

SS 2025

Week 1		Lunch	Ingredients	Side Dish	Dessert	
Monday	Reg	Chicken Pasta in a Blended Tomato & Mixed Bell Pepper Sauce (G) (T)	Chicken, Pasta (WHEAT), Bell Peppers, Green Beans, Sweetcorn, Peas, TOMATO , Carrot, Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs		Fromage Frais (D)	Organic fromage frais (MILK), organic concentrated grape juice, organic strawberry purée, raspberry purée, MILK protein, organic maize starch, natural flavouring, organic concentrated lemon juice.
	Veg	Butter Bean Pasta in a Blended Tomato & Mixed Bell Pepper Sauce (G) (T)	Butter Beans, Pasta (WHEAT), Bell Peppers, Green Beans, Sweetcorn, Peas, TOMATO , Carrot, Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs			
Tuesday (V)	Veg	Butternut Squash and Mango Curry (T)	Lentils, Butternut Squash, Pea, TOMATO , Carrot, Onions, Garlic, Cumin, Coriander, Mango Chutney (Mangoes, Sugar, Salt, Acetic Acid (naturally produced), Whole Garlic Cloves, Cumin Seeds, Mixed Spices, Fenugreek Seeds, Nigella Seeds, Black Peppercorns, Cardamom Pods, Whole Cloves, Herb.), Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Herbs, Spices	White Rice Cucumber Raita (D) Natural Yoghurt (MILK), Cucumber	Seasonal Melon	
Wednesday	Veg	Jacket Potato w/ Cheese & Beans (D) (T)	Cheese (MILK), Haricot Beans, TOMATO , Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavouring.	Jacket Potato	Banana Yoghurt (D)	Natural Yoghurt (MILK), Banana
Thursday	Reg	Italian Lamb Ragu w/ Spaghetti (G) (T) (C)	Lamb Mince, Pasta (WHEAT), Sweetcorn, CELERY , Carrot, TOMATO , Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs		Lemon, Carrot and Cream Cheese Mini Sponge (G) (E) (D)	Self Raising Flour (WHEAT), EGG , Butter (MILK), Banana, Lemon, Carrot, Cream Cheese (MILK)
	Veg	Italian Mixed Vegetable Ragu Spaghetti (G) (T) (C)	Chickpeas, Kidney Beans, Buter Beans, Pasta (WHEAT), Sweetcorn, CELERY , TOMATO , Carrot, Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs			
Friday	Reg	Butchers Pork Sausage w/ Onion Gravy (SD)	Pork, Water, Gluten Free Rice Crumb (Rice Flour, Gram Flour, Water, Maize Starch, Salt, Dextrose), (Sea Salt, Sugar, Spices, Emulsifier (Diphosphate), Herbs, Preservative (Sodium METABISULPHITE), Yeast Extract, Rice Flour, Natural Flavouring, Antioxidants (Ascorbic Acid, Sodium Ascorbate), Dehydrated Onion), Gravy (Potato Starch, Rice Flour, Salt, Sugar, Caramelised Sugar, Maltodextrin, Yeast Extract, Flavourings, Onion, Herbs (Coriander, Sage, Bay Leaf), Sunflower Oil, Acid (Citric Acid), Garlic.)	Peas Swede & Potato Mash (D) (MILK)	Apple & Pears	
	Veg	Vegetarian Sausage w/ Onion Gravy (G) (S) (T) (SD)	Vegetarian Sausage (Rehydrated Textured SOYA Protein, Water, Rapeseed Oil, SOYA Protein Concentrate, Seasoning (SULPHITES) (Dextrose, Salt, Flavouring, Onion Powder, Yeast Extract, Colour (red iron oxide)), Fortified WHEAT flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Stabiliser (Methyl Cellulose), TOMATO Purée, Salt, Raising Agent (ammonium carbonates.), Gravy (Potato Starch, Rice Flour, Salt, Sugar, Caramelised Sugar, Maltodextrin, Yeast Extract, Flavourings, Onion, Herbs (Coriander, Sage, Bay Leaf), Sunflower Oil, Acid (Citric Acid), Garlic.)			

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Week 2		Lunch	Ingredients	Side Dish	Dessert	
Monday	Reg	Mexican Beef Stew (T)	Beef, Haricot Beans, Sweetcorn, Swede, Bell Peppers, <i>TOMATO</i> , Carrot, Onion, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper)	Coriander & Lime Rice	Chia & Vanilla Yoghurt (D)	Natural Yoghurt (MILK), Vanilla, Chia
	Veg	Mexican Bean Stew (T)	Black Bean, Kidney Beans, Haircot Beans, Sweetcorn, Swede, Bell Peppers, <i>TOMATO</i> , Carrot, Onion, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper)			
Tuesday	Reg	Lightly Seasoned Chicken in Gravy	Chicken Breast, Gravy (Potato Starch, Rice Flour, Salt, Sugar, Caramelised Sugar, Maltodextrin, Yeast Extract, Flavourings, Onion, Herbs (Coriander, Sage, Bay Leaf), Sunflower Oil, Acid (Citric Acid), Garlic)	Baby Potato, Carrots, Sweetcorn, Peas, Broad Beans, Green Beans	Banana Custard (D)	Banana, MILK, Maize Starch, Salt, Colour (Annatto Norbixin) Flavouring, Yoghurt (MILK)
	Veg	3 Bean Hot Pot (T)	Butterbeans, Cannelini Beans, Chickpea, <i>Tomato</i> , Gravy (Potato Starch, Rice Flour, Salt, Sugar, Caramelised Sugar, Maltodextrin, Yeast Extract, Flavourings, Onion, Herbs (Coriander, Sage, Bay Leaf), Sunflower Oil, Acid (Citric Acid), Garlic)			
Wednesday (V)	Veg	Coriander Spiced-Lentil Pasta Shells (G) (T)	Lentils, Pasta (WHEAT), Butternut Squash, <i>TOMATO</i> , Carrot, Onion, Garlic, Coriander, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs		Smooth Rice Pudding with Mixed Berries (D)	Rice, Water, MILK, Mixed Berries
Thursday	Reg	Omega 3 Fishcake (F) (G)	Water, Minced White FISH, WHEAT Flour (WHEAT Flour, Calcium Carbonates, Iron, Niacin, Thiamine), Potato, Rapeseed Oil, Salt, Wheat Starch, Potato Starch, Yeast, Stabiliser (Methyl Cellulose), Onion Powder, Caramelised Sugar, Turmeric Extract, Colour (Paprika Extract)	Potato Carrots Sweetcorn Cheese & White Bean Sauce (G) (D) (MILK, WHEAT)	Orange Smiles	
	Veg	Seasoned Vegetable Nuggets (G)	Water, WHEAT Flour (with Calcium, Iron, Niacin, Thiamine), Carrot, Sweetcorn, Green Beans, Rapeseed Oil, Dried Potato [Dried Potato, Emulsifier (Mono- and Di-Glycerides of Fatty Acids)], Cauliflower, Salt, Yeast, Onion Powder, Sugar, White Pepper			
Friday	Reg	Chicken Tikka Masala (T)	Chicken, Peas, Green Beans, Potato, <i>TOMATO</i> , Carrot, Onion, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Tikka Paste (Water, Ground Spices [Turmeric, Paprika, Cumin, Coriander, Rapeseed Oil, Salt, Maize Flour, Acids (Acetic Acid, Citric Acid), Tamarind, Garlic Powder, Cumin Seed, Paprika Extract, Dried Fenugreek Leaf, Dried Coriander Leaf. Onion, Spices, Herbs	White Rice	Blueberry, Sweet Potato and Cream Cheese Mini Sponge (G) (E) (D)	Self Raising Flour (WHEAT), Butter (MILK), EGG, Banana, Blueberry, Sweet Potato, Cream Cheese (MILK)
	Veg	Cauliflower & Lentil Tikka Masala (T)	Lentils, Cauliflower, Peas, Green Beans, Potato, <i>TOMATO</i> , Carrot, Onion, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Tikka Paste (SpWater, Ground Spices [Turmeric, Paprika, Cumin, Coriander, Rapeseed Oil, Salt, Maize Flour, Acids (Acetic Acid, Citric Acid), Tamarind, Garlic Powder, Cumin Seed, Paprika Extract, Dried Fenugreek Leaf, Dried Coriander Leaf. Onion, Spices, Herbs			

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Week 3		Lunch	Ingredients	Side Dish	Dessert	
Monday	Reg	Fish Paella (F) (T) (SD)	FISH, Rice, Mixed Pepper, Swede, Butternut Squash, Peas, TOMATO, Lemon Juice (POTASSIUM METABISULPHITE), Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper), Onion, Herbs, Spices		Fromage Frais (D)	Organic fromage frais (MILK), organic concentrated grape juice, organic strawberry purée, raspberry purée, MILK protein, organic maize starch, natural flavouring, organic concentrated lemon juice.
	Veg	Cannellini Bean Paella (SD) (T)	Cannellini Bean, Rice, Mixed Pepper, Swede, Butternut Squash, Peas, TOMATO, Lemon Juice (POTASSIUM METABISULPHITE), Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper), Onion, Herbs, Spices			
Tuesday (V)	Veg	Chickpea Curry (T)	Chickpea, Potato, TOMATO, Courgette, Carrot, Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper), Spices, Herbs	Wholemeal Chapati (G) Water, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Wholemeal WHEAT Flour (WHEAT Flour, WHEAT GLUTEN), Rapeseed Oil, Salt	Sliced Pears in Vanilla Sauce (D)	Pear, Vanilla, MILK, Maize Starch, Salt, Colour (Annatto Norbixin) Flavouring, Yoghurt (MILK)
Wednesday	Reg	Marinated Chicken in Gravy	Chicken Breast, Gravy (Potato Starch, Rice Flour, Salt, Sugar, Caramelised Sugar, Maltodextrin, Yeast Extract, Flavourings, Onion, Herbs (Coriander, Sage, Bay Leaf), Sunflower Oil, Acid (Citric Acid), Garlic.)	Potato, Carrot, Peas, Veg Only- Baked Beans (T) Haricot Beans, TOMATO, Water, Sugar, Glucose-Fructose Syrup, Modified Maize Starch, Salt, Onion Powder, Paprika, Flavouring.	Berry Fruit Smoothie (D)	Natural Yoghurt (MILK), MILK, Mixed Berries, Banana
	Veg	Vegetable Fingers (G)	Vegetable Mix (Sweetcorn, Carrot, Peas), Water, Breadcrumbs (WHEAT Flour, Water, Yeast, Salt), Rapeseed Oil, Dried Potato, WHEAT Flour, Salt, Onion Powder, Starch (Rice, Potato), Turmeric, Gravy ((Potato Starch, Rice Flour, Salt, Sugar, Caramelised Sugar, Maltodextrin, Yeast Extract, Flavourings, Onion, Herbs (Coriander, Sage, Bay Leaf), Sunflower Oil, Acid (Citric Acid), Garlic.)			
Thursday	Reg	Tuna Pasta w/ Hidden Broccoli, Sweetcorn & Sauce (F) (G) (T)	Tuna (FISH), Pasta (WHEAT), Peas, Broccoli, Sweetcorn, Courgette, Carrot, TOMATO, Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.) Spices, Herbs		Pineapple, Courgette and Cream Cheese Mini Sponge (G) (E) (D)	Self Raising Flour (WHEAT), Butter (MILK), EGG, Banana, Pineapple, Courgette, Cream Cheese (MILK)
	Veg	Mushroom & Bean Pasta w/ Hidden Broccoli, Sweetcorn & Garden Pea Sauce (G) (T)	Kidney Bean, Cannellini Bean, Butter Bean, Pasta (WHEAT), Mushroom, Peas, Broccoli, Sweetcorn, Courgette, Carrot, TOMATO, Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.) Spices, Herbs			
Friday	Reg	Jacket Potato w/ Beef Bolognese (C) (T)	Mince Beef, Bell Peppers, TOMATO, Courgette, Carrot, CELERY, Onions, Garlic, Herbs, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.)	Jacket Potato Chive Dip (D) Natural Yoghurt (MILK), Chive	Seasonal Melon	
	Veg	Jacket Potato w/ Vegan Bolognese (C) (T)	Kidney Beans, Cannellini Beans, Bell Peppers, TOMATO, Courgette, Carrot, CELERY, Onions, Garlic, Herbs, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.)			

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Week 4		Lunch	Ingredients	Side Dish	Dessert	
Monday	Reg	Moroccan Apricot Chicken (T)	Chicken, Apricots, Carrots, Peas, <i>TOMATO</i> , Onions, Garlic, Carrot, Ginger, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour(Plain Caramel), Antioxidant(Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper), Spices, Herbs	Couscous (G) (WHEAT)	Strawberry Yoghurt Delight (D)	Natural Yoghurt (MILK), MILK , Water, Sugar, Skimmed MILK Powder, Modified Starch, Maltodextrin, Palm Oil, Gelling Agents (Diphosphates, Sodium Phosphates), Emulsifiers (Propylene Glycol Esters of Fatty Acids, Lecithin), Lactose (MILK), MILK Proteins, Calcium Carbonate, Whey Powder (MILK), Anti-caking Agent (Silicon Dioxide), Colours (Beetroot Red, Carotenes), Flavouring.
	Veg	Moroccan Apricot Chickpea (T)	Chickpea, Apricots, Carrots, Peas, <i>TOMATO</i> , Onions, Garlic, Carrot, Ginger, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour(Plain Caramel), Antioxidant(Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper), Spices, Herbs			
Tuesday (V)	Veg	Tomato & Basil Pomodoro (G) (T)	Butter Beans, Pasta (WHEAT), <i>TOMATO</i> , Carrot, Onions, Basil, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs		Natural Yoghurt w/ Peach Coulis (D)	Natural Yoghurt (MILK), Peach
Wednesday	Veg	Creamy Chicken & Leek Pie (D) (G)	Chicken, Leek, Cauliflower, Broccoli, Peas, Green Beans, Broad Beans, Carrot, Sweetcorn, Onion, Garlic, Coriander, Bechamel Sauce (WHEAT Flour, Butter (MILK), MILK), Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour(Plain Caramel), Antioxidant(Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs	Baby Potato Pastry Lid (G) Puff Pastry (WHEAT Flour, Margarine (Palm Fat, Water, Salt, Emulsifier: Mono- And Diglycerides Of Fatty Acids; Acidity Regulator: Citric Acid), Water, Ethanol, Sugar, Salt, Acidity Regulator: Citric Acid.)	Cheese & Apple Slices (D)	Cheese (MILK), Apple
	Veg	Creamy Bean & Vegetable Pie (D) (G)	Cannellini Beans, Leek, Cauliflower, Broccoli, Peas, Green Beans, Broad Beans, Carrot, Sweetcorn, Onion, Garlic, Coriander, Bechamel Sauce (WHEAT Flour, Butter (MILK), MILK), Vegetable Stock, (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs			
Thursday	Reg	Lamb Chilli Con Carne (T)	Lamb Mince, Kidney Bean, Bell Peppers, Carrot, <i>TOMATO</i> , Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs	Rice	Natural Yoghurt w/ Mango (D)	Natural Yoghurt (MILK), Mango
	Veg	Vegan 3-Bean Chilli (T)	Kidney Bean, Cannellini Bean, Butter Bean, Bell Peppers, Carrot, <i>TOMATO</i> , Onions, Garlic, Vegetable Stock (Sunflower Oil, Salt, Potato Starch, Maltodextrin, Sugar, Yeast Extract, Lovage, Carrot Powder, Onion Powder, Garlic Powder, Colour (Plain Caramel), Antioxidant (Rosemary Extract), Turmeric, Parsley, Flavouring, Pepper.), Spices, Herbs			
Friday	Reg	Breaded White Fishcake (F) (G)	Minced Whitefish (FISH), Water, WHEAT Flour (Calcium Carbonates, Iron, Niacin, Thiamine), Dried Potato, Sunflower Oil, Rapeseed Oil, Palm Oil, Salt, Stabiliser (Methyl Cellulose), Onion Powder, Yeast, Parsley, Sugar, Turmeric, Black Pepper Extract, Colour (Paprika Extract), Parsley Extract	Sweetcorn Tomato & Kidney Beans Salsa (T) Potato	Strawberry, Carrot & Cream Cheese Mini Sponge (G) (E) (D)	Strawberry, Carrot, Banana, Cream Cheese (MILK), Self Raising Flour (WHEAT), EGG, Butter (MILK),
	Veg	Seasoned Vegetable Nuggets (G)	Water, WHEAT Flour (with Calcium, Iron, Niacin, Thiamine), Carrot, Sweetcorn, Green Beans, Rapeseed Oil, Dried Potato [Dried Potato, Emulsifier (Mono- and Di-Glycerides of Fatty Acids)], Cauliflower, Salt, Yeast, Onion Powder, Sugar, White Pepper			

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