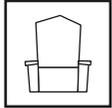
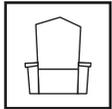


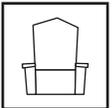
Colour Explorer Missions



Play **A Plate of Many Colours** in real life. Find red, orange, yellow, green, blue and purple fruit and veg. Plate them up by colour, then try and mix and match. Yum, yum, yum!



With your grown-up, make some delicious and colourful fruit pops. Add some yoghurt to a blender, and the fruit of your choice. Blend until smooth, then pour into an ice lolly tray. Freeze and enjoy on a warm day!



Create some fruit and veg pictures. You could make a flower using a celery stem, a blueberry flower head and halved grapes as petals. How about a butterfly, using a carrot stick for the body and apple slices for the wings? What else can you make?



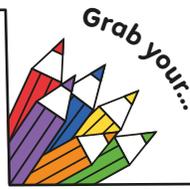
Doodle some silly foodie pictures. Can you turn an apple into a ladybird? Or perhaps sweetcorn into little chicks? Have fun with it!



For your next mission, find the episode 'Name That Colour'

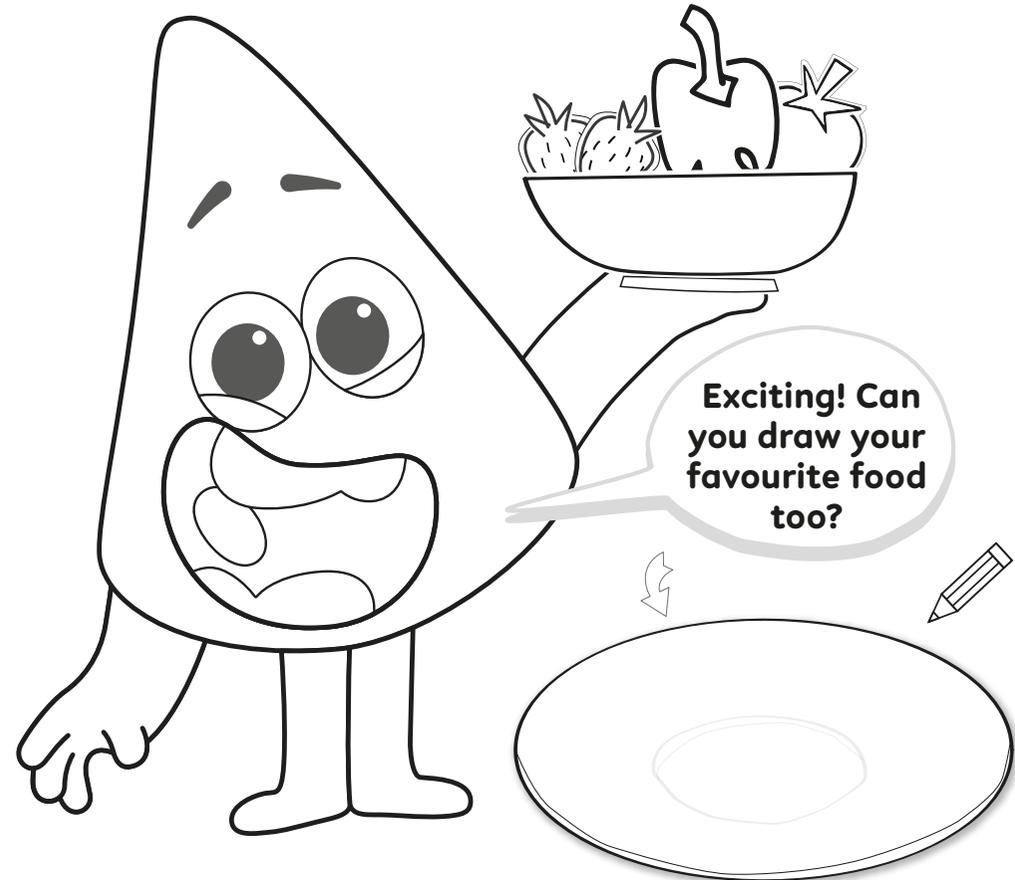


A Plate of Many Colours



This colourful quest belongs to...

Help Red get ready for a party with her friends.



Level 2



Food colours



A Plate of Many Colours

Spinning plates

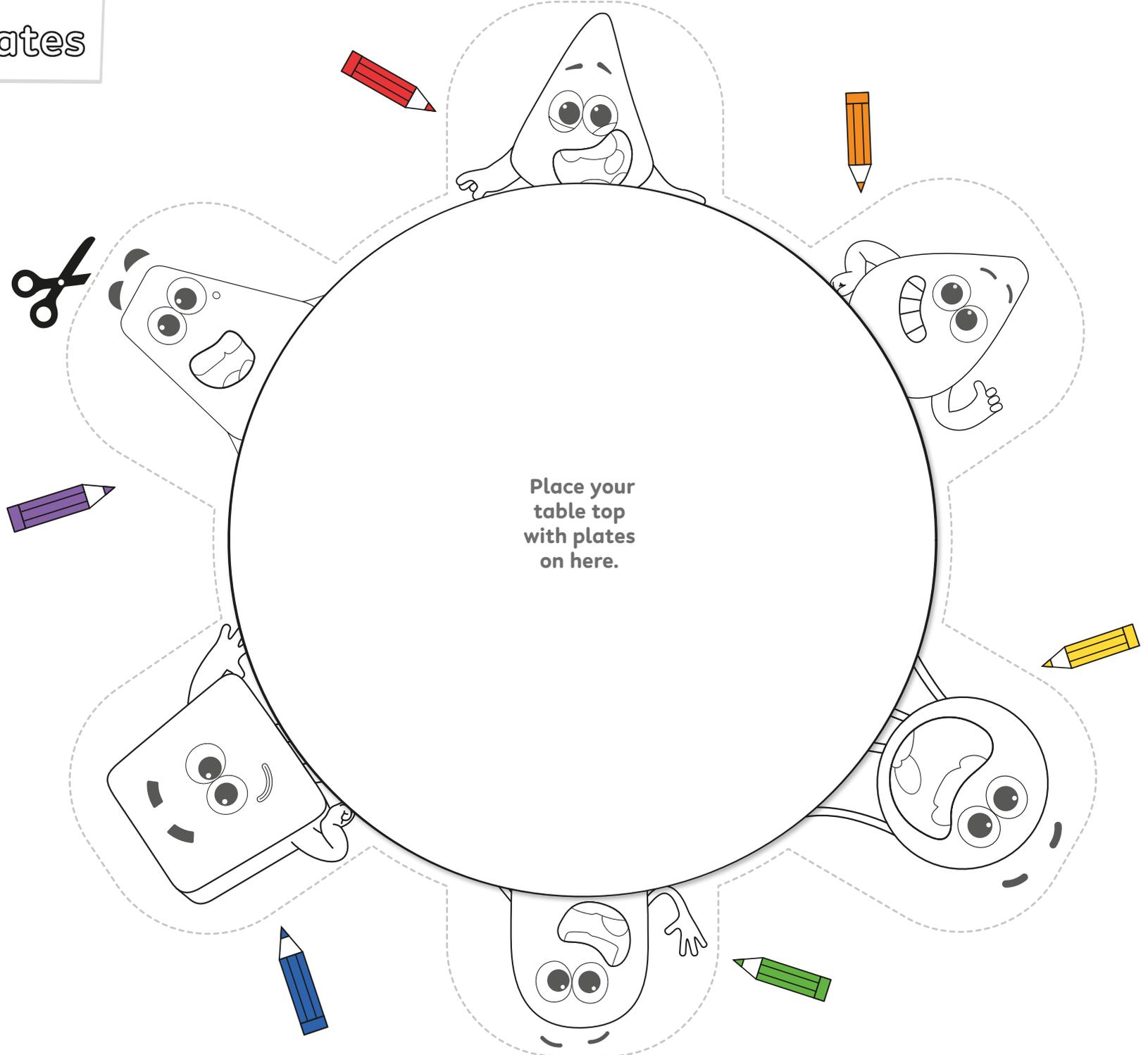
1. Colour and snip out all the yummy foods and the table top with plates on from the extra sheet.

2. Cut around the Colourblocks. Fold each Colourblock to sit them up.

3. Pop the table with plates in the middle of the Colourblocks, check you can make it spin!

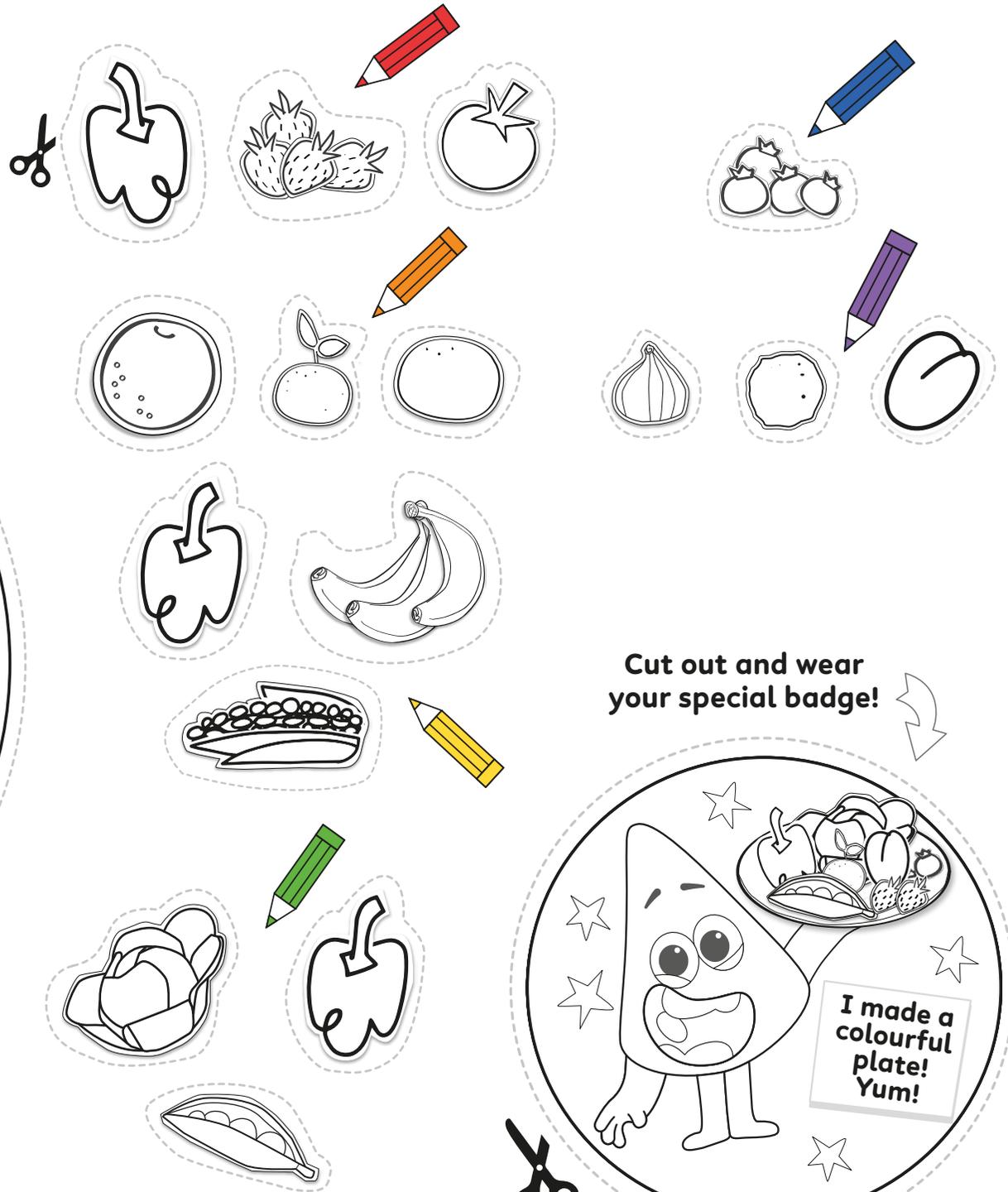
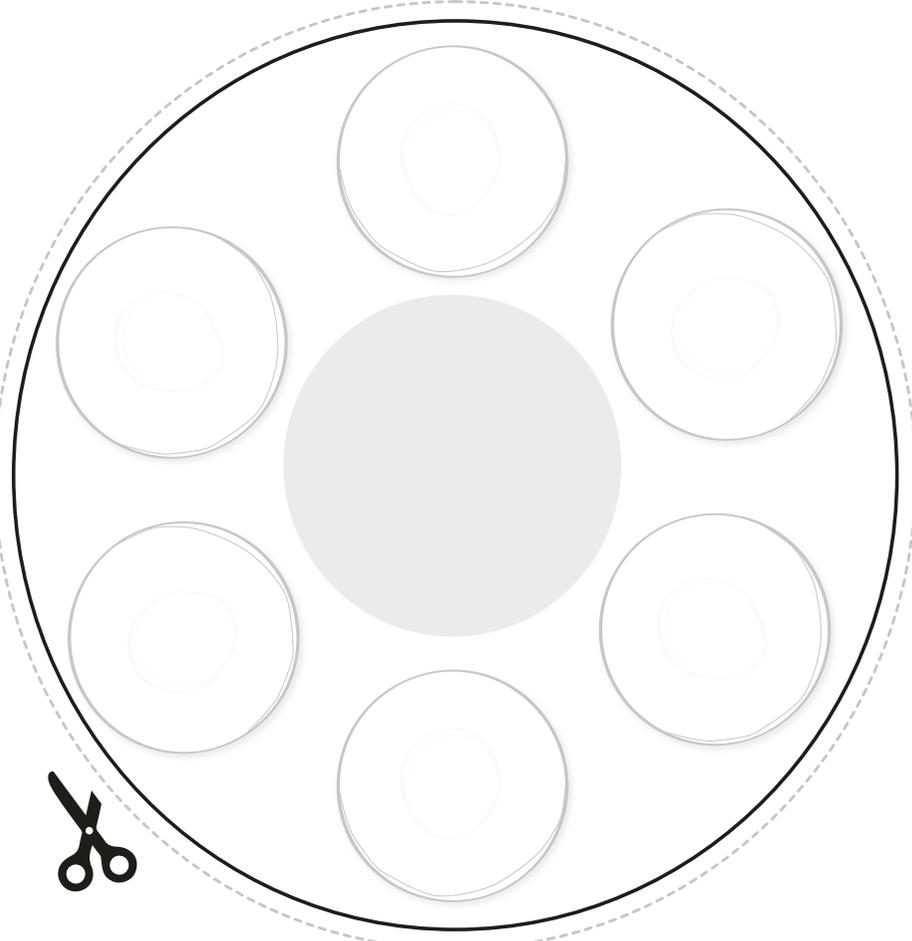
4. Sort the food onto the plates. Have fun plating up foods of just one colour, or mix and match!

5. Spin the table top to give each Colourblock a new meal.



Play Together

Snip out the plates and all the colourful food. Use them on the table on the previous print out.



Cut out and wear your special badge!

