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Personal Statement for Internship

I never planned to spend my weekends sorting donation receipts or labeling canned goods but that's exactly what I found myself doing every Saturday at the back office of a local food bank. What started as a way to fill volunteer hours turned into something I now consider foundational to how I work: detail matters, even when no one's watching.

I'm currently pursuing a degree in Public Policy, with a focus on urban development and community impact. Over the past two years, I've combined classroom knowledge with hands-on experience, like leading a university project that partnered with local nonprofits to assess food insecurity patterns in under-resourced neighborhoods. We interviewed residents, collected data, and co-wrote a report presented to city council. It wasn't perfect. We were students trying to understand systems far bigger than us. But it was real. It had consequences. And it taught me the importance of listening more than talking.

What draws me to this internship is the opportunity to learn within a structured team that's actively making change happen. I want to build practical skills in research, communication, and strategy development, skills I can take into future roles focused on equitable policy. I'm not afraid of spreadsheets, slow meetings, or hearing hard truths from people on the ground. In fact, that's the kind of learning I value most.



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This internship isn't a stepping stone for me but rather a step deeper into the work I care about. I bring energy, curiosity, and a willingness to do the unglamorous tasks that keep things moving. I look forward to contributing, learning, and showing up fully.

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