



2023

# OTTP-SF DONOR IMPACT REPORT



Occupational Therapy  
Training Program – San Francisco  
is a division of

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Special Service  
for Groups, Inc.

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# LETTER FROM DIVISION DIRECTOR

Dear Supporters, Donors, Volunteers, and Funders,

As the Division Director of SSG, Inc./OTTP-SF, I am honored to extend my heartfelt gratitude to every one of you who has played a pivotal role in contributing to our mission of OTTP-SF which provides youth with increased opportunities for personal, educational, and vocational success.

Your unwavering support, whether through financial contributions, volunteer hours, or dedicated efforts, is the cornerstone of our success in 2023. Together, we have achieved remarkable milestones and positively impacted the lives of countless children and youth in the Bay Area.

To our esteemed donors, your generosity is the lifeblood of our programs, providing the necessary resources to bring about tangible change. Your commitment to investing in our vision has empowered us to reach new heights and extend our reach to those most in need.

Volunteers, your selfless dedication is the driving force behind the hands-on impact we've been able to create. Your time, skills, and passion have not only enriched our programs but have also left an indelible mark on the children and youth we serve.

To our corporate partners and funders, your strategic collaboration and financial support are instrumental in sustaining and expanding our initiatives. Your commitment to social responsibility echoes the values we hold dear and propels us forward in our mission.

As we reflect on the accomplishments of 2023, it is impossible to overlook the collective effort and shared commitment that has defined our journey. Your belief in our cause has fueled our determination to make a meaningful difference in the lives of those we serve.

In the spirit of gratitude, I express my sincere thanks on behalf of the entire OTTP-SF team. Your contributions have not only transformed the present but have laid the foundation for a brighter future.

We look forward to continued collaboration and shared success as we work together to create a lasting impact on our community.

With deepest appreciation,



Colleen Devine  
Division Director  
Occupational Therapy Training Program-San Francisco



# HEALING THROUGH DOING



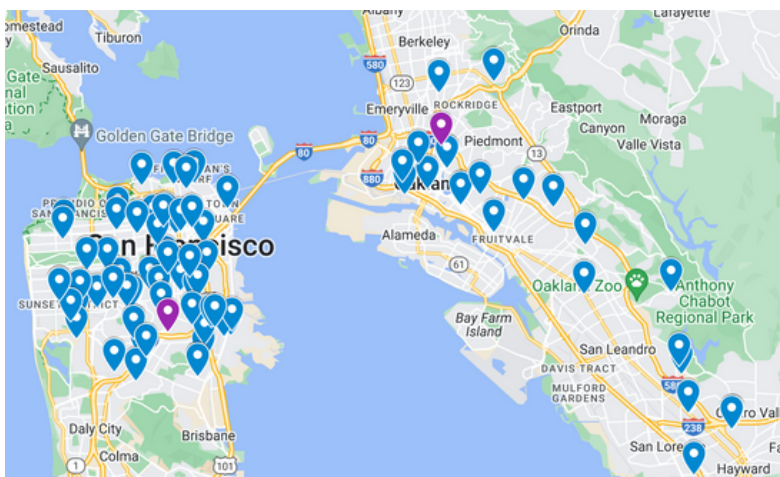
## ABOUT OTTP-SF

### MISSION

OTTP-SF is dedicated to providing youth with increased opportunities for personal, educational, and vocational success.

### ABOUT

OTTP-SF is a division of Special Service for Groups, Inc., a 501c3 non-profit. We have a multi-disciplinary clinical team comprised of Licensed Occupational Therapists, Psychotherapists, and Licensed Psychiatric Mental Health Nurse Practitioners. With a history spanning 25 years, we remain committed to providing comprehensive mental health services to Bay Area youth.



*OTTP-SF's  
clinicians can be found  
serving youth  
throughout the  
San Francisco Bay Area  
in over 75 locations.*

# FUNDING PARTNERS

OTTP-SF provides mental health services to youth who reside in the San Francisco Bay Area. Youth are primarily referred to us through schools, the Department of Public Health Behavioral Health Services, and community partners.



Alameda County Office of Education\*

Alameda County Probation Department\*

County Community Schools

Department of Children, Youth and Their Families



Department of Public Health/Behavioral Health Services

Department of Rehabilitation

East Bay Agency for Children



East Bay Asian Local Development Corporation\*

Edgewood Center for Children and Families

Lincoln Families

Oakland Benioff Children's Hospital



San Francisco Probation Department

San Francisco Unified School District/Special Education

St. Paul's Episcopal School\*

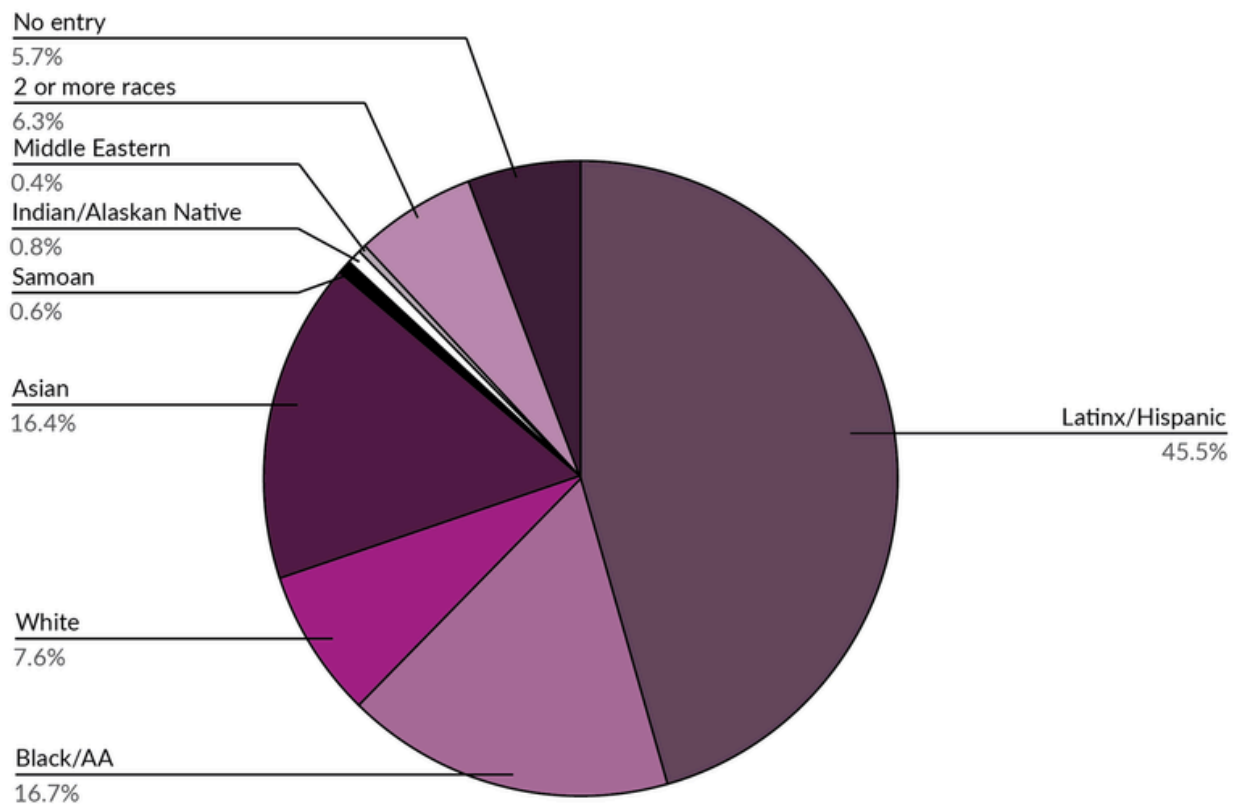
St. Vincent's Day Home

*\*Indicates New Partners as of 2023.*

# OTTP-SF CLIENTS

OTTP-SF provides mental health services to youth, ages 3-24. Youth may be referred to us for the following reasons: they are facing mental health challenges, impacts from trauma, learning disabilities, social-emotional difficulties, and/or developmental delays. The youth that OTTP-SF serves are living at or below the poverty level. They may be unhoused, food insecure, have special education status, on probation or detained, pregnant or parenting, navigating the foster care system, or a combination of the above.

## CLIENT DEMOGRAPHICS





# OUR PROGRAM

## PROGRAM DELIVERY

OTTP-SF serves children and youth through a variety of programs that exist within our partner organizations. Each program has its own focus and distinctive range of services.



**Early Childhood**  
Ages 3-6



**Childhood**  
Ages 6-10



**Adolescence**  
Ages 10-18

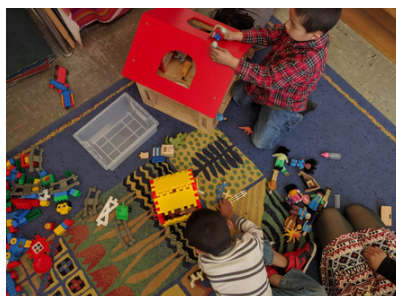


**Transition Age**  
Ages 18-24

## HEALING MODALITIES



**Coping Skills**



**Social Skills**



**Extracurricular**



**Life Skills**



**Vocational Skills**



**Case Management**

# ACHIEVEMENTS AND EXPERTISE

## CERTIFICATIONS AND LICENSURES

### *CARF International Accredited*



CARF, the Commission on Accreditation of Rehabilitation Facilities, is a private, not-for-profit organization that accredits health and human services programs worldwide. CARF reported that OTTP-SF has a highly qualified and dedicated team with extensive experience, emphasizing the importance of staff retention due to strong professional relationships, teamwork, and quality service delivery to a vulnerable client population. OTTP-SF is CARF certified in both Behavioral Health and the Employment Programs.

### *IPS Certified*

The Individualized Placement and Support model (IPS) is an evidence-based model of supported employment for people with mental illness. It is significantly more impactful than traditional job approaches and employment services, helping individuals to reduce their mental illness symptoms and establish personal independence.



All vocational staff have received IPS certification for course completion and employment supervisors are certified in Supervisory Course Completion.

### *Licensed Medi-Cal Provider*



OTTP-SF proudly achieved a commendable/exceeded expectations rating in Program Deliverables, Program Compliance, and Client Satisfaction in the recent Monitoring Report for Medi-Cal licensure. OTTP-SF is licensed to provide Specialty Mental Health Services for children and youth with an evident commitment to excellence.



# ACHIEVEMENTS AND EXPERTISE

## OTTP-SF STAFF CONTRIBUTIONS

### ***Double OT Assessment (DOT)***

Conceptualized, designed, and developed by OTTP-SF's very own OT clinicians, Genevieve Cyrs and Christine Haworth, the Double OT Assessment is a dynamic assessment tool used to measure occupational performance skills, including motor, process, and social interaction skills. Since 2014, OTTP-SF clinicians have administered the DOT to 200+ individuals.



### ***OT Text Book Review - Willard and Spackman's Occupational Therapy***

O.T. Services Director Teresa Ricardo along with O.T. Manager Ray Nubla recently undertook a comprehensive chapter review of the widely utilized Willard and Spackman's Occupational Therapy 14th Edition. Entrusted with the responsibility of shaping content that mirrors the diverse practice of occupational therapy, their critical evaluations offered invaluable insights. This collaborative effort ensures a globally inclusive perspective for students, guiding them to focus on the pursuit of fair treatment, access, opportunity, and advancement while striving to identify and eliminate barriers that hinder full participation.

### ***OTAC Conference - Sensory Strategies for Self-Regulation and Mindfulness***

Teresa Ricardo, Director of Occupational Therapy Services, and Katie Gordon, Manager of East Bay O.T. Services, delivered an awe-inspiring training at the prestigious OTAC Conference on "Sensory Strategies for Self-Regulation and Mindfulness." Their comprehensive presentation delved into the intricacies of identifying sensory principles while addressing individual variations in sensory preferences and needs. The training, encompassing developmental trauma, replacement behaviors, crisis prevention in the context of sensory challenges, and meticulous treatment planning, showcased their profound expertise in the field.



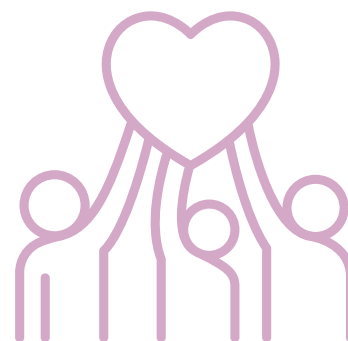
### ***SJSU Anniversary Event -OTTP's Role in Mental Health***

In November 2023, Katie Gordon, East Bay O.T. Services Manager, delivered a captivating presentation at San Jose State University's 80th Anniversary event. Gordon masterfully provided an overview of OTTP's crucial role in mental health services spanning early childhood through young adulthood. The presentation not only highlighted the breadth of our mental health OT services but also offered attendees a profound visual journey through our comprehensive offerings. Participants gained invaluable insights into OTTP's impactful approach, emphasizing youth development through play, self-expression, and targeted interventions that intricately focus on emotional regulation, communication skills, and interest exploration.

# IMPACTS

## JOB PLACEMENTS

In 2023, OTTP-SF achieved a remarkable milestone in its Employment Program, securing 25 job placements. Notably, 19 of these clients not only secured employment but sustained their positions for a significant duration at the same job. This accomplishment underscores the program's effectiveness in fostering long-term employment success for participants using the IPS model. Youth Clients found work in retail, food services, grocery, animal care, security services, and more.



***OTTP-SF serves approximately 1,000 youth annually.***



# IMPACTS

## INTERNSHIPS

In 2023 the Occupational Therapy Training Program hosted a diverse group of student interns, encompassing the fields of social work, counseling, occupational therapy, and psychiatric nursing. OTTP-SF has a university partnership with the 6 establishments below.



## TESTIMONIALS

What our partner programs have to say about OTTP-SF:

*"We are so lucky to partner with OTTP. Our occupational therapists have really helped change the way that we serve students here and they've been instrumental in helping us connect with some of our hardest to reach and hardest to serve students and families. We really appreciate everything that they've done and we look forward to continuing our deep and meaningful relationship."*

-Staff Member at Independence High School

*"OTTP has a reputation for being reliable, and I would 1000% support OTTP working on re-entry with youth."*

-Parole Officer at the Juvenile Justice Center

*"OTTP provides the "gold standard of OT services" within the Juvenile Justice Center setting. Proud to be in partnership with all of you (at OTTP-SF) and looking forward to learning from one another."*

-The Annual California Association of Probation Institution Administrators Conference

*"I've had the opportunity to work with some of the extremely gifted OTs...who have been providing individual, group, and community-based support and resources to some of our students and it has really made the difference for some of our kids. Their ability to meet with young people in the community, truly where they're at, and engage them in a way that feels genuine and provide opportunities for connection and mental health support, has been amazing."*

-Wellness Coordinator at Ida B. Wells High School

# IMPACTS

## DONOR IMPACTS

Your generosity empowers OTTP-SF to allocate donor funds towards essential resources, addressing diverse client needs not typically supported. This commitment to holistic support amplifies our dedication to enhancing the lives of program participants by fulfilling crucial aspects of their journey.



CRITICAL CLIENT NEEDS



EMERGENCY PROGRAM FUNDING



YOUTH INCENTIVE PROGRAMS



ESSENTIAL APPLICATION/LICENSE FEES



TRANSPORTATION



INTERVENTION/ THERAPEUTIC SUPPLIES



VOCATIONAL SUPPORT



EXTRACURRICULAR

# IMPACTS

## CLIENT TRANSFORMATIONS

Throughout 2023, OTTP-SF clinicians shared narratives of success, highlighting instances where the organization played a pivotal role in the personal and professional development of clients.

*"I had tried other therapists. I had always had services, but only OTTP worked. OTTP's been the best. I didn't want to leave my room for 2 years because I was so depressed and now, I have a job and a perfect attendance certificate from my school and things are so much better. How did you find me? I didn't pick OTTP, but I'm glad I got you guys."*

-OTTP-SF Client

*"Yesterday I had a closure session with a client, an immigrant who graduated a few years ago. She shared that in her life she felt that only OTTP-SF and one single teacher believed in and supported her. It was because of these relationships that she came out of her depression and achieved her dream of working at a hospital. She now can save for her and her children's future and treat herself and her children to opportunities that she never had as a child."*

-Emily Tunnat, OTTP-SF Occupational Therapy Manager

*"The family was overflowing with gratitude and kept restating how much the team has helped instill confidence in this youth, that he trusts his providers, and that he's been "blossoming" with our support! We came together to navigate an intense crisis with this youth in the fall and it's so great to see him well-resourced in only a few short months!"*

-Shasta Rice, OTTP-SF Occupational Therapist



# PLANS FOR 2024

As we step into 2024, big plans are on the horizon! We're gearing up to expand our reach, help more clients, and forge new partnerships.

## EXPANSION

Our new location in Oakland is opening, boosting our impact in Alameda County. We are actively creating new contracts to further our reach to serve youth with the greatest needs in additional Bay Area counties.

## HOW YOU CAN HELP

Whether you're a corporate sponsor or an individual donor, your continued support fuels our mission. Together, let's make 2024 a year of positive change and growth. Join us in making mental health support accessible to all. Cheers to progress and shared victories!

## GET INVOLVED



### **SPONSOR**

For corporate sponsorship opportunities, contact [tracy.feldman@ottp-sf.org](mailto:tracy.feldman@ottp-sf.org)



### **VOLUNTEER**

To learn about the unique ways to support OTTP-SF with your time, contact [info@ottp-sf.org](mailto:info@ottp-sf.org)



### **FOLLOW**

Join our social media community



### **DONATE**

[ottp-sf.org/donate](http://ottp-sf.org/donate)

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