



# **TRYOUT PACKET**

**2026-2027 SEASON**

**WELCOME TO ELEMENT ATHLETICS!**

# TRYOUT CHECKLIST



Team placement sessions are essentially low-stress workouts. During the workouts, athletes show skills they have already developed and demonstrate the potential to learn new skills.

## TRYOUT CHECKLIST

WE LOOK FORWARD TO WORKING WITH YOU AT OUR UPCOMING TRYOUTS!

### WHAT DO YOU NEED AT TRYOUTS:

- WEAR ALL BLACK ATHLETIC OUTFIT (TSHIRT/TANK/SPORTS BRA & SHORTS)
- CLEAN CHEER OR GYM SHOES
- HAIR IN HIGH PONY (CHEER BOW OPTIONAL)
- WATER BOTTLE
- PARENTS CAN STAY OR DROP OFF. *IF YOUR CHILD IS UNDER THE AGE OF 6, WE ENCOURAGE YOU STAY THE ENTIRE TIME.*

AFTER TRYOUTS, TEAM PLACEMENTS WILL BE SENT OUT VIA EMAIL FROM [KELSEY@KIDSSPOT.COM](mailto:kelsey@kidsspot.com).



# WHAT TO EXPECT AT TRYOUTS

## AGES 4-5

TRYOUTS WILL BE OVER A COURSE OF 1 DAY AND WILL BE RAN SIMILARLY LIKE A PRACTICE WHERE THEY WILL SHOW SKILLS THEY HAVE AND DEMONSTRATE THE POTENTIAL TO LEARN NEW SKILLS.

### **MUST ATTEND:**

MONDAY, MAY 18<sup>TH</sup> 5:45-6:45

*MUST BE BORN IN 2020-2022*

### **AFTER TRYOUTS:**

Team placement will be sent out by May 22nd via email from [kelsey@kidsspot.com](mailto:kelsey@kidsspot.com).

### **CAN'T MAKE IT TO THE TRYOUT DATE?**

Make up evaluations can be scheduled on May 20th or 21st or at a later date before practices start. Email [kelsey@kidsspot.com](mailto:kelsey@kidsspot.com) to schedule your private evaluation.

## EVALUATION CRITERIA

- TUMBLING SKILLS
- WILLINGNESS TO ACCEPT INSTRUCTION
- STUNTING BASICS
- JUMP TECHNIQUE
- OVERALL ATTITUDE AND PERFORMANCE



# WHAT TO EXPECT AT TRYOUTS

## AGES 6 & UP

TRYOUTS WILL BE OVER A COURSE OF 2 DAYS AND WILL BE RAN SIMILARLY LIKE A PRACTICE WHERE THEY WILL SHOW SKILLS THEY HAVE AND DEMONSTRATE THE POTENTIAL TO LEARN NEW SKILLS.

### **MUST ATTEND BOTH DAYS:**

TUESDAY, MAY 19<sup>TH</sup> 6:00-7:30

WEDNESDAY, MAY 20<sup>TH</sup> 6:00-7:30

*MUST BE BORN IN 6/1/2007-2019*

### **AFTER TRYOUTS:**

Team placement will be sent out by May 22nd via email from [kelsey@kidsspot.com](mailto:kelsey@kidsspot.com).

### **CAN'T MAKE IT TO THE TRYOUT DATE?**

Make up evaluations can be scheduled on May 21st or at a later date before practices start. Email [kelsey@kidsspot.com](mailto:kelsey@kidsspot.com) to schedule your private evaluation.

## EVALUATION CRITERIA

- TUMBLING DIFFICULTY
- TUMBLING EXECUTION
- WILLINGNESS TO ACCEPT INSTRUCTION
- STUNTING POSITION (FLYER, BASE, BACKSPOT)
- JUMP TECHNIQUE
- OVERALL ATTITUDE AND PERFORMANCE



# TEAM PLACEMENT

**EVERYONE MAKES A TEAM!** TEAMS WILL BE REVEALED WITH AN EMAIL ANNOUNCEMENT. TEAM OPTIONS ARE LISTED ON THE LEVELS OF CHEERLEADING PAGE IN THIS PACKET, BUT TEAM LEVELS ARE DETERMINED BY THE DIRECTOR AFTER TRYOUTS ARE COMPLETED.

PRACTICES WILL BEGIN THE WEEK OF JUNE 1ST.

**PARENT MEETINGS WILL BE HELD ON MAY 26<sup>TH</sup> AND MAY 27<sup>TH</sup> DEPENDING ON YOUR CHILD'S TEAM PLACEMENT.**

- Meetings will be held between 6-8pm on these dates.
- Meetings will be by team and date/time will be given in your child's placement email.

*IF YOU ARE UNABLE TO MAKE IT TO A PARENT MEETING, YOU MUST EMAIL [KELSEY@KIDSSPOT.COM](mailto:kelsey@kidsspot.com) TO SET UP ALTERNATE MEETING TO RECEIVE THE SEASONS INFORMATION.*

*Please note, team placements can be adjusted until August. We do our best to place our athletes on correct teams at tryouts, but skills must be maintained to stay on your current team.*

## PRACTICES / ATTENDANCE

All teams will have a set two days per week practice schedule. During the summer, teams will have a set two days per week schedule. It is imperative that you make every effort to make practices. Please refer to our holiday schedule when booking trips/vacations when possible. Practice times usually remain consistent throughout the season and may only change under special circumstances. During important times of the season, additional practices may be scheduled.

## CHOREOGRAPHY – ELITE TEAMS

MANDATORY if placed on an ELITE level team

July 9-10th

Time TBD

# LEVELS OF ALLSTAR

## NOVICE TEAMS

- NO PREVIOUS EXPERIENCE NECESSARY, AGES 3-12
- TEAMS PRACTICE ONCE A WEEK AND COMPETE IN 4-5 COMPETITIONS
- INTRODUCTION TO ALLSTAR CHEERLEADING WITH A FOCUS ON FUNDAMENTAL SKILLS AND THE PERFORMANCE ASPECT
- NOT READY TO COMPETE YET? WE OFFER ESSENTIAL ELEMENTS AS A PRETEAM OPTION TO LEARN ABOUT THE ALLSTAR EXPERIENCE

## PREP TEAMS

- SOME PREVIOUS CHEER TO TUMBLING EXPERIENCE, AGES 4-16
- TEAMS PRACTICE TWICE A WEEK AND COMPETE IN 4-5 COMPETITIONS
- ATHLETES WHO DO NOT MEET ALL THE MINIMUM LEVEL 1 TUMBLING REQUIREMENTS WILL BE PLACED WITHIN OUR PREP PROGRAM TO DEVELOP AND PERFECT THESE SKILLS

## ELITE TEAMS

- MOST POPULAR PROGRAM! LEVELS 1-4 AND ALL AGE DIVISIONS AVAILABLE
- TEAMS PRACTICE TWICE A WEEK AND COMPETE IN 4-7 COMPETITIONS
- COMPETITIVE TEAMS ALLOW ATHLETES TO GAIN SKILL DEVELOPMENT, FRIENDSHIPS, AND TEAM EXPERIENCES

*TEAM LEVELS AND DIVISIONS ARE DETERMINED EACH SEASON AFTER EA TRYOUTS*

# Tryouts

**AGE 4-5 MAY 18TH - 5:45-6:45**

**AGE 6 & UP MAY 19<sup>TH</sup> & 20<sup>TH</sup> - 6:00-7:30**

**MAY 21ST- LATE TRYOUTS**

**TRYOUT FEE - INCLUDES T-SHIRT**

\*shirt size guaranteed if you signed up prior to May 1st\*

# After Tryouts

## **TEAM PLACEMENT:**

SENT VIA EMAIL BY MAY 22ND

## **REGISTRATION/PARENT MEETING:**

TEAM PARENT MEETING TIME WILL BE SENT WITH PLACEMENT EMAIL.

## **FIRST WEEK OF PRACTICE:**

JUNE 1ST

## **COMMITMENT FORM DUE:**

JUNE 8TH



Element Athletics