

“Money Can’t Buy You Happiness”

Can you be happy without money? There is roughly \$123 trillion in cash, savings, and money market funds across the globe. So, when money becomes your end goal and the only source of happiness, it turns into a search that never ends. Yet, I believe that money is an integral part of comfort and quality of life, which is why it might be an element of happiness. According to the World Happiness Report, social connection is one of the primary signs of life satisfaction and long-term happiness. Money clearly can’t buy you social connections. Moreover, striving for material possessions can steal your time from socializing. At the same time, money can buy you quality time with your loved ones. Also, if we look at Maslow’s Hierarchy of Needs, physiological and safety needs make the foundation of this pyramid. These are the things a person can’t be happy without. This is something money can buy. So, can money buy you happiness? Money shouldn’t be the primary source of happiness as it truly can’t buy it. Yet, I believe that money is an important element of our comfort that should not be disregarded. Balance is what matters most.