



North County Recreation District

Job Title:	Aquatics Instructor
Organization Level:	Operations Staff
Duration/Status:	Regular, Part-time
Salary:	Hourly wage plus membership benefit
Requirements:	Must pass a background check; drug screen upon hire

GENERAL DESCRIPTION

Under close supervision of the Aquatics Director, the Aquatics Instructor teaches swim lessons and water safety with the youth "Learn to Swim" programs, and conducts classes for adults in the aquatic fitness. May serve as a Lifeguard for public swims and aquatics events/activities.

ESSENTIAL FUNCTIONS *(include but are not limited to the following)*

1. Provides aquatics instruction and supervision for pre-school & school age children and adults.
2. Provides a consistent, capable, vigilant, and professional lifeguard presence.
3. Follows opening and closing procedures, records patron attendance, and receives fees.
4. Logs pool chemistry and temperature.
5. Completes Incident/Accident Reports as needed, ensuring accuracy and thoroughness.
6. Participates in pool schedule as lifeguard.
7. Coaches and promotes swim team.
8. Performs other job related duties as assigned.

Qualifications: *(The following are minimal qualifications necessary for entry into the classification.)*

Education and/or Experience:

Any combination of education and experience that has provided the knowledge, skills and abilities necessary for an Aquatics Instructor. A typical way of obtaining the required qualifications is to possess the equivalent of some swimming instruction experience.

License/Certificate:

Possesses certifications as a Lifeguard from the American Red Cross (ARC), First Aid (AHA or ARC) and CPR/ AED for the Professional Rescuer (AHA or ARC).

Possession of the following certifications are desirable, but not mandatory: Water Safety Instructor (ARC), Fitness Professional Certification (AEA), First Aid & CPR Certified Trainer (ARC or ADA); Fitness Leader (YMCA); Arthritis Foundation Instructor for Land and Water; Specialty Instructor for Special Populations (Water Therapy), Deep Water Instructor.

Knowledge/Skills/Abilities: *(The following are a representative sample of the KSA's necessary to perform essential duties of the position.)*

1. Knowledge of principles, practices and methodologies of swim instruction for varying age groups.
2. Ability to comfortably perform ARC Lifeguard prerequisite swim test at any time.



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3. Ability to attend Aquatics Program staff meetings.
4. Demonstrated initiative, yet able to take direction.
5. Demonstrated attention to detail, trustworthiness, and strong work ethic.
6. Ability to pass required background check and pre-employment drug screening.

PHYSICAL, MENTAL, AND ENVIRONMENTAL WORKING CONDITIONS

Position requires prolonged standing, walking, reaching, twisting, turning, kneeling, bending, squatting, stooping negotiating stairs and climbing out of a pool in the performance of daily activities. May require lifting of objects weighing up to 50 pounds out of the water and lifting/pulling body weight in the water up to 300 pounds. This position may also require spending up to six (6) hours in the water.

Some of these requirements may be accommodated for otherwise qualified individuals requiring and requesting such accommodation.