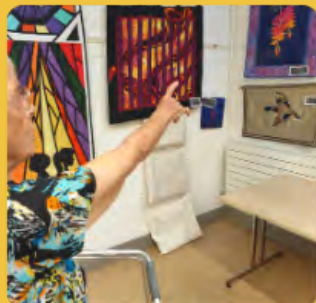




A Creative Day Out



Some of our residents enjoyed a wonderful outing to Ballyfermot Library for a very special exhibition of quilting and embroidery by 85-year-old local artist Ray Moore. Ray began this incredible hobby at the age of 70 and has been creating stunning masterpieces ever since — such an inspiration!

A Trip to the National Concert Hall



Our lovely residents Connie, Breda, Tina, and Lily enjoyed an enchanting afternoon filled with the timeless songs and stories of Connie Francis. What a wonderful way to spend the day—music truly lifts the spirit!

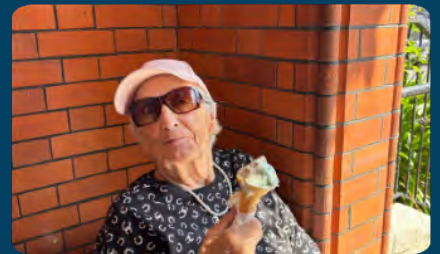
Glenaulin Summer BBQ



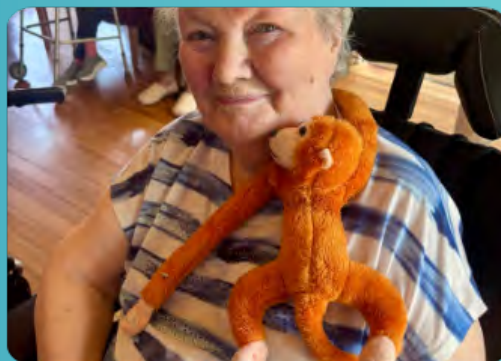
Our recent Summer BBQ was filled with smiles, laughter, and togetherness! Days like these are a wonderful reminder of the joy that comes from spending time together and celebrating community.

Ice Cream and Sunshine

Our Residents and staff came together outdoors to enjoy ice cream, fresh air, and the sweet sounds of nostalgic music.



Laughing Yoga



A burst of laughter and sunshine filled the air as our Residents came together for a revitalising session of laughing yoga. Laughing Yoga brings more than just exercise – it brings connection, positivity, and a wonderful boost for mind and spirit. We cherish these moments that nurture both body and soul.

Game of **Conkers**



As autumn begins, we carried on a much-loved Glenaulin Nursing Home tradition – our annual game of conkers. With Activity Coordinator Dana leading the fun, Ann, Rita, Betty, Jeffrey, Sam, Vivien and Una were transported back to childhood memories of this classic old-time game. There was plenty of laughter, a bit of friendly competition, and lots of reminiscing about days gone by.

Food & **Memories**



Our residents had a wonderful time taking part in a guessing game, matching traditional foods to their country of origin. It sparked plenty of fun conversations and lots of laughter along the way!

Enid's 99th Birthday



We celebrated our wonderful resident Enid on her 99th birthday. It was such a special milestone, filled with joy, smiles, and plenty of love

A lovely afternoon of **creativity**



Our lovely residents really enjoyed our recent soap-making session together. We mixed cedarwood-scented tinctures with dried herbs to make the soaps look (and smell!) fabulous. It was a wonderful experience for the senses – both for those taking part and the onlookers who came by to enjoy the fragrances filling the room.

Afternoon Tea Dance

Our residents enjoyed a lovely afternoon at the Tea Dance in Ballyfermot Civic Centre. There was music, dancing, and plenty of laughter — a wonderful way to spend the day together in the heart of the community.



An Evening at the Opera



Our Residents had a beautiful evening in the Ballyfermot Civic Centre enjoying the opera recently. It was a night filled with music, joy, and wonderful memories.

Movement, Motivation & Monday Energy



We love a game of bingo here in Glenaulin and especially where there are prizes to be won. A big congratulations to our recent winners, Jimmy, Connie, and Bernie. It was smiles all around when the prizes were presented!!

Nursing Homes Week 2025 – “A Taste of Home”



As part of Nursing Homes Week celebrations, our amazing Glenaulin staff shared a true taste of home by bringing in delicious nibbles from their own countries. Our taste buds were treated to flavours from the Philippines, Ethiopia, Slovakia, India, Brazil, and Thailand – what an incredible feast!!

Birthday Celebrations at Glenaulin Nursing Home



There was great excitement as we celebrated two very special residents' birthdays here in Glenaulin. Ann turned 86, while Larry turned 82!! Surrounded by family, friends, and our famous Glenaulin cakes, the day was filled with smiles, laughter, and love.



Fall Prevention Month



September is recognised as Fall Prevention Month, a time to raise awareness about fall risks and share strategies to help prevent falls, especially among older adults.

At Glenaulin Nursing Home, we marked this important theme through a special art session. Residents enjoyed getting creative while also discussing ways to stay safe and steady.



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451**

