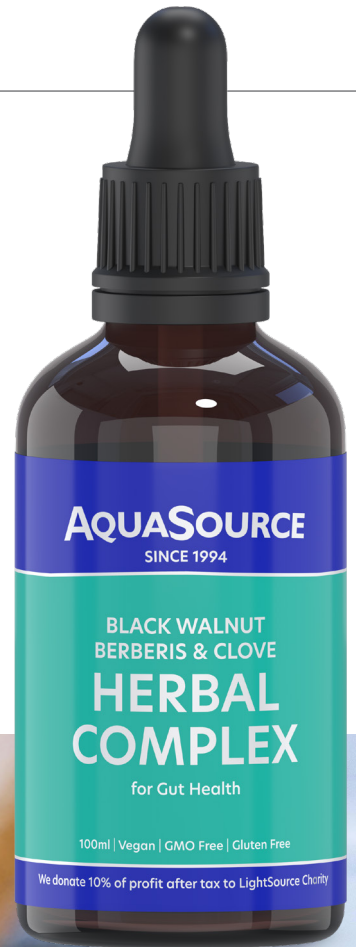


# AquaSource Herbal Complex

with Black Walnut, Berberis & Clove

It is widely recognised that gut health is the foundation of our immunity, vitality, and overall wellbeing. Today, it faces constant challenges - from poor diets and environmental toxins to widespread parasitic infections. Supporting gut health is no longer just important; it's essential for feeling our best and staying strong.

AquaSource Herbal Complex combines Black Walnut Hull with Berberis and Clove in a proven natural blend, including five other herbs, that help your body to naturally and gently remove unwanted organisms. Supplied in an easy-to-take liquid form, it provides a completely natural herbal cleansing detox that you can do at home.



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## 2025 Trial Highlights

In July 2025, 65 participants took part in a 4-week trial to discover the benefits of AquaSource Herbal Complex. The study included participants from the UK, EU, and Bulgaria.

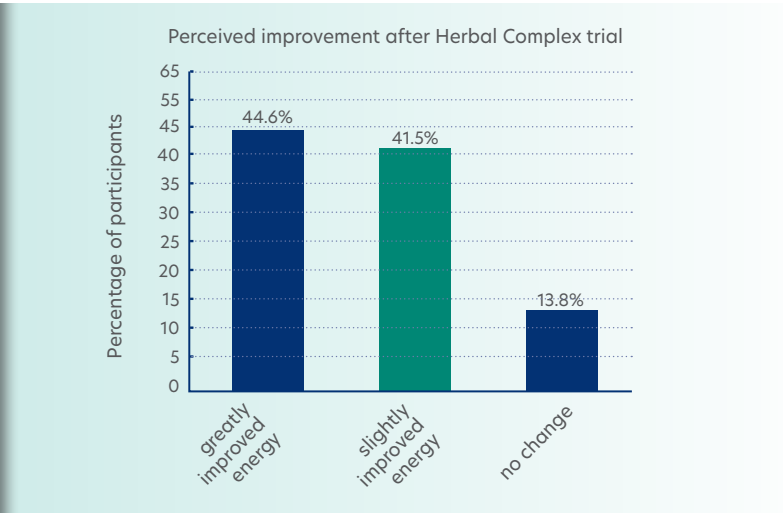
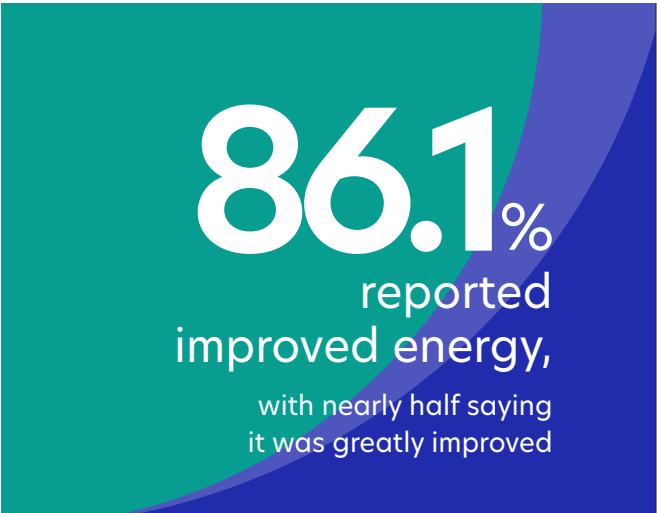
Before the trial began, participants completed a short questionnaire to capture their baseline wellness. Ages ranged from 18 to 65+, with 86.2% female and 13.8% male - reflecting a broad cross-section of everyday wellbeing.



## Key Results

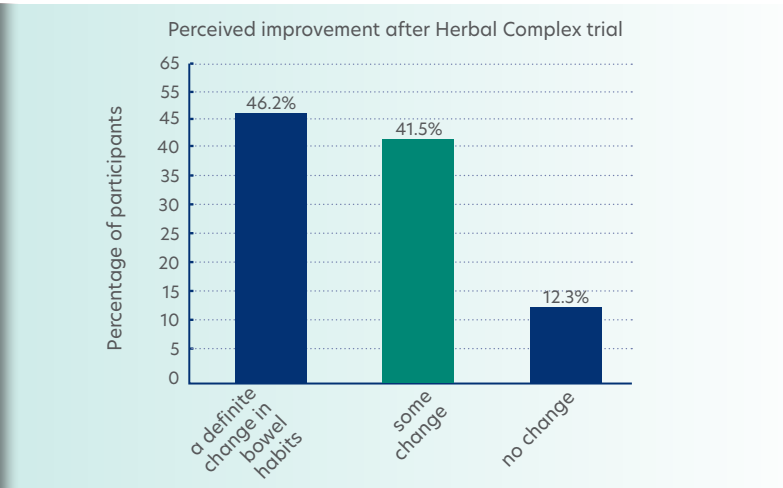
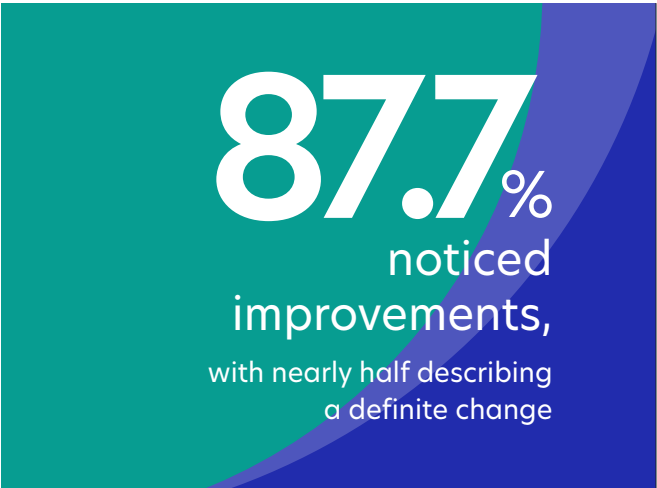
### Energy Levels

Many reported a change in energy levels in just four weeks.



### Digestive Support

Changes in gut health and bowel habits were among the most frequently reported outcomes.





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## Fatigue Reduction

When asked about fatigue and sleep, participants reported feeling a real difference.

**80%**

felt less  
fatigued

Perceived improvement  
after the trial

- 50.8% definitely less fatigued
- 29.2% a little less fatigued
- 20% no change

## Skin Condition

Many participants told us about notable changes in their skin.

**76.9%**

reported an  
improvement

Perceived improvement  
after the trial

- 32.3% definite improvement
- 44.6% some improvement
- 23.1% no change

## More Feedback

Beyond the core trial results, participants also shared wider wellbeing benefits.

**64.6%**

reported an uplift in mood  
and emotional wellbeing.

**60%**

perceived benefits such as fewer cravings,  
lighter digestion, and feeling more comfortable overall.

## What Trial Participants Had To Say



*"I feel I have more energy and my sleep seems more restful."*

*Female, 35-49*

*"I noticed better digestion, a lift in my energy, and less fatigue."*

*Male, 50-64*

*"I feel lighter after meals and no longer have the same heaviness in my stomach."*

*Female, 35-49*



## In Summary

AquaSource Herbal Complex showed a broad range of reported benefits. All participants valued AquaSource Herbal Complex for its ease of use and reported positive experiences in areas such as energy, digestion, skin, and overall wellbeing. Many also noticed small but meaningful everyday benefits, making it a welcome addition to their daily wellness routines.

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## Why should I detox?

Modern life brings regular stress, toxins, and health pressures - and one of the first places it shows is in the gut.

Parasitic organisms such as tapeworms, roundworms, pinworms and others, are a significant, but often undiagnosed, concern for gut health. These harmful organisms can enter our bodies through contaminated water or food (particularly under-cooked pork and raw seafood), mosquito bites, touching pets and other animals, or any infected surface. In suitable environments, they start to breed and can survive in the intestinal tract for many years.

AquaSource Herbal Complex has been developed to help address these issues using herbs that have been trusted for many years.

## Key ingredients:

### Black Walnut Hull

Black walnuts are high in protein, healthy fats, vitamins and minerals. They have long been recognised as effective in helping to remove parasitic organisms from the gut thanks to compounds like juglone and tannins, which help to remove unwanted parasites without harming beneficial organisms.

In addition, Black Walnut Hulls promote good digestion and overall gastrointestinal health. They encourage bowel regularity through a gentle laxative effect and healthy bile flow. They are also thought to help support healthy intestinal tissue, and the overall environment of the digestive tract for more effective assimilation and elimination.

Black Walnut Hulls contain iodine, omega-3 fatty acids, phytosterols, polyphenols, carotenoids and melatonin, providing excellent support for a healthy gut.

### Berberis (Oregon Grape Root)

Berberis is a flowering herb, used for hundreds of years by ancient people to help with a variety of digestive issues. Despite its name, Oregon grape does not produce grapes. Instead, its root and stalk contain active plant compounds. The root contains berberine, which has been shown to have both anti-microbial and anti-inflammatory properties.

### Clove Bud

Cloves contain powerful antiparasitic compounds and are often combined with Black Walnut for a wider spectrum of support for the human gut.

# AquaSource Herbal Complex

with Black Walnut, Berberis & Clove

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## Key ingredients:

### Hyssop

Hyssop is a shrub that ranges from 12 to 24 inches in height. It is part of the mint family. Hyssop oil helps expel unwanted organisms from the intestines. It also stimulates the production of key compounds needed for healthy digestion, supporting better nutrition uptake.

### Peppermint Leaf

Peppermint leaf contains menthol, which has proven health properties. It has been found to be effective in helping to eliminate a variety of intestinal issues.

### Thyme

An enduring herb belonging to the mint family, Lamiaceae. It originates from the Mediterranean region and is characterised by its small, aromatic leaves, and sturdy stem. It contains the active compounds thymol and carvacrol.

### Mugwort

One of the Artemisia genus, Mugwort is a gentle herb that has been widely used to address intestinal issues.

### Gentian

Gentian root comes from flowering plants in the Gentiana genus, which includes more than 400 species that grow in the highlands in parts of Europe, Asia, and the Americas.



# AquaSource Herbal Complex

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## Cleansing Programme:

Instructions for a structured Cleansing Programme are included with the product. The Programme may be used once or twice a year and consists of a gradual increase to 10 drops twice a day. Once completed, a maintenance course of 10 drops, once daily, can be continued if desired.

If you are planning to travel, you may also consider a preventative course to support your wellbeing before and during your journey.

## Key advantages

- ✓ 100% herbal formula for a natural detox that you can do at home.
- ✓ Features tried-and-trusted ingredients including Black Walnut, Berberis and Clove.
- ✓ Includes a structured Cleansing Programme.
- ✓ Gluten free, GMO free and certified by The Vegan Society®.





# AquaSource Herbal Complex

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## Summary

Delivered in a handy liquid formula that you can use at home, AquaSource Herbal Complex has been developed to help deal with parasitic issues. Organisms like tapeworms, roundworms, pinworms and others, are a serious and often unseen problem. Even in developed countries, millions of people may have some form of intestinal parasitic condition.

Black Walnut Hull is combined with Berberis and Clove in a natural blend that includes five other herbs that may help your body naturally and gently remove parasites without harming beneficial organisms.



For full nutritional information on all AquaSource products (ingredients, directions, allergens and any warnings, if applicable), please see our website [www.aquasource.net](http://www.aquasource.net)

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