

| SCORE | CRITERIA |
|------------------------|---|
| DEVELOPING (1) | <ul style="list-style-type: none"> Provides a vague or superficial example or does not address the specific question being asked. Shows little appreciation of others' perspectives Little awareness of their own contributions or impact on the team. Lacks meaningful reflection or learning. |
| BASIC (2) | <ul style="list-style-type: none"> Describes an example with limited detail or does not directly answer the question. Shows some ability to appreciate others' perspectives Shows some awareness of their own contributions and impact to the team Minimal reflection and/or connection to personal growth. |
| COMPETENT (3) | <ul style="list-style-type: none"> Provides a clear and relevant example. Demonstrates reasonable adaptability and respect for others' contributions. Takes some responsibility for their actions and understands their impact on the team. Reflection includes a few insights into what they learned and/or connection to personal growth. |
| STRONG (4) | <ul style="list-style-type: none"> Shares a thoughtful, specific example. Shows strong initiative, adaptability, and appreciation for the perspectives of others. Takes ownership of their actions and has a strong understanding of their impact on the team. Demonstrates some reflection on what they learned and how it shaped their perspective or behavior going forward. |
| EXCEPTIONAL (5) | <ul style="list-style-type: none"> Presents a vivid, authentic, and reflective example. Demonstrates maturity, self-direction, and creativity or composure under pressure. Handles setbacks or complexity with clarity and purpose. Reflects meaningfully on what they learned and how it shaped their perspective or behavior going forward. |