

## Tastes of the **World**



Our Residents recently enjoyed a delicious “Tastes of the World” event, where they sampled an array of international dishes — from hearty beef curry and creamy gnocchi to refreshing mango mousse!!

## Throwback to our **Heatwave Happiness at Glenaulin**



Even Ireland’s rare heatwaves are met with joy and energy here at Glenaulin! Our residents have been embracing the sunshine with a fantastic mix of lively music, karaoke sing-alongs, and plenty of refreshing ice cream to cool things down.



## Paul's Birthday Celebrations



We had the pleasure of celebrating Paul's birthday this past Sunday here at Glenaulin Nursing Home — and just look at that smile!!! Paul was surrounded by warmth, good wishes, and a very delicious cake to mark the special day. We were so glad to share in the celebration with him.



## Out and About



Our ladies – Connie, Nancy, and Luisa – enjoyed a relaxing stroll through Ballyfermot Shopping Street. With coordinators Roxy and Tara by their side, it turned into a fun and successful shopping trip full of smiles and style! Meanwhile, our gentlemen – both Johns, Christopher, and Jeffrey – headed out for a great day of chats, laughs, coffee, and a few well-earned pints at the nearby West County Hotel.

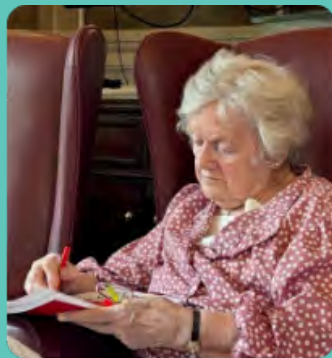


## A Day at the **National Concert Hall**

A few of our lovely residents—Connie, Nancy, Louisa, and Tina—enjoyed a special outing to the National Concert Hall for a beautiful classical concert. It was a wonderful afternoon filled with stunning music, great company, and a touch of culture that lifted everyone's spirits



## Afternoon of **Creativity**



Our artistic residents enjoyed a lovely afternoon of painting and colouring and good company.

## Scrabble **Fun**

Our circle of Scrabble enthusiasts at Glenaulin Nursing Home is growing every week. Residents and staff are coming together to enjoy fun and friendly games that keep our minds sharp and our spelling skills on point. It's always a team effort—with everyone helping to create new words, learn their meanings, and sometimes even consult the dictionary.





## A special **garden visit**



Our residents were delighted to spend some time with Radar, our regular visitor dog, and Eimear from Dog Therapy Ireland. Everyone enjoyed each other's company out in the garden, soaking up the fresh air and the joy that Radar always brings.

## Creative **Hands**



Our residents recently enjoyed a vibrant Arts & Crafts session — and the smiles say it all! From colourful flowers to heart-filled masterpieces, each artwork is a reflection of care, joy, and imagination. Well done to our talented residents!!



## Tea, Dancing & **Good Company**



Our lovely ladies, Louisa, Rita, Ann, and Maura, enjoyed a fabulous outing to the Dance & Tea event at Ballyfermot Civic Centre recently — and what a time they had!

From twirls on the dance floor to chats over tea and sweet treats, it was a day filled with laughter, music, and friendship

## Day Trip to **Bray**



Some of our wonderful residents took a nostalgic trip down memory lane with a visit to Bray – a place many have cherished over the years. It was a beautiful day by the seaside with residents Rita and Louisa, who enjoyed the sunshine, a stroll along the promenade, and of course, the classic seaside treat: ice cream and fish & chips.

## Bringing Bloom to **Glenaulin**



For those of us who couldn't make it to the Bloom Festival in Phoenix Park over the June Bank Holiday weekend, our very own Activity Coordinator, Dana, brought a little bit of Bloom to us! Residents Ann, Imelda, Vivien, Josephine and Betty enjoyed a lovely session with wildflowers and potted blooms, taking time to arrange, identify, and name each flower. We even added a splash of creativity by colouring them too!!

## Boxing Fun with **Caoimhe**



We had a fantastic time at Glenaulin Nursing Home as Caoimhe led an energetic boxing session with our residents. Pictured here are Jeff and Peter who got into the swing of things and gave it their all

## Drumming Up **Joy**

Residents Connie, Samuel, and Rita had a fantastic time at the Masamba drumming workshop held in Ballyfermot Community Centre! The energy, rhythm, and fun were infectious, and everyone left with big smiles and happy hearts.





## Movement, Motivation & Monday Energy



Our vibrant Siel Bleu trainers continue to be a resounding success here at Glenaulin! Every Monday and Thursday, they bring energy, encouragement, and expertise, motivating our residents to stay active and engaged through fun and accessible exercise sessions.

## Glenaulin Knitting Club



"A vibrant tapestry of friendship and creativity," Our Knitting Club gathers weekly to share laughter, stories, and the satisfying click of needles. Recently the group were working on a Tapestry and these photos capture the warmth and camaraderie of our group, showcasing not only beautiful creations but the bonds we've woven together.



## Jimmy's 88th Birthday



Surrounded by family, friends, and fellow residents, Jimmy had a fantastic day of celebrations. There was lots of singing of 'Happy Birthday to you'. Jimmy enjoyed his beautiful birthday cake topped with fresh fruit — and of course, he was spoiled with cards, gifts, and lots of birthday wishes.

## Indoor Gardening



When the weather isn't on our side, we bring the garden indoors at Glenaulin Nursing Home. Our residents had a lovely time enjoying beautiful flowers that delighted the senses – the vibrant colours, soft petals, and sweet scents made for a joyful experience.



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,  
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451**

  
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