

## ✓ Parent Guide for Preschoolers



### 🎯 Watch Together

- **Be present and attentive.** Sit with your child rather than letting them watch alone. Pause to ask simple questions: "What do you think the helmet helps us remember?"
- **Encourage interaction.** Let them repeat key phrases like "Stand strong!" and "Belt of truth."

### 🔍 Key Learning Points

#### 1. Introduction to Spiritual Metaphors

- Presents Christian values (truth, righteousness, peace, faith, salvation, God's word) using fun armor images.
- Reinforces that these are abstract qualities that help us make good choices and feel secure.

#### 2. Visual Focus

- Bright, cartoonish colors and kid-friendly characters hold attention.
- Armor pieces are clearly labeled, making it easy for young children to associate each piece with its concept.

### 3. Storytelling Begins Simply

- Narration is slow, clear, and repeatable—great for early vocabulary building.
- Only minimal conflict or “enemy”—no violence, just talking about being strong.

### Activity Ideas



#### 1. Craft Time:

- Make a paper armor set—belt, shield cut-outs—labelled with the six pieces.

#### 2. Role-Play:

- Play “armor dress-up.” As they “put on” each piece, talk about what it means.

#### 3. Daily Check-In:

- At bedtime, ask: “Which piece of your armor did you use today?” For example, “Did you share peace?” or “Were you kind?”