Pulmonary fibrosis medical information form

Action for Pulmonary Fibrosis

Pulmonary fibrosis (PF) is a term that describes scar tissue in the lungs. Some people with interstitial lung disease develop PF. Often, the scar tissue builds up over time. This makes it difficult for the body to take in enough oxygen.

Common symptoms include a cough and breathlessness. Some people with PF take antifibrotic drugs (nintedanib or pirfenidone) to reduce the rate of scarring.

Many people are prescribed supplementary oxygen. **People with PF may use supplementary oxygen differently to people with other lung diseases such as COPD**.

Your details

Name

Email

Phone

Address

Date of birth

Your next of kin

Name

Relationship

Phone

Address

GP contact details

Practice name

Phone

Address

ILD/respiratory team contact details

Centre name

Address

Consultant

Nurse

Please turn over

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Medical details

Diagnosis

Are you prescribed oxygen? ☐ Yes ☐ No

If yes, please indicate which:

- ☐ Long-term (LTOT)
- ☐ Nocturnal (NOT) (at night)
- ☐ Ambulatory (AOT) (when moving)
- ☐ Palliative (POT)

What is your prescribed oxygen flow rate?

At rest ..... litres/min

On exertion (when moving) ..... litres/min

How do you take your oxygen?

- ☐ Home concentrator
- ☐ Portable concentrator
- ☐ Liquid
- ☐ Cylinders

Do you receive any treatment for pulmonary fibrosis? Please detail below

Please list any other health conditions, allergies or medications

Please turn over