Appendix: Statistical Results Table

This table contains the full regression analysis results for the study 'Effects of Sleep Duration on Academic Performance in Undergraduate Students.' Only summary statistics were included in the main text.

Variable	Coefficient	Standard Error	t-Value	p-Value
Hours of Sleep	0.43	0.12	3.58	0.0005
Study Hours per Week	0.28	0.09	3.11	0.0021
Caffeine Intake (cups)	-0.15	0.07	-2.14	0.0334
Class Attendance (%)	0.39	0.11	3.54	0.0006

Note: Analysis conducted using multiple linear regression. Sample size (n) = 150. Adjusted R^2 = 0.61.