### **CASPERS TRAIL RACES**

Presented by







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#### **OPTIONAL BIB PICKUPS & SHAKEOUT RUN:**

THURSDAY OCT. 22 3pm - 6pm

Followed by a 6pm Community Shakeout Run!

ARC'TERYX FASHION ISLAND

1079 Newport Center Dr, Newport Beach

Located across from RH Google Map Link: Click here

FRIDAY OCT. 23 3:30pm - 6pm

Bib pick up only

FLEET FEET LAGUNA NIGUEL

2341 Golden Lantern E, Laguna Niguel

Google Map Link: Click Here

### **SATURDAY, OCTOBER 25**

# 50k & Marathon Runners ONLY

You may start arriving to the park entrance at 6:15am. DO

NOT ARRIVE TO THE ENTRANCE BEFORE 6:15!

# 35k, 1/2 Marathon, 10k Runners

You may start arriving to the park entrance at 6:30am. DO

NOT ARRIVE TO THE PARK ENTRANCE BEFORE 6:30!

#### START LOCATION

OLD CORRAL DAY USE

Caspers Wilderness Park

33401 Ortega Hwy,

San Juan Capistrano, CA

CLICK HERE: GOOGLE MAP

7:30AM: ALL DISTANCES START

#### **PARKING**

On race morning pay attention to the parking crew. They will direct you into a spot. We HIGHLY ENCOURAGE to come to one of the early bib pickup options so we can expedite everyone getting into the park. Please also consider carpooling!

Parking is \$5. PLEASE BRING EXACT CHANGE. <u>OC PARKS PASS ARE NOT VALID FOR THIS SPECIAL EVENT</u>. Rest assured all parking fees go straight back to the park so they can be maintained.

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#### **COURSE INFO - 50K**

#### CLICK HERE TO VIEW THE MAP, ELEVATION PROFILE AND DOWNLOAD THE GPX FILE.

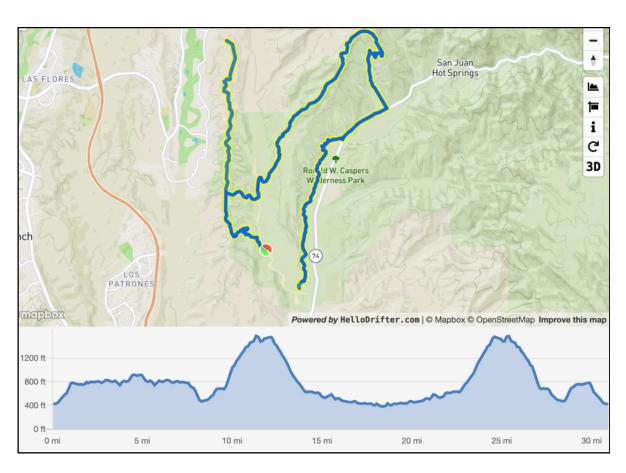
The course will be very well marked with orange ribbon/flagging and signage, but all runners are responsible for familiarizing themselves with the course map. We always also suggest to upload the GPX file to a device, if you plan on having one.

| AID STATION                       | MILEAGE | CUTOFF           | DROP BAG |
|-----------------------------------|---------|------------------|----------|
| WEST RIDGE AID STATION #1*        | 1.8     | -                | -        |
| WEST RIDGE AID STATION #2*        | 7.5     | -                | -        |
| COUGAR PASS AID STATION #1        | 9.5     | -                | -        |
| ORTEGA AID STATION #1             | 14.8    | -                | -        |
| SAN JUAN AID STATION (TURNAROUND) | 18      | 12:15PM (PULLED) | YES      |
| ORTEGA AID STATION #2             | 22      | 1:15PM (PULLED)  | -        |
| COUGAR PASS #2                    | 26.5    | NO DROPS         | -        |
| WEST RIDGE #3** WATER ONLY**      | 28.5    | NO DROPS         | -        |
| FINISH LINE                       | 30.4    | 4:30PM           | YES      |

Course subject to change. Mileages are rounded.

#### **DROP BAGS**

Drop bags should have your bib number prominently displayed on the outside. Bibs are available on Ultrasignup once they are assigned race week. Please no coolers, glass or extra large bags/boxes. Drop bags must be securely closed for transport. Drop bags are transported to the location by race staff. We will have duct tape and sharpies for you to label on race morning, but doing this prior to race morning is helpful for race staff and volunteers, as well as your own organization in the morning. Post-race, drop bags will be available for pickup at the finish line.



<sup>\*</sup>West ridge #1 and #2 are fresh fruit, water and electrolyte only.

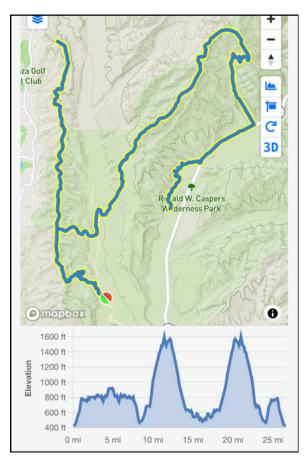
<sup>\*\*</sup>West Ridge #3 is Water Only

#### **COURSE INFO - MARATHON**

## CLICK HERE TO VIEW THE MAP, ELEVATION PROFILE AND DOWNLOAD THE GPX FILE.

The course will be very well marked with orange ribbon/flagging and signage, but runners are responsible for familiarizing themselves with the course map. We always also suggest to upload the GPX file to a device, if you plan on having one.

| AID STATION               | MILEAGE | CUTOFF   |
|---------------------------|---------|----------|
| WEST RIDGE #1*            | 1.8     | -        |
| WEST RIDGE #2*            | 7.5     | -        |
| COUGAR PASS #1            | 9.5     | -        |
| ORTEGA AID #1             | 14.8    | -        |
| TURNAROUND POINT (NO AID) | 16      | -        |
| ORTEGA AID STATION #2     | 17.5    | 1 PM     |
| COUGAR PASS #2            | 22.7    | NO DROPS |
| WEST RIDGE #3**           | 24.75   | NO DROPS |
| FINISH LINE               | 26.7    | 4:30PM   |



Course subject to change. Mileages are approximate. You will be pulled from the race if you do not make the above cutoffs.

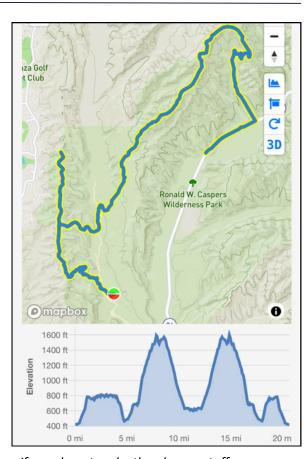
\*West Ridge #1 and #2 will have fresh fruit, water and electrolyte. \*\* West Ridge #3 will be water only

#### **COURSE INFO - 35K**

## CLICK HERE TO VIEW THE MAP, ELEVATION PROFILE AND DOWNLOAD THE GPX FILE.

The course will be very well marked with orange ribbon/flagging and signage, but all runners are responsible for familiarizing themselves with the course map. We always also suggest to upload the GPX file to a device, if you plan on having one.

| AID STATION / LANDMARK  | MILEAGE | CUTOFF   |
|-------------------------|---------|----------|
| WEST RIDGE #1*          | 1.8     | -        |
| WEST RIDGE #2*          | 4       | -        |
| COUGAR PASS #1          | 6       | -        |
| ORTEGA AID (TURNAROUND) | 11.3    | 12:15pm  |
| COUGAR PASS #2          | 16.5    | NO DROPS |
| WEST RIDGE #3**         | 18.5    | NO DROPS |
| FINISH LINE             | 20.7    | 4:30PM   |



Course subject to change. Mileages are rounded. You will be pulled from the race if you do not make the above cutoffs.

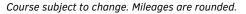
<sup>\*</sup>West Ridge #1 and #2 will have fresh fruit, water and electrolyte. \*\* West Ridge #3 will be water only

### **COURSE INFO - 1/2 MARATHON**

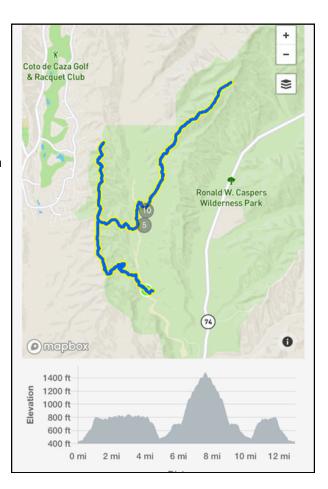
### CLICK HERE TO VIEW THE MAP, ELEVATION PROFILE AND DOWNLOAD THE GPX FILE.

The course will be very well marked with orange ribbon/flagging and signage, but all runners are responsible for familiarizing themselves with the course map. We always also suggest to upload the GPX file to a device, if you plan on having one.

| AID STATION / LANDMARK | MILEAGE | CUTOFF   |
|------------------------|---------|----------|
| WEST RIDGE #1*         | 1.8     | -        |
| WEST RIDGE #2*         | 4       | -        |
| COUGAR PASS #1         | 6       | -        |
| TURNAROUND (NO AID)    | 7.6     | -        |
| COUGAR PASS #2         | 9       | NO DROPS |
| WEST RIDGE #3**        | 11      | NO DROPS |
| FINISH LINE            | 13      | 4:30PM   |



<sup>\*</sup>West Ridge #1 and #2 will have fresh fruit, water and electrolyte.



#### **COURSE INFO - 10K**

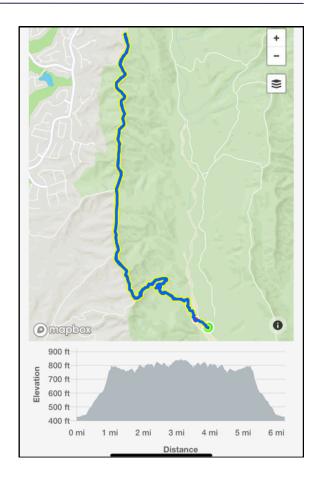
# CLICK HERE TO VIEW THE MAP, ELEVATION PROFILE AND DOWNLOAD THE GPX FILE.

The course will be very well marked with orange ribbon/flagging and signage, but all runners are responsible for familiarizing themselves with the course map. We always also suggest to upload the GPX file to a device, if you plan on having one.

| AID STATION    | MILEAGE |
|----------------|---------|
| WEST RIDGE #1* | 1.8     |
| WEST RIDGE #2* | 4       |
| FINISH LINE    | 6.2     |

Mileage is approximate. Course subject to change.

<sup>\*</sup>West Ridge aid station will have fresh fruit, water and electrolyte.



<sup>\*\*</sup> West Ridge #3 will be water only

#### WHAT'S AT THE AID STATIONS

Unless otherwise noted on the aid station charts, all aid stations will have:

- TONS of sweet and salty snacks, PB&J's, potatoes & fresh fruit
- GU gels, GU roctane salt pills, GU roctane electrolyte, and Fluid Electrolyte
- If it's hot, we'll have ice at aid stations

#### FINISH LINE & POST-RACE INFO

BRING A CHAIR AND HANG OUT! We will have post-race food and snacks. We are trying to reduce our footprint, so please bring your own cup/handheld/pack/reusable water bottle.

#### RULES + RESPONSIBILITIES

- 1. **NO LITTERING. DO NOT EVER** drop trash anywhere other than in a trash bag, at an aid station. Besides just not being cool, If trash is seen on the trail, we could lose our permits!
- 2. **HYDRATION**. You <u>MUST</u> bring a cup/hydration pack/bottle to carry water/hydration between aid stations. This is non-negotiable. There will be random gear checks. You can purchase at <u>Arc'Teryx</u>, Fleet Feet Laguna Niguel or your local running store, Amazon, REI, etc.
- 3. **BE NICE**, **BE KIND**, **OR BE CUT**. Be nice to each other, be nice to the volunteers, be nice to other trail users or be disqualified. KHRaces <u>does not tolerate</u> abuse of any kind, to anyone.
- 4. **BE ON TIME.** We cannot allow runners to start the race late. Please arrive with enough time to get your bib, get settled and get to the start line on time. This is for your safety, and is required by our permit.
- 5. **BE CLEAN.** Volunteers will use tongs to hand out snacks, etc. Runners must open & close their hydration packs or bottles and volunteers will fill with whatever liquids you need.
- 6. **BE AWARE.** While not recommended, if you *must* listen to music through headphones, keep the volume low & turn off when you are at an aid station or when you see a volunteer on-course. Please be aware of other runners, hikers and mountain bikers. *If you can't hear us, it's too loud.*
- 7. **POLES.** We are OK with poles, just be cautious of other trail users/runners, especially on single track sections.
- 8. MAPS. The course will be very well marked with orange ribbon/flagging and signage at critical turns, but all runners are responsible for familiarizing themselves with the course map.
- 9. **ANIMALS.** OC Parks does not allow any animals/pets in the park limits. This includes in your car or your bag. Please leave your four-legged friends at home on race day.
- 10. DRONES. OC Parks does not allow the flying of drones. Your phones and memories will have to do!
- 11. **SPEEDING IN THE PARK.** If runners are found driving over 10mph, you may be pulled over and ticketed. This also jeopardizes our ability to continue holding special events within the park. We will all get to where we need to go!
- 12. HAVE FUN!

#### LODGING INFO

Caspers Wilderness Park is located in South Orange County. Camping is available within the park via OCParks' online registration system: <a href="https://www.ocparks.com/reservations-permits/make-reservation">https://www.ocparks.com/reservations-permits/make-reservation</a>

For hotel options, use CASPERS WILDERNESS PARK as your landmark













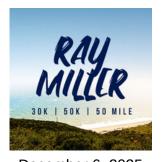


### **CAN'T GET ENOUGH?**

So much fun to be had! Visit KHRaces.com for all details!



November 1, 2025



December 6, 2025



December 20, 2025



January 31, 2026



March 28 2026



April 18, 2026



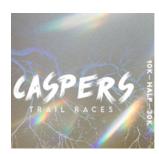
May 16, 2026



June 2026



Stay tuned for updates



Oct/Nov 2026