

A Splash of **Colour**



Pictured here are our residents enjoying a relaxing and uplifting colour-themed activity choosing their favourite shades.

Enjoying the **Outdoors**



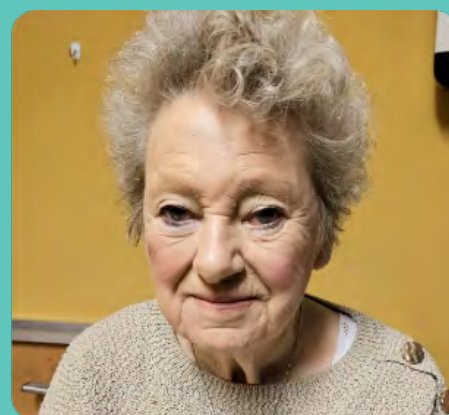
Some of our wonderful Residents enjoyed a refreshing walk through the gardens soaking up the sunshine, admiring our beautiful trees, and even indulging in a little tree-hugging!

Alzheimer's Tea Day



We were delighted to host a heartwarming Alzheimer's Tea Day in support of The Alzheimer Society of Ireland. Residents, staff, and families came together for a lovely afternoon of tea, homemade treats, and wonderful conversations — all while raising money for a cause close to our hearts.

Pamper Day



There were smiles all around as residents enjoyed some well-deserved TLC during our recent Pamper Day. Pauline was treated to a gorgeous manicure with nail art and a lovely make-up session — and she wasn't alone in feeling fabulous! Patricia and Joan also had their make-up done and were absolutely glowing afterwards.

Marie's Birthday Celebrations

Our wonderful Resident Marie celebrated her birthday in style. Opting for a sedate birthday bash, celebrated in her room, Marie was joined by some of our Residents, staff and her family - who filled the room with love and lots of singing of 'happy birthday to you'.



Keeping Fit



Keeping fit is important for our Residents and of course they love to have fun as they exercise. Pictured here is Michael, Marie & Ludmyla having a bit of a competition to see who could lift the ring the highest - It was declared a draw in the end!!

Mass at Tara Winthrop



We recently gathered together for a special Mass here at Tara Winthrop — a peaceful and meaningful moment of reflection, prayer, and community for our residents and staff.

Sensory Garden



Our ladies had a lovely afternoon recently enjoying the Sensory Garden at Tara Winthrop and discussing the plants - and how they tended their own gardens before coming to live with us here. Getting outdoors to have a walk around the gardens is very important for many of our Residents who are ready for off the moment the weather allows.

Art Class



Our Residents were busy creating some lovely artwork that we now have on display for all to see and enjoy.



There's nothing like the smell of freshly baked cookies and cupcakes to brighten up the day – and that's exactly what was happening here at Tara Winthrop! Our residents rolled up their sleeves and got stuck into some sweet baking fun, filling the home with laughter and the scent of delicious treats.

Father's Day



We marked Father's Day with delicious homemade cakes and thoughtful gift packs for all the wonderful gentlemen in our home. From chocolate treats to beautiful keepsakes, it was a day to honour and celebrate the amazing dads, grandads, brothers and uncles who bring so much warmth and wisdom to our lives.

Knitting Corner



Welcome to our Knitting Corner where our Residents have been enjoying some relaxing and creative time — a space where familiar skills and hobbies come to life again.

Bingo Fun



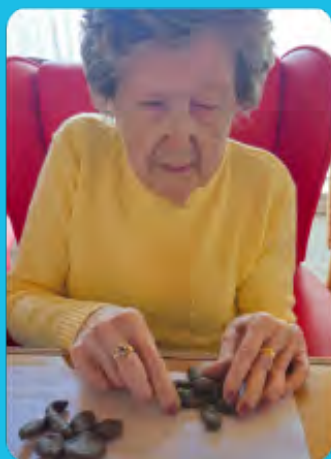
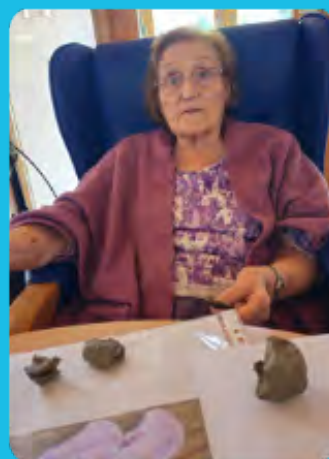
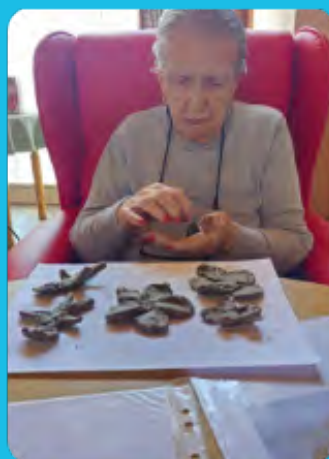
Our residents enjoyed a lively game of Bingo this week — full of laughter, friendly competition, and of course, a few lucky winners!

Good Pals



Our Residents, Pauline & Kay, pictured here having a 'cuppa' during a break in the Bingo Session.

Arts & Crafts



Our creative Residents had great fun in a recent Arts & Crafts Session making "wool art". Lots of discussion about how the pieces should turn out and loads of imagination led to a great afternoon of creativity and fun.



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PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451****


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