

Introduction

- **Context or setting**
 - Establish when and where the narrative takes place, including any background needed to understand the situation.
 - Provide situational context that explains why this moment or experience matters.
 - Orient the reader without summarizing the entire story or revealing outcomes.
- **Central theme or experience**
 - Identify the core experience, question, or idea the narrative explores.
 - Signal the focus of the story, such as growth, conflict, realization, or change.
 - Clarify what the narrative will ultimately reflect on, not just what happened.

Body Paragraph One

- **Opening event or situation**
 - Describe the initial event or condition that sets the story in motion.
 - Introduce the circumstances that lead toward later conflict or insight.
 - Keep the focus on relevance rather than unnecessary detail.
- **Relevant details establishing tone**
 - Select sensory or situational details that shape mood and atmosphere.
 - Use description to signal emotional direction, such as tension, anticipation, or calm.
 - Ensure details support the theme rather than distract from it.

Body Paragraph Two

- **Key conflict or turning point**

- Present the moment where circumstances change or tension peaks.
- Clarify what is at stake emotionally or personally at this point.
- Show how this moment challenges assumptions, expectations, or goals.

- **Personal response or reflection**

- Explain thoughts, reactions, or decisions made during the conflict.
- Focus on internal response rather than external action alone.
- Begin linking experience to meaning without fully resolving it yet.

Body Paragraph Three

- **Resolution of events**

- Describe how the situation concludes or stabilizes.
- Show consequences of earlier actions or decisions.
- Avoid treating resolution as mere closure without reflection.

- **Insight or lesson developed**

- Articulate what was learned or realized through the experience.
- Connect insight directly to the earlier conflict or turning point.
- Keep the lesson specific and grounded in the narrative.

Conclusion

- **Reflection on significance**

- Reflect on why the experience matters beyond the moment itself.



- Revisit the central theme with clarity gained from hindsight.
- Emphasize understanding rather than summary.
- **Broader connection or takeaway**
 - Connect the personal insight to a wider idea, value, or context.
 - Show how the experience informs future thinking or perspective.
 - End with meaning, not repetition.