



We would like to thank each and every person involved in the development and delivery of this work.

Thank you to our funders:

Fylde Council by the UK Government through the UK Shared Prosperity Fund, Lancashire County Council, Kirkham Town Council, Historic England, and crowdfunded donations.

Thank you to all of the artists who delivered on the Kirkham Thrives programme:

Sue Flowers, Nathan Parker,
Ginny Koppenhol and Winston Plowes.

Also the much bigger team of freelancers who delivered Phoenix Rising Wellbeing in Kirkham from the following organisations: Green Close, The Gathering Fields, Mandala Preston and LPM Dance, who were funded through the Historic England's High Street Action Zone initiative.

With thanks to our designers
Adam York Gregory & Grace Collins: also to
Shelley Cater-Shipway, Sue Flowers & Helen Shearn for
their project management skills for Green Close.

An especially big thank you to all of the
local volunteers & participants
who came together to ensure that the programme really
benefited individuals from the town thereby ensuring that
Kirkham really can thrive.

CONTENTS

Foreword	4
Artist Profiles	6
Creative Heritage Explorers	8
Grow Kirkham and Wesham.....	16
The Men's Shed	28
Kirkham Poetry Group	34
Space for Nature	36
Kirkham Thrives Trips	38
Creative Heritage & Wellbeing Green Pages	48

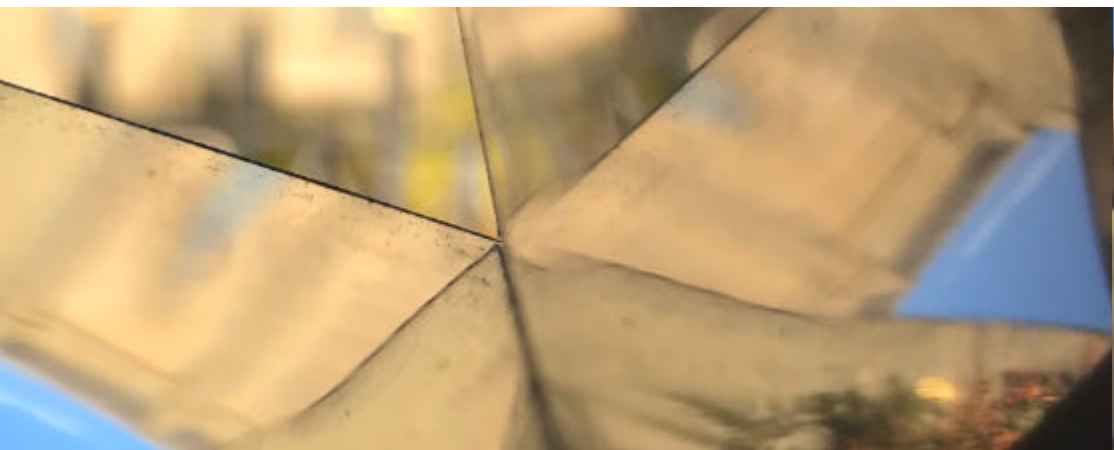
*All images kindly provided by Kirkham Thrives artists,
workshop leaders and participants of the programme.*

FOREWORD

Back in September 2021 I was invited by Helen Shearn Arts & Fylde Council to lead a wellbeing programme linking art, nature and movement to the heritage of Kirkham, a former mill town in Lancashire; a place quietly tucked away between its larger neighbours of Preston and Blackpool. As I wandered around the town, seeking out remnants of its history and visiting churches, I wondered how I could make such a programme have real meaning and value to the community that it was due to serve.

Four years on from Phoenix Rising Wellbeing, my colleagues and I feel privileged beyond words to have worked in Kirkham and Wesham and to have met so many kind and caring folk.

As artists, dancers and nature lovers worked to explore the town's heritage, people came out from the dark times of the Covid pandemic and started to rebuild their wellbeing through social connections, creativity and community.



Over weeks, months and years we worked with local members of the community to help others learn about their heritage, enjoy healthy cooking, sew and stitch together, create a garden, make art, groove, walk and learn yoga.

In the process of this learning and sharing we witnessed people coming together to genuinely enhance the social fabric of the town, and so Kirkham Thrives was born: a programme designed to continue offering creative support, to enhance the experiences of group leaders, volunteers and participants and to showcase the wonderful range of community wellbeing activities available in the area.

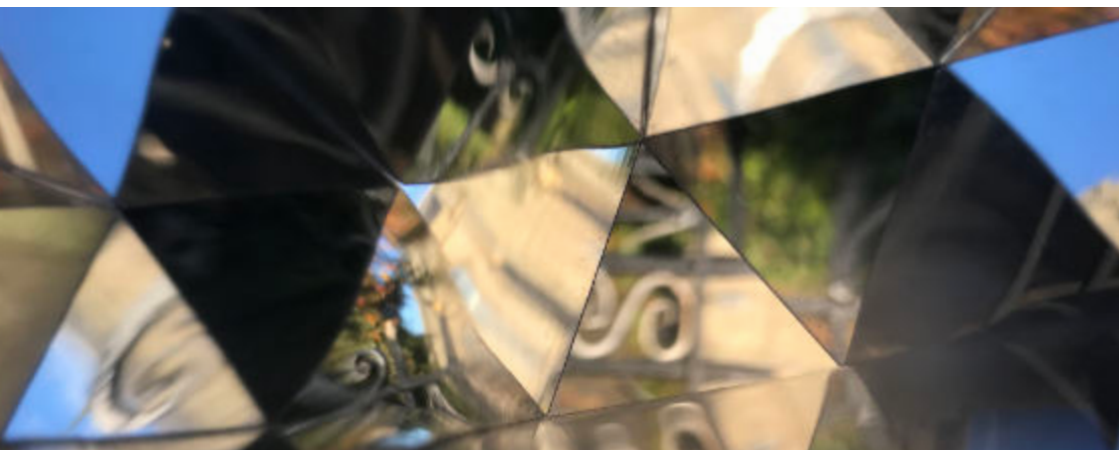
Kirkham Thrives ran between 2024 and 2025: it aimed to support various voluntary and community groups in the town, providing mentoring, new opportunities to work with creative professionals and three trips to inspiring cultural venues.

This booklet is a celebration of the genuine love and care that exists in Kirkham and Wesham and showcases what can happen when community comes together to support each other.

May you all continue to thrive.

Sue Flowers,

May 2025





Nathan Parker

Nathan is an independent author and spoken artist from Blackpool. Proud of his northern roots, Nathan is a keen champion of northern voices, committed to enabling people of all ages to engage with words, stories and conversations.

www.parkerwords.co.uk



Ginny Koppenhol

Ginny is a portrait photographer based in North Lancashire. She started her working life as an Occupational Therapist, working in community and residential mental health services for 14 years before starting her own photography business. Ginny has run many creative workshops over the years and also knows first-hand, the mental health benefits of a creative practice.

www.gkoppenholphotography.com



Winston Plowes

Winston makes environmental art (land art) with natural materials that come to hand. His art responds directly to his surroundings, evolving from a random incident or growing from a seed of thought or preparatory sketch.

<https://www.facebook.com/profile.php?id=100082106887859>



Sue Flowers

Sue's work explores our emotional connectivity to environments and the interdependences of people with their histories, environments and ecologies. She is drawn to developing an understanding of place and building communities. She started her creative career as a ceramic artist but has gone on to work with many mediums, sharing her love of nature and drawing, and her understanding of how by working creatively and collaboratively we can build a happier and healthier society.

www.greenclose.org/sue-flowers/



CREATIVE HERITAGE EXPLORERS

This friendly and welcoming group explores the history of Kirkham and the surrounding area, and brings it to life through creative projects. Heritage Explorer Weeks include trips, tours, speakers, research sessions and learning creative techniques, whilst during Project Weeks the group translates their research into creative activities. This has included sewing a series of rag dolls which depict changes in clothing style and fashion throughout the ages; a wooden model of Kirkham's Market Square and creating a timeline comparing Kirkham's history with events happening in the rest of the world.

The following few pages showcase some of the artist-led workshops the Creative Heritage Explorers have been involved in, learning new skills in photography, poetry and drawing.



SMARTPHONE PHOTOGRAPHY WORKSHOPS

Photographer Ginny Koppenhol worked with the Creative Heritage Explorers across two workshops on smartphone photography showing participants how they could improve their mobile phone photography skills.

The sessions offered a hands-on and engaging introduction to mobile photography, and participants explored how to capture the essence of Kirkham and its rich history through photos. They learnt new photography skills including how you identify a subject, can use lighting to enhance an image and techniques to edit pictures. The group also started a fun 'photo-a-day' challenge to keep the creativity flowing.





REFLECTIONS

*'I feel more competent now.
I have more choices when taking photos.'*

*'The skills I have learnt will help me
create photos of my illustrations.'*

*'I'm no longer scared of making mistakes
or pressing the wrong thing.'*

POETRY WORKSHOP

Nathan Parker spent a joyful Thursday afternoon in May with participants of the Creative Heritage Explorers group.

He spent his time going around the different creative heritage projects people were working on; talking, listening, discussing what the essence of this group was and visiting the local history archives. Nathan created an acrostic poem in response, and commented, *'it's a little playful and creative just like the group members'*.



REFLECTIONS

'He's totally summed up who we are
and what we aim to be.'

'What a brilliant poem full of detail and character!
Congratulations.'

'Lovely words, puts everything we do together, thanks.'

Creatively exploring historic moments in time.
Reborn, unearthed, so that stories can shine.
Early focus upon stitching, sowing and thread,
A community building, fruitful times ahead.
Together sharing skills, to paint and to weave,
Invested in one another and what we can achieve.
Vibrant and vivacious, the group has become.
Encouragement and confidence, nerves overcome.

History of Kirkham, the main topic at hand,
Early Roman forts and where they would stand.
Rich discoveries, expressed through the arts,
Interesting projects, close to our hearts.
Tapestry and dolls, maps and model-making,
A chance to pursue different directions we're taking.
Gifted with friendship, fun and support,
Ending loneliness and unhappy thought.

Kirkham is our place, of which we're so proud,
Interactive activities; some quiet, some loud.
Rest, recovery, reassurance too,
Knowledge exchanged, between me and you.
Help is on hand, for talk or for task,
Anybody is welcome, you just have to ask.
Memories uncovered; in new ones we bask.

SKETCHING IN THE STYLE OF LOWRY WORKSHOPS

Sue Flowers led two workshops with the Creative Heritage Explorers, inspired by the 1925 sketch 'A Lancashire Town' by LS Lowry, currently held in Bedford Museum. Lowry's drawing was made in pencil during a day trip to Kirkham and depicts a view of St Michael's Church looking down Church Street from the Market Square: subsequently he altered the composition and used this as inspiration for his painting 'A Lancashire Village'.

Participants studied the work of Lowry and his approach to working creatively, capturing the essence of places in sketches and recreating new landscapes in his paintings as a cumulation of what he'd seen. Participants' creative skills have since gone from strength to strength.





REFLECTIONS

‘Do we have another Lowry in our midst!! – Amazing.’

‘Very impressive, it looks great. I had such a good afternoon, thank you everyone.’

‘I SO enjoyed doing that, thanks Sue! Note to self must do more painting – it’s therapeutic!

It put a happy smile on my face.’

GROW KIRKHAM & WESHAM

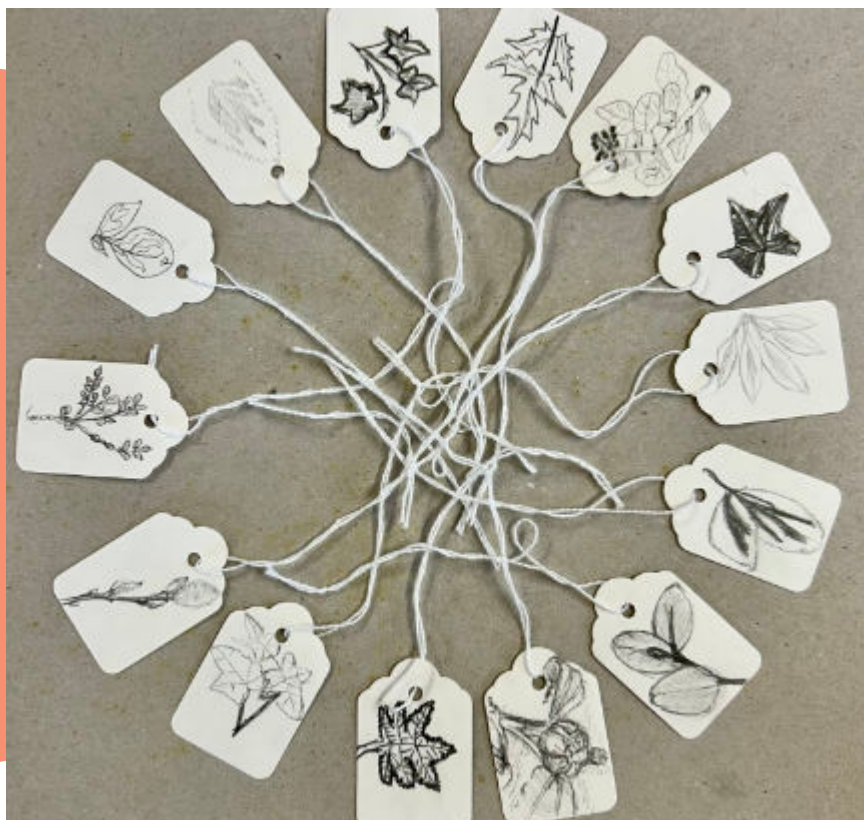
This is an inclusive, friendly group for anyone who is interested in growing a greener, healthier and kinder community in Kirkham, Wesham and surrounding areas. They grow food together, promote health and wellbeing, and share ideas for a more environmentally friendly way of living. Caring for nature, local biodiversity and encouraging people to get outdoors, to create a more connected, greener community.





WILD AT ART WORKSHOPS

'Wild at Art' was a series of seven creative health and wellbeing workshops delivered by Kirkham Thrives in collaboration with Grow Kirkham. Workshops took place weekly on a Saturday morning at the William Segar Hodgson Pavilion in Kirkham exploring the powerful connection between creativity, wellbeing and nature. Some of the sessions were led by the Grow Kirkham & Wesham group, others were delivered by invited artists on botanical drawing, land art, natural dyes and the spoken word.





BOTANICAL DRAWING

Sue Flowers led a drawing workshop exploring our connection to the natural world, helping people understand the joy of focusing on the lines, shapes and textures of plants, flowers and leaves. The workshop helped people to connect with the visual world and understand that through the experience of drawing you can not only relax but also clear your mind of worries and begin to understand your place in the wider universe.



REFLECTIONS

‘Lovely workshop, really enjoyed it. I have come away learning more ways to try different ideas and ways of drawing nature. Thank you for your encouragement.’

‘Found the class a great experience. Although nervous at first, Sue was good at bringing you out of your comfort zone and making it enjoyable and fun. Very calming and I will continue. Thank you.’

‘What an amazing morning. Thank you so much Sue! I have always told people I can’t draw and today I’ve had so many compliments it’s encouraged me to give it a go! I can’t thank you enough.’

‘Thank you Sue. Lovely few hours spent on me time. Learning there is no right or wrong way to draw, just relax and find your way.’

‘Really great and enjoyable embracing flowers and leaves.’

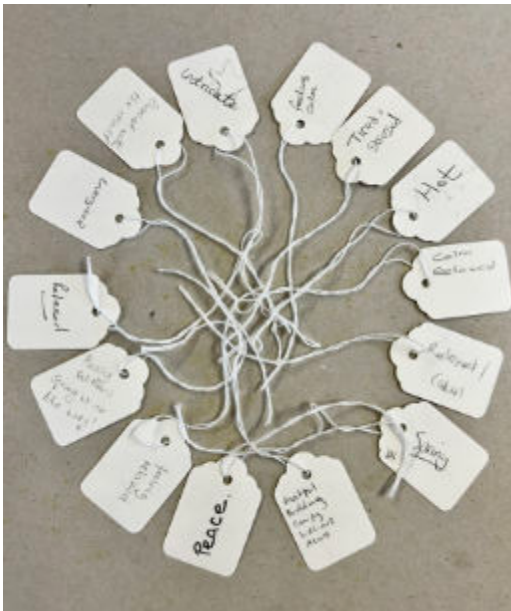


CONNECTION WITH NATURE

Nathan Parker's workshop invited participants to reflect on the power of nature and growth, while exploring how language can be used creatively to express and share these themes. The group produced the most wonderful poem reflecting on their session with Nathan and the impact of nature.

REFLECTIONS

'Nathan brought poetry into our everyday lives. Brilliant. Thank you!'

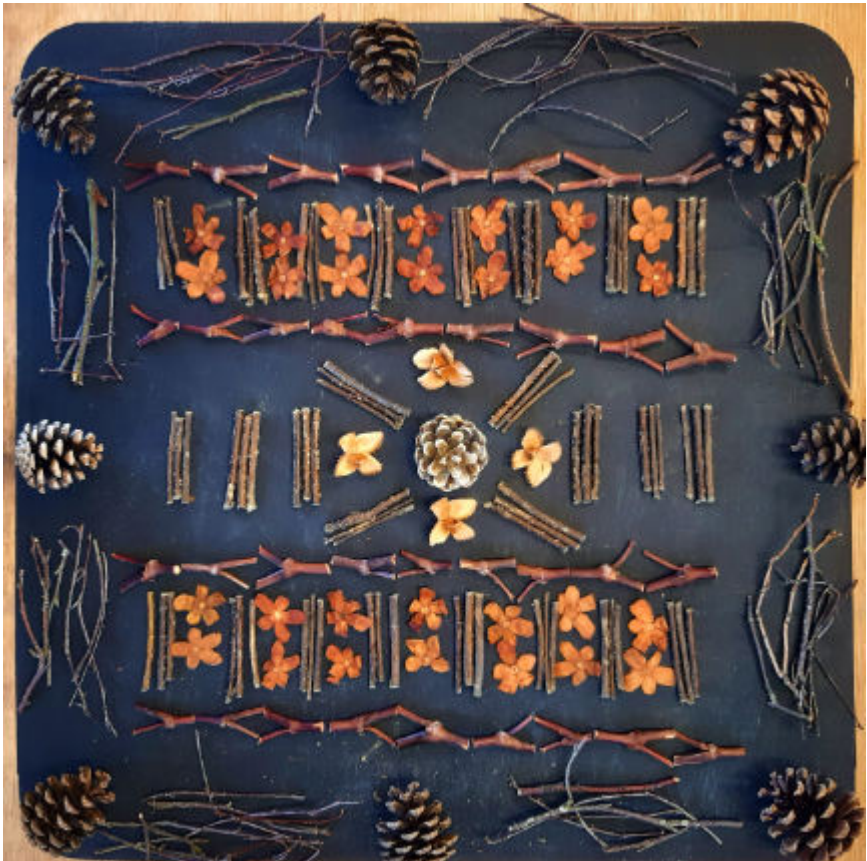


Gathering together
Meeting and greeting
A hot cup of herbal tea
Loneliness defeating
A happy atmosphere
New days of learning
A call received from nature
To satisfy our yearning
A time for yourself
To listen and talk to friends
Creatively explore environment
And the empowerment it sends
To be present, to be mindful
Absorbing energy and love
Enveloped by colours and sounds
Enjoying all the above
And anybody can do it
Regardless of skill or ability
Bring yourself along
And embrace nature's tranquility



LAND ART

Land Artist Winston Plowes, led two fun and inclusive outdoor workshops inviting participants to reconnect with nature through creativity. Using natural materials gathered from the local area, Winston guided individuals to create art inspired by the environment.





REFLECTIONS

‘Fabulous session. Really inspiring to get outside and into nature and do some land art. Loved it!’

‘I enjoy natural art and joining in making it. Very good.’

KIRKHAM THRIVES

By Sue Flowers

This is how Kirkham Thrives
Coming together,
feeling alive.
Planting hope
Having fun
Must ensure
to include everyone

This is how Kirkham rocks
Exploring history
Making socks
Learning together
Recovering from knocks.
A whole community
taking care of each other.

This is how Kirkham rolls
Giving and caring
Looking after souls
Tending the earth to ensure
Bounty for all,
A lifeline for folk who are starting to fall.
So this is how Kirkham Thrives
Wellbeing for all, which
Together inspires.



THE MEN'S SHED

This informal and welcoming group meets in a characterful old shed in the grounds of Kirkham's historic St Michael's Church, to share interests, practical activities and above all friendship and camaraderie. The group is affiliated to the church, but has no religious element.

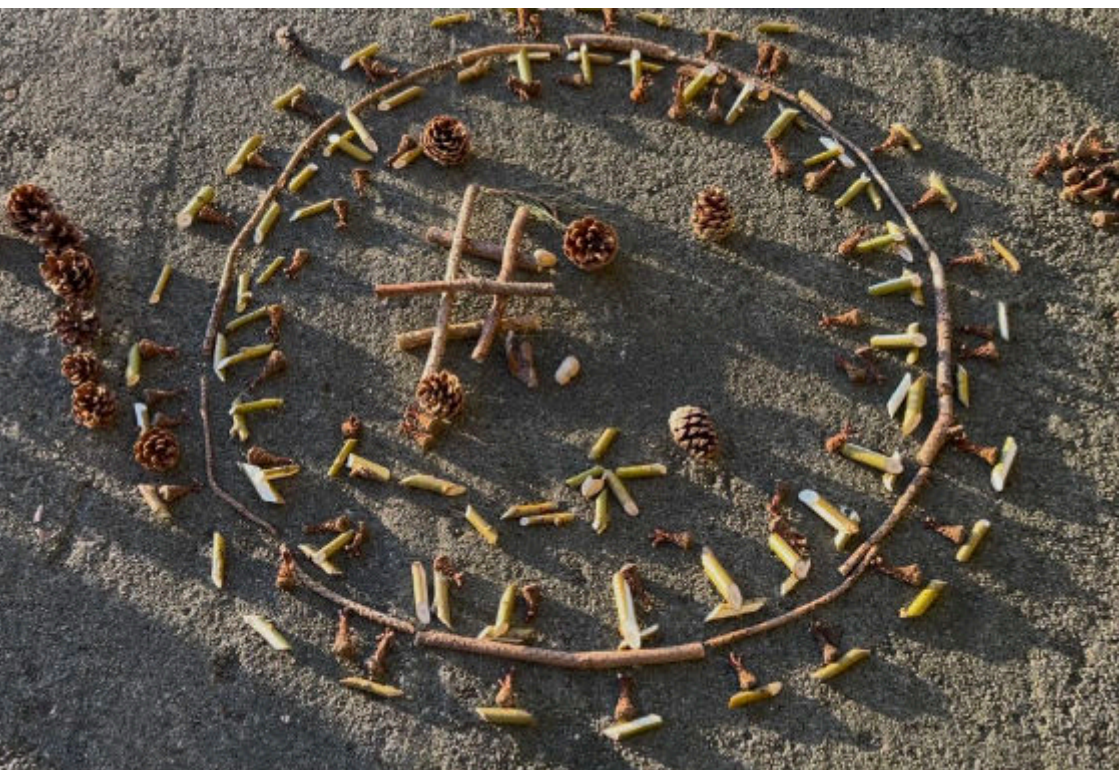
The regular weekly gatherings centre around a chat and a brew and the group undertake a variety of tasks and projects. All are welcome to join, whether regularly or occasionally.





LAND ART WORKSHOP

Winston Plowes visited the Men's Shed one evening in April and shared his love of nature and the environment by leading a walk around the churchyard. He invited participants to reconnect with nature by inspiring the group to make their own collaborative artwork using natural materials. Over a customary cuppa, Winston also shared his love of poetry, examining how creativity can help us all process and express our feelings and emotions.





WRITING WORKSHOP

Nathan Parker spent an inspiring Wednesday evening with the guys at The Men's Shed and wrote this poem to reflect the work of the group. He said, *'I don't think there are words to sum up what magic occurs in this community of men, but we've given it a good go!'*



REFLECTIONS

'Many thanks for your great work here – I think you have captured it beautifully.'

MEN'S SHED

In such times of isolation and division,
two men chose solidarity instead.
A conversation.
The right time and place.
And, of course, the perfect shed.
A place to purposefully potter,
To be practical as well as ponder.
A brotherhood.
A community.
For odd-jobs, practical projects,
or, simply, to creatively wander.
But it's also a place to talk.
To share the load and feel connected.
For friendship, for fun, for fondness,
A place where peace is protected.
Shaking off tension in a timeless space;
escaping the daily grind.
Exploring ideas, visions and ventures;
leaving the stress and worry behind.
Without Men's Shed, I don't know what I'd do.
It's helped me rediscover my identity.
It's given me a place to process my grief.
It's somewhere I am accepted for being me.
Sometimes it's about the task at hand,
Like upcycling, building, or a repair.
Other times its about a brew and a chat,
Next to the log burner, to listen, to share.
Social spaces and shared experiences.
A refuge, a place of understanding and laughter.
Helping community, whilst helping self.
Where the camaraderie continues after.
Quiz nights and skill swaps,
At Men's Shed, all have something to give.
A safe space, a weekly reminder,
That within each other, we find our passion to live.

KIRKHAM POETRY GROUP

The poetry group meets once a month at Kirkham Library and provides opportunities for people to write and read poems based on a theme; sharing a love for poetry whilst also providing feedback to fledging poets. The group also works with local primary schools in Kirkham to encourage and inspire pupils to share and write their own poems.



POETRY WORKSHOPS

As part of their creative journey, the group worked with Nathan Parker to guide and inspire their development. Through this collaborative venture, the workshops were a space for participants to share, reflect and refine their work through a series of different themes. Under Nathan's mentorship the group grew collectively and individually, deepening their understanding, appreciation and expression of poetry.

TAKE A WALK ON THE WORD SIDE

Inside our Circle of Words,
You'll find a welcoming bunch.
We provide tea, coffee and biscuits,
But, unfortunately, not lunch.
A social, safe space,
All abilities accepted.
Expressing individuality,
Ideas and stories respected.
A therapeutic experience,
And it's always good fun.
We write, we read, we discuss,
A smile when we're all done.
Take a walk in people's minds,
Surprise yourself; be inspired.
Find words, warmth and wisdom,
No previous skill required.



SPACE FOR NATURE

Space for Nature is a community group that meets every week at Kirkham Library. Throughout the winter months, the group comes together to create vibrant displays for the library, bringing a touch of nature indoors during the colder season. When the weather improves, the group shifts focus to help Grow Kirkham and Wesham in the library's beautiful garden, assisting with planting and maintaining the outdoor space. It's a wonderful opportunity to connect with nature, local people and contribute to the local environment.



LAND ART WORKSHOP

Drawing inspiration from Kirkham Library's own herb and vegetable garden, the Space for Nature group foraged with artist Winston Plowes looking for natural materials that could be transformed into a beautiful organic piece of artwork. The session sparked lively conversation and a shared appreciation for the simple beauty of the natural environment around us. Gathered materials included holly berries and leaves, alder cones, red dogwood twigs, dandelion flowers, and fennel stems which were used to produce 'Mandala.'



KIRKHAM THRIVES TRIPS AROUND LANCASHIRE

QUEEN STREET MILL TEXTILE MUSEUM, BURNLEY

In December 2024, on a rather wet and miserable winter's day, members of Kirkham Thrives took a fascinating step back in time with a visit to Queen Street Mill Textile Museum in Burnley – the last surviving 19th century steam-powered weaving mill in the world. Housed in a Grade I listed building, the mill offered an immersive glimpse into Lancashire's rich industrial past, when cotton was king.

The group explored the historic site, learning about traditional textile processes, and visited Peace, the mill's mighty steam engine, which once powered the entire operation. The tour also visited the atmospheric weaving shed, where an impressive 308 Lancashire looms still stand, evoking the rhythm and roar of a bygone era, offering a rare opportunity to connect with our region's industrial heritage and an appreciation of the craftsmanship that shaped generations.

*[www.lancashire.gov.uk/leisure-and-culture/museums/
queen-street-mill-textile-museum](http://www.lancashire.gov.uk/leisure-and-culture/museums/queen-street-mill-textile-museum)*







REFLECTIONS

‘Brilliant place, fantastic welcome and great lunch.
So lovely to meet and chat to other Kirkham members
and the minibus driver.’

‘An amazing visit yesterday.
Most informative about the past.
All the staff were most friendly.’

‘Good company and educational.
Janet the guide was brilliant.’

LANCASHIRE ARCHIVES. PRESTON

During February 2025 Kirkham Thrives took a trip to Lancashire Archives in Preston.

Senior Archivist Vicci McAnn introduced the important work of the archives as the County Records Office, which safely stores records of births, deaths and marriages in Lancashire as well as numerous other important historic items deposited there.

Participants were able to see what goes on ‘behind the scenes’ in the Strong Rooms store and enjoyed looking at former maps which help to show the growth and development of the townships known as Kirkham and Wesham over time.

Return visits are expected...

[www.lancashire.gov.uk/libraries-and-archives/
archives-and-record-office](http://www.lancashire.gov.uk/libraries-and-archives/archives-and-record-office)

REFLECTIONS

‘To think that someone painstakingly engraved the whole thing (map). Mind blowing.’



HOMEGROWN / HOMESPUN PROJECT, BLACKBURN

On a beautifully sunny day in May 2025, participants from the Kirkham Thrives programme hopped on to a minibus to visit the Homegrown / Homespun project in Higher Audley, Blackburn. A pioneering, regenerative fashion initiative rooted in the heart of Blackburn, the project is spearheaded by designer Patrick Grant, his social enterprise Community Clothing and the North West England Fibreshed and works to review the cultivation of flax and woad, traditional crops once integral to Britain's textile heritage.

Transforming disused urban spaces along the Leeds Liverpool Canal into vibrant fields of flax and woad, the initiative not only reconnects the community with sustainable clothing production, but also fosters environmental regeneration and local economic growth.

The day was led by Garment Technologist Kirsteen McGregor, an advocate of heritage textile skills and sustainable practice, who also volunteers for The Super Slow Way. The group had a fabulous day experiencing first hand the development of the Higher Audley site, engaging in traditional flax processing techniques of breaking, scutching and hackling flax to fibre as well as spinning and weaving, gaining hands-on insight into the meticulous journey from plant to thread.

www.superslowway.org.uk/projects/homegrown-homespun







CREATIVE HEALTH & WELLBEING IN KIRKHAM & WESHAM

GREEN PAGES

CREATIVE HERITAGE EXPLORERS

This friendly and welcoming group explores the history of Kirkham and the surrounding area, and brings it to life through creative projects.

📍 St Michael's Church, Church St, Kirkham, PR4 2SL

🕒 Weekly on a Thursday between 1pm – 3pm

☎️ Hilary Ayling, 01772 671237

FRIENDS OF KIRKHAM LIBRARY

This group supports Kirkham Library and through fundraising efforts aims to provide essential equipment and resources.





📍 Kirkham Library, Station Rd, Kirkham, PR4 2HD

🕒 Once a month on a Wednesday evening, 5.45pm – 6.45pm

☎️ Kate Molyneux, 07801 344082



GROW KIRKHAM & WESHAM

This keen group of volunteers cares for nature, improves local biodiversity and encourages people to get outdoors.

-  Kirkham Library, to work in the library garden and other sites around Kirkham
-  First and third Saturday of the month at 10am
-  growkirkham@444gmail.com
-  Grow Kirkham & Wesham Facebook page


GROW KIRKHAM & WESHAM LITTER PICKERS


Join this friendly group in keeping Kirkham clean and welcoming for everyone. All equipment is provided - just come dressed for the weather! Can't make the regular meet ups? No problem, you can still do your bit by contacting Jez via the Grow Kirkham and Wesham Facebook group who will happily provide you with litter pickers, bags and everything you need to tidy up in your own time.


-  3rd Saturday of every month at 10am, starting from Kirkham Library, Station Rd, Kirkham, PR4 2HD
-  Jez via the Grow Kirkham and Wesham Facebook group


KIRKHAM COMPANIONS

A welcoming, weekly group session for people aged 55+. The sessions offer the chance to meet new people, take part in mindfulness activities, as well as light-paced games and exercises suited to all abilities.

 Kirkham Community Centre, Mill Street, Kirkham, Preston, PR4 2AN

 Every Wednesday 1.30pm – 3.30pm

 Bernadette Kunna: 01772 598856

 bernadette.kunna@afcfylde.co.uk

KIRKHAM CULTURAL CONSORTIUM

A local group of volunteers who wish to uncover and celebrate Kirkham's invisible assets. Whether it's revealing the town's rich hidden heritage, making known the abundance of Kirkham's rural surroundings, retaining the memories of rugged mills, or exposing the town's culture of kindness, there is much to shout about in Kirkham. All volunteers are welcome. Please get in touch to discuss the many roles available.

 admin@Kirkhamcultural.org

KIRKHAM IN BLOOM

Help Kirkham Bloom! Join a community effort to enhance Kirkham for the Annual In Bloom competition and make the town more beautiful for residents, visitors and local businesses. Whatever your interests or availability, there's a way you can help Kirkham bloom. You don't need any gardening experience or knowledge, Kirkham in Bloom are a friendly group.

- 🕒 April to October – Every Monday at 6.30pm (various locations)
November to March – 1st Saturday of the month at 11am (various locations)

📘 Get in touch via our Facebook Page

☎ 07598 974832

KIRKHAM SINGERS COMMUNITY CHOIR

The Kirkham Singers are passionate about singing,... Are you? If so, you are welcome to join this lovely inclusive choir! Whether you're an experienced singer or just looking to have fun, there will be a place for you to join in.

📍 St Michael's Primary School, School Lane, Kirkham, PR4 2SL

🕒 Monday evenings 7.30pm – 9.30pm. Term time only

✉ www.kirkhamsingers.com

📘 The Kirkham Singers Facebook page

KIRKHAM & RURAL FYLDE LIFE LONG LEARNING

This group offers friendly, engaging sessions that support lifelong learning for anyone age 50+. We are principally a social group but have speakers on a wide range of subjects. Whether you're looking to explore new interests, boost your confidence, or simply enjoy learning in a relaxed environment, there's something available for everyone.

📍 Kirkham Community Centre, Mill St, Kirkham, Preston, PR4 2AN

🕒 1st & 3rd Thursday of the month 10am – 11.30am

✉ Chair: 07833 477496 / Secretary: 07884 228247

POETRY GROUP

This lovely monthly poetry group provides opportunities for people to write and read poems based on a theme, sharing a love for poetry whilst also providing positive feedback to fledgling poets.




📍 Kirkham Library, Station Rd, Kirkham, PR4 2HD

🕒 3rd Monday of the month, 1pm – 2pm

✉ peterkayling@gmail.com




SPACE FOR NATURE

This small group provides a wonderful opportunity to meet with local people, connect with nature and contribute to the development of the garden at Kirkham Library. Places are limited so please get in touch to see if there is availability.

-  Kirkham Library, Station Rd, Kirkham, PR4 2HD
-  Weekly on a Wednesday between 10am – 12pm
-  Kate Molyneux: 07801 344082

STITCH CRAFT

A small group open to all where members come together to chat, share ideas and bring a range of crafts. Beginners welcome.

-  Kirkham Library, Station Rd, Kirkham, PR4 2HD
-  Friday afternoons 2pm – 4pm
-  Kirkham Library: kirkham.library@lancashire.gov.uk

STITCH TOGETHER KIRKHAM

A group of friendly people who come together to share their love for stitching, whether sewing, embroidery, patchwork, quilting, knitting or crochet work.

📍 United Reformed Church, 82 Poulton St, Kirkham, PR4 2AH

🕒 Thursday's between 6.30pm – 8.30pm
(except the 1st Thursday of the month)

☎ Hilary Ayling: 01772 671237

THE FAMILY KITCHEN AT ST MICHAEL'S

The Family Kitchen offers nutritious after-school snacks, crafts and LEGO in a safe, nurturing environment on Wednesday afternoons during term time for families with school-aged children, and monthly free breakfasts (by donation) on the last Saturday of each month.

📍 St Michael's Church, Church St, Kirkham, PR4 2SL


🕒 Weekly on a Wednesday afternoon (term-time only)
and on a Saturday between 9.30am – 11am


☎ Jane Cairns: 07504 551325

THE MEN'S SHED

This informal and welcoming group, meets in a characterful old shed in the grounds of Kirkham's historic St Michael's Church, to share interests, practical activities and above all friendship and camaraderie.

 The Shed, St Michael's Church, Church St, Kirkham, PR4 2SL


 Wednesday 6pm – 7:30pm

 Call 07972 894 820 and leave a voicemail

AND FINALLY...

THE KIRKHAM IN AMOUNDERNESS LOCAL HISTORY AND HERITAGE COLLECTION is located in St. Michael's Church and is open to the public on the last Saturday of each month (except December) from 9.30am–11am, during the monthly community breakfast.

Access at other times can be arranged by appointment;

 Contact Adrian Long at mr.arlong@gmail.com

NOTES

NOTES



Dedicated to the memory of Dorothy Ashworth.

With thanks to Susan Ashworth for her generous support of
the Kirkham Thrives programme.

*For further information on the Kirkham Thrives programme
visit www.greenclose.org*

