

## Medical Narrative Report

### Patient Information

Name: Adriana Sofía Delgado

Date of Birth: February 9, 1990

Date of Evaluation: July 18, 2024

Report Number: 2026-2187

- **Incident Description** - The patient presented for medical evaluation after sustaining trauma during a fall in a residential bedroom. The patient reported loss of balance while descending from a bed and a direct impact to the left side of the head and shoulder against a hardwood floor.
- **Medical History** - The patient reported no prior traumatic brain injury, seizure disorder, or neurological conditions. The patient denied previous trauma affecting the head, neck, or upper extremities. No related symptoms were present in recent weeks.
- **Clinical Assessment** - Initial assessment included documentation of vitals and neurological examination. Body temperature measured 98.3°F. The patient was alert and oriented to person, place, and time. Physical examination revealed a superficial contusion along the left temporal region of the head and mild soft tissue swelling of the left shoulder. Pupillary response was equal and reactive to light. Upper extremity motor strength was preserved. Gait was stable during the ambulation assessment. Objective findings were documented in the PCR.
- **Symptoms and Observations** - The patient reported localized head pain and mild dizziness after the fall. The patient was also complaining of transient nausea and anxiety

following the incident. No wheezing or respiratory abnormalities were present. Palpation of the affected shoulder reproduced localized pain without evidence of joint instability.

- **Treatment and Medical Intervention** - Treatment included administration of oral analgesic medication for pain control and application of cold compress therapy to reduce localized swelling. The patient received instructions for rest, limited physical exertion, and observation for neurological symptoms.
- **Prognosis** - Clinical evaluation indicates minor head trauma with soft tissue contusion of the left shoulder. Prognosis is favorable. Symptoms are expected to resolve within two to three weeks with conservative treatment.
- **Causation Opinion** - Based on the patient history, physical examination findings, and documented objective findings, the injuries described in this narrative are consistent with trauma sustained during the reported fall.
- **Evaluation and Documentation Purpose** - This narrative report documents the patient's condition, symptoms, injuries, assessment findings, and treatment with medical accuracy and clarity. The report supports ongoing medical evaluation and may serve as documentation for insurance or legal review if requested.