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Business/Practice Consulting and Valuation

OFFICERS

2	President	
2	Kevin Ache, D.O, FACOFP	
3	President Elect	
4	Brian Lake, D.O.	
5	Vice President	
	Tahirih Jensen, D.O.,M.H.A.	
6-7	Secretary	
8-9	Robyn Ache, D.O., FACOS	
	Treasurer	
10-11	Matthew Duke, D.O.	
12	Immediate Past President	
13	Stacy Chase, DO, FACOFP, FAOGME	
14	Governor	
	John Broussard, D.O.	
15	Eugene DiBetta, D.O.	
15	Michael Hadley, D.O.	
\ "	Thomas Prebish, D.O.	
16	Michael Venezia, D.O.	
17	Trustee	
	Lee Ann Brown, D.O.	
18	Andrew Gross, D.O.	
19	Samuel Gubernick, D.O.	
	Michael Markou, D.O.	
20	Nick Okeson, D.O.	
20	Lee Shettle, D.O.	
/21	Alternate Trustees	
21	Frank Armstrong, D.O.	
22	Jeffrey Grove, D.O.	
23	Gregory James, D.O.	
2.4	Tracie Leonhardt, D.O.	
24	Scott Ray, D.O.	
	Philip Shettle, D.O.	
	Student Representative	

Madeline Moffett, OMS II -**KCPCOM**

Student Representative -Danielle Strebel, OMS IV -**KCPCOM**

Executive Director

Anthony N. Ottaviani, DO, MPH **Administrator** Lisa Belliveau

MEET YOUR NEW PRESIDENT

Dr. Kevin Ache is a board-certified family medicine physician who practices out of Pinellas County. He graduated from the Nova Southeastern University, Kiran C. Patel College of Osteopathic Medicine followed by a residency in Family Medicine at the University of Tennessee, Knoxville. He currently serves as a Medical Director in Florida for Optum Home and Community.

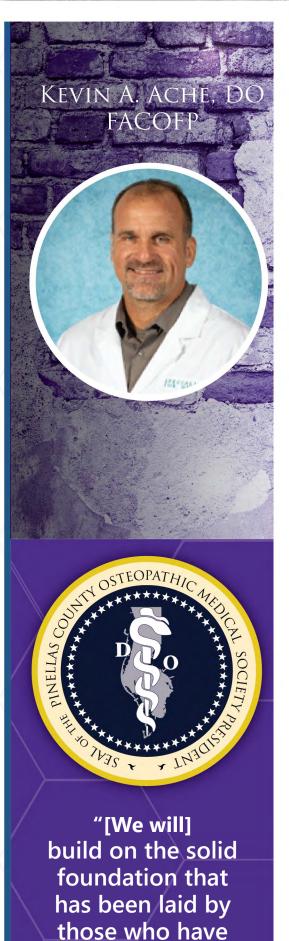
This segment of Optum Home and Community cares for complex home bound patients and works to keep them at home and out of facilities. The program covers Tampa, Orlando and Miami and is rapidly expanding throughout the State of Florida. They currently have a cohort of over 20K patients and are taking on more every day as they acquire new contracts.

During his decade of caring for these complex patients, he has developed numerous protocols and models that help his team to provide the best care possible to this vulnerable population.

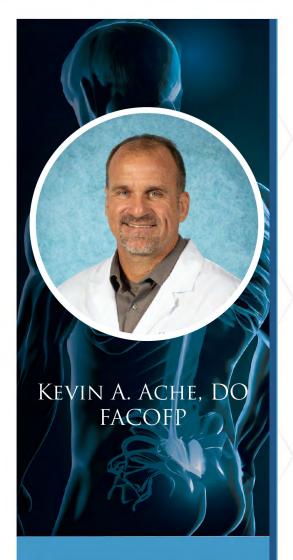
He and Robyn Ache, his wife of 15 years, have two children, Rylan (13) and Emerson (10). Robyn Ache, DO is a board-certified general surgeon in the practice of wound care. When he is not working, he enjoys coaching his son's soccer team or watching his daughter at her horseback riding lessons. They love spending weekends on the boat exploring the many small islands around Pinellas County or doing family projects around the house.

Dr. Ache looks forward to his year serving as President of The Pinellas County Osteopathic Medical Society where he hopes to build on the solid foundation that has been laid by those who have served before him.





served..."





"We have been blessed to have had the continued support of our members and the community for 68 years ..."

President's Message

I am excited and honored to serve as the 67th president of the Pinellas County Osteopathic Medical Society.

I wish to thank the PCOMS Executive Committee and Board of Governors for the confidence they have placed in me by electing me to serve as your president. With their leadership we have accomplished much, and with their continued support and guidance I look forward to serving our membership, our patients, and our community in the coming year.

I also wish to recognize Dr Stacy Chase for her service and leadership of the PCOMS and congratulate Dr. Chase on her recognition as the PCOMS "Physician of the Year".

We have been blessed to have had the continued support of our members and the community for 68 years and look forward to growing this continued support. Last year saw unprecedented growth in many areas such as our Scholarship Fund in support of medical students. We had one of the most successful Golf Tournaments in the history of the PCOMS, as was the PCOMS Holiday Dinner and General Membership Meeting where we recognized physician leaders and our student scholarship recipients. This event, held in December at the Sheraton Sand Key Resort, was attended by over 100 colleagues, families, and friends. It was followed by the 36th Annual Osteopathic Winter Seminar providing AOA-1 A credits for over 355 physicians. We were also honored by a special guest - Teresa Hubka, DO, FAOOG, President of the AOA. Dr. Hubka brought her greetings from the AOA, and an update on AOA growth initiatives.

The PCOMS will continue to build on what has been achieved over the past 68 years - advocating and serving our members through collegial and academic gatherings: our annual First Responders Recognition event, support of Medical Missions where students and faculty participate in patient care, and scholarship support for medical students, nursing, and other healthcare students. We will continue to expand our community health programs such as the annual "Back to School Fair" sponsored by Peaks of Health Metabolic Center, as well as community education initiatives and grant opportunities to patient-centered charities.

We will continue to pursue and document our history, which to date has garnered significant information. These efforts continue through individual physician members who have recorded and reported their thoughts and memories. This will be a very important committee as we will codify the PCOMS 68-year history.

We will continue to expand our membership, revisit and complete our Vision and Mission Project, and expand our CME initiative.

These are exciting times for Osteopathic Medicine, yet challenging times for the medical profession. The PCOMS, as the 5th District of the FOMA and in partnership with the FOMA, will continue to be a voice on the local, state and national level to assure physicians experience the practice environment needed for the best patient care.

Thank you,

Kevin A. Ache, DO FACOFP President

EXECUTIVE DIRECTOR'S REPORT

I would like to begin by congratulating Kevin A. Ache, DO FACOFP, FAAHPM as the 67th President of the Pinellas County Osteopathic Medical Society. Dr. Ache was administered the oath of office at the Annual Business Meeting/Holiday Party on December 6, 2024, by Dr. Michael Markou, President of the FOMA and past president of the PCOMS.

Dr Ache gave an overview of his initiatives for the coming year. Dr. Ache brings a variety of business and professional experiences to his role as president, given his previous leadership positions. I refer you to Dr. Ache's biography and president's message published in this issue of the PCOMS News for more information about him and his initiatives as the president of the PCOMS.

The PCOMS extends our appreciation and congratulations to Stacy Chase, DO, FACOFP, FAOGME for her two-year service to the PCOMS as president and her years of service as a member of the executive committee. Dr. Chase was also recognized by the PCOMS as the 2024 "Physician of the Year". More on Dr Chase's contributions to patient care and the profession are noted in this issue of the PCOMS News.

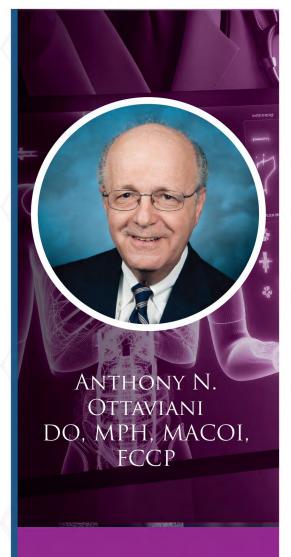
I and other PCOMS trustees attended the FOMA Board meeting held in Orlando, FL recently. Our congratulations and thank you to Michael Markou, DO as he concluded his year as the FOMA president. We thank him for the excellent leadership he provided on behalf of the profession as president. At the FOMA meeting the FOMA legislative team made us aware of an anticipated 2000 bills to be filed in Tallahassee for the upcoming legislative session. – representing issues from scope of practice, Restrictive Covenants, malpractice and patient care access. This will prove to be a very busy and challenging legislative session – but they always are! We are fortunate to be the designated 5th District of the FOMA –the FOMA has an excellent and very involved legislative team representing Osteopathic Medicine and physicians in Florida. We will keep you informed as the year progresses.

The FOMA continue to be well represented at the AOA level with Richard Thacker, DO, MACOI being nominated as the President Elect of the AOA for 2026. In the past 8 years Florida will have had three Florida physicians serve as AOA President: Ronald Burns, DO, Joseph Giamo, DO and Richard Thacker, DO. Dr. Philp Shettle of the PCOMS served as the 109th president of the AOA in 2006. We appreciate all physicians who serve in leadership roles for the profession, however, a special recognition for those specifically serving on the AOA Board of Trustees – it is a 10 to 12 year very demanding commitment of time.

Unfortunately, as noted in this issue of the PCOMS News we are recognizing the passing of three colleagues - Paul Kudelko, DO, MACOI, FACC, Karen Kritsky, DO and George Bondar DO, MPH

All of whom have provided lasting influence on patients, residents, students colleagues and the profession. We were blessed to have them as colleagues and offer our prayers and sympathies to their family.

Fraternally, Anthony N. Ottaviani, DO, MPH, MACOI, FCCP Executive Director Pinellas County Osteopathic Medical Society





"The PCOMS extends our appreciation and congratulations to Stacy Chase, DO, FACOFP, FAOGME for her two-year service..."





Dr. Stacy Chase receives the PCOMS "President's Gavel" in recognition and conclusion of her term as President of the PCOMS, and is recognized as the PCOMS "Physician of the Year". Dr. Chase served a two-year term and will serve as the immediate Past President of the PCOMS for 2025, and will have served over eight years as a member of the PCOMS Executive Committee. Dr. Chase was recognized for numerous contributions to the profession, academics and patient care. She served as a staff physician for the Pinellas County Sheriff's Office, Medical Director to several Medical Aesthetic clinics, Adjunct Faculty at Lake Erie College of Osteopathic Medicine, and Assistant Professor at the USF Morsani Center for Advanced Health Care.

Dr. Chase served as the former Director for St. Petersburgh General Hospital Family Medicine Residency Program and Medical Director of their clinics before serving in her current position of caring for our Veterans as an Osteopathic Family Medicine and OMT physician at the Bay Pines Veteran Administration Hospital.



Dr. Chase is also currently working at Skinspirations and Visionary Centre for Women, and serving as the Medical Director for Tampa Bay Laser of Florida and the Wesley House for developmentally delayed adults. Dr. Chase has been honored with the recognition of the Fellowship Award of the American College of Osteopathic Family Physicians and the Academy of Osteopathic Graduate Medical Educators. Dr. Chase was awarded as Physician of the Month by the American College of Osteopathic Physicians. She is a member of the Board of Directors for the American Osteopathic Board of Family Physicians and is currently the Vice Chair for the American Osteopathic Association's Distinct Osteopathic Examination Committee, overseeing and creating the Osteopathic Manipulative Treatment cognitive and practical exams for all AOA specialties. Dr. Chase has been appointed by AOA President Hubka to the AOA's new Continuing Medical Education committee. It is for her service and professionalism that Dr Chase is recognized as the "Pinellas County Osteopathic Medical Society Physician of the Year"



Dr. Chase's family was present to recognize her years as president and her recognition as Physician of the Year.





Over 100 family, colleagues and friends enjoyed a very nice evening at the 2024 Pinellas County Osteopathic Medical Society's Annual Meeting and Holiday Dinner held at the Sheraton Sand Key Resort, Clearwater Beach, FL. December 5, 2024

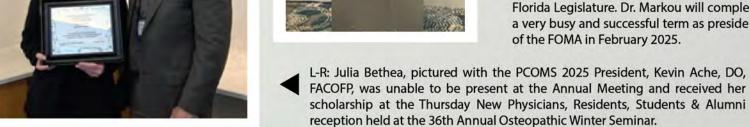




L-R: Dr. Stacy Chase, President of the PCOMS, Gowsalya Sothy, Jennifer Lima, & Dr. Michael Hadley, Scholarship Chairman

Dr. Michael Markou, FOMA President, former president of the PCOMS, brings greetings from the FOMA to the attendees following the administration of the Oath of Office.

He noted the strength of osteopathic medicine continues to be recognized by the Florida Legislature. Dr. Markou will complete a very busy and successful term as president of the FOMA in February 2025.



PHOTOS FROM THE

36th ANNUAL OSTEODATHIC WINTER SEMINAR



AOA President Teresa, A. Hubka, DO, FACOOG (dist), FACOG, CS, AOA President joins the Pinellas County Osteopathic Medical Society for the 36th Annual Osteopathic Winter Seminar.

This was the second consecutive year Dr. Hubka attended the PCOMS Annual event. Once again she gave an excellent update to students and attendees on the current AOA initiatives to enhance graduate medical education and practice of medicine environment for physicians and the patients they care for.

Teresa A. Hubka, DO President of the AOA and Kevin A. Ache, DO, President of the PCOMS.



(L-R) Jeffrey Grove, DO, FACOFP dist. is presented the Stephen Winn Friends of Osteopathic Medicine Award from Michael Markou, DO, FACOFP, FISHRS, FOMA President.

Dr. Grove has held numerous leadership and professional roles including as President of the American Osteopathic Foundation, Florida Osteopathic Medical Association, American College of Osteopathic Family Physicians, the Pinellas County Osteopathic Medical Society and other prominent roles.

Andrew Buelt, DO was recognized two years ago with the New Physician Award, but because of his lecture schedule at specialty societies, state and local medical meetings, it is only this year the PCOMS was able to recognize him in person.

Dr. Buelt is a graduate of St. Petersburgh General Hospital Family Medicine residency and an Assistant Professor of Medicine, University of Central Florida, College of Medicine. He is Co-Founder and Host of "Questioning Medicine" Podcast, and a pivotal figure in shaping medical guidelines.

Dr. Buelt co-authored guidelines regarding Dyslipidemia, Headaches, COPD, low back pain, and depression for the Veteran Affairs and Department of Defense.

His prolific work extends to numerous Practice Guideline reviews in the Journal of American Family Physician. Beyond his written contributions, Dr. Buelt co-founded the globally recognized Questioning Medicine podcast, earning a spot on the American Family Physician list of "25 Podcast Episodes Every Family Physician Should Listen To".



Over 100 colleagues, family, and friends were in attendance to honor and recognize the Pinellas County's First Responders - at the 36th Annual Presidential Luncheon.



Gene Dibetta, Jr., DO Past President and Chief Medical Director for Paxton Medical Management - enjoying a moment with AOA President, Teresa Hubka, DO.

PHOTOS FROM THE

36th ANNUAL OSTEODATHIC WINTER SEMINAR



Fun had by all at the New Physicians, Residents, Students & Alumni Event. This event has grown over the past several years allowing for an annual gathering of students, residents, physicians and alumni of the major teaching hospitals in Pinellas County to annually and collegially come together.



President Ache and Officers of the PCOMS attend a dinner welcoming AOA President, Dr. Hubka



Dr. Kevin Ache, President of the PCOMS addressing attendees at the New Physicians, Residents, Students & Alumni social event



(L-R) Gabriel Martello, DO, Kathryn Weston, DO, Christina Koo DO, Robert DiGiovanni, DO, MACOI, FACR, Program Director, Rheumatology, HCA Largo Hospital.

THANKYOU TO OUR OUTSTANDING FACULTY AT THIS YEAR'S 36TH ANNUAL OSTEOPATHIC WINTER SEMINAR

FACULTY

Robyn Ache, DO, FACOS

General, Laparoscopic and Bariatric Surgery Faculty General Surgery Program Medical Director Wound Care Center and Hyperbaric Medicine HCA Largo Hospital Largo, FL

Perry Bechtle, DO

Neuro-Anesthesia/Neurocritical care Former Flight Surgeon, Blue Angels Flight Team Faculty Mayo Clinic Mayo Clinic, Jacksonville, FL

Arthur Berman, DO, FAAIM

Gastroenterology Adjunct Faculty Nova Southeastern University Kiran C. Patel College of Osteopathic Medicine and Lake Erie College of Osteopathic Medicine BayCare Physician Group St. Petersburg, FL

Fred H. Brennan, Jr., DO, FAOASM, FAAFP, FACSM, FAMSSM

Family Medicine/Sports Medicine
Team Physician NFL Tampa Bay Buccaneers
Associate Professor, Morsani College of Medicine
University of South Florida
Chairman Department of Family Medicine
BayCare Health Systems/Morton Plant Hospital
Clearwater, Florida

Katina Brown-Burgess, DO, MBA

Obstetrics - Gynecology
Co-Course Director
Human Sexuality Course
Assistant Clinical Professor of Medicine, Dept. of
Obstetrics/Gynecology
Nova Southeastern University
Kiran C. Patel College of Osteopathic Medicine
Fort Lauderdale/Davie Campus
Tampa Bay, Clearwater Campus

Andrew Buelt, DO

Family Medicine Assistant Professor of Family Medicine University of Central Florida, College of Medicine Co-Founder and Host "QUESTioning Medicine" Podcast Hospitalists Bay Pines, Veteran Affair Health Care System St. Petersburg, FL

Kerry Chamberlain, DO, FACOI

Hematology, Oncology, Pain Management Clinical Faculty Largo Hospital Florida Cancer Specialists

Ulyee Choe, DO, FIDSA

Internal Medicine/Infectious Disease
Director of Florida Department of Health, Pinellas County
County Health Systems Statewide Medical Director, FL.
Associate Professor/ Collaborative Faculty, Department of Internal Medicine,

Glen A. Cook, M.D., FAAN, LCDR, MC, USN

Morsani College of Medicine, University of South Florida

Neurology
Associate Professor Department of Neurology Uniformed Services,
University of Health Sciences
Director of the Autonomic Disorders Clinic and
Staff Neurologist
Walter Reed National Military Medical Center
Program Director for the Neurology Residency, National Capital
Consortium
Bethesda, MD

Richard Lee Crank, Jr. DO, FAOAO

Orthopedic Surgery, Robotic and Minimally Invasive hip and Knee Surgery

Clinical Faculty, Morsani College of Medicine, University of south Florida

Board of Directors, American Osteopathic Academy of Orthopedics Board of Examiner, American osteopathic Board of Orthopedics Vice Chair, Continuing Medical Education HCA Largo Orthopedic Specialists Largo, FL

Robert L. DiGiovanni, DO, MACOI, FACR

Rheumatology
Program Director Rheumatology Fellowship
HCA Largo Hospital
Associate Professor of Medicine, Morsani College
of Medicine, University of South Florida, Tampa, FL
Professor of Clinical Medicine, K.C. Patel College of Osteopathic
Medicine
Nova Southeastern University, Fort Lauderdale, FL
Past President American College of Osteopathic Internists
Suncoast internal Medicine Consultants
Largo, FL

Joseph L. Dyer, COO

Cyber Operation Officer (COO) Homeland Security Investigations Department of Homeland Security U.S. Government. Tampa, FL.

Sammuel Gubernick, DO, FAAP, FACAAI, FAAAI

Allergy and Immunology, Pediatrics
Adjunct Faculty, Morsani College of Medicine
University of South Florida, Allergy and Immunology
Residency/Fellowship Program
James B. Haley Veteran's Administration Hospital
BayCare Physician Group, Largo Florida

Michael R. Hadley, DO

Neuromusculoskeletal Medicine and Osteopathic Manipulation

Assistant Clinical Professor of Medicine K.C. Patel College of Osteopath

Medicine,

Nova Southeastern University,
Fort Lauderdale/Tampa Bay, FL
Former Clinical Faculty Michigan State University,
College of Osteopathic Medicine
Non-Surgical Orthopedics, Palm Harbor, FL

Marc G, Kaprow, DO, MHA, MACOI

Internal Medicine
Manager Medical Director, Simply Healthcare, Florida
Clinical Associate Professor of Medicine, K. C. Patel
College of Osteopathic Medicine
Nova Southeastern University, Ft. Lauderdale, FL
and Associate Professor of Medicine,
University Central Florida College of Medicine, Orlando, FL
Past President Florida Osteopathic Medical Association

Merril Krolick, DO, FACC, FSCAI, FSVM

Interventional Cardiology
Clinical Faculty, Morsani College of Medicine
University of South Florida, Tampa and
Nova Southeastern University
Kiran C. Patel College of Osteopathic Medicine
Fort Lauderdale and Tampa Bay Campuses
Program Director, Interventional Cardiology
HCA Largo Hospital,
Largo, FL

Brian Lake, DO

Endocrinology
Clinical Assistant Professor of Medicine
Morsani College of Medicine, University of South Florida
Clinical Assistant Professor of Medicine,
Orlando College of Osteopathic Medicine, Orlando, FL
Nova Southeastern University. K. C. Patel College of Osteopathic Medicine
Lake Endocrinology
Largo, FL

Cynthia Mayer, DO, FACOI

Infectious Disease
Clinical Collaborative Professor of Medicine
Morsani College of Medicine, University of South Florida
Medical Director, Comprehensive Research Institute,
St. Joseph's Hospital, Tampa, FL
Infectious Disease Associates Tampa Bay
Tampa, FL

Richard A. Miller D.O., FAAD, FAOCD

Dermatology
Program Chair Dermatology Residency
HCA Largo Hospital
Clinical Associate Professor of Medicine
K. C. Patel College of Osteopathic Medicine
Nova Southeastern University
Past President American College of Osteopathic Dermatology
Bay Area, Dermatology
Largo, FL



Deanna Ohms, DO

Family Medicine
Athletic Trainer and Exercise Physiologist
CEO/Owner Balanced Rejuvenation Integrative Center, PLLC
St. Petersburg, FL 33702

Christina Rigas, MD

Pulmonary and Sleep Medicine
Rest Assured Pulmonology and Sleep Medicine
Pinellas Park, FL
Nicole M. Szell, DO, FAOCS
Urology/Female Urology/Pelvic Medicine &
Reconstructive Surgery
Clinical Instructor, Michigan State University
College of Osteopathic Medicine
Advanced Urology Institute – AUI Women's Center

Jason Winn, Esq

General Counsel Florida Prescription Drug Monitoring Program Foundation (PDMPF). Legal Counsel Florida Osteopathic Medical Association Lewis Longman & Walker, Tallahassee, Florida Senior Attorney Tallahassee, FL

Zachary Zimko, DO

Psychiatry
Medical Director, Elios Wellness (Formerly Personal Enrichment through Mental Health Services (PEMHS))
Co-Owner and President, Bywater Mental Health
Assistant Professor, USF Health, Morsani College of Medicine
University of South Florida, Tampa, FL



THANK YOU!

Abbott
Advanced Medical Integration
BayCare Health System
Bayer
Bywater Mental Health
Dexcom
Diligent Advisors
Evara Health
Full Circle PR

Silent Auction By

THANK YOU!

Medicus Wealth Consultants, LLC.
Medtech International Group
Mutual of Omaha
Paxton Medical Management
Practice Forces
The Dysautonomia Project
True Wind Marketing
Zero Gravity

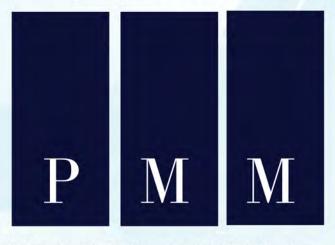




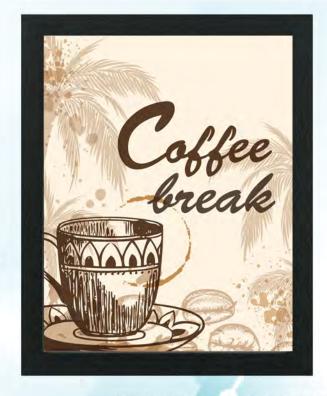
The Pinellas County Osteopathic Medical Society wishes to express our sincere appreciation to our Special Sponsors

New Physicians, Residents, Students & Alumni Social Event

Sponsored by Paxton Medical https://www.paxtonmedicalmanagement.com/



PAXTON MEDICAL MANAGEMENT



Sponsored By



https://baycare.org/locations/hospitals/morton-plant-hospital/patients-and-visitors

PCOMS 2024 AWARDS

DISTINGUISHED SERVICE AWARD Gene DiBetta, Jr., D.O.



(L-R) Dr. Gene DiBetta was presented the PCOMS Distinguished Service Award

Dr. DiBetta was recognized for his leadership in providing excellence in educating students and residents, excellence in patient care, and service to the community and the profession.





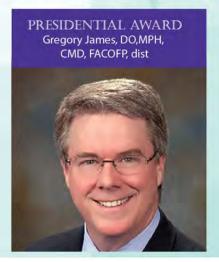
PRESIDENTIAL AWARD Greg James., D.O.



is boarded in Family and Geriatric Medicine Seminar. (AOBFP/AOA) and certified by the American Board of Post-Acute and Long-Term Care Dr. Chase, president of the PCOMS, recognized Medicine (ABPLM).

He is a Distinguished Fellow of the American College of Osteopathic Family Physician, recognized by the PCOMS, FSACOFP and FOMA as Physician of the Year, and selected Dr. Grove recently completed his presidency

elected President of the PCOMS, FOMA, FSACOFP, and recently concluded his term as of Family Practice - the national certifying Board for Family Medicine.



PRESIDENTIAL AWARD Jeffrey Grove, D.O.



(L-R) Dr. Greg James was presented with the Dr. Jeffrey Grove receives the Presidential Presidential Award from Dr. Stacy Chase, Award from Dr. Ache at the New Physician, recognizing Dr. James for his many years of Student Physician and Alumni reception held service and professional leadership. Dr. James at the 36th Annual Osteopathic Winter

> Dr. Grove for his years of leadership to the profession and community. Dr. Grove is a Distinguished Fellow of the American College of Family Physicians.

by the ACOFP as National Mentor of the Year. with the American Osteopathic Foundation, the national certifying Board for Family He served as a program director for Sun Coast Medicine. He is past president of the PCOMS, Hospital and Founding Program Director for FOMA, ACOFP, the FSACOFP, and leads a very St. Petersburgh General Hospital. He was successful family medicine practice - Suncoast Family Medicine Associates, Largo FL.

President of the American Osteopathic Board Dr. Grove is a Professor of Clinical Medicine for the Nova Southeastern University, Kiran C. Patel College of Osteopathic Medicine and Lake Erie College of Osteopathic Medicine. He has been recognized with many professional awards including the FOMA Physician of the Year and a Life Time Achievement Award for his untiring service to the profession and patient care.

> Dr. Grove is a managing partner in WitzEnd Productions, LLC, a theater production company recognized with the Tony Award of the Year. He served as a program director for Sun Coast Hospital and Founding Program Director for St. Petersburgh General Hospital.



Brian Ida, D.O. Anesthesiology 12416 66th Street North Suite D

Largo, FL 33773

Gina Schell, D.O., FACOI Market Medical Director WellMed Medical Management







CELEBRATING 100 YEARS OF OSTEOPATHIC MEDICINE!

Gregory Garvin, D.O. - PCOMS Member

"The AT Still Mansion was my fraternity house when I was a student. I was able to eat at the "Great Table" of Dr Still...what an honor for me."







Nelcome

New PCOMS Members

Dr. Gregory Garvin

AT Still at the Still Mansion

AT Still and his baseball team in 1910





GOOD OF THE OSTEOPATHIC PROFESSION

Gianna Elise DeCosmo, at Rocky Vista University College of Osteopathic Medicine, was selected as Student Representative to the Strategic Planning Committee of the ACOOG by the current President, William Bradford, DO, FACOOG. Gianna will serve from 2024 to 2026 in this capacity.

Congratulations!

Gianna is the daughter of John B. DeCosmo, DO long-time PCOMS member and proud father.



A big shout out to Dr. Tracie Leonhardt and Peaks of Health Metabolic Medical Center.

They once again held their annual Back to School Event on July 13th 2024 and the following physicians and students participated:

PHYSICIANS:

Dr. Stacy Chase

Dr. Robert DiMasi

Dr. Gregory Garvin

Dr. Tracie Leonhardt

Dr. Bruce Peters

STUDENTS:

Caitlin Higginbothem

Madeline Moffett

Daniela Prado

Ashley Sanchez

This is such a worthwhile event and PCOMS is proud to be a part of it.

RECRUITING NEW PHYSICIANS?

LET RECRUITFULLY CRAFT SEAMLESS EXPERIENCES

THAT ATTRACT & RETAIN TOP TALENT. WE HANDLE
THE DETAILS SO YOU CAN FOCUS ON PATIENT CARE

Recruitfully







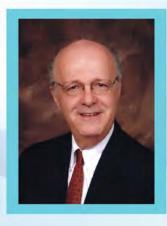
The Florida Osteopathic Medical Society held their Live Convention in Orlando, Florida February 21-23, 2025. Congratulations to these award winners from District 5.

(L-R) Dr. Jeffrey Grove was presented the FOMA Lifetime Achievement Award from Dr. Michael Markou, FOMA President, for his years of personal and professional service to patients and the profession.

Congratulations and Thank You, Dr. Grove



Congratulations to Dr. Anthony Ottaviani, PCOMS Executive Director, who also received a Presidential Award from the Florida Osteopathic Medical Association.





PCOMS Administrator, Lisa
Belliveau Recognized by the
Florida Osteopathic Medical
Association with
Stephen R. Winn
Friends of Osteopathic
Medicine Award

Congratulations!

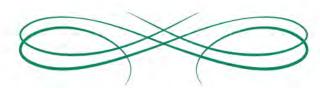
Lisa Belliveau was born in Henderson, Kentucky and grew up in Bowling Green, Ky. She has six siblings - 2 brothers and 4 sisters. She moved to Florida in 1986 and was employed through a temporary service for several years, at the University of South Florida in Tampa, FL.

Thirty-one years ago, in 1994, she began her career with the Pinellas County Osteopathic Medical Society and the Hillsborough County Osteopathic Medical Society. Her current position is Administrator for both organizations. She is responsible for calendaring and coordinating all events including: the Annual Scholarship Golf Tournament, Holiday Dinner and Meeting, The Annual Osteopathic Winter Seminar – now in its 36th year, Tampa Bay Rays Bull Pen Outing, all membership meetings, and more.

Lisa, also served as the Executive Secretary for the Florida Academy of Osteopathy as well as Executive Secretary for the Florida Society of the American College of Osteopathic Physicians for several years. Lisa's contributions have been recognized by the Presidential Award from the Florida Academy of Osteopathy in 2011, Distinguished Service Award from the Hillsborough County Osteopathic Medical Society, and in 2018 she received The Singapore "Passion Made Possible Unsung Hero Award" from Northstar Meetings Group. The Northstar Meetings Group is a national meetings & conventions group. In 2024 Lisa also received the Margaret Raffa, DO Award from the Florida Academy of Osteopathy.

Lisa enjoys spending time with her husband, their French Mastiff, and four cats as well as reading and traveling. Lisa's family lives in Kentucky but that doesn't interfere with her very special relationship and frequent visits with her siblings over the years.

Congratulations Lisa on this well-deserved recognition for your dedicated service to the PCOMS, its members and the patients they care for.



PHYSICIAN IN THE NEWS

Joseph M. Kaczmarczyk, DO, MS, MPH, MBA, FACOOG (Dist.)

Philadelphia College of Osteopathic Medicine (PCOM)



Well Done!

At the Philadelphia College of Osteopathic Medicine (PCOM) commencement on May 24, 2024, Joseph M. Kaczmarczyk, DO, MPH, MBA, FACOOG received the title of Professor Emeritus to honor his years of dedicated service to PCOM and to recognize his exceptional career.

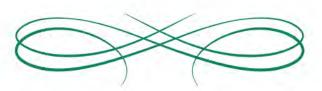
Dr. Kaczmarczyk was the very first osteopathic physician to receive the Association of Professors of Gynecology and Obstetrics (APGO) Lifetime Achievement Award to honor APGO leaders who have demonstrated consistency of work in furthering the goals of ob-gyn academic medicine, commitment to an academic career, and the importance of the awardee's work to ob-gyn medical education.

Additionally, Dr. Kaczmarczyk was awarded the Angela R. Kyte Outstanding Alumnus Award, given in honor of a lifetime of service to humanity and whose life exemplifies those qualities encouraged and fostered at Lycoming College.

He has led and served on numerous committees, boards, and task forces for organizations such as the National Board of Osteopathic Medical Examiners, American Osteopathic Association, and American College of Osteopathic Obstetricians and Gynecologists (ACOOG). From 2002 to 2003, he served as president of the ACOOG.

Dr. Kaczmarczyk served as a Commissioned Officer in the United States Public Health Service (USPHS) for 23 years and retired at the rank of Captain. He is board-certified in Obstetrics and Gynecology, Preventive Medicine/Occupational Medicine, and Integrative Holistic Medicine.

He earned his Doctor of Osteopathic Medicine from the Philadelphia College of Osteopathic Medicine, MPH in Health Services Administration from the Uniformed Services University of the Health Sciences, Bethesda, MD; and executive MBA in Healthcare from the Erivan K. Haub School of Business, St. Joseph's University, Philadelphia, PA.



NSU-KCPCOM Student Representative to PCOMS Receives Student Appointment to AMA Medical Student Section (MSS) Committee on Medical Education

Danielle Broussard, RDN, LDN

OMS-III, Class of 2026

Danielle was selected to serve on the AMA Medical Student Section (MSS) Committee on Medical Education. Danielle applied for this position because of her passion to increase disability awareness and promote curricula in medical schools that include pre-clinical education in working with Persons with Disabilities (PWD).

Vision: The Committee on Medical Education (CME) has a wide scope of interest incorporating everything involved in undergraduate and graduate medical education (UME, GME). The committee's main areas of concern are curriculum content and structure, assessments (USMLE, COMLEX, etc.), and fair practices in UME and GME.

CME aims to close policy gaps regarding medical education by working with the AMA-MSS and creating actionable resolutions. CME also educates AMA-MSS about current issues commonly discussed in medical education circles.

As a member of this committee, she will review MSS Resolutions in preparation for the Annual and Interim Conferences, develop educational programming for medical students, both virtual and in-person at national conferences, serve as the content experts on the field of medical education for the MSS and advocate for student needs with regards to undergraduate and graduate medical education.



Andrew C. Buelt, DO

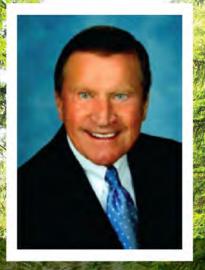
Dr Buelt, spoke on "Vitamin D and Calcium: Current Evidence and Recommendations Made Easy". Dr. Buelt is in the practice of Family Medicine, Assistant Professor of Family Medicine, University of Central Florida, College of Medicine, Hospitalists Bay Pines, Veteran Affair Health Care System, Co-Founder and Host "QUESTioning Medicine" Podcast.

Dr. Buelt co-authored guidelines on Dyslipidemia, Headaches, COPD, low back pain, and depression for the Veteran Affairs and Department of Defense. He has been engaged in Practice Guideline reviews in the Journal of American Family Physician.

Brian Lake, DO

Dr. Lake, presented at two session: "Diabetes Update: New Data, New Recommendations – Not the Same Old, Same Old (What's New in Type 2 Diabetes: A Case-Based Discussion)" and "Obesity Management: It Starts in the GP Office"

Dr. Lake, DO, is boarded in IM and Endocrinology and is a Clinical Assistant Professor of Medicine Morsani College of Medicine, University of South Florida, Clinical Assistant Professor of Medicine, Orlando College of Osteopathic Medicine, Orlando, FL. Nova Southeastern University. K. C. Patel College of Osteopathic Medicine. He is the founder of Lake Endocrinology, Largo, FL



In Memoriam

Paul Edward Kudelko, DO April 6, 1942 – February 12, 2025

Dr. Paul Edward "Poppy" Kudelko passed away peacefully on February 12, 2025, surrounded by the loving family that meant the world to him.

Dr. Paul Kudelko was born in Sharon, PA on April 6, 1942. Before entering medicine Dr. Kudelko had a very exciting journey in high school and college. He was the point guard on back-to-back state championship teams at Farrell High School and went on to play college basketball on a full scholarship at Duquesne University in Pittsburgh, PA. - Duquesne would advance to the NIT semifinals at Madison Square Garden.

Dr. Kudelko graduated from Kirksville College of Osteopathic Medicine, AT Still University completing an internship in Richmond Heights, OH followed by an Internal Medicine Residency at Detroit Osteopathic Hospital Corporation (DOH), Detroit Michigan. He would later return for a Fellowship in Cardiology to the Morsani College of Medicine, University of South Florida, Tampa, FL. Dr. Kudelko came to Florida in 1971 and joined the practice of Drs. George Kotch and David Wingfield at Sun Coast Osteopathic Hospital. He would bring with him new skills in angiography, pacemaker procedures, central venous access, Nuclear, Medicine and Endoscopy. This three-member group would grow to a 13 multispecialty specialty group - Sun Coast Internal Medicine Consultants and would become one of the largest multi-specialty physician groups in the area and the primary faculty for the Internal Medicine program at SCOH. Dr. Kudelko was appointed as Chairman of Cardiology and Medical Director of Cardiopulmonary Rehabilitation program.

He was Board Certified in Internal Medicine and Cardiology by the American Board Osteopathic of Internal Medicine. He was a Fellow of both the American College of Osteopathic Internists and the American College of Cardiology.

After serving on the Board of Directors of the American College of Osteopathic Internists (ACOI) he would be elected as president and was honored as the "Memorial Lecturer" for the ACOI Convocation of Fellows. He would also be recognized as a distinguished "Master Fellow" and the "ACOI Internist of the Year" by his peers.

As the founding Program Director for the Internal Medicine Residency Program at Sun Coast Hospital in 1976, Dr. Kudelko participated in the education of hundreds of medical students, residents, fellows and physicians. The program partnered with Morsani College of Medicine, James B. Haley, VA Hospital, and Tampa General Hospital to provide the clinical experience necessary to train internal Medicine residents.

Dr. Kudelko and his brother Robert Kudelko, DO would establish a legacy for osteopathic medicine - with Dr. Paul Kudelko's two sons and Dr. Robert's daughter graduating from the Sun Coast Osteopathic Hospital GME program. Their brother David would also graduate from the Family Medicine program.

Dr. Kudelko was appointed Regional Assistant Dean for the Kirksville College of Osteopathic Medicine for the West Coast of Florida. He held an academic appointment as an Affiliate Assistant Professor University South Florida, College of Medicine, Affiliate Associate professor Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University. The Pinellas County Osteopathic Medical Society recently recognized Dr. Kudelko for his extraordinary years of patient care, service to the profession and the community with the Distinguished Service Award.

On a personal note, Dr. Kudelko was my resident mentor during my internship. It was because of his invitation to join his practice that we came to Florida. We are forever grateful for his mentorship and friendship.

In lieu of flowers, please perform an act of charity in your community. Or please consider a donation to Suncoast Hospice Foundation; 5771 Roosevelt Blvd Clearwater, FL 33760; https://suncoasthospice.org/donate/



In Memoriam

Karen Kritsky, DO July 26, 1951 – July 2, 2024

Karen Kritsky, D.O. passed on July 2nd, 2024, at her home on Sand Key, Florida. Karen was born in Monessen, Pennsylvania on July 26th, 1951Dr. Kritsky grew up mastering sewing, figure skating, and the piano and the desire to become a physician and specifically a surgeon.

She graduated from West Virginia School of Osteopathic Medicine in Lewisburg in 1978; and served her Internship and Residency in General Surgery at Grandview Hospital in Dayton, Ohio graduating in 1982. She was on the surgical staff of Metro General Hospital, University General Hospital, St. Petersburg General Hospital, and Largo Hospital.



At University General Hospital, Dr. Kritsky was elected as Chairman of the Department of Surgery, Chief of Staff, and appointed as a member of the Board of Directors.

At Largo Medical Center Hospital (HCA Largo Hospital), Dr. Kritsky was a member of the Medical Executive Committee.

In 2008 Dr. Kritsky's medical practice had an excessive amount of breast cancer patients. She envisioned how a new breast center within Largo Medical Center Hospital could be built. She even made a replica of the layout to scale. The CEO of Largo Medical Center Hospital agreed with her plans, and appointed her Medical Director of the new Florida Breast Institute (FBI). Dr. Kritsky would oversee the construction - which she desired to be geared to the patient's emotional well-being in a quiet and serene Asian atmosphere.

In 2012, Dr. Kritsky transitioned to Advanced Wound Care & Hyperbaric Medicine as Medical Director of Accelecare / Healogics and then to Largo Medical Center. She also became a member of the Medical Executive Committee and Secretary / Treasurer of Largo Medical Staff.

For over 25 years, Dr. Kritsky served as both Oral Examiner and Clinical Examiner for the American Osteopathic Board of Surgery. The Breast Journal also published Dr. Kritsky's written work called ABBI – Breast Biopsies with ABBI. She also gave lectures to the local community on breast cancer & wound care. Dr Kritsky, always thinking of others would frequently call or text me or the PCOMS to inform of us a colleague's illness, passing or other issues where we could be of assistance.

She was an educator of students, nurses, physicians and the community. The night before she passed away, she was asked if she was praying and the response – yes that patients do not go through the pain I am having.

In lieu of flowers, Karen would rather have a donation to her favorite charity, St. Jude Children's Research Hospital.



In Memoriam

Dr. George Bondar October 18, 1953 – August 15, 2024

Dr. and Colonel George Leslie Bondar passed away on August 15, 2024. A service with military honors was held on Saturday, August 31, 2024, 12:00 p.m., at St. Jerome Catholic Church, Largo.

Born on October 18, 1953, in Calgary, Alberta, George attended Crescent Heights High School and graduated from the University of Saskatchewan in 1975. Prior to attending medical school at the West Virginia School of Osteopathic Medicine, George was employed as an in-house engineering consultant for the City of Calgary and a university lecturer in business administration. Post medical school, he completed three medical residencies: family practice, occupational/environmental health, and finally dermatology, the field in which he spent most of his medical career - caring for patients, primarily in the greater Tampa area.

George entered the Air Force as a General Medical Officer in 1989. He volunteered for active duty during the Persian Gulf War and served as the Squadron Medical Element Flight Surgeon. He also served as Chief of Aeromedical Services, Special Assistant to Wing Commander-Medical Services and during Operations Iraqi Freedom and Enduring Freedom, as Expeditionary Medical Group Commander. George was also deployed to the Balkans on numerous occasions in support of Operations Provide Promise, Joint Guard, and Joint Forge. He was the first Air Force Reserve flight surgeon to graduate from the Advanced Airlift Training and Tactics Course. He was awarded a Bronze Star among many other military awards and decorations.

Amidst his medical and Air Force careers, George pursued additional education, as he was a lifelong learner and mentor, and earned an MBA, MPH, LL.B, and MHA, the latter from Duke University, after which he became a diehard Blue Devils fan.

Dr. Bondar, always looking for an opportunity to help a young student - would periodically reach out to me with a student he would like to recommend to medical school and inquiry if I would interview and provide guidance to the student.

A service with military honors was held on Saturday, August 31, 2024, 12:00 p.m., at St. Jerome Catholic Church, Largo.

Dr. Bondar leaves an extraordinary legacy of service to medicine, country, patients and generosity, appreciated by his family, patients, medical colleagues, fellow veterans, labrador retrievers, and many dear friends.

Donations in George's honor are suggested to be made to Operation Second Chance or Feeding Tampa Bay, two of George's favorite charitable organizations.

2025

MEETING SCHEDULE

Month	Board Meeting	General Membership	
January		Jan 29th-Feb 1st 36th Annual Osteopathic Winter Seminar Sheraton Sand Key Resort, Clearwater Beach	
February	No Meeting		
March	Tuesday, March 11th 7:00 P.M. (Via Zoom)		
April			
May	Tuesday, May 20th 7:00 P.M. (Via Zoom)	Top Golf TBD	
June			
July			
August	Tuesday, Aug 12th 7:00 P.M. (Via Zoom)		
September			
October		Saturday, Oct 11th 36th Annual Student Scholarship Golf Tourney Bayou Golf Club	
November	Tuesday, Nov 4th 7:00 PM (Via Zoom)		
December		Friday, Dec 5th Holiday Dinner Party Sheraton Sand Key 7:00 P.M.	