

## **Advocacy**

## About this document



Advocacy is the act of helping a person get what they need.



There may be times when you will need the help of an advocate.



We will always help you to get an advocate if you need one.

This document will help you understand:



what advocates are and what they do



what advocates cannot do



how we can help



how to find an advocate.



## What is an advocate?



An advocate is a person who can help you stand up for your



Advocates will work with you to find out what you need and what you want.



An advocate must be a person that you know and trust.

An advocate can be:



a family member



• a person from an outside advocacy group



a person from a legal organisation (like a lawyer).



If a person you do not know plans to be your advocate they will introduce themselves to you and explain how they will help.



## What can advocates do?



Advocates will always make sure that you are safe and have what you need.

#### Advocates can:



• help you to advocate for yourself



help you find out what you need



say something for you



help you to write and sign papers



write and sign papers for you



 help you report incidents and make complaints.



## What can advocates not do?



There are some things that advocates cannot do.

### An advocate cannot:



help with your health treatments



act as a go-between when resolving problems.



• make decisions for a different person (if they are not their advocate).



# How will we help you?



We have let our workers know when an advocate might to needed.



You have the right to choose your own advocate. We will help you with this.

We will help you if you want to:



be your own advocate



get a new advocate



stop advocacy services.



We will work together with your chosen advocate.



## How to find an advocate



We will help you to find and contact your chosen advocate.



You can ask one of our workers about where you can find an advocate.



You can use Google and the <u>Disability Advocacy Finder</u> tool to look for advocates near you.



You can also contact the department that is in charge of advocacy in your state.

