



Special Edition Newsletter

Lindsay Downtown is home to many incredible women-owned businesses, each contributing their unique touch to our community. From delicious eateries to specialty boutiques, these entrepreneurs are shaping the vibrant energy of our downtown. In the following pages, you'll find just a few examples of the amazing women leading businesses here.

Their passion, creativity, and hard work are the driving force behind what makes Lindsay such a special place to shop, dine, and explore.

*“Empowered women
empower women.”*
-UNKNOWN



Leading the Charge for Clean Living at Unwrapped



Jess Moynes

OWNER OF UNWRAPPED



Meet Jess Moynes, the proud owner of Unwrapped, a refillery and clean-living shop that offers natural, eco-friendly products with a focus on reducing environmental impact. Jess joined Jenny as co-owner in July 2020 and became the sole owner in July 2023. Unwrapped was born out of a desire for clean, non-toxic products that would be safe for their families. They knew there was a need in the community for accessible, sustainable living options, so they set out to make them available to all. Today, Unwrapped has reached its 5th Anniversary milestone, with a refill bar featuring exclusively Canadian products and a range of local businesses on consignment.

How long have you owned the business?

Jess joined Jenny as co-owner in July 2020 and became the sole owner in July 2023.

What can you find at Unwrapped?

Unwrapped offers a variety of eco-friendly products, including personal care, home essentials, cleaning items, and refillable options. They feature Canadian brands and focus on sustainable, non-toxic products. The store also supports local businesses by offering consignment opportunities.

When she's not running her business, Jess enjoys hiking with her family and spending time outdoors. Jess is Lindsay-born and is proud to contribute to the local community while making a positive environmental impact.



112 Kent St. W.
705-328-9998

www.unwrappedkawartha.com

Empowered Women, Thriving Business



**Janet Di Bello
Jenn Straat
Alexis Trunks**

OF JANET DI BELLO REAL ESTATE GROUP

These three incredible businesswomen are not only skilled professionals but are also devoted mothers and passionate community supporters. When it comes to selling homes, they focus on building lasting relationships and providing personalized service. Their adaptability ensures they meet their clients' unique needs every step of the way.

How long have you been in business?

3 years in business for Janet Di Bello and 1 year together as a team.

Is there a story behind the yellow flowers?

Yes! A retired florist client learned about their Women's Day photoshoot and, knowing mimosa flowers symbolize the day, thoughtfully gifted yellow tulips—a beautiful gesture!

These three amazing local ladies first connected on Instagram –total strangers at the time! They weren't friends, and they aren't sisters, but their incredible friendship blossomed as they built their business together.



46 Kent St. W.
705-341-5838

janetdibellorealestategroup.com



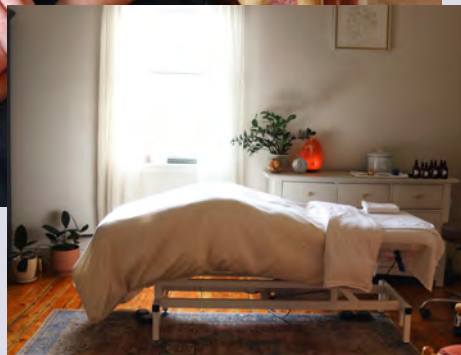
Nurturing Confidence Through Skincare & Wellness



Raven Watson

OWNER OF BLOOM
WITH RAVEN

Bloom with Raven was started from her home, driven by a passion to help people feel confident in their own skin—without pain or irritation. She believes that skincare should be a soothing, rejuvenating experience, leaving clients not only looking their best but feeling relaxed, refreshed, and empowered in their whole body.



How long have you been in business?

In business for 2.5 years, with an office located in downtown Lindsay for the past 2 years.

What are Bloom with Raven's business goals for 2025?

Her goal is to expand her nutrition client base, helping people feel more energized while embracing healthy eating habits.

Raven's entrepreneurial spirit was inspired by her father, who started his own business at just 18. Growing up with the family office right next to her bedroom, she always knew she wanted to follow in his footsteps and be her own boss.



Bloom with Raven

17 William St. N.
Third Floor Unit 8, Elevator Accessible
705-928-0693
bloomwithraven.ca

From Team Member to Business Owner



Samantha Davis

OWNER OF
RECYCLED KIDS

Samantha's journey with Recycled Kids began 22 years ago at the Peterborough location. When the Lindsay store opened over a decade ago, she took on the challenge of working between both locations, gaining valuable experience along the way. Three years ago, she achieved her goal of business ownership by purchasing both stores, solidifying her role in the company's future.



How long have you owned the business?

She has owned Recycled Kids for 3 years but has been part of the team for 22 years.

What is Recycled Kids?

Recycled Kids offers quality new and gently used children's clothing, toys, furniture, and equipment—from newborn to size 16, plus maternity wear. They also provide consignment, cash, or in-store trade for items in excellent condition.

Samantha and her family are huge sports fans! When they're not at the rink, they're cheering on the Pittsburgh Steelers—so much so that every year, they take a family photo decked out in their Steelers jerseys. She also gives back to the sports community by sponsoring the Peterborough Ice Kats!



RECYCLED Kids

20 Kent St. W.
705.328.9083

recycledkids.ca

Savouring Success at The Sweet Kitchen



Jen Arnold

OWNER OF
THE SWEET KITCHEN

Jen Arnold, the heart behind The Sweet Kitchen, has been serving up homemade treats in Lindsay for almost 2 decades. Before opening her storefront on November 12, 2022, she was a fixture at the Lindsay Farmers Market for 18 years, baking from her basement. The Sweet Kitchen is the go-to spot for Cinnamon Bun Saturdays, legendary butter tarts, and a variety of mix-and-match individual desserts.

How long have you been in business?

She started 18 years ago and moved to Lindsay Downtown in November of 2022.

What makes The Sweet Kitchen so sweet?

Their goal is to offer freshly baked, delicious treats that are comforting yet elevated with enhanced flavours and quality ingredients. The staff is friendly, knowledgeable, and always up for a chat, so be sure to drop by and say hello!

Originally from Newfoundland, Jen brings a little bit of East Coast charm to every sweet treat she bakes!



101 Kent St. W.
705-328-2599

www.thesweetkitchen.ca

Building Strength and Community



Kristin Quibell

OWNER OF
THE MARKET GYM



Meet Kristin Quibell, owner of The Market Gym, which opened on July 2, 2024. Specializing in Group Functional Fitness, HYROX, and Personal Training, Kristin's passion for fitness led her to entrepreneurship after years of working for others. With a background in gymnastics and CrossFit, she found the perfect spot to bring her vision to life, creating a welcoming space for people of all fitness levels to come together, get stronger, and feel supported.

How long have you been in business?

They opened on July 2nd, 2024.

What are the hours and offerings at The Market Gym?

The Market Gym is open 7 days a week, offering a variety of classes and an open gym from 11 AM to 4 PM Monday through Friday, where members can choose from scheduled classes or work on their own workouts.

Her dad was an airline pilot, and her mom a flight attendant, so her dream growing up was to earn her helicopter license.



 **THE MARKET GYM**

23 Kent St. W.
(Rear Entrance)
705-344-6758

www.themarketgym.ca

From Dream to Boutique



Kelly Patton

OWNER OF
HOMETHREADS BOUTIQUE

In August 2023, Kelly turned her long-time dream into reality by opening Homethreads Boutique. For eight years, she envisioned owning her own business, and when the time felt right, she embraced the opportunity for change. With the support of her family, she took the leap—and hasn't looked back since! Homethreads Boutique is all about stylish, everyday fashion for women.

How long have you been in business?

August 2023 they opened their doors.

What kind of clothing does Homethreads Boutique offer?

Homethreads Boutique features a wide variety of women's clothing, from professional business attire to casual everyday wear, available in sizes XS to XXL. Kelly's focus on inclusivity and fashion ensures every woman can find pieces that make her feel confident and comfortable.

When not at the boutique, you'll find her cheering on the Leafs as a die-hard fan (season tickets and all!) or embracing the great outdoors on a snowmobile or side-by-side!



132 Kent St. W.
705-328-3016

homethreadsboutique.ca

Embracing Greek Hospitality: The Legacy of Olympia Restaurant



Nicki Dedes

OWNER OF
OLYMPIA RESTAURANT

Meet Nicki Dedes, owner of Olympia Restaurant, which her family bought in 1980. After her parents retired in the early 2000s, Nicki and her husband, Costas, took over. Raised with Greek hospitality, Nicki embodies *philotimo*—caring for others with pride and no expectations. The restaurant offers a welcoming space for all, where locals, business people, and visitors feel at home.



How many years have you owned the business?

Nicki and her husband took over when Nicki's parents retired in the early 2000's.

What kind of service and food can you expect at Olympia restaurant?

The restaurant is a welcoming space for everyone, offering an inclusive environment where business people, locals, and visitors all feel at home. Nicki's greatest satisfaction comes from serving the community and continuing a 120-year tradition of excellent food and service.

Nicki's favorite cocktail is the Negroni! This classic Italian cocktail, made with gin, vermouth rosso, and Campari, is known for its perfect balance of bitterness and sweetness. Nicki enjoys this bold and sophisticated drink, which mirrors her love for tradition and culture.



OLYMPIA
r e s t a u r a n t
— EST. 1906 —

106 Kent St. W.
705-328-1444

www.olympiarestaurant.ca

Jennifer, the Wine Whisperer



Jennifer Boksman

OWNER OF
NEEDFUL THINGS CURIOSITIES

Jennifer, the owner of Needful Things, has been a serial entrepreneur since she was 15. After starting her photography career in 1992, she ventured into various businesses before opening Needful Things. Specializing in handpicked wines, these aren't found in the LCBO. Jennifer takes pride in matching wines to her customers' preferences, offering unique gifts you won't find at the LCBO. She is a wannabe sommelier, she continues to share her passion for wine while helping others discover the perfect bottle.

How many years have you been in business?

Since 2022. Jennifer has had other business ventures as well along the way.

What can you find at Needful Things Curiosities?

Needful Things Curiosities offers a curated selection of wines from around the world, all handpicked and not available at the LCBO. Along with its unique wine collection, the shop provides a cozy espresso bar and gift shop atmosphere. Jennifer is there to guide you in choosing the perfect wine for any occasion.

Jennifer is a passionate serial entrepreneur who began her journey at 15, offering a gift wrapping station at Kent Place Mall during Christmas. With a love for business, she has ventured into various fields, including photography, which has taken her to 38 countries.



15 Cambridge St. S.
705-878-2001

**[www.facebook.com/
needfulthingscuriosities](https://www.facebook.com/needfulthingscuriosities)**

A Family Business Empowered by Women



**Esther
Isherwood
and Ainsley
Herlihey**



OF INCOME TAX PLUS

Income Tax Plus, a family-run business in Lindsay since 1988, was founded by Esther in Lindsay Mall. In 2012, Esther's daughter Ainsley joined the team, seeking a job and taking on responsibilities in sales and bookkeeping. This opportunity helped the business grow significantly, all while staying true to its foundation as a women-operated and family-operated business.

How many years have you owned the business?

Esther opened the first Income Tax Plus in the Lindsay Square Mall and hired her first employees in 1991.

What sets Income Tax Plus apart from other businesses?

Income Tax Plus has always been committed to providing trusted service since 1988. While the business has grown, the core values remain the same. Clients benefit from the experience of the entire team, and at Income Tax Plus, you're not just a client—you're part of the family.

Income Tax Plus is a living wage employer. This is important as they employ women who experience the Gender Wage Gap. The members of their team are truly valued for their contributions, and they are able to provide a better service because of this.



income tax plus.

87 Kent St. W.
705-878-3392

incometaxplusinc.com

Thairapy Beauty Bar: Where Style Meets Personalization



**Rachel
Kersch &
Monika
Kersch**



OWNERS OF THAIRAPY BEAUTY BAR

Founded in September 2016 by sisters-in-law Rachel and Monika, Thairapy Beauty Bar was created when Monika moved back to town, and the timing was right to team up. The salon has since grown to include 6 talented stylists and 2 skilled nail technicians. At Thairapy, the team provides personalized hair services, offering the latest trends with wearable, tailored styles for each client.

How many years have you been in business?

Since September 2016.

What is Thairapy Beauty Bar's approach to hairstyling?

At Thairapy Beauty Bar, they strive to provide the best service for every client, whether new or returning. They specialize in both men's and women's hair, staying up to date with the latest trends while ensuring styles remain wearable and tailored to each individual.

Rachel made history at the first ever International Women's Day event in Toronto by offering free cuts for women on stage with the team from Claus Feser Haute Coiffure! Monika, passionate about mentoring future stylists, was an educator for Davines for several years and even traveled to Spain for the worldwide hair symposium.



Thairapy
BEAUTY BAR

**3 Kent St. W.
705-324-4884**

thairapybeautybar.com

Cheri's Chapter: A Legacy of Books in Lindsay



**Cheri
Hogg**

OWNER OF KENT BOOKSTORE

For over 30 years, Kent Bookstore has been a go-to spot for book lovers in Lindsay, and owner Cheri has been at the helm, continuing her family's legacy. Her mother opened the bookstore in May 1993, and Cheri became part-owner in 1999 before taking over completely in 2011. Cheri believes in providing excellent service and a relaxing shopping experience, whether you're looking for a new release, rare find, or gift.

***How many years
have you owned
the business?***

Since 1999. Full owner in 2011.

***What kinds of books
and products can you
find at Kent Bookstore?***

Whether you're searching for a new release, a rare find, or something pre-loved, Kent Bookstore offers a wide selection of new and used books, as well as journals, greeting cards, and local and canadian authors.

When she's not at Kent Bookstore, Cheri is the captain of her own boat, traveling the Trent-Severn Waterway! You'll find her relaxing on Rice Lake, exploring Healey Falls, and cruising up to Buckhorn.



15 William St. N.
705-328-1600

www.kentbooks.ca

Melissa McFarland: Leading the Heart of Lindsay Downtown



Melissa McFarland

EXECUTIVE DIRECTOR OF LINDSAY DOWNTOWN BIA

Meet Melissa McFarland, Executive Director of the Lindsay Downtown BIA for over 10 years! She's passionate about connecting with people, supporting local businesses, and contributing to the growth of the downtown area. Melissa enjoys the variety in her role and values working with a strong board of directors, which makes her work even more rewarding. Her dedication helps shape the future of Lindsay's vibrant downtown community.

How long have you worked for the BIA?

Melissa has been part of the BIA since 2014, with a couple of maternity leaves throughout, when her two beautiful daughters each arrived into the world.

What drew you to the position?

She has strong ties to her hometown and believes that building the community we want to raise our families in requires the involvement of dedicated individuals. Being part of the BIA allows her to contribute to this vision every day.

Before settling in Lindsay, she spent six years in the entertainment department of Carnival Cruise Lines, visiting 31 countries and islands. It was a whirlwind adventure, but through it all, her heart knew she would eventually return home.



7 York St. S.
705-324-7710

www.lindsaydowntown.ca

Blooming Together: Kent Florist's Mother-Daughter Legacy



**Ann Scarlett
and Beth
Rescorl**

OF KENT FLORIST

Celebrating Kent Florist, a vibrant mother-daughter duo in Lindsay! Ann, a florist since university, after her children were born she left the family business to work for other flower shops. Once her children were older, Ann jumped at the opportunity to return to her passion and purchased the business in 2015. With her daughter now by her side, they've been creating beautiful floral arrangements and sharing their love for flowers.

How many years have you been in business?

Ann purchased the shop in 2015.

What can you find at Kent Florist?

For fresh, vibrant flowers in Lindsay, look no further than Kent Florist! They offer a beautiful range of flower arrangements perfect for any occasion. Beyond blooms, they also feature a selection of home décor, gifts, and more. Kent Florist is not just a flower shop—it's a place where thoughtful gifts and quality service come together to make every moment special.

Ann loves to travel, from safaris to becoming a certified diver and even swimming with sharks in Cozumel! In celebration of International Women's Day, Kent Florist offers a Tulip special, donating \$5 per bunch to women's resources, combining her passion for adventure with support for meaningful.



Kent 
FLORIST

92 Kent St. W.
705-324-7314

www.kentflorist.net

Leading the Way: Women of Wards Lawyers PC

What leadership qualities are essential for women in male-dominated industries?

Empathy, confidence, resilience, courage.



The Team of Female Lawyers

OF WARDS LAWYERS PC

Celebrating the inspiring women of Wards Lawyers PC! These dedicated female lawyers exemplify leadership qualities such as empathy, confidence, resilience, and courage. Driven by a passion to make a difference, they advocate for those who can't and work creatively to solve problems. They foster a supportive, women-led workplace where respect and safety thrive, supported by male colleagues.

At Wards Lawyers PC, mental health is a priority! The firm has a dedicated Mental Health Director for first impressions and formally trained Mental Health First Aid officers in-house. They focus on fostering a positive work environment and have two on-staff resources, making it a safe and supportive place for everyone.

What leadership qualities are essential for women in what's the most rewarding part of your job, and what impact do you hope to make?

The most rewarding aspect of their work is problem-solving and advocating for those who need help navigating complex systems. They take pride in offering creative solutions, supporting their community, and providing a sense of direction during challenging times. It's not just about legal work—it's about making a real difference for people.

WARDS^{PC}
LAWYERS

84 Kent St. W.
705-324-9273

wardlegal.ca

Pouring Passion into Community



Dara Bergeron and Victoria Jessup

OWNERS OF KINDRED COFFEE BAR

Meet Dara and Victoria, the powerhouse duo behind Kindred Coffee Bar! Friends first (thanks to their kids), these two entrepreneurs teamed up to turn their shared vision into a welcoming community hub. With a name inspired by their own "Kindred Spirits," they opened their first location in Lindsay just six weeks after taking ownership—then added a second in Bobcaygeon almost exactly two years later!

How many years have you been in business?

Kindred opened in October of 2022.

What makes Kindred Coffee Bar so special?

At Kindred Coffee Bar, it's about more than just great coffee. They serve all-day breakfast and lunch with a focus on quality and consistency—without the snob factor. Whether guests are meeting friends to reconnect, catching up over coffee, or looking for a comfortable spot to spend time solo, Kindred is a place where community happens. For owners Dara and Victoria, it's incredibly rewarding to not only chase their own dreams but to create a space that helps others feel at home, connect, and grow. They're proud to offer one of the most welcoming environments around.

Kindred Coffee Bar won a New Business Award at the Chamber of Commerce Awards of Excellence last year! They opened their first location in Lindsay just 6 weeks after taking ownership and launched their second almost exactly 2 years later—talk about dream team energy!



148 Kent St. W.
705-324-4297

kindredcoffeebar.com

Empowering Success: Trish Todd's Journey



**Trish
Todd**

BROKER OF REVEL REALTY INC. BROKERAGE

Celebrating Trish Todd of Revel Realty Brokerage! With a passion for independence and empowering others, Trish has been in real estate since 2010 and became a broker at Revel in May 2022. She thrives in fostering a supportive, women-driven environment, where success and community are at the heart of her business. Trish loves connecting with clients, building lasting friendships, and giving back to the community.



How many years have you been in business?

In Real Estate since 2010. Became a broker and Revel in May 2022.

When you buy or sell with Trish what can you expect?

When you work with Trish, you can expect personalized service that's focused on getting you moving. She loves meeting new clients, building relationships, and being community-oriented. Trish's approach combines her passion for real estate with a commitment to helping you every step of the way.

Before real estate, Trish Todd was a Computer Software Trainer for HVAC companies across North America, spending three years in Texas. She taught software skills that sparked her passion for technology and teaching, shaping her approach to real estate today.



REVEL.

REALTY INC., BROKERAGE

2 Kent St. W. Unit 2A
705-878-2412

trishtodd.com

Fashion, Family, and 28 Years of Dedication



Liz Grimes

OWNER OF CATHY ALLAN LADIESWEAR
& LIZZY'S BY CATHY ALLAN

Liz Grimes is the passionate and dedicated force behind Cathy Allan Ladieswear and Lizzy's by Cathy Allan. With 28 years in business, she's known for her exceptional eye for fashion and her love for styling people, from casual wear to formal attire. Liz's commitment to making her clients feel special shines through in her work, especially when helping young people celebrate milestones like prom and graduation. Family values are at the core of everything she does, and she continues to inspire with her generosity and zest for life!

How many years have you been in business?

Since March of 1998. Lizzy's
by Cathy Allan opened in 2022.

What can you find at Lizzy's by Cathy Allan?

They offer a stunning selection for every occasion—from elegant Mother of the Occasion dresses to chic cocktail and evening wear, stylish jumpsuits, graduation outfits, and even shoes to complete your look!

Liz has nine grandkids, a son ranked Top 10 in the world for Mr. Olympia, and a serious passion for fashion! She and her husband travel to find unique pieces, and fun fact—they met when he was selling her clothes!



Lizzy's

by Cathy Allan

104 Kent St. W.
705-324-5555
lizzys.ca

What can you find at Cathy Allan Ladieswear?

Cathy Allan's offers a perfect Ladieswear mix of casual, lifestyle, and formal wear.

Where did the name Cathy Allan come from?

In high school, Liz did a co-op with Cathy Allan a retail business owner, who introduced her to the world of retail and took her on her first buying trip. After studying Fashion Merchandising at Fleming College, Liz made her dream of owning a store a reality—naming it after the mentor who inspired it all.

Liz has a big heart and makes everyone feel like part of the team by always using their names. Even after all these years, she still gets excited unpacking new arrivals.

Cathy Allan
LADIESWEAR

98 Kent St. W.
705-878-0483
cathyallan.ca



Sisters Serving Up Community at The Coach and Horses Pub



**Kim Wagg
and Nicole
Rochette**



OWNERS OF THE COACH & HORSES PUB

Meet Kim and Nicole, the dynamic sisters behind The Coach and Horses Pub! In January 2020, they took over this beloved local spot, having both worked there before and fallen in love with the community. Nicole, a longtime friend of the previous owners, helped set the stage for their takeover, and together, they've created a comfortable, welcoming atmosphere that feels like home.

***How many years
have you owned
the business?***

January 2020.

***What can you find
at the Coach & Horses
Pub?***

The Coach and Horses isn't just a pub—it's where families gather, friends reconnect, and community thrives. With DJ dance nights, karaoke, live music, trivia, and a focus on local talent, there's always something fun happening for everyone.

The owners of The Coach and Horses Pub, Kim and Nicole, are sisters with a 7-year age gap between them! Their unique bond and shared passion for the pub have made it a beloved local spot.



**16 York St. S.
705-328-0006**

www.coachandhorses.ca

From a Flea Market Booth to a Family Legacy



Chris Houle

OWNER ICEMAN VIDEO GAMES

Chris and her husband started Iceman Video Games 30 years ago when a simple Nintendo purchase led to a growing game collection. Seeing potential, they opened a small flea market booth, which quickly took off. Today, the business continues to thrive, with their daughter—born into the industry—now running their sister store in Peterborough.

How many years have you been in business?

Iceman Video Games started in Mississauga over 30 years ago and has been in Lindsay since 2005.

What products does Iceman Video Games offer?

Iceman Video Games is your go-to for new and used games, consoles, vinyl records, Funko Pops, collectibles, Pokémon and Magic cards, plush toys, and DVDs. Whether you game, collect, or love movies, there's something for you!

Chris is a big cat lover and even fosters for the Humane Society, with a special soft spot for her cat she adopted from the Humane Society, Herminator! Meanwhile, her husband Gary's love for music runs deep—his expertise helps curate the perfect selections for the store, and they even had the honour of hosting Johnny Winter!



ICEMAN VIDEO GAMES

113 Kent St. W.
705-328-3666

icemanvideogames.com

From Passion to Plate: Olivia's Journey with Milk and Honey Eatery



Olivia Moore

OWNER OF MILK AND HONEY EATERY

Olivia's entrepreneurial spirit took root at a young age, and by 22, she turned her passion for cooking and the vibrant atmosphere of restaurants into a business. In March 2020, just before the world was hit by the pandemic, Olivia opened Milk and Honey Eatery on William Street. Starting a business at such a pivotal moment was challenging, but Olivia's drive and love for food and people kept her going.

How many years have you been in business?

Since March 2020.

What can you expect at Milk & Honey Eatery?

Milk & Honey Eatery offers a cozy space with gourmet lunches, fresh-baked treats, and expertly crafted drinks. Enjoy paninis, artisan sandwiches, soups, salads, and more—made with quality ingredients and served with care!

Olivia, isn't just growing her business—she's growing her family too! Her little one turned two in February, and she's currently expecting baby number two!



18 Kent St. W.
705-878-9998

milkhoneyeatery.ca

A Passionate Entrepreneur at A Buy & Sell Shop!



**Lynn
Garbutt**

OWNER OF A BUY AND SELL SHOP

For 27 years, Lynn has been a driving force behind A Buy & Sell Shop, growing it from a small operation into a thriving business in Downtown Lindsay. Originally handling bookkeeping, she became more involved over time and discovered her passion for customer relations. In 2007, she and her husband moved the business to its current location, where it has continued to expand.



How many years have you been in business?

Since October 1998.

What kind of products do you offer at A Buy & Sell Shop?

A Buy & Sell Shop offers over 6,000 sq. ft. of showroom space with a wide range of products including furniture, jewellery, electronics, video games, musical equipment, tools, collectibles, and more! We also provide Tuesday pickup in town for furniture. Give them a call to learn more!

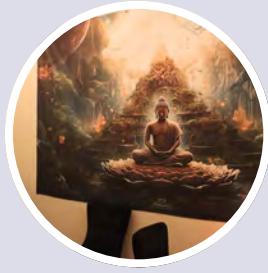
Lynn's now-husband hired her for her first job out of college! Later, in her late twenties, they took a leap of adventure, quitting their jobs and buying world tour tickets. After five months exploring places like Fiji, Scotland, and Ireland, they were ready to settle down.



31 Kent St. W.
705-340-5152

abuyandsellshop@hotmail.com

Cathy's Healing Touch



Cathy Chafe

OWNER OF INNER LIGHT METAPHYSICAL

Cathy's unique gift brings healing and spiritual guidance to those seeking inner peace and personal growth. Offering services like psychic readings, tarot cards, mediumship, and crystal insights, she helps you connect with clarity and balance. Whether it's a wellness check-in or a therapeutic session, Cathy's approach is tailored to support your journey.

How many years have you been in business?

They opened in August of 2023. Cathy has been providing readings since 2016.

What events and services does Cathy offer on a regular basis?

On the last Sunday of every month, Cathy offers walk-in readings. She also hosts Walk-In Full Moon Circles and leads classes focused on opening the third eye and aligning the mind, body, and soul.

Cathy isn't just a spiritual advisor—she's an all-around entertainer! With her great sense of humour, singing talent, and engaging personality, she's truly the whole entertainment package.



30A Kent St. W.
905-244-5106

innerlightlindsay.com

Olde Mill Home: A Story of Passion, Growth & Transformation



Lacey Ball

OWNER OF OLDE MILL

Lacey's passion for creating a warm and inviting home became the foundation of her business. Through positive customer feedback and in-store visits, she built a loyal community—turning customers into friends. Her journey as an entrepreneur has been one of constant evolution, adapting and growing while staying true to her vision of bringing comfort and charm to every home.

How long have you been in business?

Since the Summer of 2012, and in downtown Lindsay since 2018.

What does Olde Mill Home specialize in?

Olde Mill Home offers a curated selection of candles, decor, greenery, and seasonal items, along with solid wood furniture, farmhouse decor, kitchenware, linens, and unique gifts to enhance your home or cottage.

In January 2020, Lacey opened a second location named Olde Mill Candle Co in Lindsay Downtown. When the pandemic hit, she quickly built a website in just 48 hours, ensuring customers could still enjoy their favourite scents with local delivery and pickup. She also introduced special cards for sending candles to loved ones.



148 Kent St. W.
705.328.2121

www.oldemillprimitives.ca



From Dream to Design at Kate Co Home & Design Studio



Kate Westcott

OWNER OF KATE CO HOME & DESIGN STUDIO

Kate has always had a passion for design and retail, which led her to open Kate Co Home & Design Studio. Celebrating its 12th anniversary this May, Kate's dream of owning her own store became a reality after 10 years of planning. Known for her love of people and interior design, Kate specializes in Canadian-made upholstered furniture and offers personalized design consultations to help clients bring their dream spaces to life.

How many years have you been in business?

Since May 2013.

What does Kate Co Home & Design Studio specialize in?

Kate Co Home & Design Studio offers a selection of Canadian-made upholstered furniture, décor items, and personalized design consultations. Specializing in creating dream spaces, they provide accent chairs, sofas, rugs, mirrors, and more. Customers can shop online or in-store with delivery and pickup options available. For additional details, visit their website.

When Kate isn't at the Home & Design studio, she enjoys riding her motorcycle with her husband, exploring areas like Cobourg, Port Hope, and up north to Huntsville and Haliburton.



Kate Co Home & Design Studio 

32 Kent St. W.
705-880-5283

www.katecohome.com

Brittany's Style Evolution: From Family Roots to Fashion Forward



**Brittany
Roberts**

OWNER OF BRITTANY N BROS & BRITTANY'S SHOES

Brittany is proudly carrying on a family tradition of fashion and community! After growing up watching her mom build Brittany N' Bros since 1998, she officially took over in August 2022, bringing fresh energy and style to the shop. In 2024, Brittany expanded with Brittany's Shoes, making it easier than ever for customers to complete their look from head to toe.

How many years have you been in business?

Brittany's mom started the business in 1998, and Brittany took over in August 2022. In February 2024, she expanded with Brittany's Shoes.

What can you find at Brittany N' Bros?

They offer stylish clothing, footwear, and accessories, blending Canadian and European designs. We focus on quality, comfort, and staying on-trend, creating a welcoming shopping experience for those looking to elevate their wardrobe.

Brittany spent 10 years in her 20s racing dirt bikes and snowmobiles –proof she's got both a passion for fashion and a need for speed!



BRITTANY 'N' BROS
CLOTHING · ACCESSORIES

109 Kent St. W.
705-340-5359

brittany-and-bros.myshopify.com

What can you find at Brittany's Shoes?

Brittany's Shoes offers a wide variety of footwear, from durable Blundstones to stylish loafers and seasonal options, ensuring you find the perfect pair for any occasion.

Did you know?

Brittany N' Bros has expanded beyond Lindsay, with additional locations in Cobourg and Port Perry. They offer a wide range of fashion, footwear, and accessories to help you elevate your style!

Brittany N' Bros as well as Brittany's Shoes strives to find products of good quality, comfort, and always staying on-trend. So treat yourself! You deserve it!

BRITTANY'S SHOES

111 Kent St. W.
705-340-5359
brittany-and-bros.myshopify.com



Empowering Play at Tradewind Toys & Gifts



Angela Field

OWNER OF TRADEWIND TOYS AND GIFTS

Meet Angela, the passionate owner of Tradewind Toys & Gifts, serving the community since 1996. Driven by a desire to work for herself, Angela created a store focused on personalized service, unique products, and helping customers find the perfect gift. With her amazing team, Angela ensures every shopping experience is tailored to the recipient's personality and budget. "Not all 6-year-olds are the same!" she says.

How many years have you been in business?

Since March 1996.

What makes Tradewind Toys & Gifts unique?

Angela and her team make shopping an experience, focusing on finding the perfect match for each recipient. They take the time to understand personalities because, as Angela says, "Not all 6-year-olds are the same!" Whatever your budget, they'll offer suggestions that work for you.

Angela has a big heart for animals and is known for her love and affection towards them. Whether it's her own pets or any animals she meets, she's a huge sucker for them—and they certainly know it!



110 Kent St. W.
705-878-4931
www.twtoys.ca

From Controller to The Lingerie Loft Owner



Theresa Henry

OWNER OF THE LINGERIE LOFT

Meet Theresa, the owner! After 33 years as a controller at Lindsay Dodge, Theresa decided she wanted a change and took the leap to buy The Lingerie Loft in June 2021. A proud grandma to 3 (with another on the way!), she's the life of the party, always ready to brighten anyone's day. Theresa offers a wide variety of products, including mastectomy wear, bathing suits, and more. She's all about making her customers feel special and cared for!

How many years have you owned the business?

Since June 30th, 2021.

What types of products does Theresa offer at The Lingerie Loft?

The Lingerie Loft offers a variety of products including mastectomy wear, bathing suits, cruise wear, pajamas, bras and more! They offer a variety of sizes from small to 3xl.

Theresa is the life of the party, a true team player, and a "Wordle Queen!" Her positive energy and passion for puzzles keep things fun and lighthearted, making her the perfect person to brighten any day.



The
Lingerie
Loft

121 Kent St. W.
705-328-1829

lingerieloft121@gmail.com

Home-Cooked Hospitality



Arpita Mukherjee

OWNER OF
JUDY'S PLACE DINER



Meet Arpita, the proud owner of Judy's Place Diner, which she and her husband Kayomarz took over in October 2022. Arpita's passion for homestyle cooking and the freedom to serve others led her to pursue her dream of owning a diner. She and her family—her husband and son—run the business together, creating a cozy, informal space where customers feel like family. Known for their love of food, Judy's Place offers a welcoming atmosphere, where guests quickly become friends. They've kept the diner's beloved name and menu, making it a true home away from home.

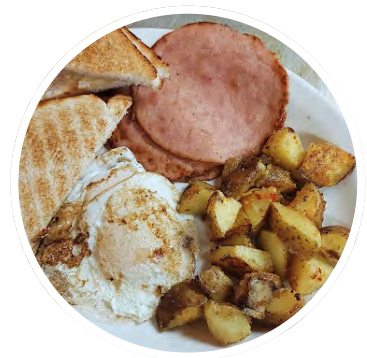
How long have you owned the business?

Since October 2022.

What can you find at Judy's Place Diner?

At Judy's Place Diner, every meal is prepared homestyle, making it a true home away from home. The welcoming, cozy atmosphere allows guests to quickly go from strangers to friends. Arpita and her family create a warm, informal setting where everyone feels like a part of the family.

When Arpita and her husband aren't at the diner, they are big foodies! They enjoy trying food at other eateries.



**Judy's
Place
Diner**

21 William St. S.
647-207-4008

www.thesweetkitchen.ca

Empowering Wellness: Alicia's Holistic Approach to Health



**Alicia
Lauriault**

OWNER OF KAWARTHA HOLISTIC

Alicia, the owner of Kawartha Holistic, is dedicated to helping clients achieve wellness through holistic health practices. She offers acupuncture, massage therapy, and herbal medicine with a focus on pain management, fertility, and women's health. Alicia's goal is to empower clients to feel like themselves again, fostering both physical and emotional balance while connecting them with nature. Her personalized approach aims to make a positive difference in their lives.

How many years have you been in business?

Since June 2024.

What services does Alicia offer at Kawartha Holistic?

Kawartha Holistic offers a variety of holistic health services, including acupuncture, massage therapy, fire cupping, herbal medicine, moxibustion, and AcuBELLE cosmetic acupuncture. Their focus is on helping clients achieve wellness and balance through personalized care.

Alicia is a devoted dog mom who enjoys gardening, wild foraging, and plant walks. Her personal health journey inspires her work at Kawartha Holistic, where she loves empowering others to find balance and well-being!



17 William St. N. Unit #4
705-878-0202
www.kawarthaholistic.ca

A Family-Run Business Blooming with Love



Ann Corbiere

OWNER OF KAWARTHA LAKES CLASSIC FLOWERS & GIFTS

Kawartha Lakes Classic Flowers and Gifts is more than just a flower shop—it's a family-run business built on passion, love, and an emotional connection with its customers. Ann, who first studied floristry before having kids, always dreamed of owning her own shop. That dream came true, and now Classic Flowers offers beautiful arrangements for any occasion, along with a variety of gifts, plants, gift baskets, snacks, and custom floral work.

How many years have you owned the business?

Since May 2022.

What makes Kawartha Lakes Classic Flowers and Gifts more than just a flower shop?

Kawartha Lakes Classic Flowers and Gifts is a family-run business with all of Ann's four kids involved. They create a warm, welcoming space where customers are treated like family, offering care and support in both happy and difficult times.

The display window at Kawartha Lakes Classic Flowers and Gifts always tells a story! This year, it's mannequins are inspired by "It's a Wonderful Life", featuring George and Mary, who just got married and are now spending their first Winter together.



95 Kent St. W.
705-328-0688
classicflowersandgifts.com

Celebrating Susan Taylor's Impact at Kawartha Art Gallery



Susan Taylor

EXECUTIVE DIRECTOR OF KAWARTHA ART GALLERY

Celebrating Susan Taylor, Executive Director of the Kawartha Art Gallery! With a fine arts and office administration background, Susan has played a key role in revitalizing the local arts scene. After noticing the gallery's struggles in 2008, she helped guide it to a sustainable future. In 2018, she became Executive Director, and for the past 14 years, has built a passionate team dedicated to arts and culture in the community.

How many years have you been in your role?

Since 2018.

What is Palette Partners?

The Palette Partners project by Kawartha Art Gallery supports local artists by giving them a platform to reach a wider audience and build connections within the community. It aligns with the gallery's mission of promoting art for everyone.

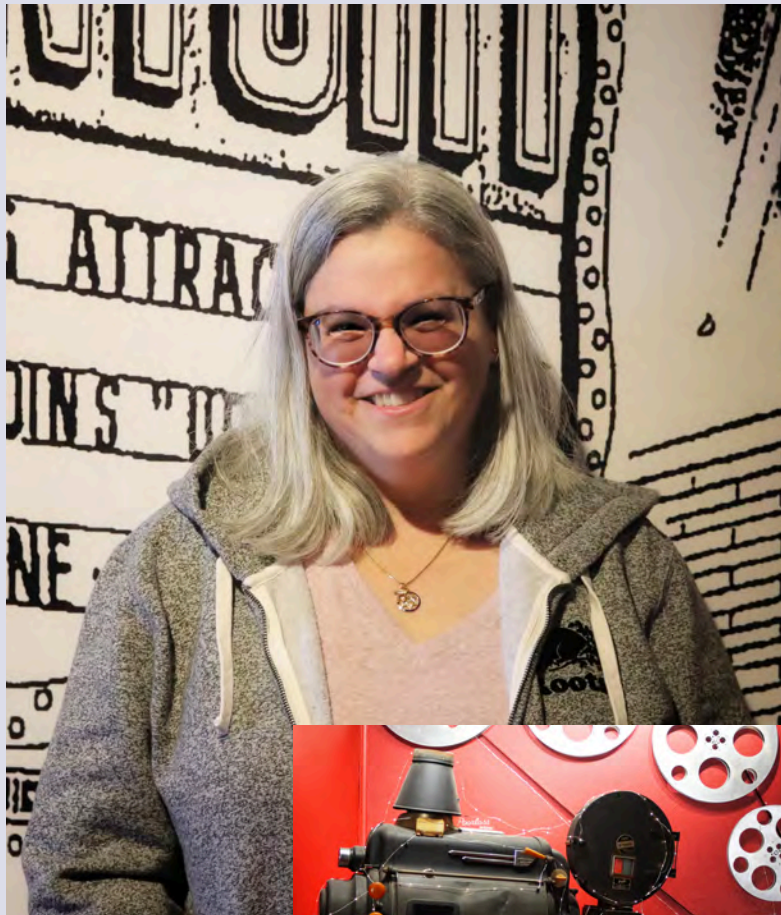
Outside of the gallery, Susan enjoys collecting cookbooks and experimenting with new recipes. She's also a big fan of The Great British Baking Show, where she finds inspiration for her own baking adventures at home!



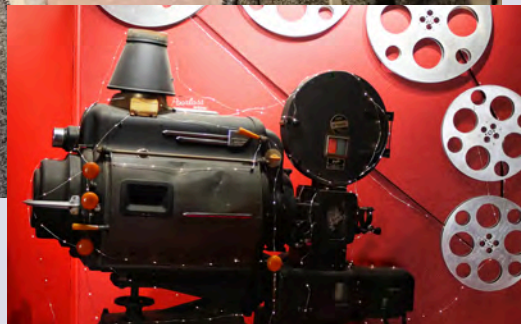
190 Kent St. W.
705-324-1780

www.kawarthagallery.com

Sheila: The Heart of Century Cinemas



**Sheila
Dominic**



ASSISTANT MANAGER OF CENTURY CINEMAS 3

Sheila has been a familiar face at Century Cinemas for generations, helping create lasting movie memories. She started working at the theatre at 15 while balancing high school and a job at Zellers. After college and five years in Toronto, she returned home in 1996, just in time to assist with renovations as the theatre expanded to three screens. Within a year, she stepped into the role of Assistant Manager—a position she's proudly held ever since.

How many years have you worked at Century Cinemas?

In 1985 when she was a student and full-time in 1996.

What do you enjoy most about working here?

Through the years, Sheila has watched kids grow up, go on first dates, and later bring their own children to the movies. She's passionate about making every visit special, treating customers like family. She also loves watching movies.

Sheila is a passionate movie fan and even holds a projection license! She completed a one-year apprenticeship before the license was phased out, and is proud of her unique expertise in the field.



141 Kent St. W.
705-324-5500
centurycinemas3.com

From Passion to Fashion: Emma Scully's Journey as a Young Entrepreneur



Emma Scully

OWNER OF BONITA CLOTHING CO
AND JOHN G'S MENSWEAR

At just 23, Emma Scully transformed her love for fashion into a thriving business. While earning her diploma as a Communicative Disorders Assistant in 2021, she saw a need for trendy, accessible fashion in the City of Kawartha Lakes—and brought Bonita Clothing Co. to life. What started as a small online shop quickly grew into a beloved brand, leading her to expand with John G Menswear, offering curated style for the modern man.



How many years have you been in business?

Since March of 2021.

What can you find at Bonita Clothing & Co?

Bonita Clothing Co. offers a modern, chic selection of women's clothing, from stylish dresses and tops to trendy accessories, footwear, and swimwear. The shop focuses on bringing high-quality, fashionable pieces to customers, with a curated collection that embodies the latest trends.

In addition to owning Bonita Clothing Co. and John G's Menswear, she also works full-time as a speech therapist! Her ability to balance two meaningful careers shows just how dedicated and driven she is.



4 1/2 Cambridge St. N.
705-928-4730
bonitaclothingandco.com

What is the story behind Bonita Clothing Co and John G's Menswear names?

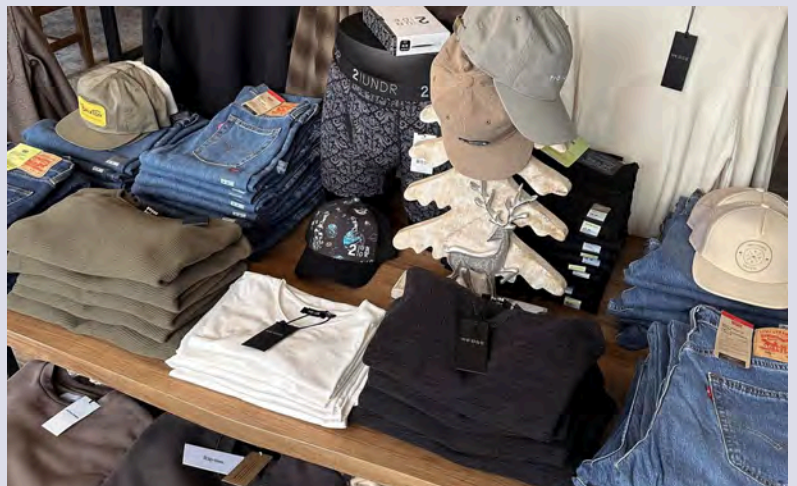
The name Bonita Clothing & Co is inspired by Emma's late Aunt Bonnie (Bonita) who shared a love for dressing up and a closet full of hand selected pieces.

John G is named after Emma's father. Her dad can truly appreciate the importance of easy to wear fashion so we have done just that by bringing you all easy to wear mens fashion.

John G's offers a curated selection of men's fashion, including tops, outerwear, bottoms, and accessories. Their focus is on easy-to-wear, stylish pieces that cater to the modern man's wardrobe.



4 1/2 Cambridge St. N.
705-928-4730
johngmenswear.com



Lathering Up Success: Michele's Journey to Entrepreneurship



**Michele
Sauve**

OWNER OF GRIDLEY'S CREATIVE BATH & BODY

Michele's journey to entrepreneurship is one of resilience, creativity, and passion. Before launching Gridley's Creative Bath & Body, she worked in the specialized field of community mediation, rising to a managerial role overseeing seven staff members and growing the agency's budget from \$15,000 to half a million. When the agency closed and no similar positions were available, she turned her longtime soap-making hobby into a full-time business—determined to be her own boss.

How many years have you been in business?

Since 2002.

What products and services does Gridley's Creative Bath & Body offer?

Gridley's offers handcrafted soaps, lotions, scrubs, bath bombs, soy candles, aromatherapy essentials, and men's grooming products made with natural, vegan-friendly ingredients. They also provide curated gift sets, customizable orders, and hands-on experiences like soap-making classes and live demos.

At age 11, she aimed to win a trophy for barn help at horse camp. After working hard mucking stalls, she was surprised to win when two winners were announced. The trophy, shaped like a horse's rear, reminds her that hard work and perseverance lead to success.



GRIDLEY'S
creative bath & body

73 Kent St. W.
705-324-2284
gridleys.ca

From Commutes to Confidence: Lindsay's Leap into Beauty



**Lindsay
Thacker**

OWNER OF BLISS BEAUTY SERVICES

Lindsay's journey is one of bold decisions and big changes. While on maternity leave from her salaried job in Woodbridge, she realized commuting to the city as a single mom wasn't sustainable. Always wanting to be her own boss, she saw the perfect moment to chase her dream. She went back to school for aesthetics while still on maternity leave, proving that there's no time like the present to start fresh!

How many years have you been in business?

Since March 2020.

What does Bliss Beauty Services specialize in?

Bliss Beauty Services offers expert beauty and wellness treatments, including facials, body contouring, lash lifts, brow tinting, and builder gel nails. Gift cards are available!

Before beauty, Lindsay worked in construction technology—a major career switch! And despite being an aesthetician, she's not your typical girly girl!



88 Kent St. W. Shop 1
705-230-9234
www.blissbeautyservices.ca

Claudia's Culinary Journey



Claudia O'Hearn

OWNER OF
ROAD TRIPPERS DINER

Meet Claudia, the passionate owner of Road Trippers Diner, alongside her husband Chris. They also run a chip truck on the outskirts of Lindsay. Claudia, a Red Seal chef, has a love for cooking and connecting with people, which led her to open the food truck and later the diner. With a background in Early Childhood Education and a BA in Child Psychology, Claudia brings a unique blend of skills to her culinary journey, creating memorable dining experiences for her guests.

How long have you owned the business?

Since April 2024. They started at the Road Trippers Food Truck in 2023.

What kind of food does Road Trippers Diner offer?

The menu at Road Trippers Diner is inspired by classic diner fare, offering breakfast all day and a variety of daily specials. They're especially famous for their award-winning burgers. From hearty sandwiches to satisfying breakfasts, their menu has something for everyone!

Claudia has a hidden talent from her culinary school days – she was the watermelon carving champion! When she's not at the diner, her and Chris spend time checking out other eateries.



115 Kent St. W.
705-878-8715

www.roadtrippersdiner.ca