

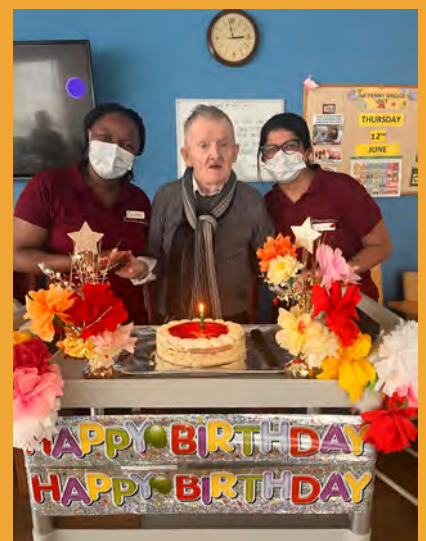
A Walk in the **Sunshine**



Our residents enjoyed a peaceful stroll around the garden, soaking up the fresh air and making the most of a beautiful day. There's nothing like a gentle walk surrounded by nature to lift the spirits and brighten the mood.

Celebrating 83 **Wonderful Year**

On Thursday, June 12th, we had the absolute pleasure of celebrating our fabulous resident Timothy's 83rd birthday. There were balloons, cards, gifts, cake, and plenty of love — and of course, more than one round of "Happy Birthday to You" being sung.



International Nurses Day



From laughter to love, and everything in between, our nursing team is at the heart of what we do, and we are so grateful for each and every one of them. Thank you for your tireless work, your kind hearts, and the difference you make in the lives of our residents.

Art, Inclusion & Connection at IMMA



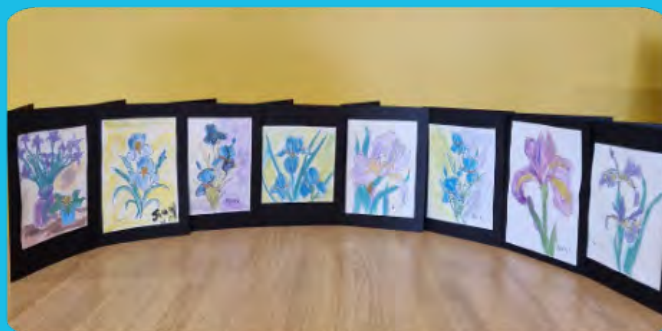
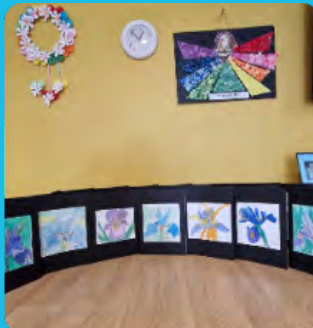
Our Residents had the pleasure of visiting the Azure Inclusive Tour at the IMMA - Irish Museum of Modern Art — a truly special experience designed for people of all cognitive abilities, including those living with dementia, as well as their families, carers, and friends.

Clay Creations



Our talented residents had a wonderful time in arts and crafts with Tracey, shaping these beautiful clay flowers by hand! Each piece is unique and full of character.

Blooms of Creativity



Our residents turned the activity room into an art studio full of colour, conversation, and creativity. The theme? "The Irish Lily" — a beautiful symbol of peace, remembrance, and resilience. With brushes in hand and smiles all around, each resident brought their own unique style to life on canvas. The results? Absolutely stunning.

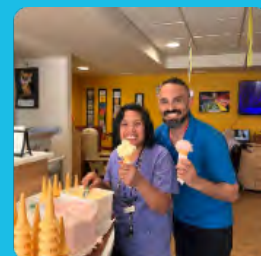
Double Birthday Celebrations



We had twice the reason to celebrate at Nephin Nursing Home. Noreen marked her lovely 61st birthday on June 19th, and Brian turned a fabulous 81 on June 20th. Both birthdays were celebrated in style — complete with a delicious birthday cake, cheerful singing, colourful balloons, and lots of warm wishes, cards, and thoughtful gifts.



Father's Day Fun



Our Father's Day celebration was nothing short of joyful and heartwarming. The day was filled with lively music that lifted everyone's spirits, creating a cheerful atmosphere of fun and togetherness. Residents had a blast during a lively round of Choco Bingo, where the prizes were as sweet as the smiles — delicious chocolate treats all around!!

Patrick's Green-Fingered Success

Back in July 2024, Patrick B. carefully planted this lovely houseplant with patience and a big smile. Fast forward 10 months — just look at it now!! From a small start in fresh soil to a tall, healthy, vibrant plant — it's safe to say Patrick's care and attention made all the difference.



Hand Hygiene Day

On May 6th, we marked World Hand Hygiene Day with a fun and informative focus on the importance of clean hands in keeping everyone safe and well. Staff and residents got involved in raising awareness, sharing tips, and reinforcing good hand hygiene practices that are part of daily life here at Nephin.



Fragrance, Relaxation & Sinatra



Our Residents were treated to a truly soothing and sensory experience — a Fragrance Party hosted by the lovely Maeve from Forever Therapies, who brought with her a beautiful selection of perfume sticks, offering uplifting aromas that filled the room with calm. Residents enjoyed mini holistic massages, gentle poetry written by Georgina from the Forever Therapies team, and the nostalgic sounds of Frank Sinatra on the gramophone — pure bliss!!

Weekend Gardening



Our green-fingered residents got stuck into some gardening over the weekend — mixing compost soil for potting and preparing for the next round of planting. They also spent time splitting some of our thriving flowering and ornamental plants to keep our garden growing strong and beautiful.

Sunny Days & Blooming Smiles



Our residents at Nephin Nursing Home made the most of the lovely weather this week with some relaxing time outside in the garden. Surrounded by fresh air and vibrant blooms, there was plenty to admire as the flowers blossomed beautifully around us.

A Wholesome Afternoon



There's nothing like getting your hands in the soil and giving some love to our planters and that is exactly what our residents did, refreshing the garden pots– refilling soil, transplanting, and potting new plants to brighten up our space. It was a beautiful, calming activity that brought smiles all around.

Arts & Crafts with Tracey



Our residents got wonderfully creative this Thursday during their arts and crafts session with Tracey! This week's theme was "Horse in Rainbow Colours" – and the results were simply stunning. From colourful lanterns to vibrant display pieces, the creativity and individuality in each work of art truly shone through. These beautiful pieces now brighten up our home and bring smiles to all who see them.

Karaoke **Afternoon**



Our Residents love a sing song and regularly have a Karaoke session - there is no shortage of singers looking for the microphone.



**IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,
PLEASE ASK THEM TO CONTACT MICHELLE ON 083-4487451**

