

# Queen's Commerce 2025/2026 Admissions Video Rubric

SCORE	CRITERIA
<b>DEVELOPING (1)</b>	<ul style="list-style-type: none"><li>• Provides a vague or superficial example or does not address the specific question being asked.</li><li>• Shows little appreciation of others' perspectives</li><li>• Little awareness of their own contributions or impact on the team.</li><li>• Lacks meaningful reflection or learning.</li></ul>
<b>BASIC (2)</b>	<ul style="list-style-type: none"><li>• Describes an example with limited detail or does not directly answer the question.</li><li>• Shows some ability to appreciate others' perspectives</li><li>• Shows some awareness of their own contributions and impact to the team</li><li>• Minimal reflection and/or connection to personal growth.</li></ul>
<b>COMPETENT (3)</b>	<ul style="list-style-type: none"><li>• Provides a clear and relevant example.</li><li>• Demonstrates reasonable adaptability and respect for others' contributions.</li><li>• Takes some responsibility for their actions and understands their impact on the team.</li><li>• Reflection includes a few insights into what they learned and/or connection to personal growth.</li></ul>
<b>STRONG (4)</b>	<ul style="list-style-type: none"><li>• Shares a thoughtful, specific example.</li><li>• Shows strong initiative, adaptability, and appreciation for the perspectives of others.</li><li>• Takes ownership of their actions and has a strong understanding of their impact on the team.</li><li>• Demonstrates some reflection on what they learned and how it shaped their perspective or behavior going forward.</li></ul>
<b>EXCEPTIONAL (5)</b>	<ul style="list-style-type: none"><li>• Presents a vivid, authentic, and reflective example.</li><li>• Demonstrates maturity, self-direction, and creativity or composure under pressure.</li><li>• Handles setbacks or complexity with clarity and purpose.</li><li>• Reflects meaningfully on what they learned and how it shaped their perspective or behavior going forward.</li></ul>