



Artistic Creations



Our Residents enjoyed a wonderfully creative floral painting session with our guest artist, Tracey, before spending some relaxing time in the garden and adding the finishing touches to their handmade bird feeders. It was a lovely afternoon filled with chats, laughter, creativity and wonderful bursts of colour

A Wonderful Afternoon

There's nothing quite like live music to lift the spirits and recently our Residents enjoyed a wonderful afternoon of entertainment when Robert came along to sing for us. There were plenty of smiles as everyone relaxed and enjoyed the music and the lovely atmosphere.



Multisensory Group Session



Our residents enjoyed a wonderful multisensory experience around the home. We explored different scents, including the calming aroma of lavender and the refreshing scent of lemon balm, creating a lovely opportunity for residents to engage their senses and enjoy the benefits of nature.

Siel Bleu



Our residents thoroughly enjoyed their exercise session with the Siel Bleu Ireland instructor, who did a wonderful job engaging and encouraging everyone to get involved, move at their own pace and, most importantly, enjoy themselves.

Bird Feeders



Our Residents created bird feeders during Nursing Homes Week as part of this year's theme, "Connected with Nature – A Life in Full Bloom." A wonderful activity that combined creativity, conversation and care for the wildlife around us

Fresh from Our Greenhouse

There was great excitement as our residents harvested some of the wonderful vegetables they have been nurturing in the greenhouse. Thanks to the warm summer weather and plenty of care and attention, the vegetables flourished, and everyone was so proud to see the results of their hard work.



National Heritage Week

We were delighted to welcome historian Mike Power to Tara Winthrop. Mike gave a fascinating presentation on the rich history of Swords and the archaeology of the local area. Our Residents thoroughly enjoyed learning more about the heritage of the community around us and sharing their own memories and stories.



Poker Face



Our high rollers were at the card table, putting their poker faces to the test! There may have been some serious concentration, a few sneaky moves and plenty of laughs — but don't worry, it's all just

Positive **Vibes** Concert



We enjoyed a fantastic concert filled with positive vibes, great music and plenty of smiles. Our residents and their families had an amazing afternoon and thoroughly enjoyed the entertainment. It was wonderful to see everyone coming together, enjoying the music and making some lovely memories.



A Wonderful **Summer BBQ**



A Wonderful Summer BBQ was held in glorious sunshine on Thursday, August 13th — and what a wonderful day it was!! Our Residents were joined by their families and loved ones for an afternoon filled with music, singing, dancing, laughter and the making of many special new memories.



IF YOU KNOW SOMEONE LOOKING FOR NURSING HOME CARE,
PLEASE ASK THEM TO CONTACT MICHELLE ON **083-4487451**



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