



1150 East 16th Street Burley, Idaho 83318

www.impactathletic.com

208 678-5011

Begins June 9th, 2025

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30a		 Amy 30 mins		 Amy 30 mins		
5:45a	 Holly		 Tori		 Tawny	
8:15a Yoga Studio	Yoga Kendra		Yoga Kendra			
8:15a	 Brielle	 Brielle	 Holly	 Holly	 Tori	 Rotating Instructors
10:10a	 Kira		 Kira			
5:30p	 Tori	 JoAnn	 Brittnay	 JoAnn		
6:00p Yoga Studio		Restorative Yoga Kendra		Yoga Kendra		
Pool						
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00a 50 mins	Aqua Fit Megan	Aqua Fit Megan	Aqua Fit Sue	Aqua Fit Megan	Aqua Fit Megan	
1:05p 50 mins	Aqua Therapy Julia		Aqua Therapy Julia		Aqua Therapy Sue	