



PLUNGE INTO 2026  
AT THE EAGLE HARBOR

# POLAR BEAR PLUNGE



**Thursday, January 1, 2026 | Swim Park | 10:00 AM**

**Dive into the New Year with an exhilarating Polar Bear Plunge  
at Eagle Harbor Swim Park.**

Join us for this thrilling tradition as brave souls of all ages gather to take a refreshing plunge into icy waters, symbolizing a fresh start and invigorating new beginnings.

Embrace the spirit of adventure and camaraderie while welcoming the year ahead with a splash alongside your neighbors at this exciting annual Eagle Harbor event!



Register online at  
**[BIT.LY/EHPOLARPLUNGE26](https://bit.ly/EHPOLARPLUNGE26)**  
(case sensitive)  
or scan the QR code

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**A 'prize' is available for the first 200 REGISTERED participants  
who take the plunge on January 1, 2026. ALL participants will  
receive an official 2026 Polar Bear Plunge certificate.**