

October 2026



BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Milk is provided with all meals 1% White or Chocolate			Cereal (WG) Fresh Fruit ¹	Breakfast Bread Fruit Juice (100%) ²
Cereal (WG) Fresh Fruit ⁵	Muffin of the Day Fruit Juice (100%) ⁶	Bagel with Cream Cheese Fresh Fruit ⁷	Cereal (WG) Fresh Fruit ⁸	Breakfast Bread Fruit Juice (100%) ⁹
Cereal (WG) Fresh Fruit ¹²	Muffin of the Day Fruit Juice (100%) ¹³	Pop Tart (WG) Fresh Fruit ¹⁴	Cereal (WG) Fresh Fruit ¹⁵	Breakfast Bread Fruit Juice (100%) ¹⁶
Cereal (WG) Fresh Fruit ¹⁹	Muffin of the Day Fruit Juice (100%) ²⁰	Nutri Grain Bar (WG) Fresh fruit ²¹	Cereal (WG) Fresh Fruit ²²	Breakfast Bread Fruit Juice (100%) ²³
Cereal (WG) Fresh Fruit ²⁶	Muffin of the Day Fruit Juice (100%) ²⁷	Donut Holes (WG) Fresh Fruit ²⁸	Cereal (WG) Fresh Fruit ²⁹	Breakfast Bread Fruit Juice (100%) ³⁰