

Sunny Afternoons



We made the most of the sunshine and all headed for the garden – and as you can see from the photos, the smiles were shining just as brightly as the weather!!

Eileen's 86th Birthday

We had a lovely surprise celebration for Eileen's 86th birthday! Jasmine, one of our wonderful staff members, presented Eileen with a beautiful birthday cake, and we all joined in for a heartfelt sing-along.



Mass at Mount **Argus Church**



Some of our lovely residents enjoyed a peaceful and reflective visit to Mass at Mount Argus Church. It was a beautiful way to start the day, and spirits were high afterwards as we settled in to watch the Tipp vs Cork match. Lovely moments, good company, and a touch of sporting pride — what Sundays are made for.

An Afternoon of **Baking**



Our Residents enjoyed an afternoon of baking with Agata as part of Nursing Homes Week celebrations. This year's theme was “A Taste of Home – Where Every Dish Tells a Story”.

Bingo Fun



There was great excitement in the air as our residents enjoyed a lively game of bingo. Congratulations to our lucky winners — Breda, Eileen, and Michael — who were all smiles as they collected their prizes.

Chefs Demonstration



As part of Nursing Homes Week, we were delighted to welcome our very own Chef Susan, who teamed up with Residents for a special baking demonstration. Together they baked up a storm, sharing stories, laughter, and delicious aromas along the way.



Community Connection & Safeguarding Awareness



We were delighted to welcome Garda Alan, Garda Orla, and Garda Sean of An Garda Síochána Dublin to St. Glady's Nursing Home, where they spoke to residents and staff about safeguarding and community safety.

Fun & Games



Another week full of fun and friendship at St. Glady's Nursing Home, where our residents enjoyed some classic games, from a lively round of “throw the ring” to Bingo for prizes – with everyone’s eyes down and full of excitement.

Keeping Active

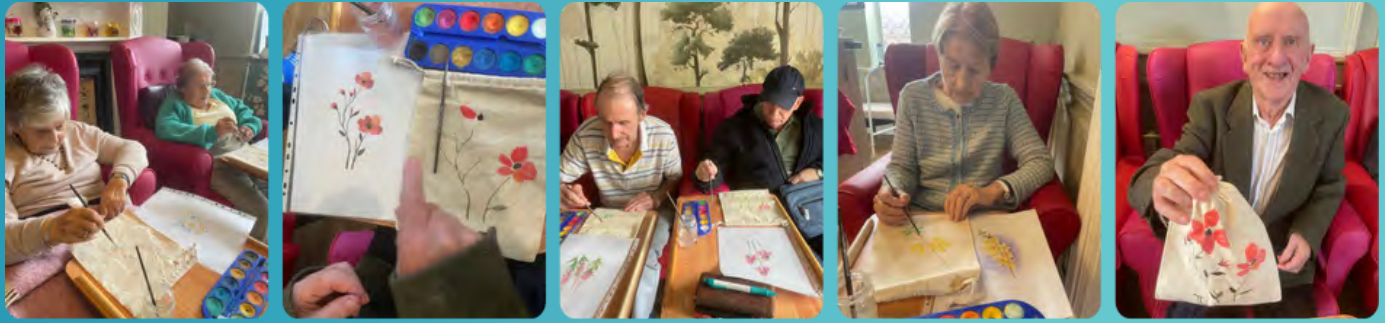


We love keeping active and having fun here in St Gladys's. Our residents enjoyed a lively basketball and balloon session full of laughter and movement. Meanwhile, Gladys and Kathleen took a different approach, putting their minds to work with a picture matching game featuring animals.

Onam Celebrations



As part of the celebration of Onam - Mary Tom, Gladys, and Kathleen spent time in the garden collecting beautiful flowers. Onam is the traditional harvest festival of Kerala, India. known as the festival of flowers, a time of joy, dancing, and togetherness — and our Staff and Residents joined in with music and dancing to share in the spirit of celebration of Onam.



Our St. Glady's Nursing Home residents had a lovely activity recently, making summer bags and filling them with lavender for the Waldrop. The room was filled with creativity and the calming scent of lavender.

Our favourite Recipes

A Taste of Home

"Myra's mom was making Christmas pudding using a kitchen cloth. She put all the ingredients in, boiled them together, and it came out perfect."

Antoinette
Myra's daughter

A Taste of Home

"I was always flying home to see what my mother had for us."

Kathleen St Glady's

A Taste of Home

"You had to be a true Dubliner to know about coddle."

Sheela St Glady's

A Taste of Home

"When Mum was preparing Christmas pudding in a big mixing bowl, everybody gave it a stir and made a little wish along."

Antoinette
Myra's daughter

Nursing Homes Week 2025 18 - 24 August 2025

St. Glady's Nursing Home invites all residents, families, friends and staff for celebration of

A Taste of Home

Nursing Homes Week 2025!

Nursing Homes Week 2025 18 - 24 August 2025

A Taste of Home

Nursing Home Week at St. Glady's

To celebrate Nursing Homes Week, we've been spending time in heartfelt conversations with our residents and their families—reminiscing about their younger days, family kitchens, and the special people who made them feel at home.

From moms in their aprons to dads stepping in when needed, these memories brought smiles, laughter, and stories full of warmth.

Stay with us as we share some of these beautiful reflections throughout the week!

Week 2025, St. Glady's

Kathleen's dad Stew recipe

Ingredients:
Mince beef or steak cut small
Onions
Carrots
Chopped potatoes
Pinch of pepper and salt
Bay leaves

Kathleen: "You simmer it for ages on a low heat — everything goes into one pot."

A Taste of Home Book Members of a Special Chapter

Week 2025, St. Glady's

Muriel's mom Coddle recipe

Muriel's mom, Kathleen used to cook coddle for Muriel — a simple Dublin dish.

Ingredients:
Bacon rashers
Sausages
Onions sliced into quarters
Frozen peas
Carrots

All cooked together in a pot of water.

A Taste of Home Book Members of a Special Chapter

A Taste of Home

"For breakfasts Mom used to prepare shredded wheat with milk. I wouldn't eat porridge!"

Margaret K.
St Glady's

Week 2025, St. Glady's

Shiela's mom Christmas stuffing recipe

At Christmas, we used to go to midnight Mass. My mom taught us to do lots of things. She got me to make stuffing before we went to Mass.

Ingredients:
Bread crumbs
Chopped onions
Butter

Mixed together with salt and pepper

A Taste of Home Book Members of a Special Chapter

Week 2025, St. Glady's

Myra's Christmas Stuffing recipe

Ingredients:
Sausage meat
Onions
Carrots

All fried together in a pan.

A Taste of Home Book Members of a Special Chapter

Nursing Homes Week 2025

A Taste of Home

18 - 24 August 2025

"Where every dish tells a story"

This year, as part of Nursing Homes Ireland Nursing Homes Week, we asked our residents to share a favourite recipe — one that brings back warm memories, beloved family occasions, or comforting moments from the past.

A Special Day Out & Birthday Celebration



Our Residents enjoyed a wonderful outing to McGowan's Pub for lunch. Some of our resident's family members joined in the fun too. It was a lovely afternoon filled with laughter, good food, and great company.

To make the day even more special, we had a surprise celebration for Breda's 90th birthday. Breda was surrounded by love from her family and friends, and we were so happy to be part of her big day.

Arts and Crafts



Our Residents had a wonderful time in their Arts & Crafts session, creating some fabulous handmade picture frames. Using ice lolly sticks, paint, and plenty of creativity, they each designed their own unique frames – and the results were simply beautiful.

Celebrating 91 Wonderful Years



We were delighted to celebrate Olive's 91st birthday here at St. Gladys Nursing Home, surrounded by her loving family and our caring staff. There was cake, candles, cards, gifts—and most importantly, so much love in the room. Olive beamed with joy as everyone joined in to mark this special milestone with her.

Nursing Homes Week Celebrations



We began the week with a wonderful mix of movement, creativity and flavour. Residents engaged in some gentle exercises to wake up body and mind, followed by a colourful art class in celebration of Indian Independence Day. Resmi then took us on a journey through Indian history and cuisine as part of this year's theme "A Taste of Home." Residents sampled some delicious Indian dishes – the verdict was unanimous: scrumptious. The afternoon brought lively entertainment from Mikey – a much-loved regular here at St. Gladys's. Residents sang along, danced, clapped and tapped their feet to their favourite songs



**IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,
PLEASE ASK THEM TO CONTACT MICHELLE ON 083-4487451**

