

UPCOMING YOUTH PROGRAMS

Dance Stars *for ages 3-8*

Young dancers learn the fundamentals of ballet, jazz, and hip-hop. The 30 minute classes are held on Wednesday afternoons beginning October 15 with a variety of classes offered. For more information and to register, go to <https://www.parksrec.com/recreation-program/youth-programs#dance-stars>

Gymnastics *for ages 3-12*

The next session of classes begin October 14. We have a variety of classes including Gymnastics, Movement, Music & More (Ages 3-5), Tumbling Gymnastics (Ages 5-10), and Advanced Tumbling/Back Handsprings (Ages 6-12). <https://www.parksrec.com/recreation-program/youth-programs#gymnastics-movement>

Kids in Clay *for ages 6-10*

Students create fun projects as well as learn hand-building techniques in this project based class. The next session begins November 3. <https://www.parksrec.com/recreation-program/youth-programs#kids-clay>

Basketball for Fun *for 5 year old boys & girls*

This is a low-key, noncompetitive approach to the game of basketball. Registration begins September 29. The program begins in early January. The \$78 fee includes a game jersey. <https://www.parksrec.com/recreation-program/sports/youth-basketball>

Youth Basketball *for ages 6-16*

Registration begins September 29, and the 7-week session is scheduled to begin in January 2026, with games played on Saturdays. Cost is \$78 per child, and includes a jersey. <https://www.parksrec.com/recreation-program/sports/youth-basketball>

GROUND BREAKING SUMMER!



The groundbreaking ceremony was held in late July for the expansion of the MLK Jr Community Center, scheduled to be complete in the spring of 2026!

THANK YOU FOR YOUR SERVICE!

Thank you to Administrative Assistant Connie Ball, who is retiring after 26 years of service at Parks & Rec! We appreciate you and wish you the best in retirement!



UPCOMING PROGRAMS FOR ALL

Fly Fishing - Basic Fly Rod Casting *for ages 12 and up*

Includes instruction on rods and equipment, fly rod casting, line management, and casting techniques. Class meets Saturday, September 13 from 9-noon. Cost is \$10. Taught by Little River Chapter of Trout Unlimited. <https://www.parksrec.com/recreation-program/adult-programs#fly-fishing>

UPCOMING PROGRAMS FOR ADULTS

Cardio Dance Fitness

Beginner to intermediate dance fitness classes. Classes are designed to improve cardiovascular health and coordination, burn calories, and have fun while moving your body to fun rhythms. Register online or at the Parks & Rec office. Cost is \$32 for a 4 week session. <https://www.parksrec.com/recreation-program/adult-programs#adult-fitness>

Adult Volleyball & Basketball

Registration begins September 22. Leagues for men & women with a 12-game season begin in early November. Cost is \$295 per team for volleyball, and \$475 per team (plus \$3.50/player) for basketball. Register in the Parks & Rec office only.

Run 4 Fun Running Program

This is a running program for beginner and intermediate levels. This is a 10-week training program to help you get moving on your first 5k race, or improve your pace - all while providing guidance, motivation, and education. Class meets Tuesdays, September 30 - December 2, from 6:30-7:30pm. Cost is \$75. <https://www.parksrec.com/recreation-program/adult-programs#running>

Adult Tennis - Tennis in No Time

Classes begin Monday, October 13, and held on Monday & Wednesday evenings for 4 classes. Register online or at the Parks & Rec office. <https://www.parksrec.com/recreation-program/adult-programs#tennis>

