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Medical School Personal Statement Example

My hands were shaking the first time I held a sewing needle to a split eyebrow. Not in a hospital, but behind the backstage curtains of a roller derby match. Our team captain wiped blood off her face and said, “You’re pre-med, right? You got this.”

That night, I stitched her up with borrowed gloves and a tutorial video. Definitely not legal. But it sparked something.

I’ve always loved science, but I didn’t always know I wanted to be a doctor. I thought about research, teaching, maybe public health. But moments like that, messy, immediate, real, made something click. It wasn’t just about knowing how the body works; it was about being there when it doesn’t.

I started volunteering in a free urban clinic and learned how healthcare often depends less on knowledge and more on patience. I saw doctors who spent half their time decoding insurance issues, advocating for medication coverage, or just listening to people who’d been dismissed too many times.

That’s the kind of doctor I want to be. One who remembers people are more than charts. One who stays curious, not just about cells, but about stories.

I’m not chasing prestige. I’m chasing impact. Whether in a crowded ER or a mobile clinic, I want to show up with skill and heart.

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