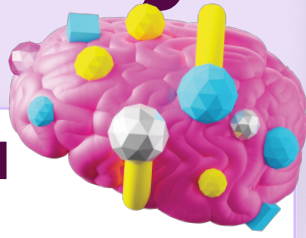


Psychology Case Study TEMPLATE



Psychological Assessment

Tests Administered:

[List psychological tests or tools used — e.g., MMPI, BDI, WAIS, projective tests.]

Results:

[Summarize key findings from assessments and observations.]

Diagnosis

[Provide the clinical impression or formal diagnosis based on DSM-5 or ICD-10 criteria.]

Case Formulation

[Integrate information from history, behavior, and test results. Explain the underlying causes, maintaining factors, and how they interact.]

Intervention Plan

[Describe the treatment goals and therapy approach — CBT, psychoanalysis, behavioral therapy, etc. Include frequency and duration of sessions.]

Summary

[Record how the client responded to therapy, changes observed, and measurable improvements.]

[Summarize major findings, progress, and insights. Offer practical recommendations for continued therapy, family involvement, or lifestyle adjustments.]

Client Profile

Name:

Age:

Gender:

Education:

Occupation:

Marital Status:

Address:

Date of Evaluation:

Presenting Problem

[Describe the client's main concern or reason for seeking help. Include how long the issue has persisted and what situations make it worse or better.]

Background Information

Family Background

[Brief overview of family structure, relationships, and relevant history.]

Developmental History:

[Early childhood milestones, schooling, and social experiences.]

Medical History:

[Any neurological, psychological, or medical conditions.]

Social and Occupational History:

[Peer relationships, work life, and major stressors.]

Behavioral Observations

[Describe the client's appearance, speech, attitude, and behavior during the session. Note mood, affect, eye contact, and general presentation.]

Diagnosis

[Provide the clinical impression or formal diagnosis based on DSM-5 or ICD-10 criteria.]