special prayer performed by the priests. Guru ji and Bhai Mardana happily accepted. Listen to find out what happened at the prayer service.

Listen Online

Episode 8: Protecting the Rights of Others
Guru Nanak Sahib, Bhai Mardana, and everyone in town were imprisoned in Saidpur when the Mughal emperor Babar invaded India. Listen and find out what happened when Babar met Guru ji in prison.

Listen Online
Getting to Know Rani Jind Kaur

Bhumi was a rich landlord in Dhaka who served all the holy men who came to town, but he had a secret. When Guru Nanak Sahib and Bhai Mardana visited Dhaka, they were taken to Bhumi’s place. Listen and discover why Guru ji insisted that Bhumi promise four things before staying with him.

Episode 9: Vahiguru Is Everywhere

Guru Nanak Sahib and Bhai Mardana arrived at Mecca in Saudi Arabia. The qazi (a Muslim scholar) thought Guru ji was disrespectful because Guru ji’s feet pointed towards the Kaa’ba. Listen and find out what Guru ji said to the qazi.

Listen Online

Episode 10: Keeping Promises

Bhumi was a rich landlord in Dhaka who served all the holy men who came to town, but he had a secret. When Guru Nanak Sahib and Bhai Mardana visited Dhaka, they were taken to Bhumi’s place. Listen and discover why Guru ji insisted that Bhumi promise four things before staying with him.

Listen Online

Episode 11: When Guru Nanak Met Guru Angad

Bhai Lehna ji had heard about Guru Nanak Sahib and wanted to meet Guru ji. So, he went to Kartarpur, and the moment he met Guru ji, he knew he wanted to live with and serve Guru ji. Listen and find out what Guru ji said to Bhai Lehna ji.

Listen Online

Episode 12: The Second Nanak

How did Guru Nanak Sahib decide who would be the next Guru? Listen and discover how Bhai Lehna ji became Guru Angad Sahib.

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Getting to Know Guru Nanak Sahib Sojhi: A Kid’s Cast

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Listen Online
**Getting to Know Rani Jind Kaur**

This webinar is made just for children! Watch this Children’s Day webinar as we welcome guest presenters to engage with Sabad, sakh, story-telling, poetry, puzzles, art, and much more. These various activities will help children learn about Sikhi in new and creative ways, prompting lots of questions and space for self-discovery.

**Watch Online**

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**Webinars**

**Babanian Kahanian Divas**

This webinar takes us to the lives of the four Sahibzade, Guru Gobind Singh Sahib, and his Gursikhs. We often wonder what gave them such strength to be the "warriors" they were. Join us in this webinar as we explore what it means to be a 'warrior' or a 'complete' individual through Bani and History. Let's dive into 2 Sabads that will help us understand this and give us tools to work towards becoming these individuals and get inspired by Gursikhs who lived their lives as such.

**Watch Online**

**Who is Sura?**

December takes us to the lives of the four Sahibzade, Guru Gobind Singh Sahib, and his Gursikhs. We often wonder what gave them such strength to be the "warriors" they were. Join us in this webinar as we explore what it means to be a 'warrior' or a 'complete' individual through Bani and History. Let's dive into 2 Sabads that will help us understand this and give us tools to work towards becoming these individuals and get inspired by Gursikhs who lived their lives as such.

**Watch Online**

**Char Sahibzade: Invincible, Warrior, Brave, Victory Confirmation**

The dictionary describes "Inspire" as "to influence, move, or guide by divine or supernatural." Guru Sahib tells us in his Bani that if you want to create a prodigy tell your children stories of their ancestors. One such story for our children is the life of the Char Sahibzade! This webinar looks at the lives of the 4 Sahibzadey and closely examines the "code" they lived by. Some questions we will answer together are: what were some key values, and how do we know?

**Watch Online**

**Journey With the Gurus - Volume 2**

In "Journey with the Gurus," volume 2, “Sajjan Transformed,” is a re-telling of the encounter between Sajjan the thug and Guru Nanak Sahib. The presentation relies on easy-to-understand, “child-friendly” English and rich contemporary imagery to convey the message of change and service at this Sakh’s heart.

**Watch Online**
Webinars

The Environment: Recognizing Creator in Creation

This webinar is especially for kids on “Creator in Creation.” Jasmine Kaur and Harliv Kaur lead the engaging and thoughtful session.

Watch Online

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