# July, August & September

#### Summer **BBQ**



Our Annual Summer BBQ was an afternoon filled with music, laughter, and the joy of being together. Our residents had a ball singing along with Mikey's classic hits, catching up with friends, and enjoying the delicious food. And of course, we couldn't forget the cupcakes whipped up fresh by our new Chef Susan — the perfect sweet treat to round off the day!

#### A Touch of Glam

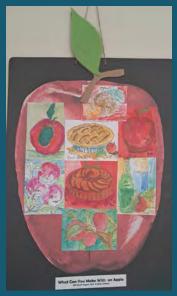
We welcomed back our wonderful hair and beauty team, Sharon & Angela, to treat our residents and get everyone 'Weekend Ready'! From haircuts to facials, laughter to lovely chats — it was a lovely morning full of pampering and joy.



#### Apple Art

Our residents enjoyed a wonderful art session with Tracey, painting vibrant apples. The activity sparked lovely conversations filled with childhood memories and nostalgia. To finish, everyone was treated to some fresh, cold apple juice kindly served by Grace — the perfect refreshing touch.





### Anne's Birthday Celebrations



Back in July we celebrated our lovely resident Ann's birthday in style. Ann was delighted to receive a beautiful bouquet of flowers and a heartfelt visit from her family. The celebrations continued with fantastic live music from Brian Swords, making it a truly joyful and memorable afternoon for everyone.



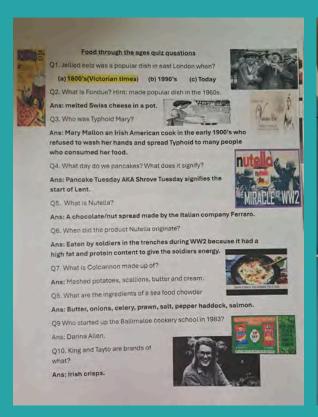
### Olive's Birthday **Celebrations**



Our wonderful resident Olive celebrated her birthday in true style and what a celebration it was!! Family and friends filled our Visitors Room with love, surprising Olive with beautiful bouquets, thoughtful gifts, cards, and decorations – creating a magical atmosphere just for her.



#### Food Trivia Quiz





As we continued to celebrate Nursing Homes Week 2025 with a theme "A Taste of Home" our residents enjoyed a lively Food Trivia Quiz created by our Activities Coordinator, Grace. The questions took us on a journey through food from the Victorian era to the present day – sparking great memories, plenty of chat, and lots of laughter along the way.

#### Saturday **Spa Day**

We recently transformed our day room into a little haven of relaxation! Our residents enjoyed mud masks, facials, and soothing hand massages – all thanks to our wonderful volunteer Sadbh. It was such a lovely afternoon of pampering, laughter, and self-care.













#### Mega Trivia Quiz





We had the pleasure of welcoming two students, Tommy and Charlie, who hosted a Mega Trivia Quiz for our residents. The boys took turns calling out the questions, dropping little hints along the way to jog the memory — and of course, there was no shortage of chuckles and banter throughout.

## A Taste of **Home**









We were delighted to be celebrating Nursing Homes Week, an initiative of Nursing Homes Ireland. The theme this year is "A Taste of Home" – and as part of the celebrations, we had a wonderful time bringing it to life with Food Bingo. Our residents and team had so much fun, and we always love when family and friends join in to share the laughter and joy.

### Fragrance Party with Forever Therapies

#### FRAGRANCE PARTY!

Forever Therapies is delighted to be hosting a Fragrance Party with the precious residents of Terenure on Wednesday 9th July.

The wonderful therapist Susan from the Forever Therapies team will be your fragrance queen.

Inviting you to inhale all the uplifting aromas on perfume sticks, enjoy a soothing & relaxing mini holistic massage and, last but not least, allow the lyrical words from our poetry to comfort your senses and lift your heart.

Poetry written by Georgina from the Forever Therapies team.

Refreshments will be served with a few jazz tunes on the gramophone, nothing beats the calming tunes of Frank Sinatra melting into your mind. Rliss!

















We had a truly special afternoon here at Terenure Nursing Home with the lovely Susan from Forever Therapies , who hosted a beautiful Fragrance Party for our residents.

Scent is such a powerful trigger for memory and emotion — and Susan guided everyone through a sensory experience using samples like Lavender, Sweet Orange, Peppermint, Rich Rose, and Jasmine, helping to spark memories and meaningful conversation.



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE, PLEASE ASK THEM TO CONTACT MICHELLE ON 083-4487451

