

APA Style Annotated Bibliography Examples

1. Garcia, L. M., & Chen, R. (2019). Urban heat islands and public health risk in coastal cities.

Environmental Health Perspectives, 127(8), 87001. <https://doi.org/10.1289/EHP4567>

This article investigates how urban heat island effects increase health risks in densely populated coastal cities. Garcia and Chen analyze temperature data alongside hospitalization records to identify patterns linked to heat-related illness. The authors' backgrounds in environmental health and epidemiology support the reliability of the methodology, and the study relies on peer-reviewed datasets collected over a ten-year period. This source is relevant for an APA-style research paper examining climate-related public health impacts because it combines quantitative data with applied health outcomes and clearly explains causal relationships.

2. Morris, D. A. (2020). Chronic sleep deprivation and cardiovascular strain in shift workers. *Journal of Occupational Health Psychology*, 25(4), 245–258. <https://doi.org/10.1037/ocp0000189>

Morris explores the physiological effects of long-term sleep deprivation among adult shift workers, with emphasis on cardiovascular stress markers. The article reviews controlled clinical studies and presents original findings based on monitored sleep cycles and blood pressure data. Morris's clinical research background strengthens the authority of the conclusions, and the use of standardized measurement tools supports consistency across the study. This article fits well into an APA-style paper focused on occupational health because it provides evidence-based analysis and clearly defined variables relevant to workplace policy discussions.

3. Peterson, H. J. (2018). Moral injury and psychological distress among combat veterans. *American Journal of Psychiatry*, 175(6), 517–525. <https://doi.org/10.1176/appi.ajp.2017.17060601>

This study examines the concept of moral injury and its relationship to long-term psychological distress in military veterans. Peterson synthesizes clinical interviews with diagnostic assessments to distinguish moral injury from related conditions such as PTSD. The author's psychiatric expertise and use of established diagnostic criteria enhance the credibility of the findings. This source supports an APA-style research paper on mental health outcomes in veterans by offering a well-structured analysis grounded in clinical evidence and peer-reviewed research.