

Mishawaka Youth Basketball

League Rules

Season Information:

- Seasons will consist of 8 regular season games and a single elimination tournament at the end of the season. Teams will be seeded by regular season record for the tournament.
- Rosters must be submitted to League Director Brent Hooper by August 31st, 2025. (coachhooper@fivestarlif.org) The roster maximum is 12 players. Coaches must be able to prove the player's correct grade upon request.
- Players may not be on two teams in the same grade and same division. They will be allowed to be on two teams, so long as they are in different grades or divisions.
- Teams using players NOT on their roster will forfeit the game in which he or she played. Any future violation will result in forfeiture of all games and suspension of the team without refund.
- Teams are required to give 24 hour notice if they will not be able to make a game. We will make an effort to get the scheduled opponent another game, but cannot guarantee it. If we cannot find another game, the original game will be a forfeit loss for the team that didn't show.
- No showing with no warning will result in a forfeit loss the first time, and a fee of \$50 to pay for officials. The second time may result in suspension from the league with no refund.
- Each team is required to have both a "light" uniform for when they are the home team, and a "dark" uniform for when they are the visiting team. The Home team will always be listed second on the schedule.

Game Play Rules:

- Games will follow IHSA rules, as well as the following rules:
- 7 team fouls will result in a 1 and 1, and 10 team fouls will be a double bonus in each half.
- 5th & 6th Grade Boys Teams and 5th & 6th Grade Girls Teams may press, trap, or play zone defense. If the lead is 20+ in either half, they must get out of any press, trap, or zone defense until the lead becomes 10 or less.
- Coaches will have (1-full) and (1-30 second) timeout per half, with no carryover. Each team will have 1 total full timeout in overtime.
- Overtimes will be 2 minutes long.
- Each team shall provide one volunteer (Age 16+) to assist at the scorer's table.

1st-4th Grade Boys and 1st-4th Grade Girls Exceptions:

All of the above rules will apply to 1st-4th grade boys and 1st-4th grade girls, except for the following:

- NO PRESSING/ZONE/TRAPPING UNTIL **LAST 5 MINUTES** FOR 4TH GRADE BOYS & 4TH GRADE GIRLS.
- NO PRESSING/ZONE/TRAPPING UNTIL **LAST 2 MINUTES** FOR 3RD GRADE BOYS. 3RD GRADE GIRLS.
- NO PRESSING/ZONE/TRAPPING AT ALL FOR 1ST/2ND BOYS & GIRLS.
- NO ZONE DEFENSE/TRAPPING UNTIL DESIGNATED TIME. Teams will be allowed to be in the "help" in man-to-man defense, but they cannot play any version of a zone defense until the designated time.
- 4th grade boys and 4th grade girls will shoot free throws from the free throw line, but are allowed to cross over the free throw line on the shot.
- 1st-3rd grade boys and 1st-3rd grade girls may shoot free-throws one foot inside the free-throw line.

- 1st & 2nd grade Boys teams and 1st & 2nd grade Girls teams will play on a 9' rim.
- Teams playing "up" against older teams will play by the older grade rules. Teams playing "down" against younger teams will play by younger team rules.
- All teams will use a 28.5 size basketball in each game.

Clock Info:

- **All teams will play 18 minute running halves. The clock will stop in the last 3 minutes of each half, unless the lead is 20+. If the lead drops back down to 10 or less within the last 3 minutes, the clock will stop again.**
- Halftime will be 3 minutes.
- Overtimes will be 2 minutes long.

PARENT/FAN EXPECTATIONS:

- We expect a positive, fun atmosphere for kids to learn and improve at the game of basketball. We want kids to foster a love for the game, and the way the crowds treat the game can have a large impact on that. We expect parents to cheer and encourage their team, without arguing with, yelling at, or demeaning other teams, coaches, players, or officials.
- Teams may be removed at the discretion of the league administration. Fighting, language, and behavior towards staff, officials, and opponents are all factors in these decisions.
- No drugs in the facility, and no one under the influence is allowed inside.
- Fans must display appropriate behavior at all times. Anything deemed less than that, whether it be actions or language, may result in removal from the facility.
- Ejection from the facility may result in suspension from the facility. This will be at the discretion of our management staff or the event coordinator.
- We will contact security and local law enforcement if the situation calls for it.