

Monday



Tuesday


Wednesday



Thursday



Friday

No School



Pasta Marinara with Meat Sauce  
  Pasta with Sauce  
Green Beans  
Fruit


Chicken Patty Sandwich  
 Black Bean Burger  
Glazed Carrots  
Fruit

Beefy Nachos  
 Black Beans with Cheese  
 Black Beans with Salsa  
Fruit



Turkey with Swiss Sandwich  
  Sun Butter and Jelly  
Chips  
Fruit

BBQ Burger  
  Black Bean Burger  
Potato Wedges  
Fruit

Chicken Ranch Pasta  
  Vegetable Pasta  
Fruit

Meatball Sub Sandwich  
 Veggie Patty Sandwich  
Green Beans  
Fruit



Vegetable Fried Rice  
Fortune Cookie  
Fruit



Turkey Pinwheel with American  
  Sun Butter and Jelly  
Carrots with Ranch  
Fruit

Martin Luther King Jr. Day  



Chicken Tortilla Soup  
  Tortilla Soup  
Fruit



Chili Mac  
  Vegetarian Chili Mac  
Fruit



Chicken Fajita Over Rice  
  Fajita Vegetables w/Rice  
Salsa  
Fruit



Turkey Sandwich with American  
  Sun Butter and Jelly  
Chips  
Fruit Juice

Swedish Meatballs  
 Vegan Meatballs  
Mixed Vegetables  
Fruit

Chicken Alfredo with Peas  
 Alfredo Pasta with Peas  
Fruit

Lasagna Soup  
  Meatless Lasagna Soup  
Oyster Crackers  
Fruit

Chicken Tenders  
  Veggie Tenders  
Bell Peppers and Ranch  
Fruit

Turkey Cheddar Sandwich  
  Sun Butter and Jelly  
Chips  
Fruit Juice

