



CITY GARDEN

OCTOBER 2025

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Milk is provided with all meals -1% white or chocolate 				1	2	3	4
				Beef Stroganoff Green Beans V: Noodles and Gravy Fruit	Chicken Fajitas Corn V: Beyond Chicken Fruit	Corn Dogs Glazed Carrots V: Beyond Frank Fruit	
	5	6	7	8	9	10	11
	Chicken Patty Celery & Ranch V: Beyond Chicken Fruit	Macaroni & Cheese Steamed Broccoli V: Pasta and Sauce Fruit	Beef Tacos Corn V: Chorizo Tacos Fruit	Baked Chicken/ Rice Pilaf Mixed Vegetables V: Beyond Chicken Fruit	Sloppy Joe Baked Chips V: Sun Butter and Jelly Sandwich Fruit		
	12	13	14	15	16	17	18
	Chicken Pot Pie V: Pasta and Veggies Fruit	Chili Mac Green Beans V: Vegetarian Chili Fruit	Chicken Wrap Carrots & Ranch V: Sun Butter and Jelly Sandwich Fruit	Pasta with Marinara and Spinach V: Pasta w/Marinara Fruit	NO SCHOOL		
	19	20	21	22	23	24	25
	Cheeseburger Potato Wedges V: Black Bean Burger Fruit	Orange Chicken/Rice V: Zucchini & Rice Sauteed Zucchini Fruit	Baked Ziti Broccoli V: Pasta and Sauce Fruit	Nachos w/ Cheese Salsa and Sour Cream V: Nachos and Salsa Fruit	Chicken Nuggets Corn V: Beyond Chicken Fruit		
	26	27	28	29	30	31	
	BBQ Meatballs Steamed Carrots V: Sun Butter and Jelly Fruit	Chicken Caesar Wrap Tomatoes & Cucumbers V: Tofu Wrap Fruit	Cheeseburger Pie Mixed Vegetables V: Black Bean Burger Fruit	Chicken & Pancakes v: Pancakes Fruit	Chili Dogs Chips V: Beyond Franks Fruit	Halloween	

