

#### Fun in the Sun







Pictured here are some of our wonderful residents enjoying a fantastic afternoon outdoors in the sunshine with a few friendly games.









Cork GAA hurling team won the Munster Senior Hurling Championship Final on June 7th and we had a very special visit when the cup was brought in for our lovely resident Esther to hold—her son is involved with the Cork team, and as you can see, she was bursting with pride!!

# ImaginationGYM session

Our Residents enjoyed another peaceful ImaginationGYM session — a time our residents always look forward to, These sessions offer a calming space to unwind, let the imagination flow, and simply relax.



# Creative Challenge



Pictured here are some of our residents taking on the challenge of copying a picture and then colouring it in afterwards, and what a fantastic job they all did!

# Mobile Library



Our residents really look forward to the mobile library coming every couple of weeks — it brings not just books, but also smiles, conversations, and a touch of adventure to the day.

# Artists at Work



Our residents enjoyed a relaxing and colourful painting session recently, bringing some beautiful dragonflies to life on canvas. These peaceful moments of art and conversation are always a highlight in our home.

#### Fresh Hair, Fresh Smiles



Our lovely residents Betty, Christine, and Eileen were looking absolutely fabulous after a visit to our wonderful hairdresser, Gráinne. There's nothing quite like a fresh style to boost confidence and brighten the day — and the smiles say it all!

#### Ice Cream Party



We were treated to a visit from Freddie's Ice Cream Van and what a treat it was. Residents, visitors, and staff all enjoyed a classic 99, proving once again that you're never too old to enjoy a scoop (or two!).

# Relaxing Mornings



Our residents enjoyed some peaceful time doing word searches. These simple puzzles are a resident favourite — a great way to pass the time, keep the mind active, and enjoy a quiet moment of focus and fun!!

# A Visit from Miller 🗳 🍣



We were delighted to welcome back our furry friend Miller for another heartwarming visit. His gentle nature and wagging tail always bring joy and comfort to our residents.

#### Alzeihmer's Tea Day



We all came together for a very special cause — hosting our annual "Tea Day" to raise funds for The Alzheimer Society of Ireland. With the sun shining and spirits high, residents, families, and staff enjoyed a beautiful afternoon, some choose the "Heather Day Room" and some opted for the Garden. Our home was filled with laughter, love, and community.

### Knitting Club



Our Knitting Club were busy this week pictured is Breda and Eileen in action. Well done ladies!!

### Mass at Bishopscourt



We were delighted to welcome Fr. Cotter to Bishopscourt where he celebrated Mass for our Residents and Staff.

### Relaxing Afternoons



We had a lovely afternoon soaking up the sunshine in the garden. With Foster and Allen playing in the background, some of our residents enjoyed the music, while others took the chance to write letters, read the paper, or simply have a good chat with friends.

#### Keeping Fit



The wonderful Kuba of Siel Bleu loves to put our Residents through their paces regularly. These sessions are a great way for our Residents to support physical wellbeing, encourage social connection, and most importantly — have a bit of fun!!



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE, PLEASE ASK THEM TO CONTACT MICHELLE ON 083-4487451

