

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9:30 Fitness with Friends - Wellness Center 11:00 Snack & Chat - GR 1:00 The Gathering Space w/ Sandy Herek - LB	9:30 Exercise with Fran - Wellness Center 10:00 Chair Yoga w/ Jane - GR 11:00 Primetime Singers - LR 12:00 Lunch Bunch - BP&G *\$	9:30 Exercise with Claire - Asa's Neighborhood 11:00 FBC Bible Study - AR 4:30 Happy Hour - BP&G \$	9:30 Village "Sole"mates - IL Living Room 2:00 BINGO - GR	9:30 Exercise with Maggie - Wellness Center 4:30 First Friday (Wine & Cheese) IL Bar & Great Room 6:00 Twinkling Lights & Hot Cocoa Night (6:30 - Tree Lighting) - Village Front Lawn 7:00 Christmas with Sammy P - LR	11:00 BINGO - AR 6:30 Franklin Southampton Concert Series (Virginia Symphony) *
DECK THE HALLS WEEK Our Life Enrichment Team will be decorating throughout The Village all week as we prepare for the holiday season.						
11:00 Worship Service Virtual - AR	9:30 Fitness with Friends - Wellness Center 1:00 The Gathering Space w/ Sandy Herek - LB	8:30 Breakfast w/ Santa & Mrs. Claus - BP&G 9:30 Fitness with Friends - Wellness Center 11:00 Christmas w/ The Poplins - LR 11:00 Courtland Hearing - AR	9:30 Exercise with Claire - Asa's Neighborhood 11:00 FBC Bible Study - AR 2:00 Resident & Staff Holiday Appreciation Event - DR 3:00 Holiday Party - IL Bar & GR 4:30 Happy Hour - BP&G \$	9:30 Village "Sole"mates - IL Living Room 2:00 BINGO - GR 6:45 Rotary Club Christmas Caroling - LR	9:30 Fitness with Friends - Wellness Center 3:00 BookMobile - Parlor 4:30 Happy Hour - BP&G 4:30 Smithfield Excursion \$* - Dinner at The Smithfield Inn - Production at Smithfield Little Theatre: "Winter Wonderettes"	11:00 BINGO - AR
11:00 Worship Service Virtual - AR	9:30 Fitness with Friends - Wellness Center 1:00 The Gathering Space w/ Sandy Herek - LB 5:00-7:00 Gingerbread Competition Awards & Reception - GR	9:30 Exercise with Fran - Wellness Center 11:30 Lunch Bunch - BP&G *\$ 4:00 A Holiday Speakeasy *\$ - Grille	8:30 Gentlemen's Breakfast - BP&G 9:30 Exercise with Claire - Asa's Neighborhood 9:00-12:00 Beltone - RD 11:00 FBC Bible Study - AR 4:30 Happy Hour - BP&G \$ 7:00 Sedley Baptist Cantata - GR	10:00 How the Grinch Stole Christmas w/ GLA & Rawls Museum - LR 1:30 Craftin' with Rawls Art Museum * - AR 2:30 Christmas Music IL/AL BINGO - GR	9:30 Exercise with Maggie - Wellness Center 11:00 Musical Wellness - AR 4:30 Happy Hour - BP&G 6:00 Community Living Nativity * (Departing at 6:00p)	11:00 BINGO - AR
11:00 Worship Service Virtual - AR	9:30 Fitness with Friends - Wellness Center 11:00 Snack & Chat - GR 1:00 The Gathering Space w/ Sandy Herek - LB 2:00 Christmas Movie Matinee - GR 6:30 Caroling & Christmas Lights (Depart at 6:30)*	9:30 Exercise with Fran - Wellness Center 10:30 Chair Yoga w/ Jane Fries - GR 11:30 Lunch Bunch - BP&G *\$ 2:30 Twelve Days of Christmas BINGO - GR	9:30 Fitness with Friends - Wellness Center ½ DAY TRANSPORTATION 	MERRY Christmas NO TRANSPORTATION 12:30 Christmas Luncheon - DR *	9:30 Fitness with Friends - Wellness Center 4:30 Happy Hour - BP&G	11:00 BINGO - AR
11:00 Worship Service Virtual - AR	9:30 Fitness with Friends - Wellness Center 11:00 Snack & Chat - GR 1:00 The Gathering Space w/ Sandy Herek - LB	9:30 Exercise with Fran - Wellness Center 11:30 Lunch Bunch - BP&G *\$	9:30 Exercise with Claire - Asa's Neighborhood 11:30 Birthday/Anniversary Luncheon - BP&G * New Years Eve Dinner The Back Porch & Grille <i>Reservation Details Coming Soon!</i> ½ DAY TRANSPORTATION	DECEMBER 2025 Apartments & Cottages LIFE ENRICHMENT CALENDAR		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DECK THE HALLS WEEK						
 11:00-12:00 Worship Service Activity Room (c/r) 2:00-4:00 Afternoon Movie (c/s) 4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)	10:45-11:30 BINGO – DR (*c) 1 1:00-2:00 The Gathering Space w/ Sandy Herek - LB 2:00-3:00 Nature Drive - Frazier Trees (*o/n) 6:00-7:30 Parlor Chit Chat (*)	11:00-12:00 Primetime Singers - LR(*c/r/s) 2 1:30-3:00 Trim the Trees - Parlor & DR (*c/r/s) 2:00-2:30 Christmas Classics on the Piano - Parlor (*c/r/s) 3:00-4:00 BINGO - DR (*c)	11:00-12:00 FBC Bible Study - AR (*c) 3 2:00-3:00 Ladies Discussion Group w/ Holly - AR (*c) 3:00-4:00 Wrapping “Gifts” - AR (*c/r/s/pw) 6:00-8:00 Cards with Friends - RD or Parlor (*c/r)	11:00-12:00 Let’s Get Crafty - AR (*c/r/s/pw) 4 1:30-3:00 Let’s Play Dominos - Parlor (*c/s) 6:00-7:30 Parlor Chit Chat (*)	11:00-12:00 BINGO – AR (*c) 5 2:00-3:00 Country Drive - Downtown Christmas Decor (*o) 6:00-7:00 Twinkling Lights & Hot Cocoa Night (6:30 Tree Lighting) - Front Lawn (*c/r/s/o/n) 7:00-8:00 Christmas w/ Sammy P - LR (*c/r/s)	10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p) 6 11:00 BINGO - AR (*c) 3:00 Afternoon Puzzles - AR (*c/r/s/pw) 6:00-7:30 Parlor Chit Chat (*)
11:00-12:00 Worship Service Activity Room (c/r) 7 2:00-4:00 Afternoon Movie (c/s) 4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)	9:30 Suffolk Excursion *\$ 8 • Shopping at Belk & Dollar Tree • Lunch at Al Forno’s 11:00-12:00 BINGO – AR (*c) 1:00-2:00 The Gathering Space w/ Sandy Herek - LB 2:00-3:00 Holiday Music & Memories – Parlor (*c/r/s) 6:00-7:30 Parlor Chit Chat (*)	8:00-8:30 Visit from Santa & Mrs. Claus - DR (*c/r/s) 9 11:00-12:00 Christmas w/ The Poplins - LR (*c/r/s) 11:00-12:00 Courtland Hearing - AR (*c/s) 6:00-7:30 Parlor Chit Chat (*)	11:00-12:00 FBC Bible Study - AR (*c) 10 2:00-3:00 Resident & Staff Holiday Appreciation Event - IL DR (*c/r/s) 3:00-4:00 Holiday Party - IL Bar & GR (*c/r/s)	10:30-11:30 Hot Cocoa, Coffee 11 & Convo w/ Diann - RD (*c/r/s) 11:30-1:00 Lunch in BP&G *\$ (*c/r/s) 2:00-3:00 Writing Christmas Cards - AR (*c/s/r/pw) 6:30-6:45 Rotary Club Christmas Caroling - DR (*c/r/s)	11:00-12:00 BINGO – AR (*c) 12 2:00-3:00 Merry Movie Moments (*c/r/s) 3:00-4:00 BookMobile - Parlor (*c/r) 6:00-7:30 Parlor Chit Chat (*)	10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p) 13 11:00 BINGO - AR (*c) 3:00 Afternoon Puzzles - AR (*c/r/s/pw) 6:00-7:30 Parlor Chit Chat (*)
11:00-12:00 Worship Service Activity Room (c/r) 14 2:00-4:00 Afternoon Movie (c/s) 4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)	11:00-12:00 BINGO - AR (*c) 15 1:00-2:00 The Gathering Space w/ Sandy Herek - LB 2:00-3:00 Country Ride – Holiday Front Porches (*o/r) 6:00-7:30 Parlor Chit Chat (*)	11:00-12:00 BINGO - AR (*c) 16 2:00-3:00 Holly Jolly Trivia - Parlor (*c/r/s) 6:00-7:30 Parlor Chit Chat (*)	8:30 Gentlemen’s Breakfast 17 - BP&G (*c/r/s) 9:00-12:00 Beltone - RD (*c/r/s) 11:00-12:00 FBC Bible Study - AR (*c) 2:00-3:00 BINGO - AR (*c) 6:00-6:45 Living Nativity * (Depart at 6:00) (*c/r/o) 7:00-8:00 Sedley Baptist Cantata - GR (*c/r/s)	10:00 How the Grinch Stole Christmas w/ GLA & Rawls Art Museum - LR 1:30 Craftin’ with Rawls Art Museum * - AR (*c/r/s) 2:30 Christmas Music IL/AL BINGO - GR 6:00-6:45 Living Nativity * (Depart at 6:00) (*c/r/o)	11:00-12:00 Musical Wellness 19 w/ Nicole (*c/r/s/pw) 2:00-3:00 Nature Ride - Pines, Cedars & Spruce (*o/n) 6:00-7:30 Parlor Chit Chat (*)	10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p) 20 11:00 BINGO - AR (*c) 1:00 Smithfield Excursion *\$ Smithfield Little Theatre “Winter Wonderettes” 3:00 Afternoon Puzzles - AR (*c/r/s/pw) 6:00-7:30 Parlor Chit Chat (*)
11:00-12:00 Worship Service Activity Room (c/r) 21 2:00-4:00 Afternoon Movie (c/s) 4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)	11:00-12:00 BINGO - AR (*c) 22 1:00-2:00 The Gathering Space w/ Sandy Herek - LB 2:00-4:00 Christmas Movie Matinee- GR (*c/r/s) 6:00-7:30 Parlor Chit Chat (*)	11:00-12:00 BINGO - AR (*c) 23 2:30-3:30 Twelve Days of Christmas BINGO - GR (*c/r) 6:00-7:00 Caroling & Christmas Lights (*c/r/s/o/n)	11:00-12:00 BINGO - AR (*c) 24 2:00-4:00 Miracle on 34 th Street - Parlor (*c/r) ½ DAY TRANSPORTATION 	MERRY Christmas 25 NO TRANSPORTATION 12:00 Christmas Luncheon - DR (*c/r/s) 2:00-4:00 Afternoon Christmas Movie & Snack - Parlor	11:00-12:00 BINGO – AR (*c) 26 2:00-3:00 Nature Ride - Bare Winter Trees (*o/n) 3:00-4:00 TV Time! - Parlor (*c) 6:00-7:30 Parlor Chit Chat (*) NO TRANSPORTATION	10:00-10:30 Exercise & Devotions (Resident Led) (*c/s/r/p) 27 11:00 BINGO - AR (*c) 3:00 Afternoon Puzzles - AR (*c/r/s/pw) 6:00-7:30 Parlor Chit Chat (*)
11:00-12:00 Worship Service Activity Room (c/r) 28 2:00-4:00 Afternoon Movie (c/s) 4:00-5:00 Parlor Birdwatching (*c/r/s/o/n)	11:00-12:00 BINGO – AR (*c) 29 1:00-2:00 The Gathering Space w/ Sandy Herek - LB 2:00-3:00 Nature Drive - Icy Ponds (*o/n) 6:00-7:30 Parlor Chit Chat (*)	11:00-12:00 BINGO - AR (*c) 30 1:30-3:00 Let’s Play Dominos - Parlor (*c/s) 6:00-7:00 Caroling & Christmas Lights (*c/r/s/o/n)	11:00-12:00 BINGO - AR (*c) 31 12:00 Birthday/Anniversary Celebration - DR (*c/r/s) 2:00-3:00 Afternoon New Year’s Toast (*c/r/s) 6:00-7:30 Parlor Chit Chat (*) ½ DAY TRANSPORTATION	DECEMBER 2025 The Manor - Assisted Living LIFE ENRICHMENT CALENDAR MONDAY - FRIDAY 10:00-11:00 Exercise, Devotions, Daily News, Better Together - AR (*c/r/s/p)		

Activities are subject to change due to circumstances beyond our control. Category Key: p=Physical; *=Social; c=Cognitive, Creative, Intellectual; pw=Productive Work; s=Sensory; r=Reflective/Contemplative; o=Outdoor World; n=Nature/Natural