

September Breakfast Menu- City Gardens

Milk is provided with all breakfast meals—1% White or Chocolate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed	2 Cereal Fruit Milk	3 Homemade Whole Wheat Bread Fruit Milk	4 Cereal Fruit Milk	5 Yogurt/ Graham Crackers Fruit Milk
8 Donut Holes Fruit Milk	9 Whole Wheat Bagel w/cream cheese Fruit Milk	10 Cereal Fruit Milk	11 Cinnamon Rolls Fruit Milk	12 Cereal Fruit Milk
15 Cereal Bar Fruit Milk	16 Cereal Fruit Milk	17 Homemade Whole Wheat Muffin Fruit Milk	18 Cereal Fruit Milk	19 Rice Krispies Bar Fruit Milk
22 Cereal Fruit Milk	23 Whole Wheat Biscuit/ with Butter & Jelly Fruit Milk	24 Cereal Fruit Milk	25 Homemade Whole Wheat Muffin Fruit Milk	26 Donut Holes Fruit Milk

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Cereal
Fruit
Milk

30

Yogurt/ Graham Crackers
Fruit
Milk

