



SUMMER ENERGY EFFICIENCY CHECKLIST

Keep residents comfortable while reducing energy use and costs

Warmer weather often increases cooling demand, but simple operational checks can help minimise unnecessary energy use while maintaining a comfortable environment for residents and staff.

Cooling & Ventilation

- ☐ Ensure windows and doors aren't left open while air conditioning is operating.
- ☐ Set cooling temperatures between **22–24°C**.
- ☐ Switch portable fans off in unoccupied rooms.
- ☐ Check air conditioning filters are clean.

Lighting

- ☐ Switch off lights in empty lounges, offices and meeting rooms.
- ☐ Ensure external lighting only operates during darkness.
- ☐ Check daylight sensors and timers.

Plant & Equipment

- ☐ Listen for unusual pump or fan noise.
- ☐ Check compressors remain unobstructed.
- ☐ Inspect hot water systems for leaks.

Kitchen & Laundry

- ☐ Only run washing machines and dishwashers when full.
- ☐ Clean tumble dryer filters after every cycle.
- ☐ Check refrigeration for excessive ice build-up.

Staff Awareness

- ☐ Encourage staff to switch off unnecessary equipment.
- ☐ Report maintenance issues promptly.

Weekly Energy Monitoring

- ☐ Read electricity and gas meters.
- ☐ Compare weekly usage.
- ☐ Investigate unexpected increases.
- ☐ Check timers and controls.

Why it matters

Small weekly checks can help reduce unnecessary cooling costs while ensuring residents remain comfortable throughout the summer months.

This checklist forms part of Quality Care Group's wider energy management approach, combining operational efficiency with strategic energy procurement.

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