

**AUGUST
2025**

DAY TRIP



Great Smoky Mountain Railroad Tuckasegee River

October 7, 2025 (Departs from Maryville Target parking lot)

Cost \$199 \$75 Deposit Due at Booking

Balance Due August 22, 2025

This 4-hour round-trip from Bryson City to Dillsboro offers a serene train ride through the countryside, with the added allure of passing by the movie set of The Fugitive. During the 1 hour 20-minute layover in Dillsboro, you can explore over 50 shops, restaurants, and other attractions. Call the ESC office to book your seat now-ALL ABOARD!

Friend or foe? Artificial Intelligence in the world today



Is AI worth all the hype? Should I be using it today? Or should I be avoiding it?

Join us as we welcome Stefan Wilson, Benevolent Overlord of Allevia Technology, as he separates fact from fiction on where AI is today, where it's likely to go tomorrow, and why any of this matters to you.

This information is strictly informational.

*Join us at the Everett Senior Center
August 21st 9am in the Project room*

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Everett Senior Center

865-983-9422

702 Burchfield St. Maryville, TN 37804



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ESC NEWS

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BALLROOM DANCE CLASS

Every Wednesday from 1pm to 3pm in

The ballroom.

Cost: FREE



LIVE BALLROOM BAND DANCES

Held on the 1st and 3rd Saturday nights from 7-9PM. Admission is \$8 for ESC Dance Members & \$10 for Non-Members.



Veterans Coffee Fellowship

Every Thursday 1:30PM

All veterans are welcome!



Walking Club

Tuesdays and Thursdays

9am

Half mile to 1.5 mile walking trail.

Dominoes

Every Friday @
9:00am in the ballroom. Bring some snack and join a game.

Corn Hole

Every Monday
at 10am
in the ballroom.

New to Medicare?

Every 3rd Tuesday @ 1PM.

Helping answer your Medicare questions free of charge, no strings attached. Call to reserve your spot today!

Everett Senior Center
Ballroom

SIT 2 FIT

1st
Every &
3rd
Thursday

11am to 12pm

Seated Aerobic Exercises.
A fun and easy way to get stronger, boost energy and increase flexibility!

Everett Senior Center
chair Volleyball

1st 3rd and 5th Wednesday from 10am to 12pm
EVERY Friday from 10 am to 12 pm

Open Monday-Friday, 8am to 4pm
ESC Office: 865-983-9422



Mid Week Music

10am to 12pm

Live music by local musicians. Coffee and snacks are provided. Come on in and take a listen!

Musicians please arrive by 9:30am to get signed in.



KNITTING, CROCHET

AND

QUILTING GROUP

Tuesday & Thursday at 10am
in the Art Room

Scrabble

Every Wednesday

Time: 12:30-3:30

Everyone gets a book!

Meet in the Project room.

CHAIR YOGA

- Great For Anyone
- Improves Flexibility
- Helps Balance
- Increases Mobility

TUESDAYS 12- 1PM

Cost: FREE



SCRAPBOOKING & PAPER CRAFTERS

MONDAY

Time: 9am to 3:30pm

Our paper crafters meet in the ballroom. Everyone brings their own project. Come in and join them. You might pick up some fun new ideas!

TAI CHI

**Will Return In
September**

9:00AM - 9:45AM (Intermediate)
10:30AM (Advanced)
\$5.00 per session

ESC STAFF:

Stacy Homeyer, Director

Greg Pitner, Administrator



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THIS WEEK AT EVERETT SENIOR CENTER

Monday

Corn Hole - Ballroom - 10am to 12pm
Watercolor - Art Room - 9:30am to 12:30pm
Scrap Time - Ballroom - 9am to 3:45pm
Duplicate Bridge - Card Room - 9am to 3pm
Ping Pong - Ballroom - 2pm to 3:45pm
Billiards Every Day

Tuesday

Tai Chi - Ballroom - TBA in Sept
Cards - Card Room - 9am to 2pm
Walking Club - Walking Trail - 9am
Chair Yoga - Ballroom - 12pm to 1pm
Quilters - Art Room - 10am to 2pm

Wednesday

Duplicate Bridge - Card Room - 9am to 3pm
Oil Painting - Art Room - 9am to 12pm
Drawing Class - Project Room - 9:30am to 12:30am
Scrabble - Project Room - 12:30pm to 3:45pm
Ballroom Dance - Ballroom 1pm to 3pm
1st, 3rd, and 5th Chair Volleyball- Ballroom - 10am to 12pm
2nd and 4th Mid Week Music -Ballroom - 10am to 12pm

Thursday

Tai Chi - Ballroom - TBA in Sept
Cards - Card Room - 9am to 2pm
Walking Club - Walking Trail - 9am
Quilters - Art Room - 10am to 2pm
Ping Pong - Ballroom 1pm to 3:30pm
Veterans Coffee - Ballroom - 1:30pm to 3:30pm
1st and 3rd Sit 2 Fit Chair Class - Ballroom - 11am to 12pm

Friday

Dominoes - Ballroom - 9am to 3pm
Duplicate Bridge- Card Room-9am to 3pm
Chair Volleyball - 10am to 12pm
Quilters - Art Room - 10am to 2pm
Ping Pong - Ballroom - 1pm to 3:30pm
3rd Red Hat Society - Art Room - 10am to 1pm