



# NCRD NOW

SPRING 2025

*Recreation, Arts, Culture, Education, Community and FUN!  
Well-Being for People of all Ages and Abilities*

## LAST CHANCE TO SWIM IN NEHALEM LEGACY POOL

**BRING YOUR FAMILY-** How many generations of your family learned to swim at the Nehalem Pool?  
**Saturday Last Swims in MAY & JUNE**

We are inviting EVERYONE that learned to swim at the Nehalem Pool to join us for special **Family Saturday Swims - 1 - 3pm**  
**May 10th & June 14th. LIMITED SPACES!**

Come Celebrate the Old Pool!

RSVP to: [lauras@ncrdnehalem.org](mailto:lauras@ncrdnehalem.org) or  
[suedg@ncrdnehalem.org](mailto:suedg@ncrdnehalem.org)



## AQUATICS CENTER UPDATE

We are getting closer to completion of the new Aquatics Center every day! The pools are ready for the final plastering. It's so bright with all the natural light streaming. They are currently installing the mechanical systems including a state-of-the-art UV water sanitizing system. The expansive decks are finished. The landscaping is complete, the parking lots are finally all paved and open for parking. Thank you all for your patience with the limited parking throughout the construction process. The big question, when will the Aquatics Center open? We are waiting for a few pieces of equipment to arrive, and will announce the date as soon as it can be determined. Please look for updates coming soon!



*Barbara is presented with a parking spot at the Aquatics Center by new Executive Director Justin Smith.*

**Barbara McCann  
Retires after 30  
years at NCRD  
Join us to  
Celebrate  
June 7th**

**AquaTours -2nd Tuesdays - May 13**  
Tour the new Aquatics Center 1 pm  
on second Tuesday each month.  
RSVP to [kileyk@ncrdnehalem.org](mailto:kileyk@ncrdnehalem.org)

# MEET NEW NCRD EXECUTIVE DIRECTOR & FINANCE MANAGER



The North County Recreation District has filled two top positions in the last few months, welcoming new Executive Director Justin Smith (at left) and new Finance Manager Marcus Runkle (at right.)

## Justin Smith, Executive Director

Justin Smith moved to the Oregon Coast in 2015 with his wife and son, and they have loved every moment of the past ten years. “We’re passionate about the outdoors—fishing, spending time at the beach, and being part of a close-knit community,” said Justin.



“My son has a huge passion for basketball, and I’ve had the privilege of coaching both basketball and baseball for the past four years.”

Since moving to the coast, Justin shared that he’s always admired NCRD—the incredible location, the unique facility, and the welcoming staff. He visited a few times and always kept an eye on the organization. When he saw an opportunity to join the team, he jumped at the chance! Justin has worked in parks and recreation for about 15 years, starting as a lifeguard. His passion has always been centered around water, sports, and community engagement. Before that, he worked in construction—concrete, cabinet making, carpentry, and glazing—giving him a unique blend of hands-on skills and leadership experience. This combination makes him a great fit for the role of executive director at NCRD as the organization looks at the next project – redevelopment of the legacy pool area.

The Smith household also includes two beloved rescue pets—cat, Sheldon, and dog, Gus. One came from a shelter, and the other found them. “They’re an important part of our family, and we absolutely love them!” said Justin. When relaxing, he said, “I enjoy working around the house and yard, BBQing for family and friends, and, of course, fishing.”

When asked about his super power, Justin quipped, “I always say my Australian accent — it’s a great conversation starter. He continued, “I’m thrilled to be here and excited to contribute to the community and help improve the lives of our patrons.”

## Marcus Runkle, Finance Manager



Marcus Runkle has called the North Oregon Coast home for ten years, drawn to the beauty of the coast and the strong sense of community. Originally from Michigan, Marcus along with his husband and two kids make their home in Seaside. Marcus and his family enjoy camping, hiking, playing with their pets, farming, and grilling. Marcus has experience working in nonprofits, finance, and HR. He has worked on local, state, national and international levels, managing multiple offices around the globe. He is excited to join NCRD to utilize his skills and expertise at an organization that helps make the community a better place to live.

When asked what his superpower is Marcus answered, “I have never met a stranger and love to meet new people.” He is excited to bring his expertise to NCRD and work with such a talented staff and board of directors. “In only a few weeks it is clear that the passion for this amazing community is top to bottom and I am excited to see what the future holds for all of us.”





# Spring time, fun times – Planting trees & seeds



NCRD neighbors David Browning and Kate Altman helped plant apple trees, along with Donna Donica and Mary Moran.



## Summer Camp Update:



Thank you to everyone who registered for our 2025 Summer Camp! We're excited to share that all sessions are now full. We know how important this program is to families in our community, and we're committed to making the registration process as fair and accessible as possible.

We recognize that demand is high, and not everyone may have secured a spot this year. Please know that we're actively reviewing our current process and are always looking for ways to improve it—so that every family has a fair shot at registering in the future. Your feedback is valuable, and we encourage you to share your ideas with us as we continue working to make this experience better for everyone.

Thank you for your ongoing support and understanding!

Feedback and suggestions can be sent to [angiet@ncrdnehalem.org](mailto:angiet@ncrdnehalem.org)



**Youth Sports - Fun at Futsal! Soccer is in full swing... Watch for signup for Baseball!**

# Jump into 21st Century ... Going Digital with Sportsman Membership Software



The Fitness Center has been transitioning to the new membership software, Sportsman, that will be used in all departments soon. While the transition will take some extra time, and patrons will need to update information, it will provide many benefits, increase efficiency and information about programs. We will be adding barcode scanners to all entrances for easy, effortless check in, and there are many other conveniences that will come with this much needed system upgrade, such as online registration and more.

## SPRING into Movement & Yoga with New Class Offerings in the Fitness Center

The spring term is off to a great start. We have been seeing an increase in our class sizes and enjoying having the sun peek through our windows.

We have a new class on the schedule "Joy Lymph Flow", taught by Libby Golden on Monday evening 5:15-6:45 both in the Riverview Room and on Zoom.

"Classes are composed of yoga-like postures done on mats and from standing. We activate the body to engage fascia in flossing movement that feels like a head-to-toe massage. This also works to systematically pump our lymph fluids, improving our wellbeing. You will enjoy more aligned postures, experience relief from chronic pain and stiffness (like rheumatoid arthritis) with more fluid soft-tissue health and improved skin tone."



## Vinyasa Power Flow Yoga Sundays in May with Hannah

### Pop Goes the Heart Equipment coming soon!

We will be adding some equipment to the Fitness Center as well as the group Fitness classrooms with the funds raised from Pop Goes the Heart, including an inner thigh machine, treadmill, and new weight bench.







**May 30-June 15 Riverbend Players Presents "Sordid Lives"**  
**[www.riverbendplayers.org](http://www.riverbendplayers.org)**

**June 20 Brent Follis Quartet with Sarah Clarke, Chance Hayden, Joe Bagg.** Brent Follis toured w/Pink Martini; brings world class jazz musicians to NCRD; Sarah Clark "power, range, dynamic performances"



**June 21 Comedian Bo Johnson,** Seattle, featured on Netflix, Comedy Central

**June 28 & 29 Missoula Children's Theater - "Red Riding Hood"**



**July 12 McMinnville Short Films & Music**

**August 15-31 Rising Tide Productions presents "Collected Stories"**  
directed by legendary screen and television actor George Dzundza

**Sept. 5 Cuarteto Latino Americano**  
String quartet, two Latin Grammys



**Sept. 6 Brent Follis Quartet featuring Saeeda Wright**



**Sept. 7 McMinnville Short Films**



## **Familiar Face Back at the PAC** **David Wiegman, New PAC Coordinator**

Back in the booth, former NCRD executive director David Wiegman has come out of retirement to take the reigns of the Performing Arts Center. David was instrumental in securing the grants to refurbish the venue and is thrilled to return to manage the PAC. Welcome back, David!



# ***POP GOES THE HEART FUNDS NEW FITNESS EQUIPMENT***

"POP GOES THE HEART," the Fitness Center's February fundraiser, opened NCRD to the community for a fun evening - and provided funds for equipment upgrade. This year's 4th annual "Pop Goes the Heart" brought in nearly \$10,000 from ticket sales, sponsorships and donations. The event, attended by about 70 supporters, featured an actual balloon-popping ticket draw and 50 prizes, including a Grande Prize of \$1,000.

Prizes, donated by Tillamook County businesses and merchants, included a variety of gift cards from local businesses, a large cheese basket from Tillamook Creamery, a party bus rental, a fitness basket with membership and equipment for home, a weekend stay at the Inn in Cannon Beach, artwork from multiple local artists, and many beautiful items from community merchants.

Sponsorships, totaling \$4,000, were a significant contributor to the success of "Pop Goes the Heart." The event's main sponsor was Friends of NCRD. Others included Sunset to Sunset LLC, Manzanita Lumber Co., Manzanita Grocery and Deli, Ocean Inn, Manzanita Beach Getaway, Carol Mills, Home and Sea Realty, El Trio Loco II, 1st Security Bank, and Pelican Brewing.

With proceeds from the event, the Fitness Center plans to purchase a new weight bench, treadmill, and an inner thigh machine. Last year's "Pop Goes the Heart" funded the purchase of a stair climber, lockers and heavier dumbbells for the Fitness Center, TRX straps in the gymnasium, as well as a variety of accessory equipment for group fitness classrooms.

Wendy Bakker and Hannah Culver, Co-Chairs of the event, were joined by Kiley Konruff, Tara Hollaway, Patty Rinehart, Linda Makohon, Carol Mills, and Gina Grassetth for the planning and presentation of this event.

The Fitness Center and North County Recreation District extend a huge Thank You to the entire community: the nearly 600 ticket-buying supporters, those who attended the event, prize donors, generous sponsors, and those who volunteered time selling tickets and helping at this year's event. Kudos to the Entire Community! See you next year!

## **Activities for Adults SPRING Session:**

**GREAT DISCUSSIONS:** The spring course for Great Discussions is the History of India. We had a topic in Great Decisions on India and realized that we knew next to nothing about India, the world's largest democracy. Anyone is welcome to come on Tuesdays at 1:30 pm in the Fireside Room to attend the DVD lectures from the Great Courses.

**IN THE GALLERY:** The next show in the Gallery is the "Previously Owned Art Show" which is a fundraiser for the local food pantry. These are art pieces that have been discarded or donated. Some of them are original art and most are framed prints. You can walk into the Gallery, find something you like, take it off the wall and go to the Welcome Center and pay what it is worth to you. A few pieces of original art will have prices. No waiting till the end of the month. Drop off art for the "Re-use" Art Sale on May 1st.

**BOOK CLUB:** The Book Club meets on the 4th Friday of the month. The book for May is Braiding Sweet grass by Robin Kimmerer. The June book is Finding Me by Viola Davis. The July book is How The Garcia Girls Lost Their Accent by Julia Alvarez.

# NCRD Aquatics

Spring Schedule Effective March 31, 2025



Updated 03/27/2025

	Monday	Tuesday	Wednesday	Thursday	Friday
6:00AM - 7:55AM	Early Bird Lap Swim	Early Bird Lap Swim	Early Bird Lap Swim	Early Bird Lap Swim	Early Bird Lap Swim
8:00AM - 8:45AM	AM Aqua Fit Class	Maintenance	AM Aqua Fit Class	Maintenance	AM Aqua Fit Class
9:15AM - 9:45AM	Maintenance	Parent/Tot Swim Lesson	9:15 AM- 10:00AM Aqua Yoga	Parent/Tot Swim Lesson	Maintenance
10:00 AM - 11:00AM	Water Walking	Swim Education Programming	Water Walking	Swim Education Programming	Water Walking
11:00AM - 12:00PM	Water Walking		Water Walking		Water Walking
12:00PM - 1:00PM	Noon Lap Swim	Noon Lap Swim	Noon Lap Swim	Noon Lap Swim	Noon Lap Swim
1:15PM - 2:30PM	Maintenance	Swim Education Programming	Swim Education Programming	Swim Education Programming	Maintenance
2:45PM - 4:00PM	Maintenance	Maintenance	Youth TBD	Maintenance	Maintenance
5:00PM - 6:00PM	Evening Lap Swim	Evening Lap Swim	Evening Lap Swim	Evening Lap Swim	Evening Lap Swim
6:00PM - 7:00PM	Maintenance	Water Walking	Maintenance	Water Walking	Maintenance
6:00PM - 7:30PM	Maintenance	Maintenance	Maintenance	Maintenance	Family Swim



## NCRD FITNESS CENTER

36155 9<sup>th</sup> ST. Nehalem, OR 97131  
(855)444-6273 www.ncrd.org

Monday - Friday Saturday - Sunday  
6am- 8pm 8am-12pm

## Spring 2025 Class Schedule April 6 - June 21

CLASS NAME	TIME	DAYS	CLASS ONLY	LOCATION
Early Bird Spin	6:00-6:45am	Mon • Fri	Fitness Members	Doyle
HIIT	7:45-8:30am	Mon	\$85	Gym
Freestyle Pilates	9:00-9:50am	Mon • Wed	\$85	Gym
Stretch & Balance	10:00-10:45am	Mon • Wed	\$85	Gym
Zumba	5:30-6:30 pm	Mon	\$75	Gym
Tone & Sculpt	7:45-8:45am	Tues • Fri	\$85	Gym
Group Strength	9:00-9:50am	Tues • Thur	\$85	Gym
Functional Fitness for Seniors	10:00-10:45am	Tues • Thur	\$85	Gym
Tai Chi	11:15-12:00 pm	Tues	\$75	Gym
Mid-Day Spin	12:00-12:45pm	Wed	Fitness Members	Doyle
Cuban Salsa	6:00-7:00pm	Wed	\$75	Gym
Spin Fusion	7:30-8:30 am	Thur	Fitness Members	Doyle
Barre Fusion	9:30-10:30am	Fri	\$75	Gym
Saturday Spin	8:30-9:30am	Sat	Fitness Members	Doyle
Sunday Fit Day	9:00-10:00am	Sun	\$75	Gym

All Fitness and \*Yoga classes are included in the cost of membership

\*Some restrictions may apply to Hybrid or Zoom Yoga classes

## Spring 2025 Yoga Schedule April 6 - June 21

Class	Time	Day	Location
Restorative Yoga Instructor: Liz Carroll	10:00-11:00 am	Monday	Riverview
Joy Lymph Flow Instructor: Libby Golden	5:15-6:45 pm	Monday	Hybrid
Radiant Yoga Instructor: Liz Carroll	9:00-10:00 am	Tuesday	Riverview
Mid-Life Yoga Instructor: Janet Paulson	8:00-9:30 am	Wednesday	Hybrid
Yoga 4 Vets Instructor: Janet Paulson	10:30-11:30 am	Wednesday	Hybrid
Chair Yoga Instructors: Brooke/Orta	8:00-9:30 am	Thursday	Zoom
Vinyasa Slow Flow Instructor: Nancy Jones	5:30-6:30 pm	Thursday	Riverview
Very Gentle Yoga Instructor: Lucy Brook	8:00-9:30 am	Friday	Hybrid
Classical Yoga Instructor: Lorraine Ortiz	8:00-9:30 am	Saturday	Zoom

Single Yoga class \$75 per term - 2 or more classes included in Fitness 3 month  
To enroll or for more information 971-308-0300 • kileyk@ncrdneham.org

Adult		
Fitness Center	In District	Out of District
Drop In	\$10	\$15
*10 Visit Pass	\$80	\$100
1 Month	Single \$45 Couple \$80	Single \$60 Couple \$110
3 Month	Single \$120 Couple \$205	Single \$160 Couple \$270
Annual	Single \$400 Couple \$720	Single \$535 Couple \$960
Fit + Pool Combo		
1 Month	\$65	\$90
Annual	\$665	\$890
*10 visit pass expires 1 year from date of purchase		

Fitness & Yoga  
Classes  
Included in  
membership



Student &  
Military  
Discounts







# Last Call for Memorial Bricks

## Be a Permanent Part of the North County Aquatics Center

### ORDER by MAY 15th

You may individualize a brick for you, your family, honor a loved one, or make a memoriam. The donated bricks will become a part of the North County Aquatics Center as a lasting tribute, paving the way for generations to come. It's easy to get started! Complete the order form below details about how to take advantage of this exceptional program that allows your family to become a permanent part of the Aquatics Center! Ordering closes May 15, 2025. Bricks will be installed in June, 2025. There are limited spaces left so place your order as soon as possible.

BRICK DETAILS: \$200.00 per brick/tile - The bricks are 4"x 8"x 1/2" and are engraved using state of the art laser technology. Every brick engraving is guaranteed for life!

#### DONATIONS FOR THE NEW POOL

All donations, regardless of size, are very important. Donations are tax deductible to the extent authorized by law. Donors should seek advice from a financial advisor. We will send you a letter documenting the donation when it is received. Credit cards can be used at the NCRD Welcome Center.

1. PLEDGE: I pledge \$ \_\_\_\_\_ to be paid \_\_\_\_ / \_\_\_\_ / \_\_\_\_.
2. CHECK ENCLOSED FOR \$ \_\_\_\_\_
3. \$200: MEMORIAL PAVER: These are engraved pavers which will be placed in the main entryway to the new pool. Please carefully print the name(s) below to be engraved on the paver.

3 lines  
14 characters

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



North County  
Recreation District

Donor Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Yes, you may publish my name as a donor to the pool.  
(Check box if you agree)

(855) 444 - NCRD (6273) • 36155 9th Street  
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