



Are
you OK?

CRAWLEY Live

2025






Worried about paying for care?

Long-term care in your own home or in a residential care home is expensive, but with expert advice from independent financial specialists, Carewise can help you to make informed decisions on choosing and paying for the right care.

The Carewise care fees specialists are all members of the Society of Later Life Advisers, and can give you peace of mind that you've explored all your options. Contact Carewise to find out how you could benefit.


WEST SUSSEX | Care Funding Advice

 carewiseadvice.com
 carewise@westsussex.gov.uk
 0330 222 7000



What fun could you cook up together?

Become a Foster Carer and help give children like Holly the childhood they deserve.

With West Sussex County Council you'll receive training, ongoing support and up to £31,338k* a year (per child).

Discover more about Holly at fosteringwestsussex.gov.uk/our-children

*Fee dependent on experience, age of child and length of time in your care

Child's name and image have been changed to protect their identity



Holly loves
playing
with her
toy kitchen



FOSTERING
WEST SUSSEX





Are
you OK?

5 New town council for Crawley?

7 News in Brief

10-11 Crawley Wellbeing

14 Volunteering opportunities

15 Win tickets to The Hawth pantol!

16 What's on this winter?

17 Tilgate Park's Magical Christmas

20 Age UK West Sussex, Brighton & Hove

28-29 Christmas and New Year recycling
and waste collections

Cover image

Tilgate Park volunteers

Advertising

To advertise in the magazine and for rates, please contact
andrew@spotonmedia.co.uk or call 0161 408 3912.

Editor

Samantha Sheppard

Designed and published

Crawley Borough Council, Town Hall, The Boulevard, Crawley, West Sussex RH10 1UZ

CRAWLEY **Live**

facebook.com/crawleycouncil

instagram.com/crawleybc

crawley.gov.uk

my.crawley.gov.uk

5



6



8



7



17



24



From the Leader



“ It has been a busy summer for the council. Just last month, we submitted our preferred option for Local Government Reorganisation after listening to the feedback that you gave us as part of our engagement exercise.

Like all other district and borough councils in West Sussex, we have recommended to the government that two new unitary authorities across West Sussex are created. However, these new arrangements mean that unless we take action, the borough council will be abolished and there will not be a council that is specifically dedicated to our area.

You will also read further in this issue that we are asking whether

you would like us to create a new town council for Crawley. Creating this new town council will help keep decision making locally and I would encourage everyone to take part in the consultation. More information on that can be found on page five.

We know that winter can be tough. Short days, the ever-increasing costs of heating and not being able to see loved ones can really affect mental health. In this issue we talk about the benefits of volunteering, give helpful money saving advice and some useful contact numbers if you do require any additional support. Remember, please do seek help if you need it and please do put your heating on if you need to.

If I don't see you at our Christmas lights switch on, or at our Christmas market, this year in Queens Square, then let me take the opportunity to wish you and your family a very merry Christmas and a happy New Year. ”



Michael Jones

Councillor Michael Jones
Leader of Crawley Borough Council

Keep informed with CBC News

The latest news from Crawley Borough Council, direct to your inbox.

It's a great way to get the latest news and stay up-to-date with events and activities taking place in the town as well as emergency alerts and updates.

Visit crawley.gov.uk/news to sign up and receive regular e-newsletters. We will only use your email address to send information you have subscribed to and will never pass your details to anyone else.



Could Crawley benefit from a town council?

Local Government Reorganisation will mean that Crawley Borough Council would cease to exist and be replaced by a new unitary council in 2028, that will operate across a much wider area. Crawley will therefore no longer have its own voice or the same ability to shape future services or facilities.

A new town council could be established to retain a dedicated voice for Crawley as well as make some local decisions on services and facilities.

Most areas of West Sussex benefit from having a parish or town council, but Crawley has never needed one as it had its own borough council. Creating a town council now would put Crawley on an equal footing with other areas.

The creation of Crawley Town Council would enable decisions to be made on some local matters. It could take over the ownership and running of certain services and facilities in such as allotments, play areas, live entertainment and events, local grants, cemeteries, community centres and maybe

even larger facilities such as parks, neighbourhood parades, K2 Crawley and The Hawth.

You are being invited to share your views on how Crawley should be managed in the future and have your say on whether a town council for Crawley (or any form of parish or parishes) should be created to represent the residents of Crawley.

Have your say until 1 December at crawley.gov.uk/consultation

“have
your
say”



Bewbush awarded £2 million annual investment as part of Pride in Place Programme

Bewbush has been named one of 339 communities across the UK set to benefit from the government's new £5 billion investment programme, aimed at revitalising high streets, parks and public spaces.

Bewbush will receive £2 million per year for the next 10 years, with funding directed toward improvements shaped by local priorities.

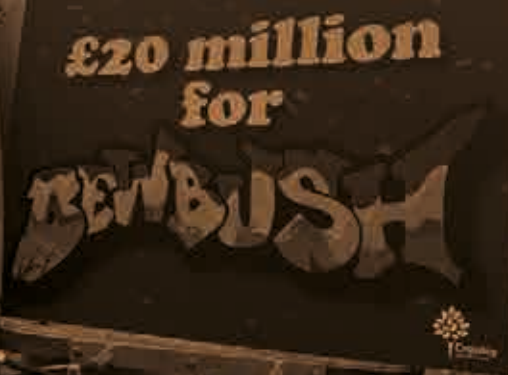
Potential projects include tackling littering, enhancing green spaces, and exploring the development of new sports facilities. Further details will be shared in the coming weeks.

Peter Lamb MP joined Councillor Michael Jones, Leader of Crawley Borough Council, together with Councillor Chris Mullins (Cabinet member for Leisure and Wellbeing), Councillor Sue Mullins (Cabinet member for Community Engagement and Culture), Councillor Sharmila Sivarajah, ward councillor, and local community groups to mark the occasion and to begin the conversation on some of the ideas that such investment could potentially be spent on.

Councillor Michael Jones commented: "This funding represents a significant opportunity for Bewbush. I'd like to thank everyone who joined us for the photocall

– it was great to see such strong community spirit. We look forward to working together to ensure the investment delivers real and lasting benefits for local people."

Peter Lamb MP said: "I'm grateful to the government for listening to my calls for greater investment in Crawley. Our town is a great place to live, but there are things which we all want to see improved and I am campaigning for the change we need in Parliament. I look forward to working with local residents to ensure this money delivers the best possible outcome for the area."



News in Brief



HMRC's Child Trust Fund (CTF)

If you were born between 1 September 2002 and 2 January 2011, you could have money sitting in a Child Trust Fund (CTF), long-term, tax-free savings accounts set up by the government. Or, if you know someone born during that time, you can encourage them to check.

It's quick and easy to check. Use the free tool on **gov.uk** to find out if there's money waiting to be claimed.

Crackdown on fly-tipping

We are taking decisive action to tackle a sharp rise in environmental offences. £1.3 million of taxpayer's money a year is spent on clearing fly-tipping and those responsible for environmental offences will be held to account.

Fines have increased to £1,000 and individuals caught deliberately dropping litter will now face a £150 fine.

Help us by reporting incidents and providing information that can assist investigations via **my.crawley.gov.uk**

Youth Question Time

This an annual event organised and delivered by the Crawley Young Persons Council (CYPC), invites students from every secondary school in Crawley to participate in a day of interactive workshops. The workshops are followed by a question and answer session where students engage directly with a panel comprising representatives from Sussex Police, local councillors and members of CYPC.

The next Youth Question Time will take place at The Hawth on 16 March.



Goffs Park House restoration

The outside of Goffs Park House has recently undergone repair and refurbishment, funded by a dilapidations settlement agreement from the previous tenant, the Ministry of Justice.

The works, that cost approximately £250,000, have involved the complete repair and redecoration of the external doors and windows, together with repairs to keep the building wind and watertight. In

addition, there has been some internal structural repair work needed.



Futureproof full fibre connectivity with ITS and Towns Fund investment

ITS has been awarded the contract to build and operate a brand new, 32km, full fibre network across Crawley. Funded by £1 million from the council's Towns Fund and backed by additional private investment from ITS, the project will extend full fibre access to more than 1,500 businesses.

Through ITS's social value programme, the project will support existing local sustainability initiatives and introduce new activities aimed at bridging the digital divide. This includes digital skills training, community engagement, and support for underserved groups to ensure that the benefits of full fibre connectivity are felt across the town.

Mayor of Crawley, Councillor Sharmila Sivarajah

“ In September, Crawley Borough Council hosted its second UNITY: Crawley Together event in Memorial Gardens, bringing together residents from across the town to recognise and celebrate the diversity that defines our community.

The day featured a wide range of performances from local groups including the Niruththiyalayam School of Dance, Songbirds Choir, Limitless Chagos, and Crawley Community Youth Service.

These performances highlighted the cultural richness of Crawley through music and dance.

Speeches were delivered by elected representatives including Leader of the Council, Councillor Michael Jones, Councillor Yasmin Khan, Cabinet member for Public Protection, Councillor Duncan Crow, Leader of the Opposition and Peter Lamb MP. Community leaders and the Deputy Youth Mayor, Harini Senthil, also shared their perspectives on unity and inclusion.



As Mayor of Crawley, I was pleased to open the event and hear from so many voices across our town. UNITY: Crawley Together is a reminder that while our backgrounds may differ, our commitment to community and respect for one another remains. Thank you to everyone who contributed to the day.”

Shaw healthcare
wellness • happiness • kindness

Proud to be employee-owned and a Real Living Wage employer

Whether your needs are Elderly or Dementia Care, we will provide the care you deserve by tailoring your daily support around you in our Crawley services.

Our goal is to deliver the type of care that we would want for your own loved ones. Somewhere local with a professional care team that provides home cooked food, a clean and safe environment with good company. Plus, a private space that you can call your own.

Scan Me



Deerswood Lodge

1 eld Green, 1 eld,
Crawley RH11 0HG

01293 561704

www.shaw.co.uk/deerswood

Scan Me



Burleys Wood

Furnace Drive, Furnace Green,
Crawley RH10 6HZ

01293 554660

www.shaw.co.uk/burleys



Support when you need it most



As the seasons change and energy costs continue to affect households across Crawley, many residents are feeling the pressure of rising bills. Whether you're on a fixed income, managing a growing family, or simply trying to make ends meet, you're not alone – help is available.

We'll guide you through the support schemes, grants, and practical advice that can make a real difference to your energy costs this year.

West Sussex Energy Advice Service Energy grants that can assist with the costs of heating your home. Contact your Housing Officer for Crawley Homes' tenants or Access Crawley on **01293 438101** or email crawley@crawley.gov.uk

Winter Fuel Payment 2025/26 If you were born on or before 22 September 1959, you may be eligible for a Winter Fuel Payment of £100 to £300 to help with heating costs. Visit [gov.uk](https://www.gov.uk) to find out more.

Help for pensioners

Attendance Allowance Available to residents of State Pension age to help with the extra costs faced by people with health issues, care needs or disabilities. It is not means-tested, and it doesn't matter how much pension income you get or savings you have. Contact our Financial Inclusion team on **01293 438931** or visit the Attendance Allowance page on [gov.uk](https://www.gov.uk)

TV Licence If you are aged 75 or over, you may be eligible for a free TV Licence. Visit [tvlicensing.co.uk](https://www.tvlicensing.co.uk)



Crawley Wellbeing – Helping you live healthier and happier

Crawley Wellbeing is a free and friendly service for adults who live or work in Crawley.

The service offers tailored advice, support, and activities designed to help you feel better, move more, and live well.

Whether you're aiming to quit smoking, become more active, cut down on alcohol, or simply improve your day-to-day wellbeing, our team is here to support you.

Crawley Wellbeing can help you with:

Stopping smoking support

One-to-one help with tailored plans and ongoing support including a range of free NRT (Nicotine Replacement Therapy) and access to the Quit4Wellbeing app with a free vape starter kit.



NHS Health Checks and blood pressure checks

How healthy is your heart?
Understand your health risks and take positive steps with free NHS Health Checks (for eligible clients) and blood pressure checks.

Alcohol reduction programmes

Use the Drink Less, Feel Better scratch card to check if you're drinking within recommended guidelines.

Small changes can lead to better sleep, more energy, and lower health risks. Trained alcohol advisors offer confidential, non-judgemental one-to-one support.

Falls prevention

Free support and courses to help reduce the risk of falls and improve strength and balance – especially for older adults and those with long-term conditions.

Physical activity sessions

From walking groups to gentle exercise classes.

Targeted support for workplaces and vulnerable groups

Including carers, ethnic minorities, and people with long-term conditions or living in temporary accommodation.

Call **01293 585317**, email **wellbeing@crawley.gov.uk** or visit K2 Crawley, Pease Pottage Hill, Crawley, RH11 9BQ

Dry January and Call the Shots

Take a break from alcohol and feel the benefits.

Each January, the team supports residents taking part in Dry January, helping reset habits, whilst the Call the Shots campaign runs year-round, supporting alcohol reduction and raising awareness of its impact on mental and physical health.

Visit **westsussex.gov**

Staying well in winter

Boost your immunity and stay safe.

Flu and COVID-19 spread more easily in winter and can cause serious illness. Vaccines are your best protection – helping keep you and others safe.

Free NHS vaccines for flu, COVID-19 and RSV are available to pregnant women, children, and older adults.

Toddlers can get their flu nasal spray at community pharmacies. Book at **nhs.uk**

Mobile wellbeing unit

Brings health and wellbeing directly to our community. Look out for the mobile unit at local events, housing areas and community hubs.

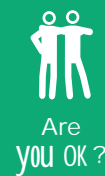
Be SAFE: Sex Aware, Feel Empowered

West Sussex's new sexual health campaign promotes STI awareness, contraception access, and regular testing.

Free online test kits and condoms available – with discreet delivery options.



Chris Mullins, Cabinet member for Community Engagement and Wellbeing



“As Cabinet member for Community Engagement and Wellbeing, my role focuses on shaping the health, happiness, and quality of life for Crawley residents. With many years of experience in public service, my commitment to community wellbeing is both longstanding and deeply rooted.

“I’ve helped introduce a number of impactful wellbeing projects across the borough that include:

- **Mobile Wellbeing Unit:** Launched in partnership with West Sussex County Council, this innovative service brings health checks, lifestyle advice, and mental health support directly into neighbourhoods, especially those harder to reach. The unit visits community hubs, workplaces, and events, offering services such as smoking cessation, alcohol reduction, and weight management support.
- **£2 million investment for K2 Crawley:** The refurbishment project delivered a brand-new, state-of-the-art gym to meet the growing needs of the local community and help residents of all ages to stay active and healthy.
- **play area refurbishment programme:** Ten play areas across Crawley have been revitalised with sustainable equipment and safer surfacing. Recent upgrades include Bowness Close, Puffin Road, and Plantain Crescent, with more planned for 2026 to 2027.
- **falls prevention and active life programmes:** Through the Crawley Wellbeing service, residents can access strength and balance classes, health walks, and GP-referred exercise schemes tailored to those with long-term conditions.
- **mental health and cost of living support:** The council continues to support residents through initiatives like the ‘Healthy Mind’ campaign, warm home advice, and wellbeing-at-work programmes, recognising the link between financial stress and mental health.

“Wellbeing is about more than just health – it’s about creating a community where people feel connected, supported, and proud of where they live. I’m honoured to continue working with residents and partners to make Crawley a place where everyone can flourish.”

Leading the way in providing an AFFORDABLE PROFESSIONAL service



WESTMINSTER LAW

Wills~Estate Planning~Probate



If you are over 60 it will cost you only
£95* for us to prepare your Will.

We are also Lasting Power of Attorney
Specialists - only £110* each LPA if
instructed during the Will appointment.

***Our prices include free home visits*,
VAT and Inheritance Tax advice.***

Call us now for a no obligation chat
on: **01323 679411**

www.westminster-law.co.uk ~ Sussex branch email: ng@westminster-law.co.uk

Westminster Law Eastbourne Ltd ~ Registered Office: Wellesley House, 204 London Road, Waterlooville PO7 7AN

*These very special rates are only available if you are over 60 years old. Minimum spend for a free home visit is £95.

Our normal price for a standard single Will is £150, or £250 for a couple. VAT, when applicable, is included in these prices.

DID YOU KNOW, YOU CAN GET CAR REPAIRS AT YOUR DOOR?

- ✓ Bumper Scuffs
- ✓ Kerbed Alloys
- ✓ Paint Scratches

YES, EVEN IN WINTER!

For a FREE quote, contact Revive! today.



crawleyandhorsham@revive-uk.com



07943 056225



revive!
bringing your car back to life in mobile car care

Crawley's Green Spaces thrive thanks to local heroes



Volunteering isn't just about giving back, it can be a great way to get out and about and meet other likeminded residents. Friends of Parks groups at Tilgate Park and Worth Park are proving that a love for nature and the outside, as well as community spirit, can go hand in hand.

At **Tilgate Park**, volunteers meet every Wednesday, rain or shine, moving around the park depending on what needs doing. The group is known for its friendly attitude and brings people together to socialise and enjoy the outdoors.

One volunteer shared, "When I walk around the park with my family, I can point out to them what I've helped to achieve."

Over at **Worth Park**, volunteers of all ages – from their 20s to their 70s – gather weekly from 10am to 12 noon. Everyone has the opportunity to learn new horticultural skills and contribute to the park. The group offers both purpose and companionship for those who volunteer. "I was worried I couldn't commit to every week, but you really don't have to", said one member.

The Worth Park group has even entered the **Britain in Bloom** competition, after developing a wildlife area to support biodiversity.

Volunteering here isn't just good for the parks – it's good for people. It boosts wellbeing and builds friendships.

If you are interested in becoming a friend of Tilgate Park, please call **01293 521168** and for Worth Park, email committee@worthparkfriends.org



Become a...
Tilgate Park Volunteer
Contact: 01293 521 168



Snow White and the Seven Dwarfs

5 to 31 December, The Hawth

Whatever you do, don't miss The Hawth's spectacular, fun-filled family pantomime, **Snow White and the Seven Dwarfs**.

Starring Ore Oduba (Strictly Come Dancing), Quang Luong aka

Gladiators' Viper and Crawley legend, Michael J Batchelor. They will be joined by Mark Oxtoby (Guys and Dolls), Sydnie Hocknell (Pretty Woman), Stefan Gough (Mousetrap, West End) and Amy Rhiannon Worth (Billy Elliot).

With stunning sets, hilarious comedy, and dazzling special effects, Snow White and the Seven Dwarfs promises to be a pantomime you and your family will remember forever!

Hi-ho, it's off to panto you go! Book your tickets today at **hawth.co.uk**!

Competition – Win a family ticket

For your chance to win a family ticket for four to see Snow White and the Seven Dwarfs at The Hawth and receive a goodie bag on Tuesday 9 December at 6pm, answer the following question:

Which fruit is Snow White famous for biting into? A) Apple B) Avocado C) Tomato

Send your answer with your name, address and telephone number to Crawley Live Competition, The Hawth, Hawth Avenue, Crawley RH10 6YZ or email **hawthmarketing@parkwoodtheatres.co.uk** by Tuesday 25 November, the winner will be contacted by telephone the next day.

What's on this **winter?**



11 November and 6 December

**Playmakers' Feasts,
Unit 79/80 County Mall**

Be part of the conversation about a town-wide festival for Crawley, whilst tucking into a delicious feast. From 6pm to 8pm on 11 November and 12 noon to 4pm on 6 December.

22 November

Phoenix Choir concert 'Songs and Sonnets', St Andrew's Church, Furnace Green, from 3pm

With guest soprano Brittany King. An afternoon concert of songs inspired by the works of Shakespeare and other poets, with music by George Shearing, Ralph Vaughan Williams and others. Adults £14 in advance, £15 on the door, full time students £6, under 16s £1. Book at ticketsource.co.uk or call **07821 872666**.

PhoenixChoirCrawley.org



29 November

Christmas tree lights switch-on, Queens Square

From 1pm to 5.30pm

Carols, family entertainment, workshops and Christmas tree lights switch-on with Father Christmas.



9 to 23 December

**Winter Fayre, Queens Square
10am to 6pm Monday to
Saturday, 11am to 4pm Sunday**

The new Winter Fayre will bring a feeling of festive spirit to the town centre during the month of December. The stalls will offer street food, arts and crafts and festive gifts.



13 December

**Jack and the Beanstalk, The Christmas Show, Town Hall
11am and 2pm**

Join Same Difference on an adventure into the Christmas story of Jack and the Beanstalk. The hilarious cast of larger-than-life characters will embark on a thrilling journey packed with mischievous villains, daring heroes, dazzling costumes, and toe-tapping songs. Expect plenty of slapstick comedy, outrageous fun, and, of course, a sprinkle of fairy tale magic! This show is one hour without an interval. The show is free and there's no need to book and lasts for an hour without an interval.



18 December

**Phoenix Choir's charity Christmas concert, St Andrew's Church, Furnace Green
From 8pm**

Join in with some favourite carols and enjoy performances by the choir. Admission is free, with a collection and raffle in support of the Golden Lion Children's Trust.

Tilgate Park's Magical Christmas returns for 2025

Get ready for festive fun in the Walled Garden this December! Join us on 6, 7, 13, 14 and 20 to 23 December from 10am to 6pm for a magical mix of shows, markets, treats, and seasonal cheer.



- * visit Santa in one of two grotto experiences. Each child receives a gift and a £1 zoo entry voucher!
- * enjoy our brand-new show The Lost Laugh, running four times daily
- * catch surprise performances from local talent

- * explore our expanded craft market, perfect for gift hunting
- * feast on festive favourites – yes, Yorkshire pudding wraps are back!
- * let your little elves enjoy funfair rides and a family escape room

- * visit Tilgate Zoo for festive animal talks until 4pm

Entry is free, but Santa tickets must be booked in advance.

Book now at tilgateparkchristmas.co.uk

crawley.gov.uk/events

All events are subject to change or cancellation.

Citizens Advice

The Citizens Advice in West Sussex Partnership offers a dedicated energy service to support residents with energy-related issues.

Whether you're struggling to pay your bills, need help understanding your energy usage, or want advice on switching suppliers, trained advisers are able to help.

The service provides:

- **free, confidential advice on managing energy costs**
- **support with energy debt and accessing grants**

- **guidance on energy efficiency and reducing consumption**
- **help with complaints and resolving disputes with energy providers**

Call **0800 145 6879** (Monday to Friday, 10am to 4pm) to speak to an adviser or email **energy@arunchichestercab.org.uk**

arunchichestercab.org.uk/energy-2



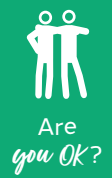
A free, easy to use, online tool to help residents to take the first step towards a more energy efficient, more comfortable, environmentally friendly home, is now available to Crawley residents.

We are collaborating with Parity Projects to provide the Energy Saving Plan Builder tool, which allows you to explore the costs and potential savings from installing rooftop solar panels, improving insulation or changing your heating system. By simply entering your postcode and

address you can explore a range of recommended improvements depending on your budget or goals. You can save and edit your plan and use it as a basis to seek further professional advice.

As part of our climate and nature declaration, we are committed to support residents to reduce their carbon footprint and improve local air quality by moving away from gas for heating and cooking and investing in renewable technologies.

energysaving.planbuilder.co.uk



Three simple steps to be ready for whatever winter brings



Storms and cold snaps can disrupt power, water and other services.

Taking three simple steps now will help you – and those you care for – be ready for whatever winter brings.

1. Join the Priority Services Register (PSR)

If you're over 60, or have health or care needs, young children, or rely on medical equipment, you should be eligible for free extra support during a power or water outage. The PSR lets utility companies

know you may need extra help, such as priority updates, doorstep checks and bottled water supplies.

Call **0800 998 7103** to get started or visit **thepsr.co.uk**

2. Pack a 'just in case' bag

Having a few essentials to hand makes all the difference if services are disrupted. You could include a torch and batteries, warm layers (blanket, jumper, socks), bottled water, long-life food that doesn't need cooking, medicines,

important phone numbers and a mobile phone power bank.

3. Know who you can call

Write down key numbers – such as for your utility companies, Crawley Borough Council, GP and neighbours – and keep them with your bag of essentials.

To find out more or request a free booklet on staying safe in emergencies call

0800 998 7103 for free or visit **sussex.police.uk/be-ready**



 **Funded by
UK Government**

 **west
sussex
county
council**

Big adventures Low fares

16 to 20 Bus Saver

westsussex.gov.uk/16to20BusSaver





Bringing people together

Join or support the local Age UK

Loneliness can happen at any age, but older people, particularly those who have lost a partner or friends, can sometimes feel it the most.

Age UK West Sussex, Brighton & Hove (WSBH) has set out to tackle isolation in Crawley, by offering a range of opportunities to meet up and socialise. Among other things, the charity runs a film club, a specific men's group, lunches and casual café meets. If you're over 50 and interested in finding out what's going on locally, just get in touch to see what might appeal to you.

Alternatively, if you feel you can offer support by volunteering some of your time to help others, Age UK WSBH would be delighted to hear from you.

As little as an hour a week can make a difference.

For more information call **01403 260560**, visit **ageukwsbh.org.uk** or email **crawley@ageukwsbh.org.uk**

Monday

Cuppa and company, West Green

Welcoming and sociable coffee morning for £1 from 10.30am to 12 noon. Booking required.

Fit 'n Fab, St Paul's Methodist Church, Northgate Seated and/or standing exercise class from 11.40am to 12.15pm. No booking required.

Tuesday

Silver Bullet, Revive Café, Charis Centre, West Green First Tuesday of the month. Men's social group. £1.

Film Club and cream tea, St Paul's Methodist Church, Northgate

Third Tuesday of the month. From 12.30pm. £6 and booking is essential.

Wednesday

Lunch and company, Cornerstone Café, St Andrew's Church, Furnace Green Come along for a light lunch, good company and a chat!

For more info or to book, email **crawley@ageukwsbh.org.uk** or call **01403 260560**.



A conversation can change everything



"Are you OK?"

It's a small question, but it can open the door to big change.

Relationships Sussex believe that talking helps people heal, grow, and reconnect. Whether you're facing relationship difficulties, family tensions, or personal challenges, their experienced counsellors are there to listen without judgement and help you find a way forward.

The charity offers professional counselling for individuals, couples, families, and children and young people, providing a safe, confidential space to explore what's happening and discover new ways to cope and communicate. Sessions are flexible and accessible and are available in person in Crawley, online, or over the phone – so you can get support in the way that feels most comfortable for you.

You don't have to face things alone. Taking that first step can feel daunting, but it can also be the beginning of real change.

Call **01293 657055** or visit **relationshipsussex.org.uk** to book your session today.



Because asking "Are you OK?" is important, but so is saying, "I need some help."

Relationships
Sussex

Service doubled on Route 400



The route 400, serving East Grinstead, Crawley, Gatwick, Redhill and Caterham, has now doubled its service to every **30 minutes on Mondays to Saturdays**.

These improvements have been supported by funding from Gatwick Airport and Surrey and West Sussex Bus Service Improvement Plans.



To plan your journey, download the **Metrobus mobile app**, or visit metorbus.co.uk



METROBUS

It's OK not to be OK



The winter months can be a particularly hard time for many.

Free help and support is available to anyone who is facing a difficulty coping.

Crawley offers a robust network of mental health services designed to support residents through a range of emotional and psychological challenges. For urgent help, the Sussex Mental Healthline is available 24/7 via **NHS 111** (select the mental health option), or text '**SUSSEX**' to **85258** for confidential support.

The Staying Well Crawley centre provides out-of-hours crisis support for adults at Whitworth Road, open every evening and weekends. For ongoing therapy, residents can self-refer to NHS Talking Therapies West Sussex, which offers free, confidential support for anxiety, depression, PTSD, and OCD through online courses and one-to-one sessions.

Crawley Wellbeing promotes everyday mental health through activities, advice, and signposting. Call **01293 585317** or email wellbeing@crawley.gov.uk

Local groups like Menshare and SEDS Connective offer peer-led support for men and neurodivergent individuals respectively.

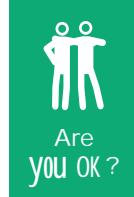
For those affected by trauma, the Sussex Sexual Assault Referral Centre and MSAS provide specialist care.

Together, these services ensure Crawley residents have access to compassionate, inclusive, and practical mental health support.

crawley.gov.uk/health



Fire safety starts with you



As the days grow shorter and the chill of winter sets in, many of us turn to the warm glow of candles to create a cosy, comforting atmosphere at home. Winter is a prime time for accidental fires, and it's essential to take extra care when using open flames indoors.

Crawley Fire Station Manager, James McGrath, explains how to prevent house fires:

"House fires can be devastating, and sadly, we're seeing an increase in

Crawley. In 2024, West Sussex Fire & Rescue Service attended 61 house fires in our area, 16 more than the year before, with a third of these starting in the kitchen.

"Taking simple steps can prevent most kitchen fires: never leave the hob unattended, switch it off if you leave the room, keep tea towels and cloths away from cookers, check that appliances are switched off after cooking and never cook when under the influence of drugs or alcohol.

"Electrical appliances are another common cause of fire. Overloaded plug sockets are especially dangerous, so use the rule: 'one plug, one socket' and always purchase electrical goods, such as phone chargers, from reputable suppliers that meet safety standards. Washing machines, dishwashers, e-scooters and mobility scooters should only be used or charged with a person present, and never overnight whilst people are asleep.

"Every floor of your house should have a working smoke alarm. Too often we attend incidents without working alarms, and the consequences can be devastating. We want to hear from anyone who needs advice, or who doesn't have smoke detection at home, so that we can help.

"As we enter the winter celebratory season, many people will be lighting candles for warmth, relaxation, or as part of religious and cultural practices. A quick reminder to always place candles in secure holders, keep them away from curtains and flammable materials, and never leave them unattended.

"If a fire does start in your home: Get out. Stay out. Call 999."

You can get more fire safety information and book a free Safe & Well visit from the Crawley fire crew on **0345 8729 719** or at **safeandwell@westsussex.gov.uk**





Your local Probate, Lasting Power of Attorney and Wills Solicitors

Contact Roshni Patel on 01293 649038
rpatel@mayowynnebaxter.co.uk

2 Peveril Court, 6-8 London Road, Crawley, West Sussex, RH10 8JE





Are
you OK?

Help at the press of a button

Our Lifeline personal alarm service allows you to maintain your independence and feel safe in your own home, while a GPS tracker option is suitable for those who like to get out and about.

Installation is free and there's a small weekly rental charge that includes a responsive repair and replace service, an annual service visit from the Lifeline team and access to an operator 24 hours a day.

And for extra peace of mind, we can offer a key safe as part of your Lifeline package.

Call 01293 438468, email lifeline@crawley.gov.uk or find out more at crawley.gov.uk/lifeline



Christmas in Crawley

Join us on Saturday 29 November to celebrate the festive season with carol singing at the bandstand from 12 noon in Memorial Gardens followed by family entertainment and the Christmas tree lights switch on in Queens Square from 1pm until 5.30pm.

The North Pole elves from Imajica theatre will be compering the Queens Square event. They just love to entertain with fun choreographies and relaxed SEN-friendly performances using British Sign Language.

There will be talented performances throughout the afternoon from the Victorian carol singers, the local, all-female Songbirds choir, and local performing arts school, M&M Musical Theatre. Look out for the Icicle Queens and The Winter Fairy as they dazzle the crowds.

Diverse Crawley will be hosting various activities and there will be a Christmas workshop with festive crafts.

Father Christmas and the Mayor of Crawley, Councillor Sharmila Sivarajah, will be helping the crowd count down to the switch on of the Christmas tree lights.

The festive entertainment continues on Saturday 13 December with Same Difference Arts presenting 'Jack and the Beanstalk, The Christmas Show' in the Town Hall. There will be two shows at 11am and 2pm which are free to attend with no booking required.

Get ready to go on an adventure into the Christmas story of Jack and the Beanstalk. The hilarious cast of larger-than-life characters will embark on a thrilling journey packed with mischievous villains, daring heroes, dazzling costumes, and toe-tapping songs. Expect plenty of slapstick comedy, outrageous fun, and, of course, a sprinkle of fairy tale magic!

The show is one hour without an interval.



Christmas recycling and rubbish

Normal collection day	Rubbish collections	Recycling week one collections	Recycling week two collections
Monday	Saturday 20 December Tuesday 30 December Tuesday 6 January	Monday 20 December Tuesday 6 January	Tuesday 30 December Monday 12 January
Tuesday	Monday 22 December Wednesday 31 December Wednesday 7 January	Monday 22 December Wednesday 7 January	Wednesday 31 December Tuesday 13 January
Wednesday	Tuesday 23 December Friday 2 January Thursday 8 January	Wednesday 23 December Thursday 8 January	Friday 2 January Wednesday 14 January
Thursday	Wednesday 24 December Saturday 3 January Friday 9 January	Wednesday 24 December Friday 9 January	Saturday 3 January Thursday 15 January
Friday	Monday 29 December Monday 5 January Saturday 10 January	Monday 29 December Saturday 10 January	Monday 5 January Friday 16 January
Rural collections	Tuesday 23 December Friday 2 January Thursday 8 January	N/A	Saturday 3 January Thursday 15 January

Recycling and rubbish collections return to normal from Monday 12 January.

If you are subscribed to the GREENbin garden waste collection service, there will be no collections from Monday 22 December to Friday 2 January inclusive. Normal collections will resume from Monday 5 January.

To check if your recycling collection is week one or week two, please refer to **my.crawley.gov.uk** or call **01293 438772**.

Collections may not be made at the usual time of day during the holiday period, so please ensure your recycling and rubbish bin(s) are placed out at the edge of your property, not blocking pavements, by 7.30am on your collection day, and are clearly visible.

collections

Excess waste

Over bank holidays and Christmas, we will take one additional average sized sack / bag of rubbish for every day your collection is delayed. For example, if your collection day is normally a Monday but we collect your waste the following day on the Tuesday, you can put out one additional bag for collection.

To find out when your recycling, rubbish or garden waste (if subscribed) is due for collection, please refer to **my.crawley.gov.uk** or download a copy of your collection

calendar(s) from
crawley.gov.uk/collectiondays

If you don't have access to a computer, please call
01293 438772.

What can I put in my recycling bin?

Please remember to recycle as much as you can over the festive period. Items for recycling should always be:

Clean

No food and drink leftovers please including greasy pizza boxes. Rinse

cans, bottles, jars and plastic containers

Dry

Please empty liquid from all cans, bottles and plastic containers and keep your bin lid shut. If your bin lid is missing or broken, please let us know. Any excess cardboard placed out must be kept dry for collection

Loose

Not in plastic bags or boxes

KEEP YOUR RECYCLING...

CLEAN



DRY



LOOSE



Contacts

- ☎ **01293 438000** during office hours and for out-of-hours emergencies
- ✉ **comments@crawley.gov.uk**
- 🌐 **crawley.gov.uk/democracy**

Crawley Borough Councillors

Bewbush and North Broadfield

Marion Ayling – Labour
07886 920815
marion.ayling@crawley.gov.uk

Michael Jones – Labour
07944 578872
michael.jones@crawley.gov.uk

Sharmila Sivarajah – Labour
07717 800021
sharmila.sivarajah@crawley.gov.uk

Broadfield

Ian Irvine – Labour
01293 439503
ian.irvine@crawley.gov.uk

Kiran Khan – Labour
07787 222314
kiran.khan@crawley.gov.uk

Tim Lunnon – Labour
07763 735143
tim.lunnon@crawley.gov.uk

Furnace Green

Duncan Crow – Conservative
01293 888564
duncan.crow@crawley.gov.uk

Hazel Hellier – Conservative
07717 800126
hazel.hellier@crawley.gov.uk

Gossops Green and North East Broadfield

Esther Barrott – Labour
07386 698839
esther.barrott@crawley.gov.uk

Chris Mullins – Labour
01293 511069
chris.mullins@crawley.gov.uk

Ifield

Julian Charatan – Labour
07823 326971
julian.charatan@crawley.gov.uk

Jilly Hart – Labour
07717 801008
jilly.hart@crawley.gov.uk

Beni Yianni – Labour
07386 698836
beni.yianni@crawley.gov.uk

Langley Green and Tushmore

Imran Ashraf – Labour
07823 326974
imran.ashraf@crawley.gov.uk

Shelly Bushnell – Labour
07386 698852
shelly.bushnell@crawley.gov.uk

Tahira Rana – Labour
07385 467631
tahira.rana@crawley.gov.uk

Maidenbower

Kim Jaggard – Conservative
07917 078437
kim.jaggard@crawley.gov.uk

Imtiaz Khan – Conservative
07471 021651
imtiaz.khan@crawley.gov.uk

Dominic Ramsay – Conservative
07386 698855
dominic.ramsay@crawley.gov.uk

Northgate and West Green

Gurinder S. Jhans – Labour
07468 709555
gurinder.jhans@crawley.gov.uk

Khayla Abu Mosa – Labour
07350 434912
khayla.abu-mosa@crawley.gov.uk

Sue Mullins – Labour
01293 511069
sue.mullins@crawley.gov.uk

Pound Hill North and Forge Wood

Tina Belben – Conservative
01293 884526
tina.belben@crawley.gov.uk

Nick Hilton – Labour
07386 698854
nick.hilton@crawley.gov.uk

In an emergency

The government's advice is to
'go in, stay in and tune in':

BBC Radio Sussex
104.8 and 95.3 FM

Heart Sussex
102.4 and 103.5 FM

Justin Russell – Labour
07823 326976
justin.russell@crawley.gov.uk

Pound Hill South and Worth

Thomas Bidwell – Conservative
07386 698853
thomas.bidwell@crawley.gov.uk

Craig Burke – Conservative
07823 326979
craig.burke@crawley.gov.uk

Bob Lanzer – Conservative
01293 884789
bob.lanzer@crawley.gov.uk

Southgate

Yasmin Khan – Labour
07717 801382
yasmin.khan@crawley.gov.uk

Bob Noyce – Labour
07341 887234
bob.noyce@crawley.gov.uk

Dipesh Patel – Labour
07386 698857
dipesh.patel@crawley.gov.uk

Three Bridges

Brenda Burgess – Conservative
01293 441204
brenda.burgess@crawley.gov.uk

Atif Nawaz – Labour
07787 222308
atif.nawaz@crawley.gov.uk

Steve Pritchard – Labour
07717 801403
steve.pritchard@crawley.gov.uk

Tilgate

Olu Adeniyi – Labour
07386 698858
olu.adeniyi@crawley.gov.uk

Maureen Mwagale – Conservative
07557 849286
maureen.mwagale@crawley.gov.uk

County Councillors

Bewbush and Ifield West
chris.oxlade@westsussex.gov.uk
Labour
07710 900813

Broadfield
brian.quinn@westsussex.gov.uk
Labour
01293 512650

Langley Green and Ifield East
alison.cornell@westsussex.gov.uk
Labour
07760 111152

Maidenbower and Worth
bob.lanzer@westsussex.gov.uk
Conservative
01293 884789

Northgate and West Green
natalie.pudaloff@westsussex.gov.uk
Labour
07763 905279

Pound Hill
richard.burrett@westsussex.gov.uk
Conservative
01293 522338

Southgate and Gossops Green
zack.ali@westsussex.gov.uk
Conservative
07944 578872

Three Bridges
brenda.burgess@crawley.gov.uk
Conservative
01293 441204

Tilgate and Furnace Green
duncan.crow@westsussex.gov.uk
Conservative
01293 888564

Council meetings

All meetings take place at **7pm** unless stated otherwise.

Live streaming committee meetings:
Some committee meetings will be live streamed via the council's YouTube channel and then stored on the same channel.

Go to **youtube.com/crawleybc**

- **Audit Committee**
18 November
- **Overview and Scrutiny Commission**
24 November
- **Cabinet**
26 November
- **Planning Committee (7.30pm)**
1 December
- **Full Council (7.30pm)**
17 December
- **Overview and Scrutiny Commission**
12 January
- **Planning Committee (7.30pm)**
13 January
- **Cabinet**
14 January
- **Licensing Committee**
19 January
- **Governance Committee**
20 January
- **Overview and Scrutiny Commission**
2 February
- **Governance Committee**
3 February
- **Cabinet**
4 February
- **Planning Committee (7.30pm)**
9 February
- **Full Council (7.30pm)**
25 February
- **Governance Committee**
3 March
- **Licensing Committee**
4 March
- **Overview and Scrutiny Commission**
9 March
- **Planning Committee (7.30pm)**
10 March

Local services

A reminder where responsibilities lie for local services.

West Sussex County Council:

- Highways
- Potholes
- Footpaths
- Road maintenance
- Street lighting
- Education
- Children's services
- Social services
- Trading Standards
- Health
- Libraries
- Recycling centre

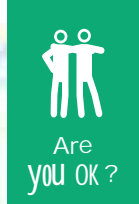
Crawley Borough Council:

- Waste and recycling collections
- Dog bins and dog fouling
- Social housing
- Environmental Health
- Business rates
- Council Tax
- Open spaces (council-owned)
- Planning
- Economic development
- Car parks (Orchard Street, Town Hall and Kingsgate)
- Grass cutting

- Litter bins
- Play areas (council-owned)
- Parade noticeboards

Peter Lamb MP

To make an appointment, email
peter.lamb.mp@parliament.uk
and for more information visit
members.parliament.uk



Keep your Housing Benefit details up-to-date

If you're receiving State Pension and have more than £10,000 in savings or current accounts, it's important to let us know. This helps us make sure your benefit is calculated correctly and avoids any overpayments.

Also, if you receive a private or occupational pension, please tell us each year when it increases. Even small changes can affect your

entitlement, and we want to make sure everything is right for you.

Important: If your total savings or capital go over £16,000, your Housing Benefit will stop completely. This includes money in bank accounts, savings, and certain types of investments. Please let us know straight away if this applies to you.

It matters because it:

- **helps us support you fairly**
- **prevents any future repayment worries**
- **keeps your records accurate and up-to-date**

The Benefits team is available to answer queries and process claims, between 8.30am and 4.30pm Monday to Friday.

Clearwell mobility

Making Life Easier

**Riser
Recliners**

**From
£529***



Stairlift Installation
From **£1790***



Profiling Beds
From **£979***



Shoes & Slippers
From **£35***



Pop into our Crawley Showroom Today!

Crawley

12 Queensway,
RH10 1EJ
Mon-Sat 9-5pm

Call Us:
01293 577 977



Scan to
see our
full range
online!



*Prices quoted exclude VAT & are available to customers with a long term medical condition

www.clearwellmobility.co.uk