

HOW SARAH COULD FUTURE-PROOF HER CAREER

1. Increase the Uniqueness of Her Skills

Right now, Sarah's core EA skills (scheduling, correspondence, meeting prep) are **common and easy to replicate**. To become more unique, she needs to:

- **Specialise** in a context or domain where administrative knowledge becomes expert knowledge.
- Build relationship capital that AI can't replace.
- Translate her organisational strengths into something strategic or externally valuable.

Actions she could take:

- Choose a niche: Learn the language, tools, and workflows of a specific field (e.g. digital marketing, HR, sustainability, healthcare, events).
- Gain project management credentials: e.g. PRINCE2, AgilePM, or Asana/Trello certifications — makes her a project coordinator rather than just a task executor.
- **Develop data and reporting literacy:** Basic data visualisation (Excel/Power BI) or KPI tracking makes her more analytical and valued.
- Learn stakeholder engagement: Build confidence running client meetings, onboarding processes, or internal communications.
- Personal brand: Reframe her identity from Executive Assistant →
 Operations Partner, Team Coordinator, or Chief of Staff in training roles
 with more strategic association.

2. Make Her Skills More Resistant to AI

Al can schedule meetings and draft emails, but it still struggles with **context**, **empathy**, **trust**, **and complexity**. Sarah can protect her employability by moving toward **human-centred**, **judgment-based** work.

Actions she could take:

- Focus on "coordination with empathy": e.g. employee wellbeing, onboarding, or client relationship management.
- **Develop facilitation skills:** Learn to run workshops, team meetings, or cross-functional projects areas where people dynamics matter.
- Train in communication and influence: Coaching, negotiation, and conflict resolution are difficult to automate.
- **Use AI as a co-pilot:** Become the "AI-augmented EA" mastering tools like Notion AI, ChatGPT, and scheduling assistants to amplify her productivity rather than be replaced by them.
- Move toward decision support: Summarising information, managing complexity, preparing options for senior leaders things AI can't yet do reliably without human framing.

3. Shift Toward Sectors with Strong Demand

Printing is a **shrinking industry**, but her organisational and relational skills are transferable. She should target sectors that are **growing and people-intensive** — where coordination, empathy, and reliability are valued.



Sector	Why It Fits	Example Roles
Sector	Willy it i its	Example Notes
Healthcare & Life Sciences	Ageing population → strong demand for organised, empathetic administrators.	Patient liaison, operations coordinator, medical project assistant
Education & Training	Growth in online learning and corporate training.	Learning coordinator, student experience officer
Professional Services	Firms still need high-trust support for partners/executives.	Client services associate, operations manager
Sustainability & ESG	Emerging field; values conscientious coordination and reporting.	Sustainability project officer, ESG administrator
Tech & Startups	Fast-moving, lean teams rely on multi-skilled "doers".	Operations associate, chief of staff assistant, people operations
Nonprofits / Social Impact	Strong need for organised, empathetic professionals with purpose alignment.	Programme coordinator, grants administrator

